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An Edition of

The Book of Sovereign Medicines
MS X3346

Volume III

1. Description of the Manuscript
   (a) Sketch of watermark (photocopy)
3. The Loose Pages
6. Scribal Abbreviations
   (i) [MS Sig.C7v] 47 (photocopy)
   (ii) [MS Sig.C8r] 48 (photocopy)

TRANSCRIPT

Daphne E. Lalor
The Description of the manuscript MS X3346.

Description:
20; at least 375 x 285 (Probably Pott, 381 x 317.5 [ =15 x 12.5 ] ); trimmed. Antique laid paper, water-marked throughout with Crowned Shield, with 'arrowhead' in top centre third (Cf. Heawood No.552).

(1). 81 x 10 [10 | 20 | 20 | 5] 15.
(2). 71 x 55, and slipped slightly crooked.
290 pages (with many more torn or cut out) in single columns of varying numbers of lines (5-40). No signatures. Catchwords rare, and only when a remedy runs on to next page. Usually margined throughout at left and top, in black. No ornamentation. Yellowing paper, fairly smooth but without gloss. Some damp staining and brown decay at deckle edges. Parchment cover, folded inwards unevenly and untrimmed. Four hide thongs at left spine, scraps of two hide ties attached to outside of back cover. Stitching in fine linen, five hole, with kettle stitch. Top and bottom of book trimmed. Edges sprinkled black and dull red.
Ca. 1650

Collation: A-T; unsigned: A10 (-A1,2 ) B10 C8 D10 E8 F12 G10 H-J12 (-J1) K8 (-K5) L8 M10 (-M1,2 ) N10 O12 (-O11 ) P12 (-P6-P12 ) [Q-S removed ] T10 (-T1-T4, T7,T8,T10)
Pagination: The first two pages are not numbered, then 1-45, '45', 46-263, 273-291 (=283)
In gatherings P to T many leaves were cut out (leaving stubs visible in the sewing); the pagination was done after this, and runs from 1-291, with two pages numbered 45, and a gap of ten in the numeration, in the middle of gathering O.
Blank pages: A: 6r &v, 7r &v, 8v, (pp.5-8, and 10); B: 5r &v, 6r &v, 7r &v, 8r, (pp.23-29); D: 7v, 8r &v, 9r, (pp.63-66); E: 2v, 3r &v, 4r &v, (pp.73-77); F: 3r &v, 9r &v, 10r, 11v, (pp.90,91,102-04, 106); G: 2v, 3r &v, 4r, 7v, 10v, (pp.113-16,123 and 129); H: 1r &v, 4v, 5r &v, 6r &v, 9v, 10r &v, 11r,12r &v, (pp.130, 131, 137-41,147-50, 152 and 153); J: 6v, 7r &v, 8r &v, 9r &v, 10r (pp.163-70); K: 8v, (pp.189); L: 1r, 2r &v, 3r &v, 4r &v, 5r, 7v, 8r &v, (pp.190,192-98, 203-05); M: 3r, (p.214); N: 9v, 10r &v, (pp.247-49); O: 1r &v, 2r &v, 3r &v, 7r, 8r &v, 9r, ( pp.250-55, 272, 274-76). T: No pagination, but has four pages of index and a torn half sheet.
There is also a single remedy on a half sheet of paper, which was not torn from the manuscript, as the paper is thicker. There is no watermark on it.

* For guidance and advice in preparing this description, I am deeply indebted to Professor Roderick Cave, Department of Library and Information Studies, Victoria University, Wellington.
Contents:
Since the first two pages are missing, the book begins at Quire A 3 with 'To dey a blew Coller', and 'To dey green', and then there are a number of veterinary remedies through to A 5.
The Title page (A8r p. 9) reads 'This Booke of Soueraigne Medecines against the most Common & knowne deseases of men & women was by good proouf & Long Experience Collected out of Dr Hecknam late abotte of Wesmiester: & y't Cheefly for the poore wch haue nott att all tim(e)s the Learned phisitions att hand '. This is followed by three prescriptions for making vinegar and 'Characters to be usd of phisitions'.
The remedies themselves run from A 9r (p. 11) - P 5v (p. 291). On the first of the remaining pages of Quire T is 'Here followeth a Table of this present book wherine you shall find all things Contained by an order of an alphabett', and this runs from A-Q in two columns. A final torn half leaf contains three short separate paragraphs, which are extremely difficult to read. They are, perhaps, stories.
Sketch of watermark of MS X3346
The Loose Pages.

The five pages described and transcribed below were with MS X3346 when it was presented to the Medical Historical Society of Auckland. The first four are in the same neat fairly modern hand, and written in ink. These all refer to other pages which have not been located. The name 'Raymond' at the bottom of page I, presumably refers to the ancestors of the family who owned the MS. All four pages are damaged, with the right hand edges being torn away. The fifth page is in a rounded script, in pencil and in Latin, which makes it hard to decipher. These pages were missing for several years, and were taken to the Turnbull Library by this editor, in December 1992, to be stored with the manuscript. At that time, it was noted that they were carefully packed between two leaves of stiff card. On the front of one, across the middle was the title Remedies for Various Maladies. On the verso of this card was, at the top, BOOK OF SOVEREIGN CURES / HELD BY THE ABBOT OF [ILCHESTER] WESTMINSTER / Remedies for various maladies {The word Ilchester is crossed out}

Beneath this is

MANUAL FOR THE / GUIDANCE OF / ALMSHOUSE KEEPERS
1557(?) ---- 1654(?)

NEAREST WATERMARK: / IS No. 552 MONUMENTA CHARTAE
PAPYRACEAE / Vol. I by Heawood - : COLOGNE 1654

{Pointed brackets indicate torn page edges, or illegible letters}

Page 1.

Folio MS volume of 290 pages

At top of p.9.
'This Booke of Soveraigne Medecines against the m<...>
Common and known deseases of men and wom<...>
by good prouf and Long Experience colleckted o<...>
Dr. [Hecknam] Fecknam late abotte of Wesminester <>
that cheefly for the poore which have nott att al<>
times the learned phisitions att hand'

(John Feckenham or Fecknam <..............>)
Abbot of Westminster in <November> 1556 and ceased to hold that office on the 12th. July, 1559)

<Annual> Accounts of rents received (from Stocklinch Magdalen Ilchester, Yeovilton and Somerton, all in Somerset) and payments made on behalf of the Almshouses <...>
Ilchester, beginning with the account <...> Laurence [Bard] Barnard, bailiff, for the <...> 1561-2 and ending with that of John Lockyer, bailiff, for 1660-1.
(The names of William Raymond, Arthur Raymond, Giles Raymond, Elizabeth Raymond, often appear )

* Line 8. '<November>'] This word is interlined above a carat mark.
* Line 10. '<Annual>'] This word is interlined above a carat mark.
Page 2.

Bond for £5 given by Thomas Napper of Tynt<enhall> Somerset, to Benjamin Grinfeild of Knoll, Long<....> Somerset, dated 2nd. March 1635.

Two loose pages which obviously belong to the Almshouse Volume, relating to the accounts of 1660; also a third page which may belong <....> same volume, though it does not contain accounts but

'The presentment of the Tenants of the Mr<....> Mr Christopher Shrieve Rector de tin.....> made the 6th. of May 86

We do present that it hath been as Antient Custom tyme out of mind for two Coppies to be granted o<....>in possession for three lives and the other in Reversion and that the <....> of the manor can grant a third copy until on<e> of the former be expired by surrender or forfeiture <....> soe <....> do make presentment that [yt] it is the custom <....> manor that noe man can buy a Reversion without coming in<....>Co<u>rt

Item We do present Edward Simons for <....>pairin[g] his houses (Who is ordered to repair them <....> before ? Michelmas next sub peine 10s)

Item We do present John Kinge for not repairing his house (He is to repair it sufficiently before the .... tyme under payne of 10s &c &c

(signed) John Bowdidge (?
(signed) John King
Edward Symonds, his mark

Page 3.

Will of Thomas Trot of Kingston in the Coun<ty of> Somerset dated 12th. June, 1608, with Inven<ty> and Probate attached

Deed dated 19th February, 1702, by which <....>
Parrett of Downlands, Axmouth, Devon, confirms Thomas Kingston of Lyme Regis the val<....> of a lease [....] for 99 years granted to T<....> by his mother Jane Parrett on 17th.<....>

A boke of Rememb<....>ance of the Contro<ver>sies which were betwene [on]e Thomas Napper and the Church Wardens and the other parryshioners of Tynt<en>hull uppon Informacions and uppon Indytments as wch <....> in the
Page 3 (Contd.)

Spirytuall Courts, as at the Sessyons of thw <...>ace, a<nd>
also uppon Suites of Law and oth<er> <...>vyse
Inter Thoma<s> Napper et <...>ianos parochie
de Tyntenhull

(The cover of this consists of a deed dated 18th. May, 1616
made between Thomas Petre of Enford, <W>ilts, and Tho<mas>
Napper the Elder of Tyntenhull, Somerset )

Page 4.

Copy of the Charter of Ilchester (= I<chester ..>)
dated 10th. December 1557 and of...
Exemplification of the Rents of the Bo[rough ...
Ilchester dated <29th. June> 19th June 15...
Scribal Abbreviations

The scribe's use of the abbreviations of the period may be seen clearly on [MS Sig C7v'] 47, and [MS Sig C8f'] 48, in the section dealing with Broken Bone (photocopies below)

On [MS Sig C8f'] 48, line 1: 'after this progress' - 'pro' is contracted to the letter 'p' with a stroke from its left hand end, sweeping underneath, and then forward across the stem. This is transcribed as 'p\textsuperscript{pro}'.

On [MS Sig C8f'] 48, line 2: 'the fractured part' - 'par' is contracted to a 'p' with its stem continued first to the left, and then to the right across itself. This is transcribed as 'p\textsuperscript{ar}'. The same contraction is used for 'per', at line 29, 'you shall perceive'. This is transcribed as 'p\textsuperscript{en}'.

On [MS Sig C8f'] 48, line 9: 'good to prevent' - 'pre' is contracted to a raised hooked letter immediately following the 'p'. This is transcribed as 'p\textsuperscript{re}'.

On [MS Sig C7v'] 47, at lines 4 and line 24: 'member' - the same raised hooked letter is used by the scribe to indicate an omitted 'er'. The same symbol is used for omitted 'ar' or 'ur'. For an example of the last, see the word 'your' on [MS Sig C7v'] 47 at line 11, which is transcribed 'yo\textsuperscript{r}'.

On [MS Sig C7v'] 47, other scribal abbreviations seen are 'y\textsuperscript{th}' for 'the' (line 1), 'w\textsuperscript{t}' for white (line 2), 'w\textsuperscript{th}' for 'with' (line 12), and the raised letter 't', representing '-ment' as in 'vehemen\textsuperscript{t}', for 'vehement' (line 12)
Elsewhere 'y\textsuperscript{n}' is used for 'then', 'y\textsuperscript{i}' for 'it' or 'that', 'w\textsuperscript{ch}' for 'which', and 'y\textsuperscript{m}' for 'them'.

anna, a. and an. are each used as forms of the medical abbreviation for 'of each a like amount'.

d. (Italic lower case 'd') represents 'drams'.

'ff' often representing upper case 'F' has been retained in the transcript, but standardized in the modern version.

gr. represents 'grains'.

'lb', 'bl', 'll' or 'l' (sometimes superscribed) each represents 'pound'.

M. (Italic upper case 'M') represents the scribal Latin symbol for 'mane' meaning handful.

Numbers are usually written as 'iii', 'iij', and 'v' meaning three, four, and five. A raised 'd' is the symbol for penny, as, for example, '3d', meaning three pence.

'ob' is the abbreviation for 'obulus' and old name for a half penny.

Q. represents 'quart.'

\Sigma represents the symbol for 'scruple'.

ss. (Italic lower case double 's'), or D. (Italic upper case 'd') represent the scribal Latin symbol for 'semi', or 'demi' meaning half.

The scribal symbol for 'ounce' is transcribed as 'oz'. He may sometimes mean 'dram', but differences are impossible to ascertain.

The scribe employs catchwords when a remedy continues on the next page. These have been retained in the transcript, but omitted in the modern version.

All abbreviations are silently expanded in the modern version.
when you have reduced broken bone: first you wet up a small piece of cloth, or else put up an egg together. If done in this a soft manner & kept it all over the fracture above & below it, it will not be of the least use but speedily hard: So as to draw unionjoining inflammation herein: nor to slake that the broken bone sporteth against: But always remember that in most of

Fracture,

Begin to roll it distinctly upon the broken bone & so wet it above & below the fracture: & these rolls wet in rosettes or wine: Before you can thin

If the bone be much affected in sinew, it

wound: then the wound ought to be wrapped about with fine wool: or two well carded or roll in ointment or oyle of roses.

Then be divided the members from the bone, & to bring it as gather: & strengthen the same: by upon the bottom a girdle or Starch cloth around of wax melted in oyle

of roses: but of these be held the broken bone with a string or hurt thee this flake: then don not only one oyle

or starch cloth to it: But in Brand thence lightly paint on starch the wine.

Also be keep the amount of from grasing & scratching: Else must be splints disposed to put about the broken amount: with splints must be starch & equal: or oil, good & cold: of water: If these last them above the vertex of the bone

beneath their roll well or about the splints: If join them about the amount: about the breadth of a finger one from a mother: & line this gently on: taking heed that you do not bend: Guarnise well the amount over tough and

fragile: if the broken bone do not move a finger: but if the fracture be over a finger & with splints then

break it in shorter: the other wise it will turn at finger

and
The Book of Sovereign Medicines
MS X3346

TRANSCRIPT
1. **To dye a blew Coller**
   - Take vren & fill a pott of ij or iiij gallons: take Jndigo oz jss. to iij of wooll; & to bind the Collor take jd of aquavitæ to eu'ie oz of Jndigo

2. **To dye green**
   - Take woodwax and the rines of grabtrees; & Chop it small boyle it in liquor a good whiles: then take a wî Cloth & dip it, & yf it be boyled enough the Cloth will be yellow; & take it off the fire, & straine it, & set it over the fire & boyle yo' wooll in it & to bind yê Collor take alome into it

3. **To Cure rotten sheep or beast**
   - Take Mather; Elocompane an: one spoonfull; put ther a pint of good ale: boyle it to the Consummation of a quarter; then put into it a good spoonfull of bay salt then glue of it two spoonfulls to a sheepe & more to a beast (probatum est)

4. **To breake the Glanders in a horce**
   - Take rew & bind it about yo' bite or Snoffell of yo' bridle dip it in raw Tarr: & put it into yo' horse mouth & ride him till hee doe sweate: then Keep him warme; & this will breake the Glanders

5. **To Cure the mange in a horse**
   - Take blacke sope & mixe it wth traine oyle & anoynyt yo' horse therwth & it will helpe him

6. **ffor a straine in a horse**
   - Take oyle of spicke & oyle of peeter an: a lice much & mix them together & anoynyt yê place; Chafe it in well with yo' hand: & hold red hott Jron barrs to it to dry it in & it helpeth (probatum est)

7. **ffor a mangie horse**
   - Wash him twise a day with old vrine & Coprise boyled together; & then a noynt him wth Nerue oyle & quicke

---

* [MS Sig.A3r] No number* The edges of the first four pages of the MS are torn, and the ends of some lines are illegible. Pointed brackets indicate probable missing letters.

* 6/1. spicke <..> There is an ink blot obscuring anything which may be underneath it.
7. (Contd.)

For a horse that haue Kibby heells
Take green Copris & old vrine & boyle it together & wash his heells with it

8. (Contd.)

For a horse that is Galled
Take greene Copris halfe a pound; boyle it in faire [watte] watter wth a handfulfull of mallowes & then wash it often & it helpeth

10. For a horse yt haue the Scraches
Scraches in a horse
first Cut the haire Clean a way verry beare; then take vrene & bay salt & boyle them to a strong brine then boyleing hott put in a good quantity of w t sope slised and as hott as you Can suer yo f hand anoynyt y e heells & rubb them well: & it helpeth: or yt you will dry the heells after washing & anoynyt them w th blacke sope Lard & turpentine mixed together

11. For a Cow yt her odder is stunge
Cow stunge
Take hotte Embers & put into raw milke & anoynyt her vudder wth it & it helpeth

12. For Choppes in a Cows tetts
Cow yt her tetts be / Chopt
Take rusty backon & burne it & drope the grease of it into a Sawcr & anoynyt y e Chops & it helpeth

13. A drench: for a bullocke that is Squat or haue ouer heaud him selve

beast our heaued
or / squat
Take a pint of milke; & put therto two nutmeggs: powdred as much rosome as halfe an egg powdred; a branch of rose= mary Choped smale; j spone full of honey; & ij spoonfulls of treacklel; put these into the milke; & warme it & glue it to yo f beast; & keep him warme & from war<...>g a pretty whilse after

14. For ye murren or a beast that will not groue

for ye murren /
Take anniseed Lickrose an: a Licke much: a pretty quantit<.> arke angell & grounsell a pretty quantitie; orgain one hand
14. (Contd.)

& to make
a bulloke
groue

& to make a bulloke groue to make
sauory rew angillicae rosemary: Jsope time; & Co<..>
mary of each a Little quantitie Chop them smale & boyle
them in beare; & when it is almost Cold put in some sallet
oyle, & giue it to yof beast; & yf the desease be farr past
pricke it with a Knife & rubb it with salt & garlick

15. ffor wind in a beast & to purg him

to purg a bulloke

ffor wind in a beast & to purg him
Take mugwort & grousell & Chope it smale; & boyle it
in beare & giue it to ye beast blud warme

16. ffor a beast that is Stung wth a snake or adder

for a beast that is Stung wth a snake or adder
Take two heds of Garlick: & rue or herb grasse; & red sage &
Chop it small & giue it in som beare drench [it with] them
wth it ij or iij times & it helpeth

17. ffor a beast that is bruised

for a beast that is bruised
ffirst Rake them well then drench them wth som Comfrey
rootts & rue & stone pitch giuen in beare & it helpeth

18. ffor the bitting of a mad dogg for man or beast

for the bitting of a mad dogg for man or beast
Take garlickue rue & arke angell & Chop it smale & giue it in
beare & it helpeth: & for a Christion pound it & straine it &
giue ye Juice in a Little beare probatum est

19. ffor sheepe yf be Gundy

Sheepe

ffor sheepe yf be Gundy
Take tobaw stemes & Ellecompane rootts & boyle them
in Cheese brine from a quart to a pint & soe dress
them wth it & it helpeth

20. ffor sheep that haue the shakeing

Sheepe

for sheep that haue the shakeing
Take bur rootts & pound them & put it into milke
& giue it the sheepe yf is sicke iij or v: spoonfulls
& next day soe much more & it helpeth proued

21. ffor sheep yf haue the red watter

Sheepe

for sheep yf haue the red watter
Take a pint of faire running water & giue the
sheep infecketd & it helpeth

22. ffor the fashons in a horse

horse

for the fashons in a horse
Take of Savory; time, rue; rosemary; sagge bay
an: halfe a handfull; a Little turmurike & a Little hempe-

* [MS Sig.A4v'] 2 has no ruled margin across the top of the page.
[MS Sig.A4v] 2 (Contd.)

22. (Contd.)

seed brayed; Boyle this in new beare or ale: & drench him ij or iiij times & Lett him blod ij or iiij times: & yf the Legg be sore, wash him wth beare or vrene & Lard or butter boyled together

23.  

ffer a horse that is sicke

horse

Take sallett oyle trakell & horse pice an: jd worth of Rose mary Rue; & som horse Radish & a little Ellecompane in powder giue it in ale or beare

24.  

ffer a horse that hath taken a Cold & doe Cough

pills for a horse

Take rue M. j Cop or Stamp it [Stamp it] Smale & put to it jd worth of aniseeds & som Licorice in fine powder make it into pills wth fresh butter. & giue it him & ride him gently vpon it

[MS Sig.A5r] 3

25.  

An Aproued Drench for A horse that saue ye Glanders or Cold: vitz.

Glanders

Take j quart of whay or Ale: & butter: then take of ground Sell & organ of each one handfull Chopt Smale; & aboute 10 Cloufes of garlicke brused & 2d worth of diapenty & boyle this in the whay or Ale well then take it of the fire & ad to it one quarter of pint sweett sake two ounces of treackle & 2d worth of oyle: & giue it yo of horse fasting & ride him after & Lett him fast 4 or 5 hours then giue him a meash

26.'  

To

Take faire Water 2 Q put to it of greene Cop's 1/2 l of salt one handfull: of honey one spoonfull: & one branch or 2 of Rose mary: boyle altogether to ye Consumption of one halfe: & a little before you take it from ye fire: put in ye quantitie of a doues Egge of Alum

* No. 26 appears to be a late addition to the MS, as, although it is in the scribal hand, the writing is larger and more hurried or careless - see also below Nos. 27, 352, 463, 557, 562 and 713.
27. Take of Rosin ye quantity of a walnut & When yt is molten: put to it ye quantie of Wax & when yt is molten put to them of trid hoggs greace 1/2 l & as soone as that is molten [L..] put one spoon full of English honey When al thes ar molten & Well stird together then put in of ordinary turpentine 1/2 l & as soone as it is dissolud take it from the fire & put into ye skillett of verdigr & made into very fine powder oz j & soe it well altogether

but be Carfull it run nott ouer: for ye verdigreas will Cause it to rise
Then sett it on ye fire tel it begin a Little to sember: then straine it & keep it for yo vse

28. For Scabbs in a horses heels
Take the strongest Wt wine Vinaiger mustard & soote: of each as much as will suffice & mixt ym well then adde to them ye yolkes of two egges: & of hog's grease one ounce; rape oyle & new wax of / each two ounces: Melt all these: and make them into an Unguent and therewith anoint the grined sorance: this hath been often tried. /
This Booke of Souraigne Medecines against the most Common & Knowne deseases of men & women was by good prouf & Long Experience Colleckted out of Dr Hecknam late abotte of Wesmiester: & yt Cheefly for the poore wch haue nott [the] att all tims the Learned phisitions att hand

A. To make viniger in brife time
viniger
Take ij gallons of faire spring water; & seeth it to the halfe, and al hotte; put there vnto iiiij gallons of the laggges of anie Kind of wine: & sett it in the sunne but 12 dayes; & it will be pure viniger

B. Take Leeke seed and steep it in wine: one whole day: & thou shalt haue viniger therof
viniger

C. Also take wyne and put it in an [ert] earthen vessell and stop ye vessell fast: & sure; and put it in hott seething water: & wthin short time you shall haue good viniger:
viniger

Characters to be vsed The manner vsed of phisitions in writting of there bills. to the apothecaries: this is the reseipt of phisitions /

xxte graines of wheate make a Scruple; iiij scruples make a dragme; viij dragmes make an ounc. xvij ownces make a pound: a pound is marked thuse [lb]

lb: halfe a pound thuse; liss.; or thus lidim.; an ounce thus [oz] oz a dragme thus: d.: a graine thus gr:
Anna: or a: signifieth of each much a licke: A quartt of measure thus: Q halfe a scruple is a verry pennie waight

[MS Sig.A8v] 10 is blank, but is numbered in the top left corner.

* This page has a ruled margin of approximately half an inch in width on the right side of the page, as well as the usual top and left rulings.
* Line 5. Wesmiester] There is a tilde above the middle of this word.
29. An oyle for al manner of soars aches or brusies & straining of the sinnewes:

Aches
Take a quarte of neates foote oyle: & a pint of oxe gall; of aquavitæ halfe a pint; of rose water a pint: bay leaves rosemary stripped from ye stalks: straberry leaves roots & strings: Lavender Cotton: anna: halfe a handful; beat them smale & put them into the afore said stufe; and sett it over a soft fire of Colls: & take heed that the flame touch not the stufe; let it seeth very well: & then take it of & lett it stand: vntell it be almost Cold: Then straine it through a Course Lining cloth; but not the bottom of the said liquor; Then put it in a glass. & soe keepe it; And when you are paind anoynt yor griefe wth all; & you shall find presant remedie by gods helpe.

30. A plaister for an ache

Aplaister
Take one pound of blacke sope & fouer ounses of frankensence / & a pint of white wine viniger: boyle altogether vpon a sought fier vntell it be thicke; then spread it vpon Leather: & yf they ache be greate: ad to it some Aquavitæ it will be the better.

31. ffor an ach or paine in anie place

ach
Take Camomell' & fry it wth white viniger; & aphy to the place gried & it will take away the paine.

32. for ach in the hipes or ells where or wind

ache
Take mutton and boyle it till it be in peeces (with these herbs & rootts parsly rootts vinnell rootts brode time & marigoulds and a good quantity of raysons of the son) & make broth of it and lett the patient eat of this broth often and it helpeh.

33. ffor an Ache or anie Kind of paine in the Joynts

Ache
Take the blowings of Elder in may & pound them; then straine out the Juice, & put it to stand in ye sunn<.> to purifie 14 or xv.days; then straine it into a Cleane Glass & Keep it Close stopt for thy vse; & anoynt the patient wth it Twise a day & it helpeh.

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* 31/1. Camomell] There is a tilde above the centre of this word.
* 33/2. sunn<.>>] The edge of the page is damaged, and the probable letter 'e' completing this word is not visible in the MS.
34. A medicen for an ach Ache
Take aqua Composita and the oyle of neats feet Lucke Warme and anoynt the place greifed laying Warme Clothes theron & you shall find therby much eas

35. A medicen for a Continuall head Ache
Take Betonie Water, & take Cloth three or iii folds & iii fingers bredth Wet it Well in the betonie Water & Laie it to yo' forehead Cold: Lett the Cloth being Well Wett Come round about the head, & tye it fast, & in iiij or iiiij times thuse doing it Will helpe you; When the Cloth is dry Wett it againe;

36. Another for the same
Take the iuyce of rew, & put it into the nostrills and it will Expell flegme, & Clense the braine; alseoe seeth a branch or two of rew in a pint of white wine; & it shall Worke the Licke Effackt

37. Another for the same
Take the leafe of a marigold role it, & put it into yo' Nostrills fasting; the iuice of ground Jvie put into the Nostrills purgeth the head & taketh a way the paine. masticke; pellatorie, or Nigella Romana; Chewed in the mouth Will purge the head a bundantlie, & mittle the paine therof; but when all remedies doe faile A Cautary' in the hinder part of the head helpeth

38. A gargres for the tooth ache
Take Jvie berries & seeth them in strong viniger & When they be Well sodden powr out the viniger from ye berries & gargarize the same in yo' mouth & throte & it Will Cause the rume to fall.

39. A powder for the tooth ache
Take Jvie berries, & drie them & beate them to powder & put the powder into a fine Lining Cloth & Lay it to the aching tooth.

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'Aches] This word appears at the top of the page instead of the usual large capital letter.
' 35/1. <a>] An ink smudge almost obliterateas this word.
' 37/7. Cautary] There are dots above the last three minim strokes of this word.
40. Ache in the teeth
   for the tooth ache or swelling in the mouth
   Take halfe a pint of Good viniger & sett it on asouft fire
   & put therin a good handfull of Jslope; & Lett it boyle vntill
   halfe the viniger be Consumed; then take it of & straine
   it; & sett the viniger ou[r] the fire againe; & Couer it & Lett
   it seeth softly a prettie while, then take it of & as hott as
   you Can suffer it; put j spoonfull in yo[r] mouth, & hold it
   a good While, & then spite it out againe, & doe soe iiij or
   v times & it taketh a way the paine quicklie

41. Against Wormes in the teeth
   Take henbane seed, & red Wax, & mingle them together
   & make therof Little balls; & put ij or iiij of yo[r] balls vpon
   the Coles, in a Chafing dish, that you may reciue the
   smoake and fume therof into yo[r] mouth, & the Wormes
   Will fale out

42. Ache in the teeth
   Jf the ache of the teeth, Come of a boundance of humors
   then launce the gumes betwixt the teeth Wich doe paine
   you; & yo[r] fore finger being first Wett in yo[r] mouth, dippe
   him in the powder of Euphorbium; (Wich you shall haue att
   the apothecaries,) & rubb yo[r] gummes & teeth therwth that
   they may bleed & you shall find present remeddie

43. ffor the same
   Take a quantitie of mustard & viniger, & mingle them
   together, & put thereo[l] spoufulls of honie, the powder
   of iiij Cornes of Staphisacre; & as much Allome; & boyle
   al these together, then take a spoonfull of it as hott
   as you Can suffer it; & hold it in yo[r] mouth a moment
   of an hower on that sid the paine is & doe soe iiij or
   v times & it helpeth

44. Another for the same
   Take a Cloue of garlick, & put in the hole of the eare on
   that side the paine is & you shall find ease; & in a vehement
   paine put a Little of the iuice of grounded Jvie in the
   eare on that side the ache is; & it will a Little griue
   thee but incontenent thy tooth will Cease
45. **Ache in the teeth**

*ffor the tooth Ache*

Take halfe a pint or som what more of Good Whit Wine, and iij spoonfulls of brayd pepere; & lett them boyle together, to the halfe / pærte and put a spoonfull therof into yoʳ mouth as hott as may be sufred, to the place Where the paine is & soe Chang & spitt it out againe iij or v times & you shall find Ease therby.

46. **Ache in the teeth**

*ffor the same*

Take a quantitie of Staphisacre; & beate it to powder then put it in a fine lining Cloth or on fine cypresse; and Lay it to yoʳ tooth; & it will heale the ache.

47. **Ache in the teeth**

*ffor the same*

Take leaues or roots of Cinkefoyle or the water of the decoction therof put into thy mouth; & as it were gargarize it taketh away the paine; the roote of horehound drunken or Chewed of a man fasting, taketh away the paine quickly; Alsoe the roote of mouse eare put into the hollow of the tooth taketh a way the paine p⁰batur⁰m est

Water or Wine Wherein the Leaues of damosin tree or the rind of the roote therof hath ben sodden, the mouth being often washed therwth all it fastneth the teeth & gumes & keepeth all the whole mouth from anie paine.

48. **Ache in the Knees or other Swelling Coming of Cold**

*ffor Ache in the Knees or other*

Take a quart of malmsey, & time M. j, boyle them together, & when it is halfe boyled put in a good peecie of sweett butter; & lett it all boyle from j quart to a pint; & when you goe to bedd bath yoʳ Knees well therwth & wett a Cloth iij or iij double therin, & lay it to yoʳ Knees as hott as you Can suffer it all night & doe this vj or vij times & it will doubtsles helpe you
49. for ache in the Should'r or Els where
Ach in the should'r /

Take arose Cake and boyle him in strong drinke & lay [hi] him hott to the place & renew him once a day & it helpteth

50. ffor Aching Soares
Aching Sore

Take the iuice of Smallage, of morrell of whey bread ana: licke much, then take homie, & the white of an egg of eu'i of them a licke much, & mingle them togeth<..> till they be thicke, lett it Com neer noe fiere, but all raw & Cold Lay it to the sore.

51. A medicen for an ache or Shrinkeing of the Sennewes
Aching Sennewes

Take the tendring of rose marie; & March Mallowes anna: licke; gather yo'f herbbs when they be drey; &pound; them in a morter verrie smale; then take may butter; Well Clarified, & put it to the herbbs & mingle it in a Close vessall; & lett it stand iiiij days. Then sett it over the fiere; & lett it seeth vntill the Strenth of the herbbs be gonne; then take a little of it in a spoone & Lett it drope vpon the nayle; & yf it be green, as the Jmerald it is perfett; & then put it in an earthen pott & when you will vse it you must warme the same.

52. for an ach in anie part
Ache

Take pafsley & wormewood ana: j handfull, & seeth it in a quar<tb>t' of Ale wth a quantitie of Sweett butter; & wash well the place that aketh therwth, & alsoe bind the herbbs to th place as hott as you Can suffer it

53. for the same
ach

Take oyle of turpentine; & mixe it wth aquavitæ and a noynt the grife & it helpteth Alsoe take blake sope j lb & boyte it in j Q of strong ale to a pint & drieue it abrode vpon a Cloth; & aply it warme to yo'r griefe, & renew it once in xxiiiij howers & it helpteth

* 50/3. togethe<..> Damage to the edge of the page obscures the expected final letter.
* 51/2 '<&>' Doubtful reading because of smudged lettering.
* 52/2 'quar<tb>t' The first 't' is superimposed on a 'd'.
54. Ache in any part
   Aprooved oyn† for aches
   Stamp Smallage and put it to aquavitæ & Straine it then
   put therto Bores greace and Stirr them well together &
   anoynt the patient therewith before the fire morning &
   evening

55. A searchcloth for Aches
   Take a quarter of ali of new wax; and v: Spoonefull of
   oyle oliue & iiiij races of genger parred & gratted first
   lett the wax be molten vpon a Chafing dish of Coles; then
   put therto the oyle & lett them boyle a little; & soe
   after the genger & then dip into it yo† Cloth; & lay to
   the patient as hott as he Can sufer it; & lett it be
   rolled & Kept warme

56. ffors a suddaine ache or Swelling
    a speciall medicene
    Ach or Swelling
    Take of new milke of one Cow that is red ij quarts; and [oatt.]
    oatmeall brayed agood Sawcerfull; of brocklime & Smalledg an:
    M. iij of /
    red rose Leaues or of a rose Cake a little handfull; boyle all these
    together & make therof aplaister; as hott as it may be suffered
    Lay it to the sore & you shall find remedy′

57. ffors ach in the backe a Soufaigne medicine.
    Ach in the backe
    Take the Leaues & rootts of agrimoney and Mugwort; & stamp
    them with boars greace; & temper it with asell in maner of a
    plaister & then Lay it to the backe.

58. ffors ach or paine in the bladder
    Ach in ye Bladder
    Take Smalledg parsly and fenell an: alike much; Stamp them
    with watter; & being strained drinke therof: & you shall find
    ease.

59. ffors aching or Swelling in the Leggs or foot.
    Ach in ye Leggs or Feett
    Take oatemeall & Cow milke, & make grewell therof; & put
    therto the iuyce of Sengreene & sheeps tallow; & Lett them
    boyle together till it be thicke; & then make a plaister good
    & Large; of a Cloth that will goe: a bout the sore; as warme
    as you may suffer it; & ye† shall Sease the aching & put
    a way the swelling;

† 56/5. remedy] There are dots on the minim of the 'y' at the end of this word.
60. for all maner of aches
Aches generally
Take sage, rew: wormwood, laurall leaues, hore hound
redmints, & Stamp them all & mingle them wth may
butter: & Lett it stand soe x days: & then straine
them Cleane; and then melt therwth incense; & this
serveth for all maner of aches.

61. for aches in the armes Leggs & shoulders
Ach in
Take a little speare grase. & bruse the same & lay it
wthin a little round compasse on the place yt is griued
& it will raise a blister; & Lett it forth; & then Lay on
Jvie leaues, vppon the same place: & they will
draw forth the humores that Causeth the ach

62. A searcloth right souaigne for all
Kind of aches
Ache helped /
Take j pint of Sallett oyle: & Sett on yᵉ fier: & put therto
halfe a quarter of a lb of fair Sheeps suett: & red Led oz j
the worth of j³d in yellow wax: & yᵉ worth of j³d in Roson
& soe Lett all these boyle together: vtill yᵉ halfe be sodden
away; & then take it of & put it into a box: & Lett it
Stand till it be Cold: & then take it & spread it vpon
a Cloth a prettie thikenes: & then warme it & Lay it
to yᵉ Sore as far as yᵉ paine is: & soe Role it with
a band: & Stirr it not in xxiiiij howers, & then take
it of and Lay more vpon yᵉ Cloth & vse it as you did
before:

63. for biteing of An Adder or
venomous worme
Ader biting
Take Centery: green Rew: & red ffennell; Stampe them
& it & frye the Juce therof [wth] in may butter
& drinke it warme mor page 43: 44

64. A medicine for Corrupt Ayre
Corrupt Ayre
Take herbgrase. Elder leaues; & red bramble leaues:
& sage; of each one handfull: bruse them & Straine
them into one quart of white wine & add therto
a quantitie of gratted genger; & soe lett it Stand
64. (Contd.)
a whole day or night; & drinke it fasting & it will
keep you from infection by gods grace

65. Against agues
Agues of Take oyle of Scorpions: & lett the Soles of the ffeett
all sortts & palms of the hands be anoynted there wth &
the fore head & backe bone before the ffitt Cometh
it Expelleth ye quotidian quartaine <&>' tertian ffauer

66. ffor the same
Ague of Wyne of Decoction of sage: Rosemary & Lavender drunke
quartaine before the Coming of the fett healeth ye quartaine

67. ffor the same
Ague Centory Stampt wth wine, & drinke it before ye
demin- fitt Causeth it to be noe fett this Experimt is knowne
ished / to be of most Certaintye

68. The opening of a veyne in Agues
Ague by Yf age will suffer it: the opening of a veyne before
bloud- the Coming of ye fett destroyeth ye ague greatly
letting / lett it be vsd often & a little att a time

69. ffor the same
Ague Take the iuce or Water that is distilled of Jermander
& drink a Spoonfull or ij therof With a Little treacle
blod Warme & the Sicke shall find ease therby by
Gods grace

70. A pretious oyntment for aches in the bones or
part of ye body: yf the party payned be anoynted
therwth iij or iiiij times before the fire
Ach in Take Sage: WormWood; bay leaues; & rew anna: iij
ye bones picke them Cleane from the Stalkes; then take
iiij of Suett hott from the Sheepe; Stamp them
altogether in a Stone morter; vntill you Cannott
deserne the one from the other; & that it Looke
all of one Collor; Then take a pottle of oyle

65/4. <&>] Doubtful reading, but verified from C, which is the only other MS in which this remedy occurs.
70.(Contd.)

oliue; & put the herbs Soe Stampt & the oyle
together; in a faire Stone pott: & Wth yo\textsuperscript{e} hand
Stir them vntill they be all of one thickness: &
then Stope the pott Close: & Lett them Stand Six
Days: then put them in a brass pott & Lett them
Seeth vj houres: being Stopt verry Close: then
take <it> of & Straine it through a Canuas Cloth y\textsuperscript{t}
Was never vsd before: & keepe it in a faire
earthen pott & soe vse it as you need: for this
is verry Well tried

71.  

A diett ff for the burning Ague made
by the queens M\textsuperscript{t}e Phisition

Ague

Abstaine from Wyne & Spices: Strong Ale & beere
drinke the Smallest ale that you Can gett: & yf nott
Smale enough you must delay it wth barly Watter
boyled: boyle yo\textsuperscript{r} meate wth Cold herbb: as Lettis &
Spinage: Buraidge: Endiue: Succorie: & viollett Leaues
great Raysons & prunes & pursland & wth the same
herbs boyled in Water make yo\textsuperscript{r} Almond milke
& Wth the same herbs make yo\textsuperscript{r} possett ale: goe nott
into the ayre; nor take Cold specially in yo\textsuperscript{r} heatte
& sweating Jn yo\textsuperscript{r} heate you may take Smale
drinke att yo\textsuperscript{r} pleasure; you must abide yo\textsuperscript{r} Sweate as neere
as you Can wth temperatt Clothes; & yf you be bound you
must take suppositaries mad wth honey & Salt

72.  

ffor Corropt Ayre

Ayre

Take bettoney: Centory: & agrimonie; ann: j handfull
Corropt

Stampe them & Straine them wth Ale: & a Licorace Sticke
brused: then boyle it & Clarifie it; & make it pleasantt
wth suger: & drinke therof eu\textsuperscript{i}i morning blod Warm
iij or iiiij Spoonfulls iiij or iiiij days together

73.  

To make a man have apitite to his meate

Apitite

to meate

Take Centorie & Seeth it in Cleane Watter: & take ix
Spoon fulls therof Luke-Warme fasting for iiij days together
& he shalbe whole: for this doe purifie the Stomake &
A Drinke & pottage in an Ague
Take Sinquefoyle: Suckrey: Endiue: borrege: Sorrall: Lettis: or ffennell rootts: parsly rootts: Raysons & pruns: & make yo’ pottage & possett ale: & almond milke with the herbs before mentioned

A medicen ffor drought in an Ague
Take a quantitie of brrage Sorrell violett Leaues Strawberie Leaues: Seeth them in a pottle of runing Water to a quart then Straine it; Then take almonds blanch beatten & Straine then Wth the said Water & put Suger therin & drinke it Warme

A medicen for a quartaine ague
Take a pottle of good red Wine: a pottle of new milke from a Cow of one Coller; take ij or iij hands full of mouse eare Clean Washed Steep it in the milke & Wine being Wel temperd together & lett them Stand one night: then put them into a faire Still: & soe distill them Wth asouft fire: & take the Water in a faire glass & sett it in the sun iij or iiij days together & Lett the sike When dry drinke therof iij or iiij times & it will quench his thirst & Cure him of the ague

ffor ye Cold in an Ague
Take Camomill’ & Worm Wood: & Seeth them together in a quart of Ale: vtill one halfe be Consumed: & giue the paticent to drinke first & Last Alsoe Take methredatu’ & venis Turpentine: & a quantitie of Nutmeg: mixed together & bind to the hand Wrest & it helpeth

Amedicen against the heate in an ague
Take a pottle of Stale ale: & the bottom of a Stale White Loafe; Cinkfoyle Cammell ann: M. j treakle viniger an: j Spoonfull: a few whole mace & suger Candy as much as you please; then Seeth all vtill halfe be Consumed: then Straine the

1 77/1. Camomill] There is a tilde above the centre of this word.
2 77/4. methredatu] There is a tilde above the last syllable of this word.
Liquor from the herbs: & giue it the patient to drinke: & noe other drinke in his heate: but as much therof as hee Will & it helpeth

79. A medicen against the ague quartaine
Take Shell Snaileis iij handfulls: bay Salt mallows ann: j handfull: beate them together & Lay to the Soles of yo\'f fleett before the quartiane fett doth Com

80. Amedicen for the ague
Take netles & CobWebb & salt: beat them altogether in a Wooden dish & Lay it to the Left arme of the Sicke: & it will take away the heat of y\'e ague

81. Another for the same
Take Soote: the yelkes of Eggs: & bay Salt & peper & mingle them together & Lay it to both the Wrest & it Will take away the ague

82. ffor the same
Take burr rootts: & red netle Crops: & Seeth them in Stale ale: & giue the Sicke to drinke about the time as the Cold begineth: & after the feruent heate be past: Soe that he doe begin to Sweate: then giue him to drinke possett ale made Wth marigolds & fennell & seeth the possett ale Clarified: this Will take of the ague in iij or iiij fetts

[MS Sig.Mv122] 8:1. A medicen to aswage Swelling in the Leggs or ells Wher that Cometh of agues
Take Elder leaues: bloud Wort ann: M. j bay Salt roch allum ann: a quantity: fry this w\'th boars greace & make a plaister therof & Lay to the Swelling & it doth desolue it & easeth the patient by gods grace

[MS Sig.B4r] 21 (Contd.)

78. (Contd.)

A medicen against the ague quartaine
Take Shell Snailes iij handfulls: bay Salt mallows ann: j handfull: beate them together & Lay to the Soles of yo\'f fleett before the quartiane fett doth Com

80. A medicen for the ague
Take netles & CobWebb & salt: beat them altogether in a Wooden dish & Lay it to the Left arme of the Sicke: & it will take away the heat of y\'e ague

81. Another for the same
Take Soote: the yelkes of Eggs: & bay Salt & peper & mingle them together & Lay it to both the Wrest & it Will take away the ague

82. ffor the same
Take burr rootts: & red netle Crops: & Seeth them in Stale ale: & giue the Sicke to drinke about the time as the Cold begineth: & after the feruent heate be past: Soe that he doe begin to Sweate: then giue him to drinke possett ale made Wth marigolds & fennell & seeth the possett ale Clarified: this Will take of the ague in iij or iiij fetts

[MS Sig.B4r] 22

A medicen to aswage Swelling in the Leggs or ells Wher that Cometh of agues
Take Elder leaues: bloud Wort ann: M. j bay Salt roch allum ann: a quantity: fry this w\'th boars greace & make a plaister therof & Lay to the Swelling & it doth desolue it & easeth the patient by gods grace

[MS Sig.5r & v] 23 and 24, [MS Sig.6r & v] 25 and 26, [MS Sig.7r & v] 27 and 28, and [MS Sig.8r] 29 are blank.
84. Balsom for ye King's Evil, Aches, Scales &c

Take new Wax washed wth Spanish Wine iiij, Venice Turpentine ij washed wth Rose Water, Red Sannders in very fine Powder j oz these mixed make ye Balsom approvd in numerous Cases.

85. ffor a Bruse and to gett coller againe

Bruise

Take wheate bread, & Crume it into faire spring watter: and sett it on the fier; & stir it well vntell it be thicke plaister wise and Lay it to the sore, and it will heall & gett gett color shortlie

86. ffor brusing Swelling or ach,

Bruse or ache

Take the Leaues of the red rose viniger and Crumes of the sowrest bread that Can be gotten; & make a plaister therof; & lay it to the sore: & it shall [C...]

soone be whole

87. ffor al maner'of bruises swellinge and broken bons

Bruise

Take brooklime; Cheeckweed. Mallowes Smalladge [groun] of all grounsell; & stamp them wth sheeps tallow; swines grease & cuming' and put therto wyne lees: & wheat branne and frye them [togegh] together; and lay them to the soare alhott

88. ffor a bruse or Stripe

Bruise or Stripe

Take a quantitie of larde: honny wheate bran: fenugreeke and seeth them altogether in a quart of whit wine & aply it vnto the sore of ye stripe: it wonderfully helpeth & healeth

89. A drinke that is wonderfull against brusinge

A drinke for those brused

Take agrimone; bettoney, sage plantine; Jeue leaues rose leaues parsly; pound them together: & mix wyne there wth: & glue ye patient often to drinke tell he be: whole:

* [MS Sig.B8v] 30' is not ruled at left side or top. The handwriting is non scribal, and probably dates from the second quarter of the eighteenth century. (See also Nos.239, 307, and 313 below)

* 87/Title. maner] There is a tilde above the first syllable of this word.

* 87/3. cuming] There is a tilde above the centre of this word.
90. A medicen against burning Scalding or hurt with a handgune

buring or
Scalding

Take x or xij eggs, as you will make the quantity of yo\textsuperscript{f} oyle & let them be as new as you may; and Lay them in ye\textsuperscript{e} fiere & rost them; as hard as you Can; Then take ye\textsuperscript{e} yolkes and chope them as small as you can; & put then in an earthen pott and sett it ouer the fiere; & take a sticke & stir: it & see Let it boyle, vntell you see it Consumed in a manner to nothing; Then take it from the fiere &a>nd sett it in the ayre; a quarter of an hower or more then there will Com an oyle therof; then take afeather & anoynt ye grife w\textsuperscript{t} the same oyle; & take hart-stongue Leaues & Lay it vpon the [grie] grieve & y\textsuperscript{t} will gather the [sk...] skyne; then you may bind a Cloth to it

91. A medicen for burning or Scalding

Burning or scalding /

Take the dunge of geese of one nights makeing; and fresh butter. vnsalted: or els Clarified: sheeps suett & fry them in a frying pan: a good tyme or sease: vntell ye\textsuperscript{f} sewett be al most Consumed; Then strayne them through a Clean Course-Lening Cloth: into a smalle vessell; then take a feather & depe it in ye\textsuperscript{e} Liquor: & Couer the sore w\textsuperscript{t} all: doing this ij or iij times in y\textsuperscript{e} day: by gods grace it shall help you:

92. for the same

Burning

Take mayden worte; stamp it; & seeth it in fresh [butt.] butter: & straine it and anoynt the patient therewith

93. To take away heate or burning

w\textsuperscript{th} gun powder

Burning w\textsuperscript{th} gun-powder /

Take a good handfull of housleeke; Stamp it and wring out ye\textsuperscript{e} Juyce; take the white of vj egges & beat them in a dish till they be thyne: then take of the scome; & put the rest together: & wash ye\textsuperscript{e} sores w\textsuperscript{th} a lining Cloth & Lay ye\textsuperscript{e} Cloth over ye\textsuperscript{e} sore Wett

\textsuperscript{1} 90/8. <a>nd] The first letter is obscured by an ink mark.
94. **A medicine for burning**

**Burning**

Take the berries of the elder tree; & Lay it vnto yor sore & it helpeth; alsoe the oyle olie; & beat it wth water till it wax very white; and anoynt the place alsoe take blacke sope ore gray sope & Lay it immedeafly to ye sore;

95. **To make an oyntment for burning wth gunpowder or scalding wth water**

**Burning**

Take a quart of boares greace and ij handfulls of ground= swell; & ij or iij heads of houseLeekes; & stampe the herbs together. & then put to it of New sheeps dungs: & goose dounge of each ij handfulls; stamp them altogether & then fry them; & being hott. straine them through a Cloth into a pott & wth ye Liquor anoynt ye burned place

96. **ffor the same**

**Burning or scald-**

Take plantyne; Weybread, deysey. the green barke of elder & green goose dirte: & oyle olie: stamp them together and wring them through a Cloth, & bath the hurt wth a [fea] feather; alsoe take ye watter of elder flowers; & mingle it wth ye white of a new laid egge & put therto bole= armenecke; & make vpon faire flax a plaister therof larger then ye wound in lenth & breadth: and yl shall seas ye fier

97. **ffor burning wth fiere**

**burning**

Take blake vermishe: & alto anoynt the soare wth a feather & it will slea: the heate, & heal it as faire as euer did medicene & soe vse it vntell it be whole;

98. **ffor anie burning or Scalding**

**Burning or scald-**

tell they be tender: then take of yl water & sallett oyle & beate them together till the oyle be thicke; then anoynt the place wth that oyle: & Lay these sodden Leaues thervnto the patient must be dresed x times a day
99. **Burning**
   Ffor the same
   Wash quicke Lyme in seuerall waters ix times & yt wch remaineth in the Last water mingle wth meate oyle; stering it mightily about & anoynt the place this hath ben prooued

100. **Burning**
   Ffor the same
   Alsoe the rootts of Lillies rosted vpon the Colls: & dessolued wth oyle of roses doth mightily heale yᵉ burning wth fiere

101. **To heale yᵉ burning deaseas**
   Called wild fiere
   The body being first purged of brute humors: apley vnto the place rawe eggs mixed wth viniger; & Lay theron a beat Leafe & thou shalt wonder att the healing therof

102. **Burning**
   For a burning deases Called wild ffier
   Take Lard & sallett oyle: & wax & boyle it together & make a salue of it. & Lay it to yof grife & it helpeth

103. **Burning**
   For a burning deases Called wild ffier
   Barly meale fryed & Culuers dunge desolued with oyle & put in a Lining Cloth & bound vnto yᵉ burnt is wondffull in Effecacie; for thou shalt find noe stronge medicene against this deases Called wild fiere; & al other burnings the leaues of rebworte stamped & plaistred are singuler helps

B

104. **Bleeding stopped**
   A medicyne to stopp Bleeding
   Take bursa: pastoris; planitine & Jsope: an alicke much and Chafe them or bruse them in a mortar; & warme them as hott as yee can against yᵉ fiere; & Lay them to the nose of him that bleedeth: & bind some of the herbs to his temples; as hott as hee Can sufer them

105. **Bleeding stayed**
   Another for the same
   Take an old cleane Lying cloth & wett it well in veniger then burne it to powder; & take the powder therof: & yf it be a wound cast it therein & it will stoppe the bleeding imediatly: but yf thy nose bleede sone upp the foare sd Powder into the nose &
it shall stent bleeding

106. for the same
Bleeding Take a tode & dry him in the sunne very drey then put
stanched him in a Lying bagge & hange him about yo' nekke
wth astringe; soe Low y't it may touch: yo' brest on y'e
Left side neare vnto yo' harte; & Comonly' it stayeth all
Kind of bleeding att y'e mouth nose or wound

107. Another for ye same
Bleeding Take bettoney stamp it wth a Little salt; as much: as thou
att ye nose mayest take vp wth thy fingers & put it in thy nose;

108. for ye same
Bleeding Yf yo' nose doe bleed vnmeasurably: bind yo' Little
att ye finger very hard; vnder the Lower Joynt: & for ye more
nose part it faiileth nott but stayeth the same
also take nettle Crops & rubb them in yo' hand & put
it vp in yo' nose ore ells where & it helpeth

109. To stop bleeding att nose or wound
Bleeding Take the Crope of a pott that is the soote that doe
stanched hang vpon ye pote; & Lay it vpon a Cloth & heate it
att / nose against ye fier: & Lay it to the nose or wound &
or wound / it stopeth ye bleeding pr'esently pr'obatum est

110. To stanch: bleeding of ye pyles
Bleeding Drinke the iuyce of millfoyle for y't is pr'oued: alsoe doe
of ye pilles therto the powder of burnt garlicke; & y'e pyles shall
dey.

111. To stoppe ye bloudy fluxe
Blody Take a quart of beanes dried ouer the fier; soe y't you
111. (Contd.)

May make powder of them; then bruise them in a mortar verrie smale; & bolte them; & take a quarte of good alle: and a good quantitie of the flower & seeth them [tog] together: & Lett ye patient eate therof att night; as hott as may be suffred.

112. To stanch blod att the nose or veine

You must bind hard the extreames with a rebon y't is aboue the pulses of both ancles & armes, & then washe the members of a man; for a woman the pappes: wth Cold viniger and y're person / shall stanch: alsoe take an herbbe that is Called [...] [...] p'er wincele; and hold it betwixt yo's teeth: & you shall nott bleed / while you hold it there

113. ffor him that spitteth bloud

When a man spetteth ore vometteth blo<d>' which cometh of a bruse / Stripe; great cryinge; hott rewme; repletion or great drines; giue him to drinke the Juce of Knott grasse & it shall sease incontint licke as it hath ben proued;

114. ffor the same

Take Puliall Mountaine & dry it & make powder therof & put honey therto; & eate a spoonfull or two therof

115. ffor the same

Seeth figges forced full of mustrd seeds in wine: & Lett the patient eu'ie night & morning eat two or three of y'e figges: & drinke apretty draught of y'e wine: & it shall purg the [breas] breast from bloud: & all stoping of the Liuer: & Cause him to be Long breathed & well wined.,

116. ffor the same

Sume of a peach: tree: giuen to him that reacheth or spetteth bloud; helpeth greatly: & openeth the Inner clousures of the breast; & purgeth the Inwards of the Lunges.

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*113/1. blo<d>' The 'u' is interlined above a carat mark.*
B

117. **for the same**
**Bloud spitting**
Take the powder of Moulberyes dryed; & the same vsed in drinkes; brothes: or pottages is a Cheefe remepdy for them that spitt bloud

118. **To Stanch bloud & alsoe a good healler of a wound**
**Bloud stanched**
Take powder of Bolearmonacke: & Sanguis dragonis: and of mastacke /
Wheate flower & franckencence; anna: Lice much: [.] and make a plaister therof; wth the oyle of yе white of an egge: & Lay to the wounds & Lappe it well

119. **To Stanch bloud att the Nose**
**Bleeding att the Nose**
Beware that nothing bind thy boddy hard: as thy girdre or the Licke; and hold thy handfull of bursa pastoris: & stedfastly
Looke vp to the sunne: stancheth bleeding; this is proued; Lice is said of verveyne; and the iuce of bursa pastories being drunke wth redd wine & milke is prēsent remedy; Alsoe to bind two fingers of one hand next the Little finger helpeth greattly;

120. **ffor the same**
**Bleeding att the Nose /**
Lay the Juce of night shade against the Liuer yf it rune out att thy right nostrill: yf nott vpon the spleene it stancheth the bloud

121. **ffor the same**
**Bleeding att ye nose /**
Could stons Layd vpon the vaines of the Temples; and hard holden theron: restraine the bloud: yе Juce of rew nose put into the Nostrill doth yе same;

122. **ffor the same**
**Bleeding of / the nose**
Make a plaister of potters Clay; viniger & the white of an Egge: and apliy it to the privye members: alsoe Chew the rootte of an nettle vntell you may swallow it; but in noe wise swallow it: & wthout doubt the bloud will stanch:

123. **ffor the same**
**Bleeding att ye nose or / ells where**
The powder of the scraping of a caldron or frying pann; stamped & mingled wth the Juce of a nettle & put into the nostrills: doth stanch yе bloud incontenentt; this hath ben prōued; alsoe the powder of a nettle Snufed into the nostrills: will stanch the bloud incontente; premrose Leaues stamped; & Laid in the place that bleedeth
123. (Contd.)

stayeth the bloud

124.  
for the same

Bleeding

att nose

Take bolearmonicke & ye white of an egg and mix it together: & Laye it ouer a thwartt his fore head: & his temples: & it stayeth ye bleeding

125.  
A drinke to dessolue congelled bloud

Bloud by drinke desolued

Take Cendall; ffennell; smallage; parsly; Jsope an: j handfull fennell seeds: annesseeds an oz ij rootts of Mandragora: and philopendula: an: a pretty quantititie: boyle all these in a pottle of runing water to a quartte; & giue the patient to drinke therof; & it shall dessolute the bloud by the grace of god

126.  
A medicen to purge the backe & to Clense the reynes

Backe Purged

Take j fennell roote: & ij parsly rootts; and picke out the pithes of them; & put therto one handfull of pellitory of the walle; and all these being washed Cleane; seeth in possett Ale; & drinke it when you goe to bed: & yf you awake att mednight;

127.  
ffor the pains & heate in the Backe

Bake in heate

Take rose water: & put therto sanders; & rose Leaues: & Lay them to steepe; in yo\textsuperscript{r} rose water: one whole night; then wash yo\textsuperscript{r} backe w\textsuperscript{th}all; & it will take away the heate & greatly Comfortt the reynes

128.  
ffor the same

for heatt in / the backe

Take sage rosemary: Camomill\textsuperscript{*}, and Maudlin: an j hand full: then pound them together: & frey them in may butter and anoynt ye backe w\textsuperscript{th} it warme

129.  
A medicen for the heate in the backe

Bake destem / perd w\textsuperscript{th} heate

Take oz iiij of good oyle of roses: of white wax Cutt in smale peeces oz ij put it into the oyle: and sett them both in a dish: vpon a chafer of seething watter: and when the wax is molten then put therto the Juce of Sengreene

\textsuperscript{*} 128/1. Camomill] There is a tilda above the first half of this word.
129. (Contd.)

stamped with fairer water; with a spoonfull of vinegar and laboring them all together; anoint with all the small of your back & where the grise is

130.

To refresh Coole & Strenthen your backe
Take oil of Almonds: red rose leaves violet leaves and flowers anna: a oyle quantity; bruise them in a mortar and then with your oil: put them into a glass: & let them stand in the sunne three or iiiij days; then take off this oil and anoint your backe therewith: all the strength ened and it will both strenthen [.] and coole it; and preserueinge this oyle in a glass close: & refreshing it with roses iiiij or iiiij times it will continew all your yeare longe

131.

A medicene for a weake Bake
Take the peth that goeth through your backe of an ox or bullocke; & stamp it in a mortar: putting bread or oatmeal there unto & make a pudding of your same & so-eate it [often] fasting & abstain one hower after:

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B

132.

for all deseases & paynes in your backe and sides
Backe Oleum de pipere vulpinu' and philosophorzs: be good for
Vniur' sall / all pains in the backe; and if the paynes come of heate
ly dease - ased / take unguentu' de papouer
These pills purgeth the matter which causeth paynes in the backe pilule agregate maiores de serapino: and
de opponare

133.

for Shortnes of breath
Take a quart of beare & boyle therin: 2 peniworth of Licoris & three ounces of suger Candy: & one ounce of Elicompane being beaten to powder; boyle it till it thicke as honey: then put it in a Close pott: & eate of it morning & eueninge the vallum of two hassell nuts: & it helpeth

* 132/1. vulpinu] There is a tilde above the last syllable of this word.
* 132/3. unguentu] There is a tilde above the last part of this word.
134. ffor Boyls ffellons & vncomes
   Boyles to be / 
to be / ripned
   ripned & Curred
   Take wheate flower; Boares greace may butter & sage
   stamp it altogether, & make a plaister therwth; & Lay it
   vnto the boyle, or ffellon: & it will both ripe & draw it
   & yt it be fryed it will worke the better;

135. To ripe boyles fellons & vncomes
   Boyles to be / 
to be / ripned & Curred
   Take a pint of sweett milke & sett it ouer the fiere
   & put therto a quantity of good sheeps tallow; smale shred
   in a handfull or two of oatmeale fine beaten; & Lett all
   these seeth tell it wax thicke; soe that you may spred
   it vpon a faire Lening Cloth; & Lay it as warm as
   you Can sufer it vpon the soare; & it will quickly
   both ripe him. & breake him wthout anie great paine
   when it is broken Lay a Little turpentine vpon a Little
   white Leather, pricke it full of holes; & it will draw
   <& he>all’ it

136. ffor the same.
   Boyles
   Take honnie. wheate flower. womens milke; yelkes of egges
   blake sope; a lilly roote brayed; make a plaister therof &
   Lay to the sore; and when it is broken & Clensed therwth
   heale him wth other plaisters requisite as of other vcrers

137. A medicen to purg the blader of him yt
   Cannott pesse

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B

137.(Contd.)
   Bladder purified mollified & Cooled
   Take ffennell leaues & rootts alisanders parsly leaues and
   roots hartes touggh & maiden haiere; seeth them in white
   wine and glue it to the patient to drinke; & it shall purge
   the bladder in shortt time
   ffor the mollifing of the[d] hardnes of the blader vse Cerociu’
   sore & for the burning heate therof oleum Amigdalar.
   dulciurn olleu quatuor feminu frigidor maioru’: is good for
   all burninges & heate in the yeard blader or reynes

* 135/10. <& he>all] The letters in pointed brackets are partially obscured by an ink blot.
* 137/5. Cerociu] There is a tilde above the centre of this word.
* 137/7. maioru] There is a tilde above the last syllable of this word.
138. ffor paine in the blader
Blader Take smallage parsly & fennell an: a like much & stampe pained wth water; & drinke that & it shall help thy blader:

139. Good for the braine
Braine To Smel the sauor of muske; Camonell: to drinke wyne Comforted mesurably; to eate sage: but not to much; to keep thy head warme; often washing yo of hands: measurable waking & sleeping: to heare measurable noyse of musicke; to Eate mustard & peper ye savor of ared rose; & to wash yo of templps with rose water;

140. Jll for the Braine
Braine All maner of braynes: glottoney; drunkenes; Late: supfs to sleep much after meate; Corropt ayers: anger: offended heauines of mind; to stand much bare headed: to eate much: or hastily: to much heate: watching: or Cold; Eate mustard & peper ye savor of ared rose; & to wash yo of templps with rose water; milke; Cheese: all maner of Nutts: much bathing onyons: garlice: & greate noyse: & to smel to a white rose

141. ffor biteing of anie venomous beast
bitting of anie venimous / best Take plantine & drinke the iuyce therof; & take planteyne & Salendine: an: a like much; stamp them & temper wth stale pisse; & Lay to the sore; & it will swag swelling & draw out the venim

142. To swage swelling & bitting of adders or other venimous beast
bitting of Aders Take shell snaiils & pricke them wth a pin soe yt the oyle may fall from them; & anoynt the place stinged; & also Lay thereto a sinaile vnprikt

143. To helpe & Enlarg Shortt breath
Breath Take English time & vericiame time: stamp them together Enlarged & boyle them in seething water: Lett it be sett a side a day & a night in a pott well Closed that ye smoke may nott breake out; Lett it be straind & put mel rosatt thervnto; & scumed of; lett it be giuen the patient to drinke att going to bed

* 140/1. maner] There is a tilde above the first syllable of this word.
it healeth the stoping of yᵉ Condiuts of yᵉ wich be short breathing /

144. To help a stinking breath
Breath stinking
Take the seeds of Coriander & boyle it in white wine:
Romny of Sacke, & therof drinke iiij spoonfulls att morning
Cold & as much att Euen hote; but you must vse to tak none
Exess of meats nor drinkes & sett nott Late vppe nor rise
Earlie

145. A medicene for stopping of the breast & to oppen the pips
brest opened'
Take the roote of Enula: Campana: the roote of dadish: &
shred them thine; & pear wardens twise as much as of
both the others, then put altogether into a New Earthen
pott; & put therunto Clarified honey, (tell it ouer flow -
the sd Ingredients), then Couer the pott & past it that
noe breath Com out; & sett it in an oven & Lett it bake
with a batch of bread & giue the sicke therof a spoonfull
in morning & another att night

146. ffor the stoping of the breast
Brest openedned
Take rew & seeth it in Eysell; & drinke it with Suger;
Drinke nettle seed brayd; and it shall open the breast &
voyd gravell out of ye rains of yᵉ backe

147. To heale a sore breaste
breast healed
Take as manie mallowes as will goe, into a charger Chopp
them & seeth them in runing water: tell they be tender;
power the water from them: & put them into a pottle of good
Ale dreggs; with a pennie wᵗ Loafe of Leavened bread
gratted & /
a quartt of wᵗ wine; lett al those seeth together tell you
tinke it to be thicke Enough; then put therto the quantity of
halfe a quarter of a pound of deare suett; or sheep suett: &
Lay it to the sore as hott as yᵉ pᵃʳᵗ’y Can sufer itt morning
& Euening; & oftener yf yᵉ heate be such that it dreyeth;
this will help anie sore either in the brest or anie other place
you must wash yᵉ place with white wine (being broken) euery
dresing

*145/Margin. opened] There is a tilde above the centre of this word.
148. Breast Cured

ffor the same
Take a pottle of smethes water the Elder it is the better & a quarter of a pound of roch allume; & white salt as much as you Can take up wth ij or iij of yo\textsuperscript{f} fingers of sage ij handfulls; of housleeke ij heads, put al these into the water; & seeth it to the halfe; & wash the sore brest well wth y\textsuperscript{e} herbs & y\textsuperscript{e} water twise a day warme; & eury time you wash it: Lay vpon y\textsuperscript{e} sore green sagge Leaues tell it be whole

149. Breast broken

To breake a soare breast
Take Lelly rootts; & a peece of Leaven seeth them in milke tell the Lelly be verry softe: (& then spread it plaister wise vpon a Lining Cloth), & soe as warme as y\textsuperscript{e} patient can sufer it Lay it to morning & Euening

150. Breast whole

To keep the brest from breaking yf it be nott farr gonne
Take clay that is wthout stons: & kneed it wth Sharp viniger & the yelkes of two Eggs: & a Little English safron worke it in y\textsuperscript{e} Clay; & soe take as much of it as will Couer y\textsuperscript{e} rednes of ytt; you must vse it Cold; som breast will have noe Coller & such are nott Lickly saued from breaking; but yf y\textsuperscript{e} Coller be redd it is y\textsuperscript{e} better to be Licked

151. breast purged

To purge the breast
Take halfe a handfull of y\textsuperscript{e} Leaues of y\textsuperscript{e} tender stalkes of white hore hound; & as much of y\textsuperscript{e} greene barke of y\textsuperscript{e} burre tree; & bruse them [together] & seeth them together in a quartt of white wine; to a pint; & then straine them through a Cloth. & when it is Cold; take the powder of Licora\textsuperscript{S} & of Jsope; & mix them together; & keep it in a glas or stone pott; or seared box: & vse it dayley taking a spoonfull therof euening & morning

152. breast purged

ffor y\textsuperscript{e} same
Take a handfull of Jsope, halfe ali of figgs iij spoonfulls of honey; & seeth them in a pottle of white wine, to a quartt & drinke ij or iij spoonfulls therof first & Last; both y\textsuperscript{e} sd purgacons are speaciall good remideys against y\textsuperscript{e} flegme & Cough
153. **To heale broken breast**

Take a handfull of parsly, & a good slice of the fatte of bacon; & Stamp them together; & put the yelke of an egge thervnto & plaister wise spread it vpon a Cloth & Lay it to the breast.

154. **To make broth for one that is weake**

Take a knuckell of veale first & boyle it in faire comfortable water; & put to it parsly roots; & fennell roots) wth these herbs:) burage: buglasse & Langdebeefe; water Cresses liuer worte; Raysons of ye sonn the stons taken outhe; & dates: seeth them altogether; tell ye flesh be almost Consumed;' & soe straine the ale: & euery morning drinke a draught fastinge.

155. **A broth restoritiue**

Take a pigge & scald it & quarter it in iiij parrts then take six quarths of running water, & seeth on the fiere: & scume it cleane; & then put therto two hand = fulls of sage; & boyle altogether from ye fore sd quantitiy of Liquor; to a pottle & a pintte; & being soe well boyled: straine it through a faire Lining Cloth: & Lett it run as you do: Jpocras: & warme drinke it att yo'r pleasure;

156. **A broth restoritiue for one being in greate weakness of Nature or Consumtion**

Take a young Cock or Capon & fley him: & cut him in iiij pccs; & bruse & chope the flesh somwhat smale; & take a way ye most / fatt; from it & put ye same in an earthen pott of a pottle; preserva =tiue with a close couer & put therto a handfull of smale raysons six or seven crapt dats; being cutt smale; halfe a handfull of flowers or Leaues of rosemary: & as much of ye flowers & Leaues of burage; & put therto a pint of good red or clarratt wine; halfe a pint of rosewater; then close vp ye couer of yo'r pott wth paste; as fast as you can; then put the pott soe closed in a beger brase pott; being full of water to ye neke of ye said earthen pott & Lett him boyle therin for ye space of v: or vj houres; soe that in all ye boyleing there Com noe water vpon the tope therof; to disolue ye said past: but ye if it may be still

* 154/6. Consumed] There is a tiddle above the 'ume-' of this word.
B

157. A holsome broth to coole & comfortte

Broth: to With mutton veale chicken; or younge pullett; or wth one of them you must seeth wth these herbs following; in a new pepken Endiue suckory borage, bugloses; or of ij of them: anna: halfe a handfull; husked barly one handfull: lett all be soden with Doctf a softe fiere: till all be tenderly soden; & then drinke in yê morning about v: or vj of yē clocke a good mess of yê same broth: & sleep vpon it yf you will; & take as much againe before you goe to supf; & vse yê meate att yof diner*

158. ffor shortnes of breath

breath first take a good handfull of Jsope; some coltsfoott leaus shortte Egrimoneie <halfe> handfull: barly the huskes being taken of ij hand / = fulls: anees seeds one spoonfull: of Elecompane j roote; of Liccorice / a sticke of ij fing's Lenth: of greate Raysons xij att yē Leaste the stons taken oute; boyle all these together in faire water tell yē barly be broken; then put in a good quantitye of suger then straine it & drinke it euery morning; & in yē after none yf you will: the farther from meate yē better; this vse constantly

159. for biting of a mad Dogg

Rare: guare} these words written vpon a pccs of bread & buter guare Rare } with a pinn or Kife & giuen to Eate: helpeth

160. ffor the same

bitting Take a cloue of garlicke: wooddrose vervine: premrose rootts of made dogg & Leaues: Scabious wich is called diuells bite: Egrimoney: anna: one handfull: shred them verry smale: & then pound them well them mix a Little milke with it: then wring & bruse out yē moyster therof; then take yē blacke of yē clawes of a Crabb; & beate it in a morter to dust; then take nine spoonfulls therof wth a pretty quantiety of the powder of yē Crabb & giue what-soeuer bitten in yē morning fastinge;

161. ffor ye biting of a snake

for yē bitt ing of a Take a whole heade of garlicke bruse it skine & alltogether put it into a quartt of smale beare; & boyle it well: then

* 157/8. diner] There is a tilde above the centre of this word.
* 158/2. <halfe>] This word is interlined above a carat mark.
Snake thicke it wth wheaten branne; stirre it & make it thicke & soe vse it pultice ways

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B

162. There are iiiij kinds of Salues verry good for healing anie kind of wound whatsom euer
   Exocrocio: 1  Melilatt  2
   Coleman  3  & balsomm  4
   oyle of Exetor doth Exced all other oyles for anie benumed partie being anointed ther [... wth: it is alsoe good against the Seaticah:

163. for bitting of a mad doge
   bitting Trakell desolued in Aquavity or wine; & rub ye wound of mad till it bleed; then take Lint & dip in the fore said dogg mixture; & Lay it to ye wound; then aptly to ye wound oyniones or garlike stamped together with honey & turpentine & by gods grate Cureth it

164. To stop bleeding att ye nose
   bleeding Take bolearmanecke & ye white of an egge & mix it together & Lay it ouer Athwart his fore head & his temples & it Stayeth ye bleeding

165. for ye bleeding of a wound
   for to Take the mose ye doth groe vpon an Ash: somthing neare the ground & put it on ye wound & it stayeth ye bleeding presently

166. A pretious balsom
   balsom Take new wax lbD. oyle washed with spanish wine iij l Turpentine of venice j l washed wth rose water red sanders in very fine powder j oz these mixed make a balsom This balsom is of most admirable & seuall vertues ye to re herse them & ye Curs that hath ben don wth [ib] [them] were /
   to tedious: it Cureth ye Kings Euell; or anie atch or pain

* 1665. <ib> This word is interlined above a carat mark.
it Cureth anie burning wth fier or scalding wth water being (7) anoynted therwth

167. for paine in ye backe
Backe Take water Creces: & mutton Suett & wheate flower; & fry them in a frying pan & Lay it to yoř backe: somewhat warme being spread vpon a cloth & in 4: or 5 tims it helpeth

168. Apřesent remedy for burning
buring Take the medle rigne of witch hasell: & Lay it in steepe in faier water; & it will turne to an oyle; & wth it anoynt ye grife; & Lay harts toughe leaues on ye sore & it helpeth: probat'/

169. ffor a Bruse or a Squatt
Bruse or Squatte Take a pound of ffresh butter and boyle in it Camell* and when it is well boyled; put into it viijd worth of parmossetty & Lett it boyle a Little & then straine it & keep it for yoř vse

170. ffor a blast
blast Take vervaine dill fetherfew; Red sage Red fennell: Red Rose or rose leaues: Red Arkeangell; round dockes; Eldler leaues or this /
Rind: sinkefoyle; yorrow anna: alike; Cutt them smalle; & bruse them & boyle them Wth vnwashed butter; boyle al these together a good while; then straine it & Keep it for youř vse (5)

171. ffor a bruse or straine
Brui̇se Take Sallett oyle & put it in a dish ouer Coles put therevnto Spermossetty then take a role of red wax & stir it tell it be red then anoynt the place grieud; spread som of it vpon a Cloth thinn & lay on it; keep it warme & it helpeth

172. for wind in the belly or gripings
belly Take honnie and the earth yt is Cast vp by smale easses &
172. (Contd.)
mix it together & giue the patient to eate & it helpeth presently (5)

173. 
Bruise

An Exellent medicon for a bruise or ach
Take Comphe & Stamp it in a morter vntell it Com to an oyle substance: then put in Whits of eggs & stamp them together till it Com to ye substance aforesaid & a plie it all Cold vnto the grife & it helpeth proved

174. 
Bruised bloud

To draw out bruised bloud out of a Wound
Take Jsope M. j parsly a Little and pound it verry smale & put into it a Little suger then spread it vpon a Cloth & Lay it to the wound all Cold & it draweth out the bruised bloud

175. 
for putrifaction in bones

Take burnt Lead oz ij [mjrrhe] myrrhe halfe an ounce, Aloes opopanicum: Jron drosse burnt Squinant Rindes of [f.. trees] firre tree of each on dram; make them all to powder & Strew thereof vpon the putrified bone it Seperatts the putrifaction & healls the place verry much

Alsoe wash the place with water wherein Sal Armoniak hath ben decocted,

Yf there be anie vlcer therwith then have a Care you vse noe oyle thervnto for oyles will bring putrifaction in vlcers but wash the vlcer wth this medicen following (10)

176. 
vlcers in broken bons

Take white wine oz iiij Rose water oz ij burnt alome on quarter /
of an ounce verdigrece one dram, the white of an Egg sodden hard; bruse the white of the Egg Smale & boyle them altogether aittle gently then Straine it & keep it well Stopt for yow vse & afterward yf it be two thicie or two Strong ad som more wine & rose water to it; & vse it as before directed & after ward Lay vpon the sore the plaister in fol 186
Robertus Turners (B) workes & Judgmt'

The wrest is articulated to the Cubett & after wrest Containing Eyght bones wich differ in ther magnitude; form: Setuation & Consistance: & in the first generation <ar>* all gristills; but in pтроses /
of time are al hard

The fingers ar Compounded of fifteen pounds whose form in the out side is som what gibbious & Crooked; on the Jnside it is plaine & somwhat hollowed or Sadled

In the hands is the Seed bones being L coke the Seeds of Sesamum they are placed in the Joynts or knuckles of the fingers & toes; & for the most pарт grow vnto the tendons Lurkeing vnder them: they are Crusted ouer wth Gristles; & touch the Sliprey side of y⁸ other bone; they ar Sollid round a little depressed; Sometimes gristly; som times boney: & are Spungious wthin there number is Comonly twelve in each hand; in old men they grow bigg; & almost plaine in Children

Between the top of the theigh & the top of the great toe are Contained fourty & two bones

the round bone Ling vpon the knee is Called by som the mill Stone; & the Sawcer: Rotula; the whirle bone the grettest pарт of it in the inside is Crusted ouer wth a Smooth Sliprey gristle: it serues to Couer & firm the Loose & dissolute Composition of the Joynt of the thigh & Legg Lest in walking it should Lux outward; & to defend the tendons of the muscles

the ffeet & toes below the Ancle is Called pes extremvs & pes parvus it is devided into 3 parts & Conta theerty Eyght bones; the first pарт is Called Tarsus & the wrist of the foott & hath Seuen bons the Second is Called pedium: the after wrest of ye foott & hath fife bones the 3ᵈ pарт is the toes wich haue fouex bones & TwelifeSeed bones /

* The large capital at the top of this page is in brackets, presumably to separate it from the running title - this heading is the only one of its kind in the MS.
* [MS Sig.C7r] Line 3. <ar> ] This is interlined above a carat mark.
Broken bone

when you have reduced a broken bone: before you roll up your member mix some oyle of roses & the white of an egg together: & dip therein a soft lining & lay it all over the place: above & below it: & then roll up the member but not too hard: So as to draw humors causing inflammation therein; nor to slack that the broken bone separate again but always remember that in measure resteth virtue

Begin to roll it smoothly upon the broken bone & so roll it above & below the place

wet your rollers well in water & wine before you use them & if the place be much affected with anie vehement paine or inflammation; then the member ought to be wrapped about with fine wool or tow well carded & wet in oxicratum or oyle of roses

Then to defend the member from accidents, & to keep it together; & strengthen the same; Lay upon the rollers a plaster or scercloth made of wax melted in oyle of roses: but if there be besides the broken bone anie bruise or hurt in the flesh: then do not apply anie oyle or cercloth to it: but in stead thereof clothes dipt in red & stiapticke wine

also to keep the member from paine & accidents; there must be splints prepared to put about the broken member: which splints must be smooth & equal: without crookednes or ruggednes: & are to be thus applied: first wet cloth in rose water: & then lay them upon the roller 3 or 4 times double: then roll wool or cotton about the splints: & place them about the member: about the breadth of a finger one from another: & bind them gently on: taking heed that you doe not [Comp.] Compress the member nor touch anie joint: if the fracture be neer a joint make your splints the smaller & shorter: - other wise it will cause your joint to inflame
Broken Bone

Now after this progress, if the patient receive ease & no pain: inflammation: or itching befall in the fractured part; then let the splints remain on: & unopened twelve or fifteen days: but if on the contrary; any of the aforementioned accidents happen; then you must unroll (5) the member: the third day at the farthest; and foment. & wash the place with warm water: to put away the pain & itching.

It is good to frequent & remove such accidents as usually attend these mishaps: as gangrene: ulcers: inflammation / itchings: caused through immoderate dryness or moisture & for the most part extreme pain: which the patient will quickly be to sensible of: then must you speedily loose the binding about the broken place: & take of your roller: which being done: foment & bath the place with oyle of roses: vinegar: before & hereafter mentioned: & also ose Vungement album & vungur Populeon: or either: & neither roll vp or splint vp ye member again: till the paine abateth: & the inflammation is ended: but only endeavor to strengthen & keep the member together: & afterward roll it: & splinter it as before:

But if these accidents happen not or at least be removed then endeavor to strengthen & conglutinate the fractured bone: which is done by a certain nutrient or substance that growths out of the bones: which glue them: & causeth them to unite & grow together: this nourishment is called caullus: which must be increased by all means: when once it begins to grow: you shall perceive it by these signs: the inflammation is ended & the pain is abated: & the member again reduced to his natural collar: to engender callus: Lett the patient use meats that are gross & viscous: & breed good juice: & that the Callus may be ingendred neither to begg nor to smale:

* [MS Sig.C8'] 48 / Line 17. vngu] There is a tilde above most of this word.
have respect to the deyett: fomentation & plaisters yf the Callus grow but Slowly: & that ther be need to increase it vse plaisters that doe moderately heale: of wich Sort heerbe manie in this booke: but yf the Callus a peer to begg vse Astrengent medicins; a Compressing Ligature or binding /
aply alsoe a plate of Lead to the place: & vse fomentatio's made with oyle: Salt Peter: or water & Salt made hott but yf the membe' a peer Smaller & Leaner then [ordin.] ordinarily & Naturally it was before then aply unto the afflected member: hott atraktiue medecins: Lett the patient vse Larg Deyett & avoyd al things Causing melancholy

Ostio Collo: Alis Astio Colo: made into powder & Lett the patient drinke eu'y morning a Smale quantitie in beare or possett: fasting & that will Conduse much to the Shotting & Conglutination of a broken bone

* [MS Sig.C8v] 49. fomentatio's] There is a tilde above the end of this word.
A medicene for ye Collique

Take a handfull of rosemary & as much of Jsope; an ounce of Cloues & mace; seeth in a pottle of white or Clarrett wine: tell it Coms to a quartt: & put therin a little suger; & drinke therof milke warme; when you feel your selfe pained; & when it is sodden as before mentioned you / must burne it as other wine;

Another for Collique & stich in ye side

Take a smale wodden dish, & put therin first cole ashes: then Lay vpon then hott embers; with out greate Coles: & ther vpon:-strawe a good quantity of Comin seede: & sprinkele it ouer wth malmsey; & soe doe tell ye dish be filled; then couer ye dish wth a faire lining Cloth double; & Lay it hott to yo bare side; wher ye Collique Lieth: vse this ij or thrise & it will help you; & for Lacke of Comin seed take red sage, Jsope [Camome] Cammomell; tyme; & penieroyall; an alicke quantity: & vse it as ye Comin seed before;

ffor the same

Take a handfull of Comen seede; another of Anisseede & two of rew; seeth all these in faire runing water from a pottle to a quartt; put to halfe a pint of white vinegar before it be Cold; dip a[.] spunge in it & wringe out ye Liquor som what & Lay it to ye patients side: as hott as hee Can suf= (5) =fer it; & when it doe begin to wax Cold take a new

ffor ye same

Take the grounds of Malmesey; sheeps tallow; ribwortt red sage; & Alisanders seeth al these to gether; & make a plaister therof; & Lay it to ye griefe: & anoynyt you [therof] wth oyle oliue & oyle of balme mixed together

ffor the Collique

Take pellitory Vnsett Leekes; & mallowes ana lice quantity stampe / them & put thereto a penniewoth of neats oyle: fry them well together in ye maner of a plaister; & put them in a bag of Lining Cloth & being veryr hott Lay it to ye belly; & it helpeth wth in an hower
C

182. for ye Collicke & Stone
Collicke Take halfe a pound of tyme; as much parsly rootts; & blades halfe /
&:Stone a pound of Alisander rootts: & seeth them altogether in a pottle
of alle; vntell it Consume to a quartt & soe drinke it fasting

183. A good powder to help one yt
hath: Collica: passio
Collicke Take anniseeds; fennell seeds; & Carrawaye seeds an oz j
genger /
galingale Sinomon an oz ij; Cloues mase & Cardimin ana:
oz. Setwell; /
oz ij suger oz viij; make them altogether in powder; & vse to drinke
white wine or other liquor: a spoonfull therof iiij days in a weeke &
you shall find speedy remidye

184. A soueraigne medicyne for ye Collicke
& stone wch will breake them both
Colique stone Take the seeds of parsly; broome, sorrell; fennell: & smallage
ana oz ij Nutmegs oz iiij fine suger tryed oz iiij; beat them
altogether /
in a morter; then scearc the powder through a searce; & vse to
drinek it morning & eveninge wth white wine as is said before

185. A speciall medicene for the Collique
Colicke Take and make mustard wth pure v<i>neger*; the stuff well
chosen /
& take good figgs & mince them & put to ye mustard: & soe stamp
them together & make therof a plaister; & Lay to the patient all
Cold wher ye Collicke griueth him; & doubtles god willing he shall
haue remedy

186. ffor the Collique ye Jliaca passio: and
griued stomake a speciall good drinke
Colicke Take first stilled water of vnset Leekes; & water of beane
Cods, & flowers; water of ramsons & water of Auens ana:
a licke much: & of ale a gallen; put to yt gallen ij gallens of
malmsey; & still altogether in a Limbicke; & when ye Collique
or ev<i>-ll* att yt hartt Cometh* take therof ij or iiij spoonfulls
att yt most & wth gods grace you shall [be] haue remidy

* 185/1. v<i>neger] The letter 'i' is superimposed on an 'e'.
' 186/5. ev<i>-ll] The letter 'i' is superimposed on an 'e'.
* 186/5. Cometh] There is a tacle above the first syllable of this word.
187. for the wind Colicke
Colicke
Take hollie berries & stamp them & straine them with ale & drinke it warne

188. for the same
Collique
Take a handful of pellitory of the wale; as much worme=
=wood; & a Little pidgions dunge; fry these in y^e oyle olieue;
& then put it in a bagge or Lining Cloth; & soe Lay it to y^e belly as warne as you Can suer it & vseeing it once or twice warne you shall find greate Ease p^obatum

189. A good Sirrope for an old Cough & it mundifieth y^e brest & Lungs; & for y^e paine vndr y^e side Coming of Cold /
Cough
Take of Liquorice scraped & brused oz ij mayden haire oz j Jsope dried oz ss.; put all these in a pottle of runing water one day & one night; & then seeth them till halfe y^e Liquor be Consumed; then straine the Liquore from the herbbs; & put into the Liquor pure English honey; white suger:
anna: oz viij rose water oz v: boyle al these wth an easie fier;
till it Com to the thicknes of asirope; & alwaise as y^e scum doe rise take it of & vse a spoonfull of this sirrop first & Last

190. A powder for y^e Cough
Cough
Take ij groats waite of fine ginger iiij groats waite of the powder of Ellecompane rootts; & :v: grats waite of y^e powder of Licorice; & viij groats w\(^{t}\) of y^e powder of Aniseeds; of suger Candy oz iiij mingle al these together; & vse: to take it when you will att all [when y]\(^{t}\) tims p^obatu' est

191. for the same
Cough
Take rosemary & dry it to powder & mix it with honey & eate it morning & evening & it helpeth much: p^obatu'

192. for Cough & to breake ffleagme
Cough
Take of hulked barly: of Jsope; vilotte Leaues y^e rootts of parsly

\(^{*}\) 190/5. [when y]] This is interlined and then crossed out.
\(^{*}\) 190/5. p^obatu] At the end of this word there is an upward sweep forming a tilde.
\(^{*}\) 191/2. p^obatu] At the end of this word there is an upward sweep forming a tilde.
& fennell: ana: a handfull; of vnset leekes: j handfull; of Ellecompane rootts v: or vi slices; of great Rayson one handfull / of figgs: vj; seeth al these together from iij qurtts of faire water vnto a quartt: then straine it; & put <to> it iij spoonfulls of / the sirrop of Licorace & Jsope: to a Convenient draught of ye Liquor afore sd: & drinke of it Last when you goe to bed & first in ye morning

193. Another for Cough & flegme in ye stomake

Take wormwood mints & rose mary an M. j boyle ther in a quart of malmsey or white wine tell ye herbs be almost dry: then put them in a qu<i>ited' bagg; of ye breth of yo<^

194. An Excelyent medicine against ye Extreame Cough

Take fennell rootts Cleane washed; anniseeds & a Little licorice; seeth them altogether in white wine; then take the wyne & drinke a good draught when you goe to bed; & ye next morning take a fige: & a date; & rost them; & eate them somewhat hotte; & niether eate nor drinke in iij or iij howers afterward: & iij or iij tims doing it helpeth you:

195. for the same

Take Jsope, licorace, horehound, an apretty quantity a little of ye roote of Elecompane; greate raysons figgs Cutt in Smale peeces; aniseeds a Licke quantitie; & boyle them in faire
vater from a quart to a pint; & drinke therof euery morning; \\

196. **ffor the Cough & to breake flegme**  
Take a pint of Jsope water stilled a quart of good muskeden three or iij good races of Case genger pare them Cleane & Cut them in slices; & twice soe much licorace; & pare it lickewise; one good handfull of suger Candy grose brused put all the pr'emiesse together in a glasse & shake them together & stop it Close; & soe Lett it stand xiiij howers then drinke therof att yo' pleasure; you may put therto a pint of rose water; & another handfull of sugercandy; & seeth them whole together; vntill it com to a thinne serrope; & it shall be of more strenth & vertue, \\

197. **A medicene for y^e Cough,**  
Take a great aple: either Pomwater; or Coster & the Capp being taken of cutt out the core; & put into y^e same a good quantitye of butter; a quantitie of English safron being dried; & beate<n>' into powder; the quantitie of a Nutmeg of good suger Candy; all being put into y^e aple & Couerd rost the same till it be sought; receiue the same to bedward, and in the morning & drinke nott Immediately after; \\

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198. **ffor the Same**  
Take of fennell seeds; anniseeds; raysons of the sunne y^e stons being taken outt; of euery of them a Spoonefull; then take a good sticke of licoras; being parred & sliced in smale peeces; take alsoe of good suger Candy the quantitie of a walnute; & the same being brused; take a pint of stale ale; & Clarifie the same & seeth altogether & being well sodden; straine the same through a faire cloth; & drinke therof morning & Euening; by y^e space of vj or vij days & you shall find ease; \\

199. **A Souraigne medicene for y^e Cough of y^e Lunges Wich m^r Solicit^r vsed**
Cough of ye Lungs
Take iiij pints of runinge Water; halfe a pound of portengale suger: wth ix figes; halfe a spoonfull of aniseeds brused; a spoonfull of Licur<se>se brused: a handful of raysons of the sone cleane; washed haueing the stons peekeed oute; with a penieworth / of maiden hair; lett al these be boyled together; vntell ye one halfe & more be Consumed; [...] & then straine the same through a fine cloth; & eueri morning take ii spoonfulls of it luke warme; & you shall find presente remedye

200. A medicine for ye Cough & wheesing
Cough
Take suger Candy somwhat finly beaten lb j Licorace scraped & anniseed scraped ana: lbss. powder of genger; & Elecompane Rootts / an oz j: mingle al these together: & take halfe a spoonfull att a time of this powder when you goe to bed & when you rise in ye morning

201. A remedy for the Cough
Cough
Take barrowes or boors greace: & iiij or iiiij Cloues of garlicke & stamp them to gether: & warme anoynt the feett therewith att going to bed; & soe keep them hott wth a tosted trencher; & warme Clothes & thou shalt find great ease therin; this is good for ye Chinecough of Children Cough of ye Lungs or anie other kind of Cough

* 199/3. Licur<se>se] The letter 'i' of this word is superimposed on another letter, which is perhaps an 'o'.
of yᵉ breath as page 40: 41 42 43

203. A speciall medycen and prᵉtious against the Cough tisicke & wheesing in yᵉ breast to Comfort al spirituall parts & members of a man the head, hartt; stomacke & Lungs

Cough & wheesing

Take fflower deluce: Smallage; lovage; radish licorace:
saxafrage /

ana: M.ss.: of Stammauch & fennell ana: M. j' stamp them all =together; & soe after Steep them xxiiij howers in viniger Q j & when thou seesthem vpon the fier; put therto a pottle of faire runing water; & Lett it seestell one halfe be Con=
=sumed; & after straineit through afaire Lining Cloth; & put therto a pint <of> stone honey & then purrifie yᵉ whole againe vpon asought fiere; & stire it altogether: & drinke a spoonfull or two therof morning & euening; & thou shalt not fail of finding greate Ease thereby; god soe willing for it is a well pr⁰ued medicene;

204. To make a good Tisian for yᵉ Cough

Cough:

Take ij gallens of faier running water & ij handfulls of Cleand barly well picked; xxiiij figges; a quarter of a pound of greate raysons; of Currants as manie; of suger Candy halfe a quarter of a lb: as much genger as alsoe Licoras; of aniseeds: fennell Coriander & comminseeds anna: oz.ss., beat them altogether in a /
morter; then take Jsopo parsly roots & red fennell rootts anna: M.ss., seeth al the stufe to gether in yᵉ same water vntell it be consumd to yᵉ one halfe; & soe afeter being Cleane strained; drinke therof euʳie day and Last a good draught warme

205. to heale an old Cough

Cough

Take the powder of Oryas & make a cawdle therof & it helpeth by gods grace

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1 203/2. M. j] There are dots above the minim strokes of the symbol for handful.
2 203/7. <of>] This word is partially obscured by a burn.
C

206. for y^e Cough & to breake flegme
Cough Take a quart of water ij sponefulls of honey; sett it on ye^e fiere, & when it seeth being well scumed; put into it of winter saforie; J trope penyriall an M.ss.; seeth them altogether /
to ye^e one halfe & being Clean strained drinke eu^e^ie first
& Last ij or iij spoonfulls therof: w^th a Little suger candy yf it be b<i>tter'

207. A medicen for ye^e Cough
Cough Take a pint of good muskeden & xx or xxx^tile Kernells of a pine aple; & being well beaten in a morter; a quantity of sweete butter & a quantitie of suger Candy al being put into the wine; Boyle them together a pretty while; & drinke therof morning & evening to bedward

208. for a Consumtion
Consum- tio': Yf it be a man giue him in his broth or pottage hartts Toung /
leaues often: & for a woman the other Rough hartts toung leaues & it helpeth

209. An Exellent Salue for anie cutte
Salue: for Cutt Take ij handfulls of bugle wich comonly groweth <most>: in woods & as much valerian; bruse them verry smale; then take A quantity of deares suite; halfe soe much of vnwrought waxe as much of both as ye^e herbbs may be boyled therin; then sett it on ye^e fiere; & when it is halfe boyled; put in a good quantitie of ye^e best turpentine you can gett; then Lett it boyle vntell it be Enough; alwaies stiringe it well when it is boyled enough; straine it through a cloth into a vessell; & make rolls therof & soe keep it for yo^f vse

210. A Salue for a New Cutt y^t will nott Leaue bleeding
Cutt New Take the blads of vnsett Leekes & stampe them & put them into honey' & wheate flower; & stire them well together vntell they be thicke; & Lett it Com neere noe fire: but all Cold Lay it to ye wound; & it will stanch ye bleeding & draw out ye brused blod; & make it cleane

1 206/6. b<i>tter] The 'i' is superimposed on an 'e'.
2 208/Margin. Consumtio] There is a tilde above this word.
3 209/1. <most>:] This word is interlined above a carat mark.
4 210/2. honey:] There is a tilde above the centre of this word.
To make Oxemell for an old Cough

Take white English honney and white wine vinger an alike quantit / quantitie: sett it on a gentell fire; and scome it; and boyle it till it Come to a sirop; it is good for ye flegme and an old Cough probatum est

For a Canker in a Womans pape'

Take goose Dirtte; & salendine & bray them together well & Lay them to ye sore pape; & it will Clense ye Canker Slea ye Worme & heale ye sore

Another for the same

Take iij handfulls of sage as much woodbine leaues or flowers & seeth them in a pottle of faire runing water; tell ye one halfe be Consumed; then straine ye herbs; & put into yt roch: Allome: of ye begnes of an egge; & iij or iij spoonfulls of English honey'; & Lett them boyle a little together; & then take it of (5) & Lett it stand iij or iij days; & vse it when you haue need

ffor to Slea: ye Canker in mans body & saue ye man

Take ye roott of Dragons & cutt in smalle pccses & dry it & make powder therof; & take ix pennie waight of that powder & put into a draught of white wine; & lett the sicke drinke therof warmd being fasting iij days together; & it shall recouf them by gods grace /

ffor Canker in ye hand or Joynte

Take the roote of primerose; & stamp with a Little Clarified honney; & Lay it plaister wise; vpon ye wound; & Canker & change /

* 212/Title. <..>pape] There is the beginning of a 'b' before the word 'pape'.
* 214/5. honey] There is a tilde above the centre of this word.
216. (Contd.)

it euery morning & night vntell it be whole

217. **ffor the same**

Canker

Take of fine leaues rosemary; red sage an M. j* seeth them in a pottle of white wine: to one halfe; & put thervnto allome; as much: as an egge; after it hath ben well sodden & yᵉ herbs being Strained; wash the said Canker wᵗʰ yᵉ same [.... blud] bloude warme; & Lay a little linte wett in yᵉ said water vpon the sore; & thuse you may dress it twise or thrise aday

218. To take away Cornes or Annagalls

Cornes or: anna:=

=galls

Pare yoʳ Cornes verry well & then Lay marigolds Stamped; theron /

Eueing & morninge & it pʳOfetteth; or ells Lay thervnto turpentine and /

red waxe boyled together and made plaister wise & it helpeth

219. **ffor the same**

Cornes

Take and Cutt away the Corne; and drope in it; a droppe or two of a blacke Snayle; pricked wᵗʰ a pinne; & put therto yᵉ powder of Sand<ḷ>ver⁺; & it wil take it away;

220. **ffor the same**

Cornes;

Take & cutt away yoʳ Corne as neer as you Can; & put into yᵉ hole vnslackt Lime; as much as a fatch; & Couer it wᵗʰ a plaister of waxe; and rosen; & lett it lie xxiiij hower; & it helpeth

221. A medicine for a man that wasteth in a consumtion

Consumtio

Lett him vse powder of mints in his pottage; & destilled water of mints in his drinke

222. A water against a Consumption

Consum

Take a quarrt of rose water; as much womans milke; goats milke; mares milke; and Cow milke; put vnto them xxx yelkes of egges; well mingled together; & therof destill a water wherof
gue the patient to drinke; first & last; wᵗʰ a Cake of manus=Christy; make wᵗʰ gold & pearles

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*217/1. M. j* There are dots above the minims of the symbol for handful.

*219/1. Sand<ḷ>ver⁺ The 'licts' is interlined above a carat mark.
223. Consup\-con’ /
ffor the same
Take a pottle of the best wort that you Can: make; of honny a pint; of harts tounghe M. j’ of liuer wort M. ij of Sanderes a spoonfull; seeth all together from a pottle to a quartt: & soo keep it in a close Cleane vessell; & drinke therof three good spoonfulls warme eveninge & morning

224. Comforters of the harte
Rose water; Corrall; Ambor; wood of Aleos; muske; maskticke the scraping of ye euery bone; Trincle in al Causes; the rootte of Affodil; they doe greatly Cherishe & Comfort y’ hartte; by defending it from poyson; & keepinge it in strenth;

225. A gelly for a Consumption
Consup\-con’ /
Take a Legge of veale & cutt away ye’ fatt; & a Cappon or a Coke new killed & dress him cleane; & lett the cappon & ye’ veale lie in the water; the space of iij howers; & seeth them on the fire; with two pottles of faire water; S<k>ume’ it cleane & as the fatt riseth take it of; & soo Lett it seeth tell halfe the broth be consumed; then put in a pottle of rackt runnish wine: or ells a pottle of white wine; & Lett it seeth altogether vntell it consume to one halfe; then straine the broth againe into a faire earthen pott; & clarifie it wth iij or iiiij whites of eggs; & lett it Runne through a gelly bagge; & then sett it ouer the fiere againe; & put in one pound of suger & one ounce of sinomon grose beaten; & then lett that runn through a gelly bagge iij or iiiij times; & after Lett ye’ patient drinke therof warme

226. A speciall medicen to bring a weake man that is Consumed to strenth againe
Consup\-con’ /
Take a Cappon well fleshed nott fatt; & put in his Belly halfe a handful of Maces as much of Currantts: & seeth them in a gallen of white wine; in a fair earthen potte tell the one halfe be consumed; then put the Capon into a stone morter; wth some of the broth: & bray him bones

* 223/Margin. Consupcon] There are tildes above the two final syllables of this word.
* 223/2. M. j] There are dots above the minims of the symbol for handful.
* 225/Margin. Consupcon] There is a tilde above the middle syllable of this word.
* 225/4. S<k>ume] The ‘k’ is interlined above a carat mark.
* 226/Margin. Consupcon] There is a long tilde above most of this word.
226. (Contd.)

& all; & then lett him seeth one walme againe vpon the fire; & soo after lett the liquor runne through a Jelly bagge:; into som vesell of earth or glass; & euening & morninge take a raysonable goblett full therof; & putt therto the yelkes of vj new Laid egges; & [being] the skins taken away; & being well warmed giue it to y\textsuperscript{e} sicke to drinke and to eate w\textsuperscript{th} bread; & by gods grace hee shall soone recouer strenth; therby; of Comfortable brothes we have treated page: 42: 43:

227. Aplaister for him y\textsuperscript{t} Cannott hold meate & drinke

Consum-
co' /
Cured by
plaister

Take halfe a quartren of oatmeale; of wormewood, red fennel Camomill\textsuperscript{r} red mints ana: M. j of Comin\textsuperscript{*} ob worth: stamp & grind al these smale together; & put therto a pound of barrowes grease; of viniger a pinte; & boyle them together till they be thicke; then make a plaister of them & bind to yo\textsuperscript{r} stomacke or Navell:

228. ffor the Crampe

Crampe

Take hollie hocke oyle of violets. & swines greace ana: licke much; fry them & strayne them; & make an oyntment therof; & anoynt y\textsuperscript{e} place pained; and it shale ease you

229. A water for y\textsuperscript{e} Cramp palsy and for aches that Come of Cold

Crampe

Take primerose Cowslippes; herbe Jvie Sage: ambrose water Cresses lavender; rue: rose marye; burage betonie [Centery] Centorie; strawberrye cupps bay leaues ana: M. j; bruse them with Castoria oz ss. peper oz j: then distill them: & drinke ij or iiij spoonefulls; therof warme w\textsuperscript{th} a little grated <genger> \textsuperscript{*} [g....] & bath /
the place wher the Contracktion is made

230. ffor the same

Crampe

Take the Stiffe bone of a hayre & Cause that to be sett in silver; & tye it faste with a stringe aboute the wrest of yo\textsuperscript{r} hand: soo that y\textsuperscript{t} might touch y\textsuperscript{e} master

\textsuperscript{*} 227/Margin. Consumco] There is a tlide above the last part of this word.
\textsuperscript{*} 227/2. Camomill] There is a tlide above the first syllable of this word.
\textsuperscript{*} 227/2. Comin] There is a tlide above the centre of this word.
\textsuperscript{*} 229/5. <genger>] This is interlined above a carat mark.
veyne of ye arme; & it will put [ay] away ye Crampe

231. A barly Creame by Dr Hector Nones to Cole vnnatural heate
A barly Creame
Take two handfuls of french barlye; & steepe it <.> for' ij howers: in /
faire water; & take out the barly; & put it into a good quantity of ye broth of a hen; & seeth it together in a new pepken till the barly be broken; then stamp the same barly in a stone morter; & straine it with the broth vntell al the thickenes of the barly Come forth then take the brawne of the said boyled hen; & slice it smale; & put / it into the same morter; wth a hand full of blanched Almonds; and stamp them altogether; wth the same barly broth; & put into it ij spoonfulls of Rose water; & a suficient quantitie of Suger; this was devised and pcribed by the Counsell of Dr /
Hecktor Nones

232. for Chilbladers
Chil-
bladrs /
Take wax & barrowes flicke; & rozam & a little Alome; boyle it toge ther; & make a salue of it; & aphy it to yo' grife & it helpeth

233. for Confvlcion of ye sinnewes
Conful-
con / of sinnews /
Yf it be a man then take the Scull of a woman beaten to powder; & giuen in drinke morning & euening; doth Cure him; but yf it be a woman ye scull of a man

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234. A Specill good Cerclholf for broken bones
Cerclholf
Take frankincense: Galbanum of each 3 quarters of an ounce masticke oz j wax oz iij Rosen oz j ss. oyle oz j dissolue the Galbanu* in a little viniger; & then melt altogether in the oyle & afterwards Straine it through a Cloth & then [d..] dipe yo' Cerclholf therin; a ply it after anoynting

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* 231/1 <.>for] There is a faint letter 'i' at the beginning of the word 'for'.
* 234/2. Galbanu] There is a tilde above the second half of this word.
235. **Another for ye same**

**Cercloth**

Take Salett oyle oz iiiij wax oz ss. masticke oz ss.: beate the masticke to powder: & melt the wax in ye oyle: & when it is al most Cold; put in yo' masticke; & temper them well together; & vse it as is afore directed.

236. **for the Same**

**Cercloth**

Take virgen wax frankencense of each halfe an ounce: Linseed oyle / oz iiiij melt & incorporate them well together & dip a Searcloth therein & vse it as before also take wax & fresh buter & melt them together & aply it.

237. **Anothe very Good for the same & for rupturs**

**Cercloth**

Take Saffron, Euphorbium, Long peper, of each one dram

**Rupture**

Aquavitae oz j ss. dissolue the rosin in aquavitae & beate all the rest to / powder: & then boyle them altogether till the Aquavitae be Consumed / & after ad to it as much wax as is suficent to make it into a plaister & reserue it for the vse aforesd page 45

238. **A Good Cercloth for broken bons**

Take litharge of Gold: bolus: Compheey Anna: oz iiij beane meall one ounce & halfe beat them altogether & in fuse them in vineger one night then

Take wax Rosin anna: oz iiij Sall<et> oyle twelv ounces Incorporate /
them well together on the fire & Lett them boyle till all the vineger be Consumed: & when it is almost Cold: Stir into it oz ij of Dragagant in powder: that hath ben well Steeped in wine: & Soe make it into a plaister & appley it

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* 238/4. Sall<et>] There is an 'ad' superimposed on the <et>. 
A good Drink for it or Cought.

Take 1 of aurz of Cheynez Aniseed & Fenel Seed anna like Quantity 6 or 8 broad Figs cut small 4 Dates cut small; Elycompane Liquorice Colts foot Maiden hair Suckery (Angelico) anna like Quantity, 30 Raisins of ye Sun stoned Mashmallow Roots, put all these into a Jug, fill it with fair Spring Water & stop it very close & put it into a Kettle of Water, keep ye Kettle boiling ye Water in ye Jug may simmer about 6 Hours, ye strain it & put in some Syrup of July flowers, of which let him drink twice a Day walking after it a Mile if he can. probatum est.

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*239. This remedy is in a non scribal hand, probably dating from the second quarter of the eighteenth century. See also Nos. 84 (above), 307, and 313 (below).*
D

240. an Exellent medicene for one that Cannott heare

Deafnes Take of affadelida that is hard & neerest to yOGRAPH Coller of Jasper; the quantitie of a plume; & boyle the same vpon a Chafing dish of Coles; in a qtr of a pint of good malmsey; being Cou'd with a dish; till it be cleane molten; then strayne this same through a strainer into another dish; then his Eares being Cleane picked wth an eare pickir; power into the eare of the patient; ye quantitie of halfe a spoonfull of the same liquor; in either eare as hott as ye patient Can sufer it; then make ij little balls of lint being dipped in ye sd liquor; stope his eares wth all; & lay therto foales of lining Cloth iii or iiij times double; soe broad as will Couer his eare; then the same being made fast wth a Cerchief; Lett the patient goe to bed; for ye medicine must be ministred a little befor bed time three seu'all times one night after [af.] another; & yf hee keep his Chamber during the time of this minist=ration it were ye better

241. ffor the same

Deafenes Stampe grosly halfe a pound of Cominseed; & the same being quilted betwene two lining Clothes Sprinkell it wth a little malmesy & rose water; mixt together; & being verry well warmed lay it fast bound wth a kercheife, to the deafe eare; & sleepe thervpon; & after iiij or iiiij nights dresing you shall find good remedy throv; soe that you keep your selfe Close out of the open ayre; and ye deafe eare were before bathed wth a little oyle of bitter almonds oyle of Spikenard & a womans brest milke myxt together it were much the better

242. Another for the same

Deafnes Take a pint of malmesey and jij of Commin & viij leaues of betoney; that growth on the land; then boyle these together till the one halfe of the malmesie be Consumed; then take the pott that yo'r medicine is in; assoone as the stufe is boyled and Couer it wth a towell; then put ye patients eares thervnto soe ye 

* 240/2. plume] There is a tilde above the centre of this word.
the heate may Close into <y> head; first the one & then the other;

And whilst the heate is driueing into y\textsuperscript{e} one eare you must
Stop the other; w\textsuperscript{th} blake woole; & you must haue hott Clothes to
Keep in the heate on the other side of y\textsuperscript{e} head; whilst y\textsuperscript{t} y\textsuperscript{e}
medicine worketh; then serve the other eare lickwise; you
must /
use it thrise in aday; in y\textsuperscript{e} morning noone & att night; &
soe you must Continew iij days & iij nights; soe that y\textsuperscript{e} patient
Com in noe open ayre; the space afore sd; & you must put to
yo\textsuperscript{r} malmesey a qt\textsuperscript{r} of a pint of runninge water

Amedicen for Deafnes
Take bay berries bay leaues: betoney: & Stechades; ana: M. j
seeth /
them to y\textsuperscript{e} halfe in white wine; & for an old man in malmesey
and then put it in a vessell that hath a narrow mouth: & hold yo\textsuperscript{r}
eare ouer it; being vnstopped as hott as poseble you Can sufer
it; then take oyle of better almonds; & Lett drope therof iij or iij (5)
drops into yo\textsuperscript{r} eare; & always haue a locke of fine woole to
Stoppe close your\textsuperscript{r} eare therw\textsuperscript{th}; wherine you put alittle muske
it will be the better

ffor the same
Take Comin\textperiodcentered & Bremston beaten to powder: & lay it vpon hott
Coles in a narrow mouthed pott; soe that the fume & smoke
may goe into yo\textsuperscript{r} eare; then take a little blake woole wett in y\textsuperscript{e}
oyle of better almonds; & Stopp yo\textsuperscript{r} eare Close therw\textsuperscript{th}; & goe
to bed & heale you warme with Clothes; & specially yo\textsuperscript{r} head & by gods grace you shall haue remedy

A deyett for Deafnes
you must for bare garlick & leekes & keep you from y\textsuperscript{e} heate
of the sunne; & from late supping: & greate noyse for these
be the Chiepest things that grieueth y\textsuperscript{e} sicknes

* 242/6. <y> This word is interlined above a carat mark.
* 244/1. Comin\textperiodcentered] There is a tilde above the centre of this word.
* 244/6. remedy\textperiodcentered} There is a tilde above the centre of this word.
246. A speciall medicene approued for the dropsey Stone Collicke Strangury & Jandies

Dropsey
Take Sene oz ss. ginger aniseedes licorace mace nettle seeds Jeatt /
Safron an ij d Carraway seeds ffennell seeds; & spicknard ana: j d /
w t; Sinomon ii j d w t; make al these in powder & drinke therof halfe a spoonfull att once in possett ale

247. ffor the dropsey

Dropsey
Take two gallons of fine ale; & ij good handfulls of greene broome; & seeth them to a gallon; & lett the sike drinke therof fasting; euerie day & nott drinke Ells till it be whole

248. ffor the same
dropsy:
Take wormewood penny roy<q>a>l; feverfew spourge walewort roots; ana: lb ss. ffennell seeds sage liu<q>wortt smallage avens mintts water Cresses; hey hoe; Endiue, the medle barke of the Elder tree; an halfe <a>' quartrenee; wash cleane the herbs & roots & stamp them well in amorter; & put them in an earthen pott ¥ was neu<q>r vsed before; & doe therto ij gallons of white wine; or sweett wortt; & seeth it to a gallon: then take it of & lett it runne through a Sarcer of haire; into a faire pann & then wash Cleane the pott & put it therin, & Couer it well & lett the sicke vse therof; halfe a pint att once lukewarm & lett the sicke eate noe meate of ij daies: but bread & pottage of water cresses white wine & oatemeale; & he shalbe whole by gods grace

249. A good drinke for Dropsey

Dropsey
Take of Centorie M.ss. of wormwood & aniseeds ana: M. j seeth them to gether in a pottle of runing water vntell the halfe be Consumed; and straine it & drinke it evening & morning bloudwarme; alsoe the water of decocktion of brionie Cureth the Dropsey; the like doth the water of decocktion of Staphisachrè /
& Jsope sod in wine;

* 248/1. roy<q>a>l] The 'a' is superimposed on a letter 'l'.
* 248/4. <a>] This letter is superimposed on a letter 'q'.
250. **A medicene against drunkenes**

**Drunkennes**

Lett the party giuen to drunkennes use to eate the lights of a sheepe & he shall find great remedy; therby; giue vnto the drunken man the ashes of swallows burnt in a Close pott: being wholly incinerated feathers bones & all & use the powder therof in his drinke pottage and brothes & it shall help him

251. **A water to drinke in Extreame heat & drought**

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251. (Contd.)

**Drought**

Take a pottle of faire water of Sucorye endiue vilett leaves

Burage ana: *M. j* of lettuce *M. ss.*; fennell rootte & parsley rootts ana: /

ij put them al in yor pottle of water; & lett them seeth to a quartt; then take it of & put a little sugër to it; And lett it haue ij wallepps more; then drinke it att yor pleasure

252. **A dyett drinke medicinable a gainst grosse humors & rumes**

ffirst buy a diett pott & fill him full of Cunduite water

Lacking a quartt; then put to yor water a quartt of wër wine & sett him ouer a softe fiere of colles; then put thereto a pound of liccoraice; Scraped & Cutt in small peeses; of Lignum vitae lbss. bought att yë turns of the barke of yë same oz j; wich you Shall haue att the apothacaryes; then lett all these Boyle together; an hower & halfe; soe yê one pärft of yor Liquor be boyled away; then take & Straine it into a faire vessell; & keep it Close; & drinke therof first & Last a pretty draught warme

253. **A medicene for the bittinge of a mad dogge**

**dogg bitting**

Take of bettoney red sage; & night shade; ana: *M. j* Stamp & Straine them wê a pint of runing water; then put thereto the quantitie of a walnut of verrey good triacle; & giue that to yë patient to drinke ij or iiij mornings Lucke warme hereto may be aplied that wich before is written of bitting
of venomous beast & adders page 43

254. **A Disenteriam Sistit**

**disenteria**

Rx. vittellos ovorz quos ad duritiam Coctos callidisse plantis pedum adligato

**Aliud**

Rx. testas ovorz crematis cimes puluere 'in vino albo bibatt ager sistit hicsepe fluxum citisseme

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255. **ffor the Cough or tisicke & to Cut Congelled fflgme in ye stomache**

**Cough**

Take halfe a pint of faire watter on quarter of pint of red rose water boyle it in a scillett 1/2 an houre; then put to it 1/4 of pint of w1 wine viniger; of browne Candy & of Loufe suger an: lb ss.; lett it all boyle together gently (vpon a souft fire) stiring wth asticke of English Lickorass, Scraped and brused att one end; vntill it Com to the Consistance of a Sirrupe; & when it is Cold put it vppe in som vessell for yo vse; of wich take with ye same [Liquor] Lickoras sticke as often as need requireth

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256. **for Deafnesse Probat**

Rx three drams of the juice of Bettony and three drops of the juice of Onion and drop into [into] the Ear then stop them Close with black wool.

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254/3 puluere} There is a tilde above the second half of this word.

*254/3 puluere* There is a tilde above the second half of this word.

* [MS Sig.E 1v] 71. There is no large capital at the top of this page.

* [MS Sig.E2v] 7<2>. There is no large capital at the top of this page.

*256. This remedy is in non-scribal handwriting, and probably dates from the mid eighteenth century - see also No.253.*
257. A water for the Eyes
Eyes
Take white [Copris] roche alone, the quantitie of a good hassell; Nutt of red rose water ivice of red fennell an: j Spoonefull the whete of an egg well beaten; the scume being taken a way; then beate it all together; & straine it through a fine Cloth; & dippe yo*r finger in the water & drope it in to yo*r Eye.

258. A speciall good water for ye Eyes
Eyes
Take a new laid egge & rost it hard; cutt ye* shell in ye* midst & take out the ye*lke & put in a pccs of white Copris whare as ye* ye*lke lay; & bind the egge to gether; & lett it lie in the fiere vntell ye Copris be dessolued into water; then take the white out of the egge; & cutt it in smale peececes; & put it into a glass of running water; & lett it stand a while; & Straine it through afaire Cloth; & keep it in a close glase & wash thine eyes morning & Euening therwth

259. ffor the same
Eyes
Take white Coperice & lay it in runing water; & Straine the water; & when you goe to bed; strike the browes of yo*r eyes w*th ye* same water; & lett it dropp into yo*r eye.

260. To kill a pin and webb in the Eye
Eyes
Take a quantitie of iij leaued grasse & as much redd fennell & as much red sagge; as much daises the white of an egge beaten the froth taken away; halfe a spoonfull of honie; & stamp all the herbs together; & then take ye* Juce therof; & put therto the white of ye* egg & honie; & stire them together & drope the same in the eare of ye* patient; & then make a plaister of flaxe towe and dippe it in ye* sd medicine & Lay it vpon ye* eye of ye* patientt; & bind it & lett it remame soe an hower att eu*r tyme of dressing

261. ffor ye* same
Eyes
Take the leaues of Salendine: Stampe them: & straine them; & put one drop of ye* Jvice into ye* eie; and it help eth by gods grace.
E

262. A water to breake the bearll in yᵉ eye
Eyes
Take pelewther eufrose the bright: & Salendine an: licke much; & still them; then reciue: in yᵉ morning att noone & night the space of ix or x dayes: att each time lett ij or iiij drops be put into yoʳ eies.

263. A water verry Comfortable for the Eye sight
Eyes
Take redrose leaues; red fennell; vervine; rew: & Salendine ana: M. j; and soe still them altogether; & you shall have a good water / & Comfortable for yoʳ eies;

264. A drinke for the Eyesight
Eyes
Take Jvye that groweth vpon an Ashe tree; the rootts & leaues of dayses in the feeld; ffennell & iii leaued grasse an a like quantitie the same being washed cleane; stamp them and straine them wᵗʰ a pint of Stale ale; & drinke therof euening & morning for a season

265. A water to wash the Eyes wᵗʰall
Eyes
Take a peck of rotten aplies; & distill the same & with the water therof wash yoʳ eies morning & euening & it helpeth yoʳ sore Eyes

266. ffor the webb in the Eye yf it be old
Eyes
Take red p<bm>mpernell’ & Eucras Stamp them in a morter & after fry them wᵗʰ Capon grease; in a Cleane pan; & then straine it through a cloth into a vessell of glass: & lett it stand there in; iiij days after put it in a box of home or tyne; & take therof & put it into yᵉ webb of yᵉ Eye

267. A water Comfortable for yᵉ Eyes
Eyes
Take the Juice of Eufras; or ells water made of it: for it is the best herbe for yᵉ Eyes that Can be what way soeuer you take it

268. A good medicen for yᵉ Eyes being the pearlle or webbe
Eyes
Take the leaues of daisies; bursa pastoris & Chestloppes alis woodllice; Stamp them & straine them together; & wᵗʰ alittle good ale drinke of the same iiij seuʳall mornings; & you shall find

* 266/1. p<bm>mpernell] The 'i' is superimposed on an 'e'. 
ease; notwithstanding your eyes will be sore; then wash your eyes (4) with running water; & drink of your drink: if mornings againe (5) & you shall be whole & find great Ease by gods grace

E

A good medicine for the Skine in ye Eye

Take of the buggs that are betwene the barke of a tree; some Cale them thurlice ore woodlice; & stamp them & dry them to powder & glue the sicke to drinke; in a little white wine; Euening & morning; and after iiij or iiiij vseings therof you shall find some remedy by gods grace (5)

A pretious water to destroy a pearle in a mans eie & to Cleer his sight

Take red rose campion, red fennell, rew, vervine Eufrage Endiue & betonie an: M. j; Step them all in a pottle of white [win] wine a day & a night; the second day distill them in a Stillatorie and the first water shall be licke gold; the second like seluer - the third like balme; use to drop iiij or iij drops of this water in ye eie evening & morning; & it will destroy ye pearle; this water is alsoe pretious for gentle woman in stead of balme;

ffor ye Eyes a Speciall good water proved

Take a Qquart of faire raine water; & put therto a halfepennie worth of white Copris; & lett it stand a day & a night in a cleane bason; then try it out of the bason; & Cast away ye refuse thereof; & doe soe dayly vntell it wax cleere from yellow & grounds: then put therto a pint of white & redrose water; & soe (5) put it into afaire glass; & sett it in ye sunne a mouth & after use it morning & evening as you need

ffor sore Eyes a provded good water

Take a quart of red fennell water; & a quarte of vervine water; & put therto one ounce & halfe of white Coprice; all Cold and as much of boallearmoniacke as a beane; & sett all in the sunne in afaire glase xij days; & then devide the cleere from the grounds; & put it in a Cleane glass: & vse ye when you haue need

The oyntment Called tuttie; made of the stone Called Lapis calaminares is verry souigne a gainst all heatts &
A speciall water & pfetious for sore Eyes
Eyes
Take smallage rew; fennell; verge vine agrimonie; bettonie
Scabious, avens, houndstone; eufrage; pimpernell and sage; stille
al these together; with a little vryne of a man Child; & five: gr
of frankencense; & drop euftie night in yf sore eies; & thou shalt
be whole & haue sight by gods grace

A speciall water to Clarifie eies
& to take away perle
Eyes
Take redrose; smallage; rew verge vine mayden haire eufras
[endie] endie sengreene red fennell; hillworth selendine
an: halfe a quartorne wash them Cleane; & lay them in
good white wine a day; & then still them in a stillatorie
& vse to drop two or iij dropps; of yf sd water evening
& morning into yoof eies; & you shall find greate reme
die therby

ffor a strip in the Eye
strip in yf Eyes
Take betonie stampe it & lay it to yoof eye & it shall helpe yf
Stripe in the same put much butter; yf you drinke the Juice
bettoney wth a little smale drinke or water; & wash yf eyes
before wth the water wherein betoneie or the rootts thereof
hath bin sodden

To helpe the distillacon' of the eies
Eyes
Take a little verge vine & stamp it with the white of an egge
& bind the same wth a little fine flaxe steeped therin: vnto
the eies; when you goe to bed; & it shall take away the
watrishnes of them; betonie & also smallage vsed in
like manofo be of yf same Effecctt; Take the iuice of good
wile purslane; & drop it into the eie & it shall put the
webb therof;

* 277/Title. distillacon] There is a small tilde above the '-aco-' of this word.
278. A medicienable water for the Eyes

Eyes

Quench the stone Called Callomanaris being first burned hott with rose water three times; and after the same mano\(^f\) doe by Tutty, \(w^t\) that water wash the eyes; for it is verry soueraigne to Coole clense & quicken the sight therof; alseoe take Celendine water plantine water; & red rose water an: halfe apint: & put ij dragmes of white Cop\(\bar{s}\)is:

279. Good for the [Eyes] sight

Eyes

Redrose vervine rootts fennell & Cellendine Eufrage pimp\(\bar{e}\)r nell \(occulis\) \(christi\); to wash you\(f\) eyes \(w^t\) Cleer water; to looke vpon Greene Collers measurable sleepe; to loke on a faire glass: much & often washing of you\(f\) hands & feette; & it maketh you\(f\) meate well digest

280. Jlle for the sight

Eyes

To study after meate; windes & onyons leekes; lettuce to sudd=\(=\)aine going after meate; and wines: hott ayere & Cold; - drunkennes glottniy; milke Cheese; much be holding of bright things; red things & white; mustard to much sleeping after meate; Colewortts incontinencie fier dust two much weeping

281. ff for the Emrods & to dry vp anie sore

Emrodes

Take the breod nempsayne leaues Comonly Called canne leaues; wich grow in the water; wash them Cleane: & put them in a pap\(\bar{e}\); dry them in Embers; and aply them as hott as may be sufred; or make them in powder; & Cast yt into the sore & it helpeth

282. for the same

Emrodes

Take redwortes or horehound & seeth them in a pott: then take the pott: & set it vndr\(f\) a Close Chaire: & sett ouer it & Clapp Cloths about y\(\bar{e}\) Chaire that noe ayer may goe out & soo sett over it till it be Cold; & then anoynt the [....] members \(w^t\) the liquor therof; alseoe take a plate of lead & rubb ther on a quantity of boars grease for the man: Swines greasse for the woman; & wash it out with white wine and anoynt the Emrodes

\(^*\) 278/ Left of Title. <Qu...> It would seem that the scribe began to write the remedy here, instead of on the next line. An attempt has been made to erase the word.
283. **Emrodes**

*ffor the same*

Take a handfull of parsley with ye rootts; Stamp it well & put thertoo oyle olive; & sett it stand a day; & then straine yee juice from the drose; & against yee fier anoynt the sore wth all & keep him warme

284. **Emrodes**

*Aplaister for the same*

Take yee smale leaves of mullain & stamp them in a mortar & & fry them wth sheeps tallow; & as hott as thou maist suffer it lay it to the sore one this wise; take afaire lynning Cloth & lay the plaister theron: & lett the Clothes be next to ye sore & lay on another aboute to hold it fast on: & keep it warme & shift it evening & morning

285. **Emrodes**

*A medicen for the emrodes*

Take oyster Shells; & wash them Cleane; & when they be well dryed, beate them to fine powder; & Clence it through a searse; & aply them to the sore; mixt with alittle honey plaister wise; alsoe take verry red onions and rost them: & apply them as hott as you Can sufer to the griefe

286. **Emrodes**

*ffor yee same*

Take a Costard or greate aple; & Cut out the Core of it & put into it a little Capons grease, & alittle powder of safron & sett it vnto the fiere; vntell it be rosted softt; & then put it on a Cloth to the sore as hott as you Can sufer it; Alsoe take the oyle of a shelle Snaile; & put in a saucer & warme it; & wth a feather anoint the sore; & take a hard: egge hott; & lay to the sore; & sett theron an hower

287. **Emrods**

*for the same*

Take water Cresses; & Boyle them in verry faire water till they be verry tender; then make them in balls & dry them & as hott as you Can sufer; but the said balles to the Emrodes nine times soe vsed thou shalt recouer health: Alsoe take the leaues of henbane; the yelke of a hard rosted egg; the Crumes of bread; & oyle of roses; mingle them together & aply them plaister wise to the grife and health incontenent

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*284/1. mor<te>r] There is here an indecipherable letter written above the almost illegible 't<te>' of this word.*
288. **for the Emrodes**

**Emrodes**

Take a plaister of Ceruse burnt lead yealkes of hard rosted eggs; oyle of roses: mingled together: put Sumuch of them as will suffise; & it healeth all the Emrodes & vlcers about the fundam; alsoe Aniseeds burned and laide to the greife wth honey healeth the Emrodes; yf they be much hanginge & painefull make a plaister of lining Cloth; & hard pittch: & vpon y plaister Cast powder of smallage roote mastickie; aply it to the grife & it helpeth

289. **ffor the same**

**Emrods**

Cast brimstone beaten nto powder vpon a Coale; & vpon y Smoke /

lett therbe Cast in an herbbe; Called blind nettle; & lett the smoake therof be reciued vpward Close by: & doe soe thrice it taketh away the grife incontenent; & soe after dryyth y plaister Emrodes, marigoulds stamped; & laid to the fundam; doth lightlie / heale the ffigges & Emrods

290. **ffor the same**

**Emrods**

The powder of meleine mixt wth the iuice of horehound breaketh the Emrodes that swelleth; of the same operacon is the / rootte of holeworte plaistred wth organ

291. **A medicine for paine of ye [eyes] eares**

**Eares pained**

Take of sage M. iij of Jsope M. j of rose mary M.ss.: put in a little pillowe boyld in rose viniger aquavitae: & rose water: & lay this to thy eare; as hott as thou Canst sufer it: other remedyes against paines of y eares are in pagge 67: 68

292. To destroy eare wiggs in a mans eare or other worms

**Eare wiggs**

Take the Juice of wormewood rew: & sothernewood: an: a like much; andoe it into the eare: & y shall sley any vermine y is Creeping in mans head; wth iiij or v: dressings; but alway stop thy eare wth som of y herbbs

293. To make Entreate millonett to Cure anie greene wound vncome or atch

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*290/2. operacon] There is a tilde over the last part of this word*
Entreaty

Take of Rozan lb ij wax & frankensence an: lbss. sheeps suett Clarified bl 4 put them in a faire pann: then take a bottle of y£ Juice of millionett; Boyle yoF said stufe wth asofte fiere: tell they be molten: & stir them a pretty while; then put thervnto y£ Juice of yof mellonett; & stir them till they be Cold; & lett them stand aday / or more; then melt it againe wth asofte fiere; & when it is molten put thereto a pint of redwine; & stir it tell it be Cold y† you may work it wth yoF hands & make it vp in rolles

Entreaty for wounds & soares wich is drawing Clensing & healing of wounds sennewes Joynts opposstums feshurs & Cancers drawing out thornes & Jron

Take of betonie vervine p<i>mpernell' & plantine an: M. j Stampe them together in amoriter; & seeth them in a gallen of wt wine till it be sodden to y£ third pAr t; & straine them Cleane; & sett them on the fiere againe: & put therto pitch: rosen virgen wax an: oz iiiij of masticke oz iiiij: & seeth them till they be thicke; then take / them of the fiere; & doe therto a quantitie of [...] turbethein & Stir them altogether till they be Cold; & use it plaister wise to the sore

Entreaty of Jeane right p‡etious for all sores & wounds

Take smallage; Betonie weybreed leaues M. iiij Stamp them all together; & take the iuice of them; to the quantity of a quartt; and wth vnwrought wax & perosin an: quartrren; seeth them all together in a good bigg posnett; & for tryell when they be sodden inough; take a drole therof with a little sticke; & being laid vpon / the bottom of a dish or saucer; when it is Cold yf it doe p¾oue som what hard; then it is so<d> enough; yf not seeth it somwhat longer; then put a quart of wt wine thereto; & last of all a pound of turbithine; stirr them altogether; & soe shortly after take i<b>.

* 294/1. p<i>mpernell] The 'i' is superimposed on an 'e'.
* 295/7. so<d>] The 'd' is almost illegible because of an ink blot.
* 295/9. i<b>] The 't' is almost illegible because of an ink blot.
from the fierce; & straine it into a faire bason; & soe after being som what Cold worke it with the hands into rolls: & vse it plaister wise to all wounds & soars; for it is a principall intreate

295.

A notable Entreaty Called gratia dei to be made aboute St John Baptist daie

Entreaty
Take vervine pimprenell; & betonie an: M. j stamp them well and Boyle them in iiiij quarts of white wine; tell a quartt be wasted; then straine it through a lining Cloth; & sett it ouer y3 fier againe; & put therto bl j of perosin well peaten to powder; of virgen wax smalle minsd; or vnwrought wax desolued in womans milke; that nourish a man Child oz iiiij of masticke oz j being well powdred; then Boyle them in the = wine till all be well molten; but stirr it well & fast; then take it of the fier & put therto halfe a lb of Turpentine; then stir it well till it be Cold; the salue will fleete; aboue then labor it well with yo3 hands; & make it in rolls

This salue is good for all manof of wounds old or new for it scourmeth Clenseth & healeth more in a weeke then another doth in a mouth; it freteth dead flesh & gendreth quicke; & keepeth a sor<e> alwais Cleane; it is good for billes / aboue then labor it well with yo3 hands; & make it in rolls

This salue is good for venemous bitting; & prickynge yf it be laid to be times; it ripeneth & breakeith Empostumes; it is good for ye Canker & festula & Cureth fellons

297.

Pillula de Euphorbio Sedm Manardu

Euphorbi mastichis et Tragarcanthe equas partes ita misceto vt tantu 'vnius: Euphorb..fit quantu' illorum; in medio crudi panis occludito pane more quo allij coquantur bene coquito: coctum 'vbi refrixerit: per tringito: quicquid intus inveneris a pane bene seperatu' in catapotia it all dragmas

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\* 296/14. sor<e>] The 'e' is illegible because of an ink blot.
\* 297/Title. Sedm Manardu] There are tildes above the ends of both these words.
\* 297/2. fantu ] There is a tilde above the end of this word.
\* 297/2. quantu ] There is a tilde above the end of this word.
\* 297/4. coctum ] There is a tilde above the end of this word.
\* 2975. seperatu ] There is a tilde above the end of this word.
An excellent Emplaister

Take galbanu' oz x Amoniacu' oz iiij oz iiij opopanex oz j take [galbanu oz x] new wax oz 10 oyle li j litrege of gould oz jss.
olibanu' oz iiij mirrhe oz x cerus oz ix: verdigrese oz j: aristolochia long oz j masticke oz j bedellin oz j: lap: Calamit, j magnett oz iij the maner to make it is thus: take the gums galbanu
Amonicu' /
apopaniax: & breake them into smale peeces: then sett them to Steep in /
4 pints of Strong viniger vpon asofete fire to desolue; on y^e next day strayne them strongly out; & put them againe into the pepken Stiring it som times; & lett it boyle gently; vntell the viniger be altogether euaparated then dissolve the wax in the oyle in wich [...] /
norish the lithrarge in an earthen pan on the fiere; vntill it becom a plaister body; then haueing y^e rest of y^e things in fine powder mingle first the gums; & then take it of the fier; & ad to y^e powders; stiring it still till it be Cold; make roles therof & keep them as most Excelent to vse; the vertue for tumors & shrinking of Nerues it drawes out splenters & thornes & broken bones: or Jron; for y^e bitting of venomous beast: the Canker festulah: for Gufala: macon in wounds it hendreth gangrena: impostums: for a plauge sore; hemrodes: Carbunkells: & manie other deceases; but in p^aticuler for nerues y^e be shronken: J (20)
did Cure with this: to sesters; that for 4 years were troubled w^th wry nekes; it neuer faills to Cure fistulas; w^th tents; & this emplaister Curth womans breast wch were troubled w^th Cankers; making plaister vpon lining Cloth & soe Employd
299.  An Excellent resipt to preserve the sight

Eyes

Take a quarter of a pound of the Juice of houseleek; then take an ouch of lapis Calamanaries: the redest is best; & halfe a quarter of a pound of burnt allome; a penie worth of white Copris; beate al these / seuerly into powder; then mix them together; then take halfe a pint of sake; & two spoonfulls of white wine; & put as much of the / Huddy powders as you Can take vp wth yoř fingers att twise; then put / in a little of y® Juice of houseleek; & keep it for yoř vse; it [ ] will keep good vj weekes; wash yoř eyes morning & euening wth this water & it helpeth;

300.  ff or sore or runing eyes or velme

Eyes

Take hemlocke Crofoote stone horse dunge & salt: pound it altogether; & bind it to the hand wrest; on the Contrary side; yf it one both eys bind it on both wrestes; & Chang it som times & it helpeth

301.  for the Kings euell

Kings

Euell

Take fox gloues & good sweete fresh butter ana: alike in waight; then boyle them vpon asofte fier; & keep it for yoř vse; first melt som of it [it] in a sauser; & anoynt the sore wth the oyle; then spread the substance vpon a lining Cloth & bind it to the place; drese it twise a day; & Chang nott y® old Cloth; you may drese it oftner & as it needeth y® seldomers although this medicine worke soe; as y® it eate; that you may see the veines & sinnnewes; you must nott doubte; for as soone as the humoro is Consumed; the same medicen will both restore the flesh & Cure y® wound againe

302.  A salve for runing Eyes & for all Jmpostumes & paines: Scabbs wounds & bloud shotts in the Eyes

Eyes

Take Jutia: prepar’d in rose water halfe an ounce fresh hogges grease one ounce: Starch three quarters of an ounce: bruse & tempeř them well together in a morter: then wash it three times in the water of night shade: & wth this anoynt the forehead the temples & the eyelids: both wth in & wthout

* 299/6. <to>] Interlined above a carat mark.
### 303. An Excellent water for the Eyes

**Eyes**

Take the waters of rue: Celendine; & Eyebright: of each oz ij ffennell & the [Juyce] Juyce of veruaine: of Each oz j: the gall of a Pickerell three dragms: lignum-Aloes: beaten smale halfe a dragme: the seeds of Rues of Celendine and marioram Gentle; of each one dragm: put them [toge]

*together in a glass Close Stopt: & Luted wth dough Lett it Stand a day in an ouen after the bread is taken out: the next day take of the past: & sett it 12 days in the sunn: straine it: & keep it in a glass Close Stopt for yo[v] vse: when you will vse it: put: a drop therof into the Eyes morning & euening lying on yo[v] bake*

### 304. a Portion to purg for weake sight

Take treacle halfe a dragme mixe it wth white wine water of Rue or fennell: take it once a weeke

### 305. A plaister for Swollen & Extuberated Eyes as yf they would fall out

**Eyes**

Take shepherds purse, plantine: housleeke: make a plaister therof & aplyit to the eye:

*but yf it pr[O]seed of weaknes of the Sennews: then its needfu[l]*

*to purg the head wth Hiera: or pill Cochie: Vse gargarisms wherwth foment the mouth & Lay to the eyes this plaister*

Take Juyce of Sloes: ffrankincense: masticke [Cipr] Cipris nutts (& the leaues of each yf you Can gett them of each a lick quantitie: beate them verry Smale & mix them wth oyle of Camomile & Lay it to the eyes

### 306. a water for the Eyes

**Eyes**

Take fennell: Rue: Vervaine: Endive: Betonie: [germ] germander: Red Roses: mayden haire: anna: oz j: Stamp them & Steep them in white Wine a day & a night & distill a water of them: the first water put in a glass by its selfe: & now of a truth that this

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305/3. needfu[b]: An 'e' appears to be interlined over the 'u', and the 'l' is illegible.
water is as p\textsuperscript{et}tious as gold: the socond as Siluire: 
the third part as p\textsuperscript{et}tious as balme:
this water keepeth the Eyes in Cleernes: & avoydeth the
[.] Quittery matter & gummy nes that Closeth vp y\textsuperscript{e}
Eyes & Cleerth & sharpneth the sight

[MS Sig.F3r and v] <90> and <9>1 are blank.
A Cordial Posset to be given in it
Boil in some fair Water a pretty Quantity of
Harts horn, Marygold Flowers, Wood Sorrel, & Coltsfoot
tile it comes to a gelly; y\textsuperscript{n} strain & sweeten it w\textsuperscript{th} Suger
-Candy & Rosewater, & give y\textsuperscript{e} Patient almost halfe: a
tinn Dishful at a time blood warm

ffor flegme in the Stomake
Cadus bemedicktus made into powder; & drunke with wine doth
Ripe & digest Cold fflegme in the Stomake; for shortnes of
breath

Alsoe Capers p\textsuperscript{e}serud in salt or pickele as they be broughte
into the Country; being washed & boyled; & eaten w\textsuperscript{th} viniger (5)
is exellent for flegme in y\textsuperscript{e} Stomake

Alsoe one ounce of the vtter barke of elme taken w\textsuperscript{th} wine
or water puteth forth Cold flegme & looseth the belly

A medicen to breake flegme
Take Sorrell & stampe it & straine it; & take the Juice &
temper it w\textsuperscript{th} old [wine] ale; & drinke a good draught; in y\textsuperscript{e}
morning /
before you rise out of your bed; then Sleepe after it; & shortly
after you shall deliu\textsuperscript{f} flegme; wonderfull to see for y\textsuperscript{e}
quantitie; Alsoe take betonie & dry it & make it into powdf (5)
& take it in thy pottage; & it will purge flegme abundantly

ffor the same
Take Organ: Esope. hartstounge: elecompane roots: licorice &
fennell rootts; then Boyle them well together w\textsuperscript{th} Cleane water
& soe drinke a good quantitie therof last & first: & it shall Cleere
the voyce & purg fflegme

Against short wind & to breake flegme
Take a quartt of water & ij Spoonfulls of honey*; & sett
them over the fire; together: & when it doe [seeth] seeth scume
it; Then put in a quantitie of winter Savorey of Jsope of

*307. The hand writing of this remedy is non-scribal, and probably dates from the second quarter of the eighteenth century. (See also Nos.84, and 239 above, and 313 below.)
*311/1. honey] There is a tick above the centre of this word.
311. (Contd.)

pennie roy<æ>le'; an M.ss. seeth them altogether to ye halfe; & soo Straine it & put it in a glasse; & drinke eu'ie morninge (5) a quantity of it; & ye Can gett no winter Savory take tyme; & more of the Jsop

312.

To dissolue fflegme

fflegme

Take Smallage, & seeth it in vinigf; & then take the vinigf & wash yo'f breast wthall; and take the Smallage: & put it in a Cloth; & bind it to the Stomake ij howers:

313.'

For ye same

Syrup of Liquorish & Coltsfoot, or ye Syrup of Liquorish & Maiden Hair.

314. A drink for avoyding flegme out of the Stomack to cutt tough flegme and make it easier to Com vpp; you may take of it a spoonfull or three Continually when you are dry

fflegme

Take viij spoonefulls of rosewater; iiij Spoonefulls of faire cunduite water; ij Spoonfulls of w't viniger; halfe a quarterne of [...] white suger; & Boyle all these in a porrenger vpon a Chafing dish of Colls; together & Sume it cleane; & then drinke it Luke warme (5)

315.

ffor horsenes & mure: & to Cut flegme

hoarsnes & fflegme


316. A water to digest fflegme

Take Rew: Jsope: Sage; Scabious: tormentill: organie: wallworte: parsly: fennell; marierom; mintes: smallage; Launcell: alis lauriell; leaues: the leaues or rootts of flower= deluce; bayes balme wormewood; betonie; [camite] calaminte Ambrose; the rootts of Ellecompane: of glades & senwaye (5) seeds; & distill them in a Stillatorie; & drinke of the water a spoonfull or iiij euery morning: & evening wth a little

* 311/4. royaæle] The letter 'a' is superimposed on an illegible letter.

* 313. The handwriting of this remedy is non-scribal, and probably dates from the second quarter of the eighteenth century. (See also Nos.84, 239 and 307 above).
Suger Candy

**flegme**

for the flegme a good dredge
Take halfe an ounce of genger; carraway seed redfennell
seed; and aniseed an: iijd wt of elacompana: in powder ijd wt Jsope dryed iijd wt mace ijd wt and licor<ce' cutt as much
& vse this dredge fasting as often as you haue need & you
shall find need and you shall find ease therin

**flegme**

for the same
Take genger oz ss. Carraway, fennell: and anneseeds iijd wt Jsope dryed iijd wt mace jd wt Centory jijd wt suger candy
oz ss. licorice oz ij powder of Setwell ijd wt Coriander iijd wt
& vse it as before

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To purg the head from flegmaticke humors
Take the roote of Pellitory of Spaine; & seeth it wth viniger
and figgs; or ells seeth it in sweete wine; lett the patient
gorganise the same often & it purgeth flegme

**fflixe**

ffor the bloudy flixe
Take a pint of running water; & a pint of warme milke as it
Cometh from the Cowe; & put them together; then put v:
or vj flent stones in the fire; & when they be red hott; quench
them in that liquor; then put them in the fire againe iij
or iiij tymes; & qu<e>nch' therin till the liquor be halfe
Consumed /
& lett the parlyy drinke of it warme

fflixe

ffor the same
Take almonds skins & all; & stamp them smale; & take
the water of husked barly sodden; & make therof milke;
& put therin skines & Scorches of pome granates; being stampt
to powder; with a little suger; & soe eate of the same every
morning; & put gades of Steele heated red hott in the fire
into the drinke
322.  **ffor the same fflixe**

Take as much fine lining Cloth as will make a suppositary being wrapped vp round together button wise; then wett the same in the best aquavitæ or Composita; & lett the party [grifed] griued; Convay the same into ther fundam;& it will [hel] helpe them god willing; within iiij or iiiij dressings; this is prOued (5) & hath holpen many that hath ben brought verrly Lowe & reckned past Cure

323.  **ffor the same fflixe**

Take eggs, & rost them hard; then take the yelkes of them; & straine them with red wine; then put therto Sinomom & seeth them together; & drinke it hott as you Can sufer it

324.  **ffor the same fflix**

Take wheate flower & the yelkes of eggs wth [wheate] the [flower] iuice of plantine; & make a Cake of that; & bake it in an oven: & <eate> [bake] it hott as you Can; & drinke red wine or raspice all hot; or the iuice of plantine for it will bind (5)

325.  **Another for the same Flix**

Take rise flower fine Searced: that is sould att the apothe =caryes; & mixe the yelkes of iij or iiiij eggses: make past therof & pretty fine smale Cakes; & ye same being fixed in sweete butter; lett the patient eate therof j or ij evenings & mornings

326.  **A Caudle for the bloudy flixe ffflix**

Take a pint of red wine; & the yelkes of v New ledd eggs a good quantitie of Sinomon; & a little Suger; the pill of a pomegranate dried & beaten to fine powder; a good quantitie; & boyle al these in afaire platter; vpon a Chafe= =ing dish of Coles; till it be som what thicke; then lett ye patient eate of that morning & evening; and as often else in the day; as his Stomake will serue him thervnto: & it shall stoppe him be his flixe never soe greate; by gods helpe

327.  **ffor the flixe a good medicen fflixe**

Take the Stones of greate Raysons and make powder of them & medle it wth the best: red wine y you Can gett & drinke

* 324/3. <eate>] This word is interlined above a carat mark.
therof alway when you doe drinke; & you shall fine remedy by (3) gods grace

fflix

ffor the Same
Take a quartorne of almonds blanched; of faire Chalke oz j of the Stones of red hawes of the white thorne a quarterne; of oatmeale gertts: iij spoonfulls; round pep er oz j of graines oz j: Stamp al these / together; & put them in a faire pott; & boyle that a little; but nott to much; & giue the patient the third part to drinke; as warme (5) as he may the first tyme: & lett him goe to his naked bedd & Couer him warme; & take good heede of him; & yf he will drinke giue him red wine; & soe lett him drinke that att evening & att morning till he be seased of ye flix

for ye same
Take the seeds of Towne cresses a good quantituye; & Stamp with good ale; & straine it through a faire Cloth; & make therof a Caudle & as hott as the patient may sufer it lett him supp therof; alsoe lett him take almonds & blanch them; & lay them on a hott Tyle-stone; & parch them & eate them; instead of bread; & this will stop / him for it hath ben proved

fflix

ffor the same
Lett the patient reciue from vnder a Close Stoole; or such like the Smoke of rusty Jron: burning hott quenched in viniger; alsoe [Cul.ers] Culvers dunge stampt & vsed for a plaister with Stronge viniger: & aplied to the navell bindeth incontenent; all flux of the belly

A medicen for a ffallon
Take herbgrase: march. white worte: rusty bacon a little butter and a house Snaile; mingle them altogether; & make therof a plaister and / a plye it to the sore

Alsoe take sage rew, snayles; bay salt & rusty bacon; beat them altogether & lay it to the fellon; & it shall helpe
333. **ffor the Same**

Take the Barme; that remaineth in the bottom of a barrell or kilderkin; & a handfull of groundsell Stamped; & a good pccs of the sower of a leaven; that you Can gett; & Boyle them altogether; till they be made thicke like a salve; & then take it & spread it vpon a Cloth; & lay it to the fellon as hott as you Can sufer it; & wth twice dressinge, you Shall find much ease for it will both breake it & heale it; more page 38

334. **ffor the ffundamte that goeth out**

Take red nettles; Stamp them well; & put them in an earthen pott; & a good porcon' of white wine; & seeth them together till the halfe be wasted; & of that liquor giue the patient to drinke warme; and the herbs Lay to the fundamt as hott as may be sufred;

335. **ffor goinge out of the fundamt**

Take deers suett put it in a Cloth & hold yt against the fire; till it melt through; then anoint the fundament round aboutt & take heed you haue a Cleane sheett hott; & lay ye sheett in a Chayre; & lett the patient sett theron; the hotter the better wth this greate heate it goeth vpp againe; Alsoe heate apostolican against the fiere; & touch the fundamt therwth & it shall goe in a gaine; incontenent; doe this iii or iiii timas as it shall Com out

336. **ffor ye same**

Make fumes in a Close stoole with the warme iuice of garlice & after ward lett it be sharpned wth the powder of hartse= horne [...]and pitch burnt with] burnt; & pitch burnt wth [frr.n] frankencense & masticke; it is verrry good; nott only for the goinge forth of the fundamt but alsoe against the goinge out of the matrix

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[MS Sig.F7r] <98>

F

337. **ffor the Swelling of ye fundamt**

The leaues of rosemary stamped; & aplied in forme of a plaister

* 334/2. porcon] There is a tilde above this word.
with warme Clothes taketh away the swelling therof

338. Remedyes against the falling sicknes
falling Sicknes
Take powder of hartts horne wich drinke with wine healeth ye falling Evill; soe doth the eggs of a raven; drinke vpp the iuice of wild rew; & the iuice of misselto: drunke doth the same

339. ffor the Same
fallinge Sicknes
The ashes of a want wesill frogge or swallow burnt in an earthen pott; & drunke is verry good; there is nothing better then Wyne wherein /
hemlocke hath ben sodden; - powder of the liuer of a kite
dranke nine dayes together healeth wthout doubte; Py<o>nie* tyed /
about the patients necke keepeth him safe from falling; Alsoe the /
iuice of Corrander giuen to the patient to drinke; will nott sufer the humor to a send into the head; & it worketh alsoe great helpe to ye /
patient; Powder made of the stone of a swallowe healeth wthout doubt /
those wich haue the falling Ev<i>ll:"  

340. A drinke against the fistula:
fistula:
Take Cloues pempelt valerian mouseare; herbe: Robert: and tansey /
seeth them all in white wine; & giue vnto the patient therof ij daye to drinke; alsoe take the seed of Cole worts; the seed of tansey /
& Cabbidge: alicke much; of the greater madder; & make it in pill: & giue therof to the patient; twise a day & keep always a
Cole worte leafe vpon the fistula; yf the festula: be outward put thervnto the iuice of culverfoott; it healeth; yf it be in ward drinke it & it healeth; alsoe Cantaine stampt & the iuice wronge out & put it into the hollines of the vicer wth a serene or spout healeth the same; alsoe put the Juice of pimpertell thervnto & /
bind the herb vpon it; it is a soufaigne meadicine; Avens drunke wth wine; & emplaistred often vpon the vicer healeth ye fistula:

341. To Cause the ffundam£ that doe vsually goe forth to bide in Jtts place

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* 339/4. Py<o>nie] The letter ‘o’ has been superimposed on an illegible letter.
* 339/9. Ev<i>ll] The letter ‘i’ has been superimposed on a probable ‘e’
Fundem  
Take of Clarett wine j quart of Comfree mores made Cleane & brused (yf green halfe a pound) yf drey one pound & boyle in the wine vntill one moyaty be Consumed then drinke therof morning & euening fasting & it helpeth pfr0batum est

F

fflos vnquinto soe Caled for the pretionesse therof against all maladies that is: to witt against all sores, & wounds, healing them more in a seannight; then anie other in a mounth; against all manof of Jmpestumes in the heade; or body; against headach; /
singing in the braine; boyleing in the ears; shrinking of sennewes; it draweth out anie thorne or broken bone; & all manof of ach of the liuer; spleene or lunges; it healeth yth Emrodes; & it is very good to make a sciar cloth for all goutts; aches; & pestilent botches; & therfor this entreate is worthily Called flos Vnguentoru'

fflos
Take Rozen and peristone an lb ss. of virgen wax & ffrankencense /
ana: oz iiij of masticke oz j of hartts horne; or sheeps s<e>wett' oz iiij /
of Camphere oz ij; melt that is to be melted; & powder that is to be powdered; & finly searced; boyle them over the fire; & straine them through a Cloth into a pottle of white wine; then boyle the wine with all other stufe together; then lett it Coole vntill it be noe hotter then bloud warme; then put therto oz iiij of Turbithtine; euer stiring it vntill it be Cold; but ever beware yor stufe be noe hotter then bloud warme; when you put in yor Turbithtine; or ells it mareth all yor stufe; & when you will occupie it aplay it plaister wise to yor greife

343.  
ffor fish
Take occulus indi oz j beaten to powder; greated bread oz ij grated /
cheese oz ij: suger a little quantity; buter as much as will make it into past & Crumble it into the watter
344. To Cure the fever
Take Sarsaparilla; anniseed and the bark of guaiacum; and put them to infuse in 3 quartts of beare for 22 hower: then take of Castia; and Rubarbe; and infuse it 12 hower then Boyle it a little; and Drinke herof in the morning fasting

345. for a fistula:
Take the scull of a dogg and burne him to powder and strow it in the fistula; and it helpeth

346. A meadicene to Cure a frantique man
The frensey Cometh eyther of greate abondance of bloud or choler; & ye it Com of bloud the frantique person: doe Comoly to laugh; ye of Coller they doe fight & brawele; & canse be rulled without Cords; or Chaines; for remidie first lett ye matter be put backe: or pacified with the iuice of plantine morell: viniger; & womans milke; anoynting his temples therwith all; for it will ease the paine: & provoked the patient to Slespe; but ye that help not then take opium' henbane plantine; popye: & the leaues of mandrake Jvie leaues & [berr] berries; mulberrie leaues: & the iuice of hemlocke & littece: an oz; Stamp them al in a morter & lett a spoung drinke the liquor of them vpp; & Lay the same in the sunne' to dry and soe after put the spoung to the nose of the patient & it shall Cause him to sleepe; & when you will awake him dippe a nother Spounge in viniger; & hold it to his nose; & it will Cause him to a wake; but ye hast requier Lett the frantique man haue his forehead & temples anoyned with Castorem: & with out doubt it shall Cause him to Sleepe /

Besides Sleepe lett the fume of the matter be drawne downe wards with a glister or Suppositarie made of opium' & the
346. (Contd.)

öyle of / (21)
molletts yf need be it is verry good to Lett him bloud of yé vaine that is in the medle of the forehead: yf the roote of [nepe] nepe royall be laid to his head it will draw forth the matter of his madnes it hath ben p'Qued more page 45

347. ffor the overflowing of womens fflowers

Take that wich Coms from them: & pitch a hole in the ground & put it in then sharp a stake three square & pitch in after & lett him stand in yé place & it helpeth

348. ffor the ffalling sickness

Take a Jeaye;(that is a bird of diu's Collors that doe vse to ffeed vpon frute:) & pull him & draw him: Cleeane; & fill his belly wth dill seeds; & bake him in an oven; in an earthen pan vpon stickes; that the dripping may run Clean from him; when it is baked drey beat him to powder; & glue the patient a spoonfull of yé powder in mace drinke; a little before his fitt; & att yé Chang & full moone & it helpeth

349. ffor the flegme

Sirrop of fumitory doth purg flegme: & a decoctione of alhaske is good for al flegmaticke men; & lett them beware of eating of raw aplies: & taking Cold in ther feett; & of Late drinking & late setting vpp: lett them nott rise to early in the morning for they must haue much sleep

Alsoe the seeds of roman nettelles mixed with honey & licked often Cleseth the brest from al tough flegme & is good for shorttnes of breath & Cough & Inflammation of the Lungen

350. A salue for a frackture

Take turpentine; honey the yeolke of an egg wheate flower & a little safron; beaten to powder; mix al these together & put it into a gally pott: & keep it for yof vse; aply it wth Lint or in a plaister or both as you see ocation

351. Dr Hosfords medicen to p'équent afeuer or ague

Take Cardus, Camomell', & sorrell an M. j Chop the herbbs &

* 351/1. Camomell] There is a tilde above most of the centre of this word.
boyle them well, in possett drinke; & lett the patient drinke of it
often; & lett them eate verry little; it will pr'euent ye feauer

352.\textsuperscript{*} A ffomentation for anie Wound or
Empostum: When open'd or broken

\begin{itemize}
  \item Take St: Johns Worte; Wormood: Sage: bayberries:
  \item Rosemary: Centory: \text{Cammomell & mell}
  \item elott fflowers of each one handfull: boyle all
  \item in 5 quartts of runing Water vntill two be
  \item Consumed: then ad as often as you vse it som
\end{itemize}

\text{(5)}

brandy: \& foment ye Wounds Wth red bays -
Well Wrong out of ye Licquo\textsuperscript{r} & as hott as
may be sufred

\textsuperscript{*} 352. This remedy is in the scribal hand, but the writing is larger and more careless than usual, and it was probably added at a later date. See also Nos. 26 and 27 above and Nos. 463, 557, 562, and 713 below.
353.  Doct'r Wallis's famous Receipt for a Clap
Take Balsam Capivi & Lenitive Electuary of Each two Ounces Choice Rhubarb & Salt Peter of each one ounce Salt of wormwood two drams and make an Electuary Take of this Electuary the bignesse of a Large nutmeg morning & Evening and a Little Sack whey after it milk warm which will Cause a gentle purging Note if the running chance to stop which is ordinary by a Cold or bad dyet then Squeze the juice of a Lemon that is not perfectly fresh into a cup wth the Like quantity of Sweet Oyl Drink this oft and it will Cause the running begin again intermit the Electuary for a day or two when the Running stop and take this juyce of Lemon & Oyl take care when you make this Electuary that all the medicines be fresh and good particularly the Bals Capivi for there is a great cheat in it.

[MS Sig.F11f] <106> is blank, but there is a fine line ruled down the right hand edge of the page.

* [MS Sig.F10y] <105>. There is no large capital at the top of this page.
* 353. This remedy is in a non-scribal hand, probably dating from about 1750-75. See also No.256 above.
A plaister to heale the goutte legge

Take a handfull of mallowe leaues; & another of groundsell put them into a posnett with faire water; & lett them boyle till they be sodden; soe tender that ye may make a plaister of them then put the liquor from the herbs; & straine them through a strainer vpon a platter; & sett the platter vpon a Chaffing dish of Coles; then put ther vnto a quantitie of deere sewett or Ships sewett Clarified; & vnwrought wax sallett oyle; turbithtine; & rosen; Lett them all boyle vpon a Chaffen dish of Colles; vntell they be thicke enough to straine; then straine al the sd Stufe througe a Lining Cloth; into a vessell that you will keep yo' salue in; & soe Lett it stand tell it be Cold; then vse the same being Spread vpon a Lining Cloth; & you shall find ease by gods grace

A plaister for the goute or ach in the Joynts

where with the L Rich was healled when all Surgions thought him to be in Curable

Take halfe a pound of vnwrought wax; of rozen lbss. olibanu' oz j fine Litarge of gould oz iii white Lead oz ix beate all to powder & searse it through a searser; then take a pint of neats foote oyle and sett it on the fier in a smale vessell; with the wax and rozen and when it is molton; put there vnto the other [oyles] powders; / & stir it fast with a stic*e; & then put a little of it vpon a pewter dish or sawcer; and yf it be hard when it is Cold then take it of; or ells lett it seeth tell it be hard; being soe tried on a pewter sawcer; then take it from the fire; and anoynt a faire board with som of yo' neates foot oyle; and as you may handle it / for the heate worke it as you doe Cordiers waxe; & make it in great / roles; & make plaisters with it; & spread it thine vpon Lining Cloth or leather; and Lay the plaister warme wher the paine is; & soe renew it morning & evening vntell you be whole; or till the ach be driuen to som other place; or ioynt; & then take the / plaister <&>' Lay where the ach is; & be ware of Cold & wines that be hott

A medicen for the goute

Take of wallwortt M. iii of hore hound M. j bray them in a mortar & put the iuice to a pint of swines grease; & boyle them on the

* 355/1. olibanu] There is a tilde above the second half of this word.
* 355/16. <&->] Reading is doubtful because of a smudge.
356. (Contd.)

fire the space of halfe an hower; then straine it & keep it (3)
faire for it is good for all Cold goutes; in the arms, Leggs & feette
& for all grifes of the bone that Cometh of Cold (5)

357. ffor the same
Gowte

Take of boars grease lb j of oyle of turpentine oz iiij of Cam
phor oz ss. oyle of roses oz ij white viniger made of pure wine
halfe a pint; beate all these together vntill it Com to an oyle;
Then put it in a box & keep it from the fiere; & anoynt ye
place where the grife is wth y' sd oyle; & by gods grace it will (5)
help you;

358. A drink for the gowte festred
Gowte

Take a quantity of Archangell bettoney; vervine ana: alike
much; boyle them in wine; & lett the sicke drinke therof first
& Last and it helpeth

359. A plaister for the gowte
Gowte

Take of the iuice of smallage and wormwoode an a sawser
full; of honey, salt and viniger of each a little quantitie mingle
them /
well together; & doe therto a quantitie of rie flower; stirre them
fast together; & boyle them & make a plaister therof vpon a Cloth
and Lay to the sore; vse the drinke afore sd & the plaister & (5)
it will help by gods grace;

360. D'r Wendies medicene for ye goute
Gowte

Take Hermodactyf'as in powder oz ss. barly meale M. j yelkes
of eggs /
ij or iiij incorporate them together; & Lay it warme to the place
where the paine is

361. A Speciall medicene for the gowte
Gowte
vusd of manie noble p'er sonages

Take vergin wax lb ij pirosett lb j Stone pitch made in powder
oz iij /
deare sewett lb j Cloues mace an oz iij safron xiid [....] weighte
then sett a pann of ij or iij gallons over a sharpe fire; w'th a quartt
of good red wine; & another quartt of running water in it; Then
put in yo' wax cutt in small peeces; yo' pirosett: stone pitche (5)
361. (Contd.)

and rosen; & when yt they be almost relented and conseeumed; then Cast in /
you'r deare sewett & Lett them boyle well together vntell such time as they be relented all; & looke that you be alwais stiring of them wth a slice for Cleuing to the pan side; & when you see that it is relented; then take another pan & wash it Cleane; wth fair water /
& Jmmeadiatly after straine it through a strong Canvas Cloth into that pan & sett it on the fier agaie; & Lett it boyle a Little Longer then take it from the fire alwais stirring it; then take yo'r [Clous] Cloues & mace well beaten & fine sarced; & ever as it Cooleth Cast /
in yo'r spices; fayre & softly; & ever stirr it aboute; and when you /
Cast in yo'r spices & it waxeth Cold; then Cast in yo'r safron smale ground as it is poseble;

And what time

362. A medicene for the Gowte

Take Civell sope, & ij d worth of Camphere; a sawcerfull of womans milke of a woman Child yf yº patient be a man;
& of a man Child yf the patient be a woman; & stamp the sope wth the Camphere; in the milke till it be verry thicke then put it in a Close glase; box or vessell xxiiij days; & then
anoynt the patient there wth; & ever lay the medicene aboue the sore to driue it downward & Lett it be minestred all Cold

363. Another for the same

He that must occupie this medecine must gather a gallon of vrine or more /
& keep it iiij days; then gather a pottle of broome flowers Cleane picked; & /
take iiij handfulls of rosemary flowers; or the Crops of young
rosemary / & all this must be boyled together from a gallen to a pottle; & when the / said herbs be softe boyled beate them in a morter; & soe draw them / through a strainer wth the vrine; that is sodden; that don put it into afaire panne; & put therto of blacke sope oz ix of deers sewett oz ii / of vergen wax oz ii; & boyle altogether tell it be thicke; & draw it to a salue; & anie wise styr it Least it burne, to the panne; & that don straine it through a Linnen Cloth; & soe make a plaister of yt; & / Lay it to the sore a whole night; & a day yt require soe Long time & drue it as thine as you Can; & warme it when you Lay it on; & when this salue is made put it into a greate glass; & Lett it stand in the sunne xiiiij days together or more & then it will be thicke

ffor the same

Plantine Leaues plaistred with fresh grease; is a good remedie to take a / way the paine & swelling of the Gowte; the seeds therof alsoe vsed in / a plaister is a great help against the gowte; or ells take mallows & seeth / them; or milke & fine manchett seethed together & Lay it to the paine / & it will giue ease

ffor the Same

This is an assured oynment against all old gowetts Joynett sicknesses & the Palsey; Take fox flesh & seeth it in good wine Till it fall from the bones afterward Stamp the flesh mightely being hott

Being hott; & wring out the iuice therof; & seeth the same iuice vntell it be thicke as oynm Afterward put a little red wax there / vnto; a little powder of masticke; of castoreu' ; mirreh, bayberries; a quantitie /

* 356/6. castoreu] There is an upward sweep of the final letter, forming a tilde.
365. (Contd.)

of Euphorbu' & a little muske; & lett them be incorporated together / as an oyntmt; Alsoe seeth rew & sage in oyle & being hott stamped / aply it to the grife; & it will alay the paine incontent; aboue all things it is best to keep the belly Loose att all times

366. ffor the Gowett and aching in the bones

Gowtes

Take wormwood & sothrenwood ana: M. j sage & red rose ana: M. j of / yellow flowers of Cowsleppys gatherd in aprill lb j lay them in a pottle of neate oyle oliue; in an earthen pott well Closed soe yt ther Com [out] noe ayere therfo vntell St John Baptist day ; Then gather the herbes afore said and stripp of the tendringes & / buds & stamp them verry Smale wth the Cowselips: and put it in a pann: & put thervnto a quart of gascoine wine & a gallon of oyle / oliue & seeth them wth an easie fire; & ever stirr it till the wine be Consumed and [...] till the oyle be darke greene; the wich wilbe in an hower and halfe; then take the pan from the fire; and put (10) the liquor in a Canvas Cloth or bagg; & press out the oyle into a faire hollow basson; & when it is Cold doe it on a glass or vessell of tine or pewter; and anoynt the patient grieved wth this oyle before the fier; & keep the place soe anoynted warme wth Clothes & by Gods grace he shall find greate ease

367. A speciall good glister

Glister

Take violett leaues byttes mercurie and mallowes ana: M.ss. 

wring / them well in sunder; & put them in a pan wth a pottle of Spring watter; & Lett it seeth to the halfe; then straine it and put a quarter of that decocktion into an earthen pann: & put therto a spoonfull of / honey. a little sawser full of oyle oliue; and a spoonful of salt; / & boyle it all vppon the fiere; till it be but a pint and halfe; & then Lett it Coole till it be but little more then bloud warme; & soe minister it to the patient att all times Convenient

368. Pro gomorra Passio

Gomorra Passio

To heale the vessell wher Nature lieth; take the huskes: or ladells of acornes; dried and beaten to powder a spoonfull; & drinke it in the morning: wth a little warme ale; & lie in yo' bed an hower or ij after /

* 365/7. Euphorbu] There is a tilde above the last syllable of this word
To make a good gargarisime for the flegme
Take a pottle of faire running water; and put thereto of honie
ijj spoonfulls; budds in summer & the rootts braide in winter M. j
Jospe: sage an: M. j viniger a sawcerfull; seeth the same to the
halfe part; & take therof and gargarize threeth; & hold yo' head
ouer the pott; that the same may goe into yo' head; & eu' gargarize wth this when you feele yo' selfe griued wth flegme;
& it will open the powers; & bring forth the rume of ye head
Yf you take a marigould leafe or ii being well washed and
roled and put into yo' nostrills & it shall Cause the flegme
to avoyd out of the head abundantly & it will stand you
in stead of a gargarisime

A gargerisem for the flegme
Take a quantity of Endiue water and as much honey sucke water
a good spoonfull of pure mustard: a spoonfull of honney ij
spoonfulls /
of vineger; a <little> powder of pepperr ij or iij branches of
rosemary and ye /
Leaves of sage: put al these together: and heat them vpon a
Chafing: /
dish of Colls luke warme: & Lett the patient put a spoonfull
att /
onc into his mouth; & hold his head vpward; & wash his throte
therwth & it shall make him avoyd much flegme; Lett him
take therof as often as he shall thinke good

A verry easie glester
Take barly one handfull violettt leaues M.ss. seeth them in a
quartt of water to a pint; then take halfe of the same water;
and being luke warme minglie it wth ij eggs the whits & yolkes
and beate them well; and alsoe oz iiij of oyle of violettes; and oz j
of fine suger; & being Lucke warme make a glister therof
& Lett him keep it as Long as hee Can: Df hoctor Nones

A medicene for a knotted gowte
Take rosen and pirosen an: lbss. of vergen wax and
frankensence /
oz iiij masticke oz j hartes tallow oz iiij Campher oz ij; melt yt is to
be melted & make powder of the other; & boyle it well to gether
on a good fire; then straine it through a Cleane Cloth into a
pottle /

* G[ar.]: The scribe presumably began to write 'gargarizme' here instead of in the margin.
* 370/3. <little> This word is interlined above a carat mark
of white wine; then Boyle the wine & the other stufe together
Then lett it Coole a little while; & put thereto of turpentine
bloud warme oz iiiij; & soe stir it altogether tell it be Cold; & keepe
it to yo\textsuperscript{r} vse; for yo\textsuperscript{e} best salue that Can be made;
when you will

When you will occupy it; take leather & strike it on the fleshie
side; for anie deases within the body; lay a plaister therof
Cold to /
the navell; to rayse a sore take of the salue & melt it with the oyle
of rosses; and lint; and Lay it to the sore & it shall rayse the
flesh; it is good for old wounds & new; it will sufer noe Coruption
in a wound or euell flesh to encrease; it is good for the head ach
and sweringe\textsuperscript{*} of the braine; & for al man\textsuperscript{r} of Jmpostums,
in the /
head or body; for belling in the ears; for senewes shrunke or
sprange; it draweth out thornes or broken bones; it is good for all
bittings or prickings of venomous beast; it rotteth & healthe all
maner of bottches; or nolimetangere; it is good against the
fistula or Canker; for alman\textsuperscript{o} of ach of the liver; the spleene
and raines it healeth the Emrods; & it is speciell good to make
a scarcloth more page 107. 108. 109.

A verry mollifing Glister for Griping pains
in yo\textsuperscript{e} belly

Glister
Take mallowes, pellitorie of the wale, mercury; Strawberry
Leaves; & violett leaves, & Cammomell flowers: an:M. j:
aniseeds /
Carrott, ffennell Comin & Caraway seeds an: d.ij; Raysons son
oz ij: Cut the herbbs; bruse the seeds; & stone the raysons
& boyle them in a quart of possett drinke; till it Com to a
pintt; straine it & then put in oz ss. of Lenitive Electuary; &
ij spoonefulls of Course suger; & giue it. bloud warme & Lett yo\textsuperscript{e}
patient hold it 3 quartters of an howre & it helpeth
H

374. A Soufaigne medicene for paine and hissing in the head wch hendreth hearing

Hearing
Take a Cloue of garlieke, peell it and pricke [it] iij or iiij holes in the midst; and dipp it into fine English honey; & put it into your eare and put a little blake wool<l> after; & Lie vpon your other /
side each night; & soe Lett it Continew in your eare for the space of viij or viij days and it will Expell the humors att the nose (5) expell the paine & restore the hearing

375. A medicene to clense or purge the head

head
Take pellitorie of Spaine and Chew the rootts iij dayes a good quantitie therof & it shall doe a way the ach & fasten the teeth in the gums more page: 15

376. A medicene for paine in the head

Head
Take rose Cake cutt it in length and breadth of the forehead: then take rose water and viniger an: alike much; & as hott as you may sufer it; lay it to the fore head

377. ff for wind in the head

Head
Take the flowers of Camomell' M. j: powder of Cumin' M.ss. mingle them together & make ij baggs of the breadth of the eares; & lay them thervnto

378. A medicene for ach in the head

Head
Take the iuice of housleeke; & womans milke that hath a man Child; the double of the milke to the iuice; a Little quantitie of the water of Bettonie; & a little viniger; mingle them together; and wett therin a lining Cloth; & lay it al about the head & it shall soone eace by the help of god more (5) page 11

379. To make Jpocras for a Surfett or weake Stomake

Hipocras
Take a pint of Aqua: Vitæ, and put it in a glas; then take of Sinomon oz iij of genger oz j Cloues grains an: ijd worth Nutmegs ij beate them altogether to grose powder; & put them all in a glasse to the aquavita: & shake it eu'ie day often nine days together; & then drinke it wth wine; and allo; halfe a spoonfull / or a quarter wth halfe a pint of ale; it is right good for all

1. 374/3. wool-<b>l> The second 'l' is superimposed on another letter, perhaps an 'e'.
2. 377/1. Camomell] There is a tilde above the first syllable of this word.
3. 377/1. Cumin] There is a tilde above the centre of this word.
weake men wich are in a Consumtition  

H

380. A medicine to destroy a heate in the face or other places; and yt it be St Anthonies fier  
heate in the Face Take a quartt of Smeths water; of Sage M. j leaues of elder  
or the green barke M. j allom j^d^d^d^d worth; seeth them altogether  
from a pottle to a pint; and put it in a earthen pott; and A  
oynt y^e^ patient

381. ffor heate in the face o<r> sauce flegme  
heate in y^e^ face Take a little oyle debay; and j^d^d^d worth of quickeselu;r mingle  
them well together w^th^ fasting spittle; and put it in a box  
and att morne & eveninge; anoynt thy face therew^th^ by a  
whole weeke together & it helpeth by gods grace  
Alsoe take the blod of an oxe for a man, & the bloud of a  
Cow for a woman & anoynt thy face therew^th^  

382. ffor heate in the liu>r or drines in ye hands  
Heate in liu>r Take a quantitie of Straberrie water distilled seeth therin  
a quantitie of Liuerwort; & drinke it w^th^ as much Sirup of  
mints

383. ffor a hott or' highe Collerd face  
heate in ye face Take vine leaues, Straberies'; and Creame; of Camphere iiijd  
worth /  
put it in a stillatorie w^th^ the fore said leaues; and distill it and take  
the water therof; & wash you'r face therw^th^ morning & evening  
for a Certaine space & it will take away the highe Coller  
therof alsoe take Cowcumberes and paire them Cleane  
and Cut them in slices & still them: & w^th^ the water y^t^  
Cometh of them, wash you'r face dayly iij or iij times a day  
yf you haue none of the water then take the [Cucum ]  
Cowcumber it selfe & pair him and rubb yo'r face therw^th^  

\* 383/Title. o<r>] The 'r' is superimposed on a probable 'f'.  
\* 383/1. Straberies] The 'S't' of this word is represented by a ligature - which is an unusual symbol for this scribe.
ffor pustells or scabbs in the head
There is nothing better to heale the pustells of the head
then to wash it often with viniger; or water wherein Camomell hath ben sodden: alsoe let the roote of Rape violett or sowbread be sodden in water; where in let the nappe of ye necke be washed; and afterward anoynt with the oyle of the decoction of rape violett or sowbread for it healeth mightely

ffor ye head ache
Take rose mary & steep it in strong beare al night and drinke a good draught of it in the morning and fast a pretty while after; and vse it iiij or iiiij mornings & it helpeth

ffor the ring worme of the head
Lett the breaking out of the ringworme of the head be washed with strong Viniger; and sprinkelle theron the ashes of the rine of wodbine; and without doubt it will heale all the scabbines and ring worme

The powder that is filed from a hartts horne giuen in wine to be drunke doth nott suffer either neetts or Lice in ye body much more being made in an oyntm

ffor turning and giddines of ye head
Lett the head be washed with the water of the decoction of iij leaued grass; and lay a plaister of the herbe to the fore head the pith of bred wich is baked with Coriander seed: laid to thy head is very good Lay to thy head silke or woole dipped in viniger; and ye / iuice of ground Jvie Musceltow Laid to thy head drieth vppe: Corrupt / humors being stampt & aplied plaister wise; Take opium and Saffron an oz j of Rose<ss>' oz iiiij and therof with viniger make a plaister this plaister hath ben pro'd to be very good:

---

1. Camomell] There is a tilde above the middle syllable of this word.
2. <.> There is an ink blot here.
3. Rose<ss> The final letter is obscured by an ink blot.
Alsoe take Culver dunge & branee of wheate; & temper them wth y^e white of an egge; & Lay it to the Contrary part of y^e head to that wch is pained

389. ffor the mould of the head that that is fallen downe

ffor the mould of the head that that is fallen downe

head

Take a good handfull of agrimonie and being well stamped put therto a quarterne of: liue [hon..l honie; & mixe them well together and frie them; and in plaister wise Lay it to the moule of y^e head; as hott as the patient may sufer it; the haire being first shaven; and taken away; and soe after make an oyntm^ of agrimonie Sallendine and may butter: and by often anoynting the head and renewing of this plaister you shall recou^ by Gods grace

To Cause all swelling & boyling to avoyd from y^e hartt:

Hartt

Take of rew one handfull; stamp it & put therto the yelkes of iij eggs; and make therof a plaister; & Lay that same between the hartt & wher y^e boyling & swelling is & it shall avoyd y^e same from the hartt

A bagg for the hartt

Hartt

Take the flowers of Burage Buglesse; red roses an oz j ss. flowers of rose mary; dill violettts ana: oz j balme; drie mints; red corall powder; make a bagg therof for y^e hartt in sarceneitt for it is verry Comforttable

ffor the passion of the Hartt Called Tremor Cordis

Hartt

Take the powders of borage flowers Nutmegen white amber; of the bone in a stagges hartt and of Sinomone althese being in powder drinke it Lucke warme with beere ale or wine; evening & morning and the part ys griued shall find ease; these things must be portioned / by the advise of a Phisition

Comforters of the hartt

Hartt

The wood of Aloes muske; Ambor; masticke; Rose water and such like doe Comfortt the hartt; revewinge the liue vynes
of the Spiritts and naturall heatte; Treacle in all
Causes and the roott of affodill haueing in it the vertue
to quicken and to strenthen doth cherish the hartt by defending
it by poson; & keeping it in Strenth

394.

Ab Icertia in Hidropem incidit putio quis in quonotand =
=um cum iam icter diuitius tonerotur non potuisse nisi

Timplitis Curatio

umorem Testiculorum atq ipsiq virge ventos incidit testicu =
lis apponebant farin ? fabarum cum aceto subacti pultim atq
ita: virge quo remedio in totu curatur

* 394/3. coe ] There is a tilde above this word.
* 394/3. preceptu] There is a tilde above the last letter of this word.
* 394/3. ingua ] There is a tilde above the second syllable of this word.
Generall rules Conducng to the preservation of health

Whosoeuer will be willing to confine him selue to anye prescribed rules, for the preservation of health; lett him peruse and practice these following:; wich are (for the most part) fit to be obserued by anye Constitution: Whether Sangiune; Chollericke; meliancholy or flegmaticke

i avoyd anger; wrath, envie, & giue yo\textsuperscript{r} selue to mirth, in measure; for immodrate mirth may be as prejudicall to health as Sorrow, but a meane is to be obserued in all thinges.

2 Goe softly and Sadly, soe that you may not sweate to much
Especially \textsuperscript{<in>}' the dogge=days wich begin the 19\textsuperscript{th} July; & end the / 25\textsuperscript{th} of August;

3 Avoyd all maner of Strong drinkes, hote Spices, & burninge meates; especially there Excesse.

4 ffast not to Long in the morninge,(vizt not after 9 or 10 of the Clocke) Neither supp to late att night (viz not after 7 of the Clocke).

5 Eate not to hastily, nor over=much att once: & what you eate Chew well, that it may not opresse the Stomake;

6 Euerry time you eate, rest a little after, that soo the digestion of yo\textsuperscript{r} meate may be naturall & free; not forced & violent wich Causeth the abounding of eveill humores.

7 Sleepe not after diner; except in May, June, Jully, August; & yett the lesser you Sleepe then the better: for Sleepe by day doth dull the Sences, & Causeth weaknes of body.

8 ffor healthy sound bodyes that doe not labour over=much it is verrry healthie to rise early.

9 To Sleep well in the begining of the night is verrry good

10 In the winter to goe to bedd att nine & rise att five; of the Clocke; in sumer to goe to bed att 10 & rise att 4 ; are verrry good houres

\textsuperscript{*} 2/Line 10. \textsuperscript{<in>}' This word is interlined between 'the' and 'dog' while a carat mark precedes the word 'the'.

[MS Sig.G6v] <121>
H

ii Beware that no fogges, mistes, or eveill aires; Enter into yo[r] body fasting, for therof cometh great pestilences, & heate

i2 Jn time of pestilences, eat much garlick; every day with saffron, & it will doe you much good; you may eate som garlick in the winter & springe, but little in summer;

i3 Lett yo[r] flesh meate be well seasoned; for therby the bloud & rawnes of it is dryed vppe:--

i4 Beware of Eating greene frutes, as young apples, plume<s> Cherries, greene=pease &c vnlesse you take them phisically. (10)

i5 Of all meats boyled is the best, Eat but Little att once for it is better that you eate seven times in a day then once yo[r] fill.

i6 fflesh is more nourishing & better then fish: Eate not two= =much sorwe or salt meate, for that will make yo[r] bones sore. (15)

i7 Lett your drinke bee niether two new, nor two old. Before iij weekes, and after iij monthes, for ordinary beare, is accounted new and stale.

[MS Sig.G7v] 123 is blank, but with a margin left and top.

*11/2. cometh] There is a tilde above the centre of this word.

*14/1. plume<s>] There is a tilde above the centre of this word. There is also damage to the edge of the page, but the final 's' seems probable after examination of the MS.
A medicine for the blacke Gandes

Take wheaten strawe and lay it a broad vpon a faire flower in a Close house; and put in geese; and watch when they dunge; & take it vpp whole; with a knife Scrape of the white yt is about the dunge tell you have a good quantitie therof; then dry it in an oven & make powder therof; and drinke it morning & evening / in ale warmed and it will Cure both blake & yellow Jaundies

Another for the same

Take the herbe Ambrose: Betoney mowgwort an M. j San<ct>uary* M.s.s. / iiij or iij docke rootts Cleane washed and scraped: stamp all these together in a mortar; tell they be in deffrant smalbe beaten; Then take spikenenell; Turmericke; and gallingall an: alicke quantity and stamp them lickewise in a mortar; then put the herbs in a Clean Cloth by them selues; and the spices by them selues; & tie them fast in strings: and hang them in a gallen or two of ale; when it is new & redy to be tunde and after iiij or iiij days drinke eurie morning next yo hart a good draught therof; and fast from meate & drinke iiij or iiij hower after & doe soe Liche wise when you goe to bed; & noe doubt but by gods grace it will help you

ffor the yellow Jandies

Take of red nettle cropp M. j: and seeth them in a pint of ale: & drinke the same being strained iiij or iij days together and by gods grace it will help you; alsoe take haire spanish sope; and a little stale ale in a pott; & rubb the sope against the Cups bottome; tell the herbe be white; & shake in evorie and Lett the patient drinke therof, first & Last tell he be whole; alsoe take sallendine Leaues & put them in your hose next yo feette

ffor the same

Take a penieworth of Turmericke of the middle barke of the barberie tree M. ij ss. salendine M. j: seeth the salendine & yb barke in fine water; & put it in a gallen of new ale att the tunning; & when it hath stood two nights; then draw it out att the spickett; & warme it wth a gad of fine steele as much as you drinke; & put it to yb powdr of turmericke and drinke it moring & evening first & Last

* 396/1. San<ct>uary] The letters here transcribed as 'ct' are in a form not found elsewhere in this MS.
ffor the yellow Jaundies
Jaundees Take abegg Apple and Cutt the toppe soe as it may couer the apple againe; and take out the Core; and put into it som Sweett butter and a good deale of turmericke; a pretty quantity of English Saffron; and soe rost it veryt tender; and Lett ye sicke Eate of it ij or iij mornings together or more ye need requier (5)

ffor the same
Jaundies Take a quart of white wine and a great handfull of Salendine leaues; and boyle them to a pint; but in winter take the rootts drinke theroff warme morning & evening

ffor the blacke Jaundies
Jaundies Take the gall of a Rauen; and drye it and grate it vnto powder take a quantitie in a spoone; and temper it wth beer or ale; together / and drinke it fasting in the morning; and it will helpe by gods grace /

ffor the Jaundes
Jaundis Take ix or x seedes of hempe & doe a way the huiles; and bruise them; and put them into oyle; & drinke it fasting; doe soe viij or ix dayes to gether & you shall find helpe

ffor the yellow Jaundies
Jaundies Take the Scraping of Jvorye; the iuice of liuworth; of safron as shall seeme to be suffucient of french sop the quantity of a Chessenutt; bind them all in the Corner of a Cloth; & swing them vpp & downe; in the watter; till the vertue of all the said things be in the water; & giue the same to the patient to drinke (5)

ffor the same
Jaundis Take Cellendine English saffron, powder of [Eu] Euorye; seth them / in white wine and drinke theroff a good quantitie morning & evening / for viij or viij days together; Alsoe the vrine of the patient drinke wth the Juice of horehound healeth the Jaundies; soe doth the iuice of Camomell of morrell, or of mouseare sodden in a quartt / of white wine to a pint
I/J

A perfett medicen for the blacke & yellow Jaundies
Collicke & stomacke aproued

Take a pecke of snailies in there shells wash them in a greate
boale of beere; then make your hearth verry cleane: and power
vpn it halfe a bushell of [C..] Charcols and sett them on fire;
and when they be kindled then wth a shoule make a greate hole
in the meddest; of them; and soe lett them rost as Long as
you heare them make anie noyse; then take them & with a
kinfe and a Course Cloth pecke and wipe them; from al there
greene froth; then in a stone morter bruse them shells & all;
Take alseo a quartt of earth wormes; slice and scouer them wth
salt; twice ou; then wash them & put them into a stone
morter /

and beate them to peeces; then make you r pott verry cleane
wheron you sett your limbicke or stille; then take ij handfulls of
angellica: and Lay it in the bottom of yo r Limbicke or still; and
two handfulls of Salendine; lay vpon that; then put in ij quart<s>

of rosemary flowers att leaste; also bear foote egremonie;
Red docke rootts; the barke of barberries; wood sorrel; and
bettonie of each M. ij halfe a handfull of rew; fnegrekeeke;
turmeracke of each oz j well beaten; then Lay yo r worms and
snailis vpon top of those herbbs & flowers; then power in iij
gallons of yo r strongest ale; then Couer yo r pott & Lett it
stand a night att leaste; in the place where you meane to put
yo r fire vnder; & in the morning put in oz iij of Cloues beaten
to powder; and of saffron the weight of nine penc; beaten to
powder & of verry good hartts horne; filed to powder: vj ounces
you must nott stirr it after you have put in yo r hartts horne
for feare it should goe down to ye bottme; then sett on yo r
Limbicke & make it fast; with a pce of Rey dough: & soo
Recue you r water in pints; as you doe other water; you may
Recuee vi pints or more; the first is strongest and must be
kept by its selfe; and soe by degrees; the smallest may be
better then the strongest for som people;

The aboue said water must be giuen in the morning; fasting
two howers after it; and nott sleep; it must be taken as follow th
a spoonfull of water and another of beere; the strongest water
will beare 4 spoonfulls of beare; yf the patient be weake it
may be taken twice in a day; soe it be two howers before meate
[...] or drinke; the patient must vse som Exersize of boddy; and
stirring; this water must be taken three days & rest three

* 405/14. quart<s> Damage to the page makes it difficult to see the expected 's'. 
1/7

405. (Contd.)
days probatu' est

406. ffor the falling of the Jvella:
Jvella: Take bay Salte otes and Comin'; and drie all these and make two bagges therof as hott as Can be suffred; lay them one after annother / to the polle or Crowne of the head & soe vse it a good while

407. ffor the same
Jvella: Take sharpe leven & bay salt; and mix them together; & put them; into the jvella: Alsoe take a hard egge & som saffron & bay salt and /
bind it to the polle of the necke then take brused peperer; & put vp the /
jvella: wth it when you goe to bedd

408. A good medicene for an Itch
Itch: Take docke rootts and beate them; and bruse them; and frie them; wth fresh butter: and anoynyt the patient wth the salve;

409. ffor the Itch scurfe or tettets or scabbs
Itch or scabbs: Take a Cleane lining Cloth; & in may take & wett him in the dew that is vpon wheate; betweene Twelfe & two of ye Clocke att night; & wring it into a basson; & after straine it into a glass; & keep it & anoynyt ye sore wth it; & it helpeth but drinke nott of it for it is poyson

410. To make Incke
Incke. Take gaules oz v Roman vetrioll oz iij gum arabecke oz ij salt a dragme pow<de>r' them grosly: & Lay them to steepe in 5 pints /
of white wine warme stope the glass & soe Leaue it for: 15 days

411. Ad Icteritia Recetta nobolissima Bredamont:
Rx Limaces cum testis quas igne purgabis conquascentor;
? se Rasure Cornu Cervice; Caryophill, macerentur per noctem in

* 405/39. probatu] There is a tidle above this word, formed from a sweep upwards of the letter 'u'.
* 406/1. Comin] There is a tidle above the second syllable of this word.
* 410/2. pow<de>r] The 'd' is superimposed on an illegible letter.
Cervisia sine lupulis fortissima; in crastinu. per Alembicam sublima reserua primas, postremas dentibus limandis lubricis puerorum exterioribus vulneribus sanguine sistent ? 4:

I/J

412. To breake an Jmpertume
Jmpostum
Take a white lilly rootes and boyle them in milke; and wormwode in /
it and when they be tender; beate them and make a pultice
ticken it wth Cromes of bread and a little lard and soe aplie it

413. for the itch or scabb
itch or
Elicompane /
Scabb
rootts; & when it is well boyled straine it and anoynt y^ sore by fier
and it helpeth

414. ffor the same
Jtch: or
Turpentine washed viij times almond butter an oz ij oyle of
Scabbs
bay /
Comon salte an oz j storax calamita oz j incorporat these together
and anoynt euery 2 days by the fire going to bed

415. ffor the same
Jtch or
Storex liquid: oyle of Swett almonds juice of lemones white
Scabb
salte an alike quantitie; put all these into a [pepk..] pepkeen to
boyle /
stiring it Continually; then lett it Coole: then anoynt the pulses
of the body against a good fire; when you goe to bed iiij nights
eu'f
other night and in a weeke you shall be whole (5)

* 411/3. crastinu ] There is a tilde above the last two letters of this word.
416. To make Laxanu' for the Cough & for stoping of ye pips

Laxanu'

Take licorice Cleane Scraped, aniseedes an: oz j rootts of [Ellecomp...]/
Enulacampara: ireos an oz ij Cinamon, genger, galingeale an oz iij,
lelt/
this stufe be good & cleane; and made into fine powder; & two an
ownce/
and halfe of this powder put apound of suger; take first of water of
Jospe xxtie spoonfulls; and put into a little pann; and put therto of/
suger peaten to powder lbj & seeth them wth an easie fire till they
be all /
thicke as sirrupe; and in ye Coolling put ther vnto oz jss. of said
powdf/ and all to stir it in the putting in: & put to an ounce of the said [of]
powder of Diacameron or Diamargariton or Eyther of them oz ss.

417. A good plaister for festred legges

that haue ben long sore

Legges

Take march and wild tansey; plantine; and the greate morrell
stampe /
them altogether tell they be smale; then put therto honney; the
white /
of an egge; the milke of a Cow that is of one Coller; and barlie
flower /
and mixe them al well together; but lett nothing therof Come neere
the fire; but aplie it plaister wise to the sore leggs; & Chang it
twice /
in a day; & it shall heale them by gods grace

418. A plaister for legges broken

Legges

Take of oyle a pint vnwrought wax lb j of white Leade smalle
beaten /
to powder lb ss. boyle all these together in a prason pan vpon
asofte /
fire; till it be as blacke as pitch; stirr; it still with a slice for fare
of burning to the pann; to pfoue whether it be boyled enough dipp
in /
a pccs of lining Cloth: & yf it be perfett blacke it is enough;
or ells /
nott; & when you will occupie it; dipp in a piece of Cloth as much
as

* 416/Title and Margin. Laxanu] On each occasion this word has an upward sweep at the end
forming a tilde.
will go about the sore Legg; & lett it drop as Long as it will; then
lay it on; & lett it lye xij howers; then take it of & Clense it wth a lining Cloth; & heate it against the fire soe longe as it will smoke and when it seaseth lay it on a board; & smouthe it wth yo' hand; &
lay the other side of the plaister to you' legge so Continue wth that plaister fournight; & att eu'ie dresing Change the sides: & soe vse eu'ie plaister that you make

ffor leggs that ar Swolne
Take leekes & Smallage and Stampe them smale together & straine / them through a Canvas Cloth; & put ther vnto yelkes of Eggs Clarifid honey; and barley meale; and make of this a plaister; and lay therto aday wth out Change; and after renew it euvery day till it /
be whole

To draw out the ach & water out of the armes or Legges
Take rew broswortt rootts smallag an alike much; & stamp them as smale /
as you Can; then put therto three yelkes of eggs; a good quantitie of honney /
a penieworth of Spanish sope; a little salt; Stamp them together wth /
the herbbs, & mingle them wth wheate flower, till it be thicke and plaister wise lay it on a woollen Cloth as Large as the sore is. and warme /
it against the fire till the Cold be out; then bind it to the sore a day and halfe; but remoue it nott in anie wise yf you wilbe whole; for hee shall sufer paine vntill the plaister haue ou'come the [ache;] ach /
and when you take it of wipe of the old Cleane; and lay on fresh vpon /
the same Cloth; and lett it ly a night & a day; & doe this iij tymes /
and he shall be whole; yf it be Curable; and anoynit it after wth the iuice of plantine; till it be whole; more page 110
421. **A medicine for the Lunges**

**Lunges**
Take of the lunges of a fox dry it to powder; and put a quarter of a spoonfull in a little almond milk or broth; & soe use it: for it is very good to preserve the lunges.

422. **FFor the Lunges**

**Lunges**
These doe cleanse the Lunges of grosse humors *Lochede Squilla Emplaistire filiij Zachariil oleu 'philosophorul' Confectio de musco; and Siapus de thymo;* also a Sirupe: *le liquitilia* and *Oleum Cartami*; oyle of violetts and of sweett almonds doe take away the aspirite of the Lunges:

423. **FFor the stoping of the liuer**

**Lyufr**
Take the broth of a Chicken; an mercurye; and [Suckorye] Succorye / of them both *M. ss.*: a few great Raysons Stoned; lett them Boyle together; then take a few better almonds and blanch them: & beat them wth the same liquor make almonde milke; & soe use to drinke it eu'f'i morning first

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424. **FFor the heate of the Liurf**

**Liver**
Take Sannders and good strong viniger and heat them hotte then take / Scarlett in graine; and dippe it in the same; & soe lay it to the spone of / the brest and right side

425. **A Cole water for the liuer**

**Liufr**
Take Endiue liufworte; pettie morrell; ffumitory; Scabious; sorrell; Burrage / violettes sanders an *M. j* put there vnto of redd viniger Q j Still them / them altogether; & you shall reciue a soufraigne water to Coole the Liuer /
more page 53

426. **To make a whey laxatiue**

**Laxatieve**
Take a pint and halfe of Clarified whey; halfe an ounc of Scene of
426. (Contd.)

whey
anniseed iiij\d w\t of hopps M ss. borraig: buglase: an: M ss.
fumitoriæ a little /
seeth all these in Clarified whey vntell it be halfe Consumed: and
drine it ij mornings

427. A good laxatiue for a Child
Laxatiue
Take of violetts or leaues M. iiij seeth them in runing water from a
pottle to a quart; then take a li of almones & stamp them smale
and temp\er them w\th water; & make them almone milke; and lett
the /
Child eate & drinke of the milke and alsoe of ye water yf need be &
he. shall be solueable;

428. A laxatiue for a man that is costiue
Laxatiue
of burnt & [Coll] Chollericke humores
Take of mallowes M. j of mints wormewood mercurie and violetts
an M ss. seeth the herbs in the water of him that is sicke; and
when /
they be well sodden; press out the water from the herbbs; &
stampe /
the herbs in a morter & fry them in may butter; or in fresh grease
and make a plaister therof & lay itt to the woumbe & Exchange it once in a day,

429. A speciall powder to stopp a laske or fluxxe
Lax
Take the nether Jave of a picke; & make it in fine powder; and
take it in drinke or pottage; and it will stopp the lax

[MS Sig.H3v] <1>35

430. To Cause a laxe
Laxe
Coliquintida mixt with honney and bulls gale; and aplied plaister
[plai] wise to the belly: doth loose the same; alsoe dipp wooll or
silke in the iuice of ye rootte of sowbread & vse it for a
suppositorie

431. ffor the Litargie or forgetfullnes
Litargie or forgett-
full / nes
Against this decease of forgetfullnes; apply rew and red mints w\th
oyle and /
verry stronge viniger; into the Nostrells; for it wonderfully Stirreth
& quickneth /
the p\e\t\ers sons deasesed w\th forgetfullnes; the galle of a Crane
being made / (3)
warne in a leadden vessell doth thorowly; and lightly stirr vp the
deceased body yf the nape of the necke be anoynted ther wth (5)
the sent of dogfennell taketh away sleepe; grind mustard seed
wth /
viniger; & rubb it mightily on the plants of the feett; & it doth
quicken /
forgetfull p€rsons; Savory beatten & sodden in viniger; & laid in
form /
of a plaister to the hender pàrt of the head; doth merely awaken
those /
that are heavy to sleepe; The smoke of Galbanu' or of a
harttes /
horne is best of all things; the skinne of a heare burnt; & the ashes
therof drinke wth Callamint' healeth the L<i>targie'
Take the rootes of Endiue Succorie Butter Dockes and Coltfootte
the / pithes pulled out an oz j the leaues of Endiue succorie; burrage;
Scabious /
liu'wort; topps of hopps & harts tongue; ana: M ss anniseeds &
licorice /
an oz ss. raysons of the son oz j boyle all these in three pints of
Cleere /
whey; & one pint of white wine; vntell one pint be consumed:
then /
Straine it: and put into it Reubarbe oz ss. agaricke oz ij: Sinomom
maces: an /
iiiijd wt: boyle al these in the Decocktion aboue written vnto one Q;
then /
straine it into some glasse or Cupp; & put therto yf you be troubled
wth flegme; Sirupi vialars oz ij: but yf you Expectt principally the
openning of yo{ liver oz iij sirupi sicoij Curubarbaro; & drinke
xij /
Spoonzfulls every morning fasting it will keep vij or viij days

A lotion for a Canker
Take bremlle leaues; & honey' socke leaues: sage leaues: and
[brinett] /
brionie leaues ana: M. ij boyle them in runing water; till halfe be
Consumed; then straine it & put therto som honney; & a little
allome & soe vse it as you haue occation

A medicine for the lunges
Take the powder of the roote of Elicompane mixed wth honey &
suger Candy; is good for the impostumes of the lunges; stoping of
ye /
pips; & shortnes of breth or anie grife of the breast

ffor the same
Take a spoonfull of nettle seeds: & Fennell seed; dry them &
pound them & seace them; half an ounce of orres rootts; as
much Elicompane rootts all in fine powder; mix it wth
iiiij oz of lochsanu' or honey; & soe licke of it offten

* 435/1. honey] There is a tilde above the centre of this word.
* 437/4. lochsanu] The final letter of this word sweeps up and backwards to form a tilde.
438. A very good Lenament for a Compound fracture or any wound where the bone is bare.

Take mellrosanum & Spirit of wine & mix together & add to it of mirre a pretty quantity & half as much of Allos & make it into a Lenament & apply it as hot to the wound as may be well suffered; the wound being first washed with sweet sake - looke to fol 290.

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* 438. This remedy had been crossed out, presumably because it is almost identical with No. 799 below.
Megrime

439. A medicen for the megrem verry Excellent
Take iiiij or v nutmeggs and pare and slice them as you would doe genger verry thin; then make ij baggs of lening Cloth; of ye Lenth of /
yo[u]r finger and put in the nutmeggs; then take a quantitie of pure red rose water; and lay yo[u]r baggs in the same; in a dish vpon a Chaffing dish of Coles & make them hott & lay them to the temples /

440. ffor the same
Take halfe an ounce of pep[er] ij nutmeggs of graines oz j of viniger Q ss. of rosemary M. j : Boyle altogether betwixt a platter vpon a Chafen /
dish of Colls; then take a Cloth and put it ouer yo[u]r head; & hold yo[u]r head /
Close over it till it be boyld neer away

441. ffor the same
Take v leaued grasse morell that is calle St mary herbe: an: a like much /
of betoney as much as both the other; beate all these in a mortar; & take /
the iuice of them; and put to it as much may butter as ye quantitie of the iuice; and then wth it make an oyntment and anoynth therwth the patients brow when he goeth to bedd: (5)

442. Another for the same
Take bolearmonacke; sangius dracoines and terra sigillata: an: a licke quantitie; & beat them in powder; then to make a plaister Take flaxe and lay it vpon a russett pap[er]; as broad as you will haue /
yo[u]r plaister; & take the Clary of an egge; & lay it vpon the flaxe; then take the fore sd powder: & Cast it on that side of the plaister that shall Lye next you[r] head; & put one fold of russett pap[er] or ells of Lining between you[r] head & ye medicine; or ells it will Cleave verry sore to the haire of ye head this medicine is sure well proved

443. A good medicene for the Megreme in the head
Take leather vnallomed as broad as you[r] fore head; & in lenth from /
temple to temple; & rayse the same leather but nott through; 
and / 
ther vpon lay the oyle of the white of an egge; take then: Sanguis 
Draconis beat it into powder; & scatter the same vpon y° oyle 
thinely; & this don lay it vpon youf fore head. not takeing it 
away / 
vntell it be reddy to fall away of it selfe; 

443. (Contd.)

ffor the same

Take Sage;

444. (Contd.)

Megrime

Take and drinke elder water ix dayes iiij spoonfulls; & euerie day 
looke that / 
you sweete; then take iiij or iiij, oke aiples; & lay them in white viniger 
xxiiij howers; & then wash the place wher y° morphew is & it 
healeth; / 
alsoe take the iuice of Cellendine and mingle it wth the powder 
of bremstone; & lay it wher the morphew is all Cold

444. (Contd.)

Megrime

Take iiijd wa'ght of the rate of pellito: of Spaine: ijd waight of 
Spikenard; & stamp them together & boyle them in viniger y° is 
good; / 
& take a sawcerfull of honney; & five sawcerfulls of mustard; and 
when the liquor is boyled; and Cold; doe thervnto the honney; and 
mustard; & mix them well together; & lett the patient vse therof 
halfe a spoonfull att once; & hold it in his mouth as long as hee 
Can sufer; and then spitt it oute & doe soe vj or vij times; & by 
gods grace he shall find ease

Megrime

ffor the Megrime in the head: & for th Dropsy 
and bruised bloud; & impostume in the head; & 
fever and all the head [a.h] ach

Take iiijd wa'ght of the rate of pellito: of Spaine: ijd waight of 
Spikenard; & stamp them together & boyle them in viniger y° is 
good; / 
& take a sawcerfull of honney; & five sawcerfulls of mustard; and 
when the liquor is boyled; and Cold; doe thervnto the honney; and 
mustard; & mix them well together; & lett the patient vse therof 
halfe a spoonfull att once; & hold it in his mouth as long as hee 
Can sufer; and then spitt it oute & doe soe vj or vij times; & by 
gods grace he shall find ease
ffor the Morphew white or blacke
Morphew Take bettonie; harrestongue; sage; plantine; red fennell; watter Cresses / an: M. j herbe bennett M.ss. of the leaues of vervine oz j: still this to a / water; & drinke everry day fasting therof iiij spoonfulls; & walke an hower after vpon it

A water for the morphew and all maner of Scabbs in a mans body
Morphew Take strawberrie leaues M. iiij, sow thistle, liuerwort harts tongue Celendine; Langedekefe rosemary; Centorie; Scabious the red docke / Ellecompane and tyme an M. j endiue M. ij the medle barke of the Ash of walwortt, nettle broome; Comedres' ana: M.ss.: distill them & /
leett the deceased vse them wth aquavitae

ffor the blacke morphew
Take a quantitie

Take a quantity wth the Powder of unicornes horne Sewell and a little English safron; and put them in iiij or v spoonfulls / of malmsey; or stale ale bloud warme; drink it fasting iiij or iiij dayes together; and eate or drinke nothing in iiij or v howers after; and you shall find remidle by gods grace. Alsoe take a quartrene of bremstone wth the iuice of sengreene; and viniger wth ye white of / an egg: well beaten: & mingle them together; and anoyn the deceased against the fire therwth wher it needs; soe that it come nott neer his eiene

ffor the Morphew white or blacke
Morphew Take good verdegreace; and quick brimstone an oz j make them both / in fine powder; then take ij sheeps heads that be fatt; and take out the braine; and wash them Cleane; & seeth them tell they be tender; and then take downe the vessell and sett it to Coole; &

* 448/4. Comedres] There is a tilde above the first half of this word.
gather the grease y^t Cometh of them; and temp^er it with the powder /
and make an oytment therof; but it may Com neare noe fire
but worke it al Cold; and then anoyny the sicke therw^th: & it shall /
heale the morphew white or blacke

451. ffors the same
Morphew Take the roote of red docke and bill away the vttermost
barke therof and stamp it w^th gray salt; & temp^r it w^th viniger
and anoyny the morphew: & you shall haue remeddy

452. To know yf the Morphew be Curable
Morphew Pricke the place wher the morphew is w^th a needle soe that
the needle pass not the thicknes of the skine in the flesh
and yf the bloud Com forth it is Curable; or ells not)

453. A water to Clense the mouth & to fasten the teeth
Mouth Take sage; & woodbine leaues an: M. j of honney a good
spoon[tu] /
full; of allom the quantitie of a good walnut; boyle all these
together in a quart of runing water to a pint; and wash thy
mouth with this water Lucke warme

454. A medicine against madness Called Jnsaina
madness Certaine men saye that a rosted mouse doth hele frantique
persons /
Alsoe a red stone found in a Swallow Carried about the patient
and tied in a Cloth of lining and vnder the left arme; doth heall
frantique & Lunatique persons; a radish stampt and bound to y^e
braine /
will heale one of y^e falling sicknes by and by more page 100) (5)

455. A medicine for the mother
Mother Take a greate onyon and take out the core; and put therin a
quantitie of oyle oliue; a quantitie of the iuice of wormwood; then
Couer it and lapp it in a pap^er; and sett it in the embers till it be
softe; then take it out and put in as much honney as it will [re]
reciue; & lay it to the bare navill (plaister wise) of y^e pers^on y^t (5)
455. (Contd.)

is deceased; & lett it lie there xxiiij howers; and then take a handfull of Cinkefoyle and boyle it in white wine; & lett the patient drinke therof a good quantitie

456. ffor the same

Mother

Lovage; Jsope, woornwood; and ferne Leaues sod and made in a plaister; and layd from the navell to the share doe wonderfully helpe the mother; Treacle Cloues, and garlieke disolued in strong hott wine is present remedy for ye mother

457. ffor the same

Mother

Rew sodd and stampt in oyle with hennes grease and goose grease / hott laid betwixt the navell and the share it is exellent good medicen / Nettle seeds drunke in wine doth aswage all paines in the matrix & take away the ventositie therof

458. To Clesse the mother

Mother

Take of Callamint motherworte an M. j of savory marigolds fennell, and parsly an M. quarter; take white or Clarrett wine Q j runing water Q j; seeth them altogether vntill halfe of the liquor be wasted; then straine it and drinke therof first in ye morning and Last att night; and put a little suger thereto if you Cannot' get all these herbs take such as you Can gett

459. ffor the meassells

He that

459. (Contd.)

Meassells

He that will heale the meassells ought first to labour and bestow his Endeuer; that they first Com all forth; and therto take dry figgs and flowers of lentills mundified and made Cleane ana: x oz of gum' / Lacca: dragance an: oz vj lett them be sod in v lb of watter vnto iiij oz / strayne it and put thereto of saffron: oz j and giue the patient to drinke before meate; and when he goeth to sleepe; till all Come forth; anie Cloth dyed in purple hath vertue of attraction

* 458/6. Cannott] There is a tilde above the first syllable of this word.

* 459/3. gum] There is a tilde above this word.
ffor a mouth that is sore without Skine

Mouth
Take Cinkefoyle; and seeth it in milke with a little allome; and hold your mouth ouver yé hott milke; and receiue the heate therof; and when it is but blowd warme; wash your mouth and gargarise therwith all and you shall find present helpe; & remedy by gods grace

ffor turning or riseing of the melt

Melt
Take mellilot; message well made made from the Apothicaries and make a plaister & lay to the grife and it helpeth

To make a maturitiue plaister of greate vertue it doth open an Jmpostume with out Jnstrument & paine

maturitiue
Take the yelkes of Egges oz ij white salt finly ground oz j: [hens] hens doung that is liquid and redd licke honey oz j mix all these well together with out fire; & when you will bring an Jmpostum to suparation & breake it; lay on this plaister morning & evening a little warme; & in short time it will draw forth yé Jmpostume & (5) breake it & heale it with out anie other helpe
Keep this as a secrett

Dfr Dunings Resipt against mortificatio of anie member
Take of march Stampt M. j: two Spoonfuls of honey: 2 yelkes of Eggs: of wheate flower M. j: to this ad: 6 or 7 Large Spiders: mix all together & aply it warme: Chang it euere 3 hours: & it will Stop mortification

* 463. This remedy is written in the scribal hand, but in larger, more careless writing than usual. It was probably added at a later date, like Nos.26, 27 and 352 above, and Nos. 557, 562, and 713 below.

* 463/Title. mortificatio] There is a tilde above the last syllable of this word.
464. A salue for a new Cut that will not Leaue bleeding
Newcutt Take the blads of vnsett Leekes; and stamp them and put therto honey; and wheate flower; & stirr them well together vntill they be thicke; & Lett it Com neer noe fire; but al Cold Laie it to the wound; & it will stanch the bleeding & draw out the brused bloud & make it Cleane more

465. ffor the pricking of a needle or thorne in a ioynt the hole being stoped againe
Needle Take fine boulted flower of wheate and temper it wth white wine; and boyle it together vntill it be thicke and lay it on the sore; as hote as you may suffer it: & that shall open the hole; & draw out the vennome or fleth; & sease the aching; & heale or Close it vpp againe; & for lacke of white wine you may take ale or beere

[Against hoarsenes to make open & Cleere the Voyce]

466. ffor pricking in a sennew wth needle or Knife
Needle or Knife Take oyle of Roses and heate it well & Lay it to the place prickt; as hott as may be suffred: & bind blake wooll about yt; or to it & [...] you shall haue remeddy;

467. ffor stubbing of a rusty naile
Nayle Take Allome and white honny suckle; and make therof an oynyntm wth may butter; & put the said oynyntment in ye sore; being aplid plaister wise;

468. To draw out a naile or thorne
Nayle Take turpentine and heate it in an oyster shell; and take Cotton made of linning Cloth; & wett that in ye Turpentine and Lay it hott to the sore; and Chang it [oft] ought; and yf it begin to rankle take ye iuice of sinkfoyle and anoynt the sore all about therwth

[MS Sig.H12r and v] 15<2> and <153>, and [MS Sig.J2r] <154> are blank.

*This heading is scribbled over, having been put in the incorrect section. The same title is found below at No.740.*
469. To make oxemell for Cough

Oxemell

Take white English honey & white wine veniger anna: Licke much sett it on a gentle fire & skome it: & Lett it boyle vn tell it Com to a sirrope; it is good for ye flegme & an old Cough

470. To mak oyle of Hippericene

Oyle of Hippericene

Take as much St Johns wortt brused as a pottle of white wine will Couer; then Lett it Jn fuse in the sorn iiij days; then straine it once & through a way the dregs: then take as much more St Johns wortte or hippericene: & put in the same wine: & letting it stand in the sorn iiij days as before; & straine it out; then take as much more St Johns wortte; brused Letting it stand in ye sorn as afore sd; not straining out the dregs the third time then take a pottle of the best sallett oyle you Can gett; & put into the Jare wher ye wine & St Johns worte is in; & lett it stand in the sorn x or xij days; the longer the better. Then take turpentine: the roots of viti Cello or white brione y ana: oz vilij Safrone oz ss.; Nutmags; Cloues; and mire ana: oz ij frankensence / oz iiij Stampe them all well & put them into the Jare; & stope him Close & sett him vp right; in som other vessell of water; to boyle for the spase of xxiiij howers, alway prouided / you must haue som other licore boyling by; to fill vp yoř pott or other vessell as it boyles away; & when it is boyled Straine it out & scom the oyle from the wine & keep it to yoř vse; you must haue a wase of hay to keep yoř Jare vpright in the pott or other vssell that you boyle it in: This oyle is good for all manor of bruses sores wounds atches or other grifes pprobatum est for yoř oyntmt of hippericen you must make it as you make yoř oyle in steed of sallett oyle you must take greays gresse and vse it as you vse yoř oyle & put in one pound of wax you must make a wase of hay to keep yoř Jare vp right in ye pott; when you doe [make] boyle yoř oyle

white wine 2 qurttts- - - - - - - - xvj"d
sallett oyle 2 quartts - - - - - -ijd iijd
St Johns worte as much as need
470. (Contd.)

Turpentine white brioney ana: oz viij iiijd
Safron oz ss. -----------xxd
Nutmegs; Cloufes and mire ana: oz ij xvjd
franken sence oz iiiij

471. To make Oximell Compositu'

Oximell
Comp- ositu'/

Take a pottle of the best stone honnie; of white viniger a pint & halfe; of Condite watter a pottle or v pints; the rootts of parsley fennell smallage [parsley] the piths being taken oute ana: num: v: the rootts of knee holme oz ij the rootts of [Asp.] Asparagus oz j fennell seeds oz ss. smallage seeds oz ss.; the rootts being shred and ye / seeds being som what brused; they must be steeped in iiij quartts or /
v pints of Cunidiutt watter; xxiiij howers; & soe after boyled in the same watter; from v pintts to a quartt; & being fair strained you shall put throto yo r honny; to be Clarrified & boyled therein and soe after put throto yo r viniger; & lett them boyle wth averly /
softe fire; boyle altogether vntell it Com to the thicknes of a sirrupre; the same be tryed with a sponfull of the same watter sett in a Cold window; and a spoonfull therof being taken every other morning it doth Cut & divid all gross humors; it purgeth the liuer the spleen & the raines; and taketh a way all [obstruck] /

472. Oximell simplex'

Oximell
Simplix

Oximell simplix is only made of honny watter & viniger; the same being verry pfofettable is nott of soe greate vertue as the other

473. This oyntm is to be made between the Stt marie days but best in may; & is good for the stiffnes of the Joynts & shrinking of the sennewes for the pains in the backe the stich in the side; the stoping of the liuer & spleen or ague that is fallen into anie pvarf of the flesh; yf it

* 471/Title. Compositu] There is a very small tilde above the last syllable of this word.

* 471/Margin. Compositu] The final letter of this word sweeps up and backwards to form a tilde.

* 472/Title. simplex] There is a tilde above the first syllable of this word.
be taken before it be impostumated; for bruseings & knokes; it will take away both the swelling & blackness. Take new, sage; wormwood feuerrorfow; or white wortte; bay leaves & plantine an: a like quantity; beat them in a stone morter tell they be smale; then take neats foot oyle; & put it to the herbs in an earthen pott; & lett them stand a roting ij or iij mouths with the oyle; & put it to the same herbs soe that you may have it soe thicke; of the herbs that you can scarce be able to stirr it; & then sett it upon the fier in a nother vessell & lett it simber softly 3 quarters of an hower; & som tims stirre it for fare it will burne; & then straine it & keep it in a pott for thy use.

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An oymtm t for an ache and especially in all Cold Causes for the Collicke or feeble Stomacke for brusinge specially for botches for fellons wounds* & all maner of sores

Oymtm t Take a pottle of fine meale oyle ollue of the best boyle therin a pottle ore more of Angell partts; or otherwise Called angell watts; being not washed but Cleane striped from the earth stirr them alway least they burne to the pann; till they be somwhat Cremblinge; and dry; and till the oyle wax browne & Cleere then straine out the oyle; & take wax fine Cleere rosen & sheeps Tallow or suett of a deer molten & purrified ana: bj j frankensence /

oz ix well ground to powder; then melt all with the fire and put <them> to /

the fore said oyle then take plantine M. v of Sheeholkes that haue long stalkes soft leaues as mollen & white flower [M. iij] M. iij Cellendine woodbine & smallage an: M. iij Ellecom pane well washed & pared M. ij stirr them well & stamp them well with a pottle of white wine; then lett them stand & steep in the wine for one day or longer; then straine out the liquor and melt the afore said oymtm; & put ther vnto the Liquor & lett it seethe halfe an howere but beware of the suddaine rising therof in seething then take it from the fire & lett it stand to Coole a day or longer; then cutt it in iij peeces Crose wise; & take it vp & pare away the grounds; & put the oymtm in an earthen pott; & stopp it

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* 474/Title, line 4. wonds] There is a tilde above the centre of this word.
* 474/8. <them>] Interlined above a carat mark.
fast; & it will keep good fourty years

475. oynmt\textsuperscript{t} for shrinkeing of sennewes
oyle for
sennewes Take oyle of turpentine & neatts foot oyle mixed together
& anoynt the grife

476. A speciall oynmt\textsuperscript{t} for Cooling in hott
Causes called vnguentu frigidu\textsuperscript{u}
Oynmt\textsuperscript{t} Take Litarge lb j oyle olieue as much as will moyst that
Litarge; of white viniger ij spoonfulls; of the iuice of plantine
ij spoonfulls and mix them altogether & make an oynt ment

477. An oynmt\textsuperscript{t} defensiue against
Extream heate
Oynmt\textsuperscript{t} Take oyle of Roses oz j bole armonicke oz ss terra sigillata: and
fenugreek oz ss Camphere \Sigma \ j night shade & house leeke an
M. j /
stamp well the herbbs; & take the iuice therof strained and
mingle altogether; & make a Cold white oyntment therof
defensiue against heate; & vpon leather aply it to the grife

478. To make oyle of Roses
oyle of
Roses Take a pound & halfe of Rose leaues; & Cutt away the white &
stampe /
them smale; & put them in a glasse or in an earthen pott and
put thereto a quartt of oyle olieue; & looke that the violl be full
of oyle & leaues wthin' an inch of the topp; then stopp it fast wth
past that noe ayre Com forth; & bind it fast about wth [parchmt] (5)
parchment; & sett this glasse in a brase pott full of watter as
high as the hole is in the glase; & sett the glass fast that it fall
nott; wth som hay vnder it that it breake nott; and lett it seeth
in the pott vtell the watter be halfe wasted ; then take the
pott from the fyre; and lett it: & the violl stand still without
remoueing till it be Cold; then take out the glass and press
out the oyle; & put it in a nother glasse; till thou hast need
therof; & put fresh rose leaues therin;

\textsuperscript{t} 476/Title. unguentu] There is a tilde above the final syllable of this word.
\textsuperscript{t} 476/Title. frigidu\textsuperscript{u} There is a tilde above the letters 'i-du-' in this word.
\textsuperscript{t} 478/4. <wthin>] The word 'in' is written below the superscript 'th'. 
479. To make oyle of Almonds
Take Almonds & blanch them; and after wards stamp them & put them in an earthen pott; with a Cover being hard Closed w'th past & put the said pott into an other brasse pott yt doth seeth w'th hott watter; soe that the watter doe nott ouer flow the earthen pott; & the hottnes of the seething shall Cause the Kernells of the almonds to Com to an oyle; when it is strained through a Cloth; & thuse you make oyle of all maner of Kernells

480. To make oyle of Cammomell good for Aches
Take the flowers of Camomell; stamp them in a mortter then seeth them in oyle; & when they be well sodden straine them through a Cloth; & this oyle is good for aches

481. To make oyle of masticke
Take a pint of oyle of roses of masticke oz ij in powder A quartter of a pintt of redd wine: boyle these together tell the wine be Consumed; & then sett it in a glasse in the sunne; & when you will occupie it streine it through a little Cloth;

[MS Sig.J4v] 159

482. An oyntmt for all maner of hott sores Called Populeon
Oyntmt
Take the tender Leaues of the populer tree; lb jss. of the leaues of blacke /
poppy; thendernes of breyers the leaues of mandracke;
henbane, pimpflnell; /
stonecrops, lettuce; sengreene, reddockes, violetts penneworts or pine /
an: oz ij new swines grease melted & Clensed lb j stamp the budds /
with the grease lay them then in balls ij days or longer to rotte /
Then take al the other herbbs & stampe them by them selues: and /
after w'th the balls; and then make balls of them all; & lay them to rott v: days; then breake the balls smale; [& lay them to rotte with] and boyle them w'th a pint of redd wine; tell the wine be

* 480/Margin. Camomell] There is a tilde above the centre of this word.
wasted; & then straine them & make an oyntm⁷ therof: & vse it when you haue need

483. To make an oyntment Called Vademecum⁸ good for vncoms scabbs & other licke sores

Oyntm⁷ Take the juice of Celendine; of Centorie; burraige; scabious and red dockes an a quarterne, Ceruse an: oz ss. medle it with vinig⁷ / lees and boares grease an alicke much; & sett them on the fire till they seeth; & when they are sodden Cast in the powders and stirr them well together; & then take it of the fire; & put it in boxes & keep it for thy vse

484. To make an oyntment Called Vngunt Albu⁹ good to Coole & heale sores

Oyntm⁷ Take oyle of Roses oz iij white wax oz j; melt them together wth a souft fire; and put them in a morter; and put to of Ceruse oz j Camphere oz i j and labor them together; and then put in the white of an egge well beatten; and mixe them altogether well [together]; then put it vp in a box & keep it while you haue need

485. To make Oxicrocen' Deare suett oz iij Mutton suett oz iij vergen wax oz iij Red wine of the best Galbymnum oz j Opopanicu' oz i j Sagapinum oz j Bedeliu' oz j Lithargintawri oz j it is litharg of gould Pitch oz i ij Safron oz j ss.

Oxicrocun' boyle yoř waxe & suett in halfe a pint of the wine; till the space of a patter noster; beate yoř litharg into verry fine powder

⁷ 483/Title. Vademecum ] There is a tilde above the letters 'mecu' of this word.
⁸ 484/Title. Albu ] The stroke across the 'A' is continued as a tilde above most of the word.
⁹ 485/Title. Oxicrocen ] There is a tilde above the last two syllables of this word.
¹⁰ 485/5. Opopanicu ] There is a tilde above the second half of this word.
¹¹ 485/7. Bedeliu ] There is a tilde above the last two letters of this word.
¹² 485/11. Margin. Oxicrocu ] There is a tilde above the last two syllables of this word.
& soe shake it in: & desolue yor 4 gums in vineger al the night before, then boyle the iiij gums & viniger together; & straine them from the stranes, wich doe hang in the gums; the gumes being / soe strayned, put them into the wax & suett; & boyle them a quarter of an hower together; dry yor safron and grind it or beate it into verry fine powder; put in yor pitch & soe boyle altogether; & put in yor safron as it Cooleth; when you haue taken it of the fire; soe keep stirring it tell it be Cold; & alsoe when it is on the fire; when it is Cold; anoynt yor hands with oyle & make rolls therof
This Emplaister doth mollifie & dissipate; allsoe every Kind of hardnes; doth aswage & drivew away every paine of the ioynts & the pains about the membrances of the bones p°obatus est

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O

486. A pretious oyle or vngunt\(^t\) for anie bruse or [Cof] Cold atch in man or beast

onynt\(^t\)

Take mallowes, groundsell, straberry leaues, lauender Cotton, burch: leaues / Chickweed, Comphry, parsly, sage leaues, bay leaues, rue, balme, plantine, / Sorreill, wild time, bettoney woodwort; Cardus, suckery, marierum: Lung= / = wort Camomell\(^t\) adders tongue; oxeye of each three handfulls Chope the herbbst very small & beate them in a mortter; take Rosen /

\(3ij\)d ffrankensenc lb j; & melt them vpon the fire; then put in hogdes: grease /

\(12d\) may butter Clarified in the sunne: 38\(d\); salett oyle one gallon /

Turpentine lb iiij verdigrease halfe a pound; when all these are molton /

put in the herbbst; & lett them boyle halfe a qurtter of an hower; & Carefully stirr it whilst it is vpon the fire; then take it of & stirr it a q'ter of an hower after; when it is Cold put it in potts Close Couered /

& sett them in a horse dung hill a yard deepe; for 21 days; then take /

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\(486/1.\) Title. vngunt\(^t\) The cross bar of the letter 't' sweeps up and back to form a tilde.

\(486/4.\) Camomell\(^t\) There is a tilde above the 'amo-' in this word.
them out & put them altogether; & sett them on the fire againe & boyle them a walme or two; then straine it & put therto ij d of oyle of spicke & stirr it well; & keep it for yo r vse it will keep good /
xx years being Close stopt

487.  
An oyntment of the Lord oddonnifes good for verry manie desease s
Oyntm t  
Take of may butter vi d oyle iii oz hogs grease iii i d Rosen lbss. Turpentine i d frankensence lbss.; sotherne wood, purslaine, Comphrey; / sorrell, beach leaues; long wort, marierum: Rose marie ana: M. ij bruse / these herbs; being well washed & dryed; then beate the Rosen & frankensence by them selfes; & melt them; then put the butter / in the hoggs grease & the oyle; & when all shall be molten; put in the herbs; & lett them all boyle halfe a quarter of an hower; take it of from the fire & put in the turpentine; & oz j of verdigrease in verry fine powder: Carefully stiring it that it fly nott ouer then put them into an earthen pott well Closed; then burie it in horse dunge for xx j days; then take it out & boyle it againe for a quarter of an hower; straine it through a lining Cloth; & then add to it halfe a pound of oyle of spicke; & soe keep it the elder it is the betters

488.  
A speciall oyntment to resest accedents & Strengthen a broken member
Oyntment  
Take Camomile. mallows, Balme & the rootts therof anna: one handfull; Chop & Stamp them verry Smal e & then may butter two pound doggs grease one pound & halfe: & therin boyle the herbbis verry well Straine it and then Take wax fiue ounces & halfe, Ammoniacum: Galbanum of each two ounces: dissolue the Gum in vineger: & Straine it & then boyle it tell the vineger be Wasted a way then melt the wax amongst it; then put amongst the Straind herbs before & when it is almost Cold Take bever cod one ounce & halfe; oyle of Camomile two ounces / and halfe oyle of bayes Sixteen ounces mix all this together into an oyntmt & reserve it as a

* [MS Sig.J6r] 16<2> There is no large capital letter at the top of this page.
Specill Secrott for yo' vse: & when you haue occation to vse it melt a little of it & ther wth anoynt the griued place & after ward a ply this Scearcloth in foll. 61

489. To make oyle of Swallowes for old or new ach

Take one dozen & halfe of Swallows out of the nests Walnut Leaues; bay leaues; Strings of vines in the Springe: Strings of Straberys: Cinkfoyle; rosmary; Lavender; Winter Savory: dill red Sage C<o>mphre' mercury: Knottgrasse: ffever few: time Camomill;' harstounge redwortt: herbb grase: yerrovw vervine; occulus christi: an j handfull; pound al these together With the Swallows being aliue feathers gotts & bones: in a Stone morter: then put them in an earthen pott wth a pint of neats oyle: & as much may butter: Stop the pott verry Close wth a Cloth: & burie it in the ground ix or x days then take it vp: & put therio one querter of a pound of wax Cut very Smale & j pint of may butter then Stop the pott very Close wth a Cloth x or xij double then put it in a Kittle of Water to the necke: Soe as it might nott fale in the Kittle: Keepe it boyling vj howers att Least: then straine it through abag of course canvas (& Keep it in a gally pott for yo' / vse p<sub>probatum est</sub>')}
490.

**Pillies**

A medicine for the pyles

Take the beards of the heads of vnsett Leekes; & wash them Cleane /
and take a quantitie of running watter; & seeth them therin tell
they be somewhat tender, then dry them well in a lining Cloth
Stamp them as smale as you Canne; then take a good pece of
fresh butter; & boyle them therin vpon a Chafing dish of Coles
& put in a good quantitie of English safron; & boyle them
together; & when it is well boyled straine it through a
faire Cloth & keep it; & when you will occupie it make
a plaister therof vpon Lining Cloth; & lay it Cold to the
grie

491.

**Pyles**

To destroy the Piles

Take oyle of roses frankensence and honey & make an oynm† of
these; & put it in wth thy finger into the fundam†; & put
thervnto mere and often a noynt the fundam† ther [wis] wth
& seeth frankensenc in watter and often wash the fundam†
therwth; & let the breath therof goe vp into the fundam† alsoe
take blake wooll; & blake sope & bind ther-vnto: & it helpeth
more page 82 : 83 : 84:

492.

**Plaister**

A plaister to heale all maner of
festred wounds or sors or Cankurs

Take litarjge of gold lb j: & make smale powder theof and a
quart of oyle /
oiue, of rosen oz iij virgen waxe oz iij white wine a pint viniger
halfe pintt /
temper all these together ouer the fire; but put in the wine Last; &
yf you /
add thervnto a little of the oyle of balme; & of mire oz j or ij & as
much honey it will be the better

493.

**Plaister**

A plaister to daraw out broken bones out of
a wound in part of mans body

Take bettonie, vervine, rew; stamp them & temper them wth liue
honey /
and the white of an egg; rey meale & wheate flower; & make a
plaister all Cold; lay it therto & it shall draw out the bones and
Cleanse the wound; & bring it to his kind; and sease the aching
and awage ye rankling
494. A medicen for the palsey

Take sage, sothrenwood, spicke, & Lavender an M. j runnig watter / a gallon, Boyle all these together tell it Come to a pint & halfe; then straie & put it out into a stone pott; & take euerye time therof iiij or iiiij spoonfulls in a sawcer; lucke warme gargarize it in yo' / mouth; to & fro: and after spett it outt; in like maner; put iiiij or v spoonfulls in a sawcer; & soe Chafe that parrt of thie boddy that is /
pained wth the palsey; wth a spung diped in ye said watter;
Alsoe take the powder of pepër pellitiorie of spaine; and Jvie an oz j the /
powder of sage oz ij & vse this powder in thy pottage

495. ffor Lamenes of the side Coming of the Palsey

Make a bath of sage & Jsope; & Boyle a greate quantitie of them in runing watter; & bath the side that is sore wth it; and bind the herbbs to it as hott as you may suffer it

496. A speciall good medycine for those that be taken wth the Palsey; yf they doe nott shake

Take the [blud] bloud of a ffoxe; warme as it Cometh' from the ffox; the bloud about the hartt is best; and all the rest is good; & with this bloud all to Chafe the place that is taken; & then take the skinne of the fox & put the raw side next wher the palsey is; & it must Ley to it att the Least xij howers; & in the meane time tell you Can get a fox Chafe the place with oyle oliue & aquacomposita; this medicen of the fox is speciall good for the palsey & hath ben well proued

497. ffor the palsey that taketh away the speech

Take sage leaues; Primrose leaues; in the winter the rootts then beate the sage & the premrose leaues together of each alicke much; and strayne it with stale ale; & giue the sicke to drinke a good quantity; this is well prOued; alsoe take Kernells of greate Raysons and wipe them [Cl. ] Cleane and beate them in a mortter; & put to it a quantitie of redd wine & drinke therof warme

* 496/1. Cometh] There is a tilde above the '-ome-' in this word.
498. **Palsey**

Another for the same

Take sage & dye it betweene ij warme tyles; & lay it to the nape of the necke; & bind it to the wrestes of both thy armes; then tak a nutmegge sliced thine; & lay one slice a boue thy toungue; & anoth'r / 
vnder thy toungue; and soe vse it as oft as you will; & by the grace of god itt shall doe you much good; the necke & the wrests to be / 
a noynted w' th oyle of spicke or watter of spicke: 

499. **Palsey**

ffor the same

Take lavender, spicke, and sagge; & still them & drinke therof: a good quantity; euerry morning & eveninge; being warmd either in ale or [beare] - otherwise / 
Take alseoe sage, & bettonie, & put them between two dishes 
vpon a Chafing dishe of Coles; & sprinkele them w' th good: 
[mal] / 
malmesey; and soe aply them warme to the Nape of the necke and wrest of thy hands 

500. **Palsey**

A watter for the palsey and the Crampe of replecon;' for aches in the Joynts of Cold

Take Primrose, Cowslipps, herbe Jvie, sage, Ambrose , 
watter Cresses, lavender, rew, rose mary, borraige, bettonie, 
Centorie, Strawberry [Clo] Cropps, bay leaues, ann M. j bruse / 
of Castorie oz ss. of pep'er oz j, then destill them & drinke eufie 
morning of this watter a good quantitie; warme in ale or / 
other wise; & Chafe the place pained therwth 

501. **Palsey**

ffor the Palsey that maketh a man tremble

Take ffennell, parsley, savin, laurell leaues an M. j mallowes and / 
raddishe an M.ss.; Avens M. j primrose M. ij; lavender, Jsope, 
borraige / 
and redd netlls an M. ij violletts watter Cresses an M. j. of 
bettoneie / 
hartstoungue and marry goulds an M. ij; & take as much sage 
as thou / 
hast of the other herbbs by waite; & then wash them & stamp 
them / 
and put them in an earthen pott; & put thereto a gallon of good 
redd wine; & iiij pottles of faire well watter; & a pottelle of liue 

* 500/Title. replecon] There is a tilde above the second half of this word.
honnie; that is boyled & skim'd; & lett them seeth to a gallon & then straine it through a Cloth; & put it in a fair vessell well Couered; & lett the sicke drinke therof first & Last warme; & bath the nape of the necke & wrests of the hands therwth

ffor the Palsey in the hand
Take the leaues of primrose of Cowslippes; and senvie; and seeth them in white wine soe that they be tender; & make a plaister therof; and Laie it all about the temples of the head all night and Chang it oft; and lay the same to the armes, alseoe take sage & Camomill & beate them in a morter; and put there to sower / bread; & stamp them altogether; & put ther to viniger; & make it plaister wise; & lay it in the same maner all aboute the head: alseoe anoynt thee wth an oyntm't of [ge..st..] genistre broome against the fire often times

ffor the Palsey in the Tongue
yf thy tongue be suddainly taken wth the Palsey; make a hotte gargaisme; wth a quartt of white wine; with the decocktion of sage: rew: & pellitorie: an: M:ss. it is verry good Take Castorens, pellitorie, piony, rootts an: alicke much: & make (5) pills wth treacle for it is verry good Alseoe take rew, pellitorie, sage, Sinomon, mustard, salt lett them all boyle together in oyle to halfe: and anoynt y^e patient ther wth

A medicene for the plauge
Take iij slippes of her ragazzoe, and oz j of viniger; & beate the same together; & straine the iuice out therof; & put ther to oz j of fine [Tread] / treacle; & oz j of suger & stirr it together; & then sett it ouer the fire; & make therof a sirrupe; and put it in a treen boxe Close then take a sage leafe and eu'fie morning fasting; spread as much as / a beane therof vpon the same leafe; & soe take it; & yf he that taketh it be in fecctted; it will draw it from the hartt; yf hee...
504. (Contd.)

be not infected it will preserve him xxxiii hours after ward

505. A gentell purge for one that is in a weake Condition

Purge

Take manna: oz j of the sirrup of roses oz j; desolue it in Cleer possett drinke; & glue the patient in the morning; & it will Cleanse the stomacke & give a stoole or two

506. A plaister to draw the sore of ye Plague

Plague

Take of honie j spoonfulfull, the iuyce of spurge ij spoonfulls of wheate /

flower a good quantitie; Turpentine j spoon: & temp[er] these together /

wth out fire & make of the same a plaister; & laie it to the soare

Changing it everry xxxiiiij howers

507. A preservatiue against the Plauge

Plauge

Take sage vertue; herbgrace; elder leaues: & red bramble leaues an: M. j /

stampe them together; & straine them through a Cloth wth a quartt of white wine; & take a quantitie of genger; & mingle them together /

& drinke therof evening & morning a spoone full

508. for those that are infeckted wth Plauge

Plauge

Yf it fortune one to be Sicke of the Plague before; he haue drunk the fore sd medicen; then take the watter of Scabious & bettonie anna: /

j spoonfull & a quantitie of fine treacle; mix it all together & drinke it & /

it will Expell the venome;

509. To breake the botch

Plauge

Yf it fourtaine the botch to a peere; then take Bramble leaues; Elder /

leaues; and mustard seeds, & stamp them altogether; & then take of /

it & make a plaister; & lay it to the sore; & it shall draw out the venome & ye pattient shall be healled by gods grace

* [MS Sig.J12v] 175..P[la]* The letters 'la' appear faintly, to the right of the large capital on this page as if the word 'Plague' was begun there.
510. Plauge

Another for the same

Amongst other Exellent and approved medicenes for the Pestilence; / There is nothing more worth & available; when the sore doth a peere; then to take a Cocke, p<o>llett, or Pidgon; & let the feathers /
of the hinder part or tayle be plucked of; till the rump be bare; then hold the said bare of the pullett to the sore; & the pullett will gape & labor for life; & then have another pullett; & doe the licke to the patient; & yt yt die yett still aply the patient wth pulletts; see Long as anie doe die; for when the poyson by the said Cheekens is drawn out; the said Checkens that be offred thervnto will liue; the sore [p<es] presently will swage; & the patient forthwth recover.

This hath ben p<o>ued vpon a Child & xiij Checkens dyed & the xiiijth / Chicke liued; & the patient recoverd; & wher as the sore was hard firrie; the first Cheeke made it as souft as pappe; & the other drew it Clean away; it is necessarie to use this medicene /
to drive the venom from the hartt

511. Plauge

A soueraigne drinke for the Plauge

Take sorrell watter, dragon watter an oz j triacle oz j and put therto oz j ss. of [watter] powder imperiall; & giue it to the patient [.......] wth ale wthin xxiiiij howers after he is in feckted; & he shall wth gods grace Escape & doe well

512. Plauge

To make King Edward the iiiijth this pomander against the pestilence

Take of labdanus pared oz j of Storax Calmint dissolved; Roses; Cloues, mace, an [an] iij halfe pennye Wt; amber jd weight of Cinomone & Camomell vj Wt; & dissolve them to powder, of muske jd Wt; you must resolve the labdanus with mire; & vergen wax and & make al yo Wt other things as is afore said in powder, & meddle (5) them together; with oyle debay; & lett them be heated on the fire then lett it stand tell it be Colde; & make yo Wt balls of what quantity

* 510/3. p<o>llett] The letter 'o' is superimposed on an illegible letter.
A plaister for the sore of ye Plague

Take ij lillie rootts, of souere dough mallowes, Lin seeds an: M. j stamp all these together smale; & Boyle it in a quart of wine Leeze till it be thicke; then Lay it an inch thicke vpon Leather; broder then the sore; & Lett the borders of the Leather be plaistred wth Cordiers wax; to make it Cleane; & itt shall bring out the botch in xxiiij howers & breake it shortly

ffor the redd takeing

Take red sage red vendell mallowes & groundsell; an: lick much Chop it smale & pound it; & mixe it with huddy milke & Lay it all Cold to the grife

Amedicen to drinke suspeckting anie to haue the Plauge

Take a greate oyon,' & the Core being taken out fill the same full of good treacle of Jeane; & wrappe the same in a paper; & rost it tell it be souft; then straine the same; wth a litle wine viniger; & being tempard wth a quantitie of suger giue the patient to drinke ij spoonfulls fasting; a <little>' Centwall <or Set foyle>' being [great] / gratted & put into the Liquor it would be the better

Allsoe for the vsuall drinke of the same patient being soe infected

Take of Rose marie; the quantitie of viij or jx cropps; then take mary = / golds; being browne wthin of burnett; burraige ana: M. j, being sodden / in a quart of stale ale Clarified; then put into it a Crust of breade a little whole mace, and a quantity of suger; & drinke the same att all times during thy sicknes
A good <medicine>' [drinke] against the Plauge

Take of bettonie water; the quantity of iiij spoonfulls; of good wine /
viniger as much; & the quantity of a Nutmeg of good treacle; of Jane /
or ells the quantity of a hasell nust of metridatu' being all mixt
together; wth a quantity of setwall <..........>' being grated and put
therein /
dринke the same som what warme; & by goods grace it will helpe /
you; this is a tried medicene & manie times proved

Amedicen against the plauge after you
be infected

Take the water: of [S......] Scabious & bettonie; and a quantitie
of fine treacle; & put them together; & Cause the sicke p6fson
to drinke therof warme evening & morning; & it will Expell
the venome & put it from the hartt

A speciall medicine for the Plauge

Take rew M.ss. of marigolds M. j of feuerfew M.ss. of sorrell and
burnett anM. j of dragance' M.ss.; the topp in somer & roote in
Winter; wash them Cleane & put them in an earthen pott; wth a
pottle of running water; & lett it seeth softly till the halfe be
Consumed; then take it of the fire & Lett it stand till it be almost Cold; & then strayn it into afaire glass & keep it Close; & vse
to drinke therof morning & Evening; and after yf need require
& yf it be bitter delay it wth suger Candy; & by gods you shall find
remeddy

ffor such as feare the infection of the Plauge

Take and smoke there houses and apparrell wth moyst hay; &
powder /
of brimstone; & drinke fasting treackell wth runing watter ii pafs
and viniger a <iijrd> pafs; & a spoonfull of the watter of dragance and /
[bole armoniacke of each a lick much] powder imperiall, setwall,
galinggalle vnicorne horne, & bole armonicke anna: licke much
521. **ffor the Plauge**

Take bolearmonacke ob' wt; sangus draconis jd terra: sigillata jd settwall asmuch; genger ob: worth, take all these and bray them and / searce them smale; & keep the powder in a box; & take therof vpon /
yof knives poyn't; twise in the weke; as much as will fill halfe a hassell nutt shell; & take as much fine treackle of Jeane; & put them / in a Cupp of ale, & drinke therof a good draught

522. **ffor him that Cannott Pisse**

Take sampier & still it & lett the patient drinke a draught of that watter; & it will Cause him to make watter; speedily p\textsuperscript{ro}batum est

523. **A medicene for him that pisseth bloud**

Take Ambrose M. j bursa: pastories M. j [pars..] parsley seed M.ss.: /
stampe them altogether; & giue the pattient to drinke with goatts milke; & he shall haue remedy by gods grace

524. **To p\textsuperscript{ro}voke vrine wher pisse is stayed or stopped**

Take iiij quarts of ale warme it well that it be skimmed thris 
& put to tyme rose marie, & pennyrioll an: M. j lett them seeth together tell one quartt be Consumed or more; straine the herbs from the ale; & drinke of the ale first & Last a draught warme

525. **To make one pisse**

Take a qurter of A handfull of parsly, as much ffennell, wash them 
& shred / them smale; & put them into a Cupp of stale ale; & make a possett therwith /
and drinke the ale and it helpeth;
Alsoe take red nettle <Cropps>\textsuperscript{*} M. j; seeds of alisander, parsly and gromwell /
being beaten smale into fine powder an oz j; boyle these in ale; & when /
the ale, is Consumed to the one halfe; strayne it through a fine Cloth /
and drinke therof a good draught evening & morninge;

\* 521/1. ob] There is a tilde above this word.
\* 521/2. ob] There is a tilde above this word.
\* 525/4. <Cropps>] The 'r of this word is superimposed on a ?'.
526. **Pisse stopped**

*ffor the same*

Take a quantitie of time parsley, Cropps of fennell, Cinkefoyle, alisanders an: alike quantitie; v or vj Cloues of garlick; stamp them / altogether; & stamp them wth white wine or ale; & drinke there of first & Last warmed; alsoe take a quantitie of blacke sope; & English / saffron; & tempér them together Cold; & Laie it Cold vpon yoř Navell /

spread vpon a browne papér or red leather; & then lay vpon it alining /

Cloth of x or xij fold hott; & then role you wth a towell; & soo Lye downe vpon yoř bedd warme; and it will make you pisse wth in an hower

---

527. **Pisse stopped**

*ffor him yt Cannott pisse*

Powder of Jeate is speciall good to drinke in possett ale; & halfe a handfull of saxafrage bonde together & sod with the milke where wth /

the possett is made

---

528. **Powder**

*A good Comfortable powder for to digest well & manie othe good própérties*

Take pellitorie of spaine, Centorie, Anniseeds, licorice graines of paradice, genger, Sinomon an: a licke much beatten & searced in fine powder & drinke morning & evening; half a spoon: in wyne or ale

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529. **Plurisey**

*A medicene for the Plurisie*

Take brookelyme; sheeps suett; & a little faire watter and fry them together in a frying pann; & make therof a plaister; & lay to the patients side; & it will draw out the Corroption

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530. **Plurisie**

*ffor the plurisie or stich*

Take aqua:vitae, and Capons grease boyle them together and dipp therin blacke woolle; & lay it hott to the stomacke; & that will ease the stich or plurisie
531. A purgacon' to make one soluable

Purgacon' Take a greate handfull of flowers of violett of greate Raysons the stones being / peekt oute M. j; & seeth it in water till it Com to a draught; then strayne it / & put therto the yelke of an egge & supp it lucke warme; alsoe take of / the flowers of violetts M. j of mercurye and mallowes an: iiiij leaues & / seeth them in broth; & when it is sodden, strayne it; & giue it the (5) patient to drinke

532. An easy purgacon' to make one soluable

Purgacon' Take of ffigges lb iiij put them in a gallon of fine worte of barly malte; & put therto of the powder of licorice oz iiij of suger oz j: when the figges be boyled bray them smale in a morter; & drive them through a strainer; & lett it boyle againe & put therto a pint of the best oyle olue, of Currants oz j: & eate this with light (5) breade more page 134 :

[MS Sig.K3r] 180

533. An easie purgation to purge Coller in a feuer tertian

Purgacon' Take violett flowers a smale handfull, prunes damascenes xv: or vxj being Cleane washed take out the stones: & put the said flowers / and prunes into a pint of fayre watter; & boyle them a good time and presse them with a spoone that the vertue may be in the liquor; then straine the saide liquor: into a peece or goblett; then /

take vj spoonfulls of the decoction; & put into it ijd waight of rheubarke; & halfe a penie' w† of fine spicknard; & grosly brused in a mortter put them in vj spoonfulls of the said liquore & soe lett them steepe all night; & in the morning straine them through a Cleane Cloth into a Goblett; & put as much of (10) yof decoction to it as wilbe a draught & oz vj Cassia: fistula new drawne & drinke it warme

† 531/Title. purgacon] There is a tilde above the 'gaco-' in this word.
† 531/Margin. Purgacon] There is a tilde above most of this word.
† 532/Title. purgacon] There is a tilde above the 'aco-' in this word.
† 533/Margin. Purgacon] There is a tilde above the last two syllables of this word.
† 533/7. penie] There is a tilde above this word.
534. ffor pin & webb in the eyes it is treated of
   in pages 78: 79: 80: 81: 82:

535. ffor pinples in the face
   Pimples Take wheat flower mingled wth viniger and honnye and lay
   in ye face vpon them; & it will Clense them

536. A good drinke to bring forth the smale
     poxe, measells or purples
   Pockes Make a possett of ale wth milke and the Crude being taken out
   put into the possett ale red fennell, the quantitie of a handfull
   & the same being sodden together; strayne it & put therto the
   quantity of a nuttmege of fine treacle; & a quantitie of setwall
   & a quantitie of English safron, being well mingld together
   glue the patient to drinke warme

537. A pultes mad plaister wise to a swage
     swelling; & to put away ache whersoeuer
     it be thought to Com;
   Pultes Take a pottle of running watter of mallow & smallage an: M. ij
   Choppe them smale & put them together; in a pott & lett them
   seeth; then put vnto it of oatemeale M. ii or iij of linseed
   broken in watter as much of viniger a little quantitie a pint of
   milke from the Cow; or a little less; of sheeps suett almost
   lb j seeth altogether vntell it be thicke; & therof as hott as
   may be sufered; make a thick plaister; & Cover the place
   that is pained and as oft as need is renew & amend it

Probatum Est'. p$ Ed:Edwards

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[MS Sig.K3v] 181

P

538. A speciall Pulis for a broken man
   Pultis ffirst take red wine a pint, stone honney halfe a pinte of
   wormewood /
   and rew an: M. j well stamped together a j$ worth of Cumin' well
   brused; & thicke them in a panne wth nigh a penny worth of beane
   meale well boulted & soe make a plaister vpon a lining Cloth
   as hott as the patient Can sufer it: lay it to evening & morning
   & within a few days the hole or wound shall be more Large &
   purged: & the matter that keeps forth; therby mollified; more
   easie to goe vpp; & after it be vpp three days; & soe keep well

* 538/2. Cumin] There is a tilde above most of this word.
trussed & firme; take this drinke as followeth; & it will surely
knitt wth good dyett; & order of the patient; neuer be wthout his

539.

The drinke for a broken man
Take a pint of fine stale ale; & therto put a quantity of the rootts
of pollopodie of the oke; & as much knee holme; and as much
mouseare rootts; & being well washed stampe them & temp[er]
them /

wth the said ale; & strayne them: & soe drinke therof; att even
Last & morne first; warme; & keep a good deyett att Least xij (5)
weekes; & hee shall nott faile to be whole by gods grace: after
this drinke taken lett the patient lye vpon his backe the space
of an howere

540.
A speciall pultes to avoyd paine
Pultis
Take of mallowes M. iij violetts M. j and Chop them smale; then
take /
the broth that a pullett is well sodden in: & seeth the herbs in it;
& to thicke /
it take the flower of barly & put therin ij yelkes of eggs and make
a plaister therof & aply it to the sore

541.
Pricking
ffor pricking wee haue spoken page 151

542.

powder to knitt & restore nature often
& manie times pr[oued]
powdr
Take the roote of Tormentil; & take the powder therof iij partts
& a fouerth of fine gallengale; both must be beaten in subtill
powdr /
& of powder of red mints asmuch as of galingale; & vse this mingld
in his meats & som tymes in his drinkes; it is a souaraigne good
medicen & hath ben often pr[oued]; alsoe powder of mints is
good /
to vse in pottage; & the iuice of Sorrell in new goats milke
warme; is good & well pr[oued]; more page. 42 : 43:

543.

For him that Cannot hold his vrine

*542/1. Torment<][>II] The 'i' is superimposed on an 'e'.
Pisse

The braine of an heayre giuen in wine to drinke Causeth the patient / often & diuers tymes reciued to hold his vrine; Filberts rosted are holsome against the distillation of vrine; Galingale beaten in powdr / & reciued wth a little white wine ore ale doth stay the flowing of the vrine; Alsoe the lights of a kidd eaten: & som part thereof (plaister wise bound to the Navell doth with hold the distillacon' of vrine)

A speciall good drinke to be vsed of those that are sicke of the plague

Take rose marry the quantitie of viij or ix Cropps: then take of maryl= / golds being browne wthin: burnett burregg pimpër nell an: M. j: seeth them / in a pottle of stale ale; Clarrified; then put in it a Crust of bread a little hole mace; & a quantitie of suger; & drinke the same att all times during the sicknes; & these herbs are in licke maner to be vsed / in his brothes

A gentell purgation for [Col..] Choler

Take Jsope, time, bettonie; succorie and mints, an: a branch; one fennell roote, anniseeds, fennell seeds: an: a spoonfull; Sene; polipody / of the oke an ozss; licorice brused j sticke; greate Raysons the stones / being taken out M.ss; seeth all these in iij pints of Clarified ale to one pint yf you intend to take it att sundry times; yf you take it (att one time; seeth it all to one draught; v or vi spoonfulls att a tyme

Purgatorum lene

Rx Aloes cum succo . sampsumchi bene letae Σ ss. Agarici Σ ij: mistichos / cinemon mucismuschatae an: gr xiiij am vinu odorato fiant pill evacu-atatio quartz2d primo in aurora deglutinantr, 3d alias tertia : post qua: vore/ potibq in membris relatqat qua aferatur.

543.(Contd.)

544.

545.

546.
547. A good purge
Purge
Take Jellippe ground to powder; the weight of \(\frac{3}{4}\) d & sinomon' the
weight of iij d drinke it in possett ale; & iij howers after eate
som broth & keep yo'r selfe warme;

548. Ceartaine observations for Purging<\textit{n}g<\textsuperscript>{i}
Rules
Prurging
That a generall purge may be giuen for all Causes wherein anie
Corruption /
requireth to be purged; being prepared & Compound of such
simples as are /
found safeste; & of the best Choyce in purging every particular
humore /
\(q^d\) verde \(p^r^o\) fic Panchmagegen; yt this purge be in forme of
syruppe /
the desease being hott & Collericke it must be desolued in ale,
Clarified or /
broth made; thine & without all spices; when the patient is grose &
full /
of flegme & wine as alsoe when the patient is mallencolly
according to /
the Circumstances you may augment or diminish the quantitie
Yf the stubbornes of the humore requireth pills \textit{Eleevuaries} & c
when /
yo'r catholicon purge is in potione lett the patient take it an howe
before /
hee rise Especially to purge the stomacke

549. A purging sirup for vpward & downward
a purga-
tion
Take sugere Candy li j & white vitroll oz j; boyle it in watter to the
Consistanse of a sirrup; then take a spoonfull fasting; it Curres
pestelent /
feuers; falling sicknes: worms: purgeth the [m.... ] matrix purifieth
the bloud Cleereth the stomake; & is good against poysone &
manie /
other things

550. A perfume against the Plague
Plague
Take sage: bay leaues Jsope, Rose mary ana: as much as you

\(^1\) 547/1. sinomon\] There is a tilde above the centre of this word.
\(^2\) 548/Title. Purging<\textit{n}g<\textsuperscript>{i}> The second 'i' is superimposed on an illegible letter.
550. (Contd.)

pleas / frankensence a little quantity; make powder of all & burne in a Chafe / ing dish for a pefume

551. powder

A powdef for one that is weake & sickly
Take iiiij spoonfulls of Comine' seeds & xvij bay leaues & beate them / to powder; & eate of it often in broth or pottage; or dry; you may put to it sum Sinomon & it helpeth verry much:

552. Pultis

A pultis for all maner of Swelling
Take a Lapfull of wild mallowes & seethe them in runing watter tell they be tender; & then swinge them: & Chop them smale; then take / a penniworth of fresh butter; & the Crumes of white bread & put the mallowes & all into a quart of milke & seeth it tell it be thicke & stirr it well then lay it to the greffe as warme as may be suffred

[MS Sig.K5] is missing, presumably torn out before the pages were numbered.

553. Pills

A way to make purgeing Pills
Take Alos oz j mire & safron an: ozss. made into fine powder & mixt with / a little honney; & made into pills: the begnes of smale peason & take iij / of them fasting & it will make you soluable without anie paine

554. Pultis

A pultis to dry vp anie humore in the Legg or else where
Take sage & dry it in an oven or ells where & beate it to powder; [wheat] / take wheate bran & dry it likewise; & bay salt beaten verry smale and / made verry dry; beate all into verry fine powder; & heate it hott & lay it to the greffe; of a good thicknes round about; all dry; heate it once a day & it helpeth

*551/1. Comine] There is a tilde above most of this word.
555. A pultis to draw out anie venome: what euere or the bitting of a snake

Pultis
Take milke & Boyle therin Crooms of wheate bread; & put into it a good quantitie of safraun; & soe make a pultis & lay it to yor grie; & it helpeth; beate yo' safraun very smale; & strow it in as it Cooleth; & Chang it once a day, & it will take away the venome

556. A medicen for the Pills

Pilles
Take mathen & distill it & drinke the watter; & it Cureth the pills; alsoe stampe it & take the Juice therof & it helpeth proued

557. A pultis

pultis
Take the rootts of marsh mallows: the Leaus of Comon' mallows & the Leaus of violetts: boyld in Water vntil they be very Soft: then Stamp them in a stone morter: ading therto a Certaine quantitie of fennegreeke & Lynseed in powder the roott of ye black brioney & som good quantitie of Barrows greace: Stampe them altogether to the form of a pultis & aplay very warme: doth mollifie & Soften Apostums & hard Swellings of ye Joynts: it Consumeth all Cold tumors: it Comforteth: defendeth & proueth dangerous green wounds from anie maner of accidents that may hapen thereto: it helpeth digestion in them & bringeth old vicers to maturation

558. A souaigne Purging ale to be taken 20 days together between the medle of march & may; & in the falle to begin about the xth day of Septemb which who soe vseth orderly shall neu need to vse anie other Phisicke

Make xxxij gallons of strong ale well boyled for feare of souring halfe a bushell of good malte will serue taking the first running only

Take of sene oz v kernells of Ashen trees oz ij bayberreys oz ij

* 557. This remedy is in the scribal hand, but the writing is larger and more careless than usual. It was probably a late addition to the MS, like Nos.26, 27, 352 and 463 above, and No.562, and 713 below.

* 557/2. Comon] There is a tilde above the second syllable of this word.
hulled on / hulled:3: pollipodium oz v Rubarbe oz j of fennell seed oz j & halfe; of / aniseed oz j & halfe; of the rootts of saxafrage oz j; beate it seu'fall / into grose powders; & then mingle them all together; yf the body be hard to work rubb ye sene between yo' hands; & slise ye Rewbarbe thine; mingle them w'th ye Rest in som bason or wooden tray: Then put all into a bag of Course Canvas ye' is thine the bag being square & tyed att ye mouth Licke a pursse with ij or iij boillets in ye bottom to keep him from swimming Soe the ale being tunned vp in <the>' [...] vessell of 4: gallons after the alle haue almost don working hang in ye bagg: soe as he tuch nott ye bottom; nor Com to ye verry topp of ye vessell; & with a string about ye mouth of ye bagg make it fast about ye bung of ye barrell; on ye out side & when it hath don working; stop it vp Close; & after 44 houers you may drinke therof: halfe an alle pint in ye morning about 8 or ix of ye Clocke; & follow any busines att home or abrode; & after ij houers you may yf you please take som warme broth: & and keep a good deyett att yo' ordinarie meetts; att night att yo' verry entring into yo' bed take som what Less then halfe a pint; but stirr nott after it for feare of troubleing you in ye night; keep yo' self warme in a Raysonable measure; it will worke in ye body vntell all the vnwholsom humors be purged out; & after ward it norisheth & restoreth as it hath ben [tryed] aproued by many.
559. A plaister for vicers

Take oyle of Easses 3 drams oyle of Cammomile one dram:

Ceruse /
one quarter of an ounce; dragons blud Bolus of each halfe an ounce Camphire on dram: [Lith.] Litharge of gold halfe a dram
Tutty prepard one quarter of an ounce: Coral one dram
make them al into a plaister wth wax as much as is Suficent Spread it on Leather & Lay it vpon the ulcer

560. A very Good Plaister to be vsed to preventative
& to Stop defluxions of humors in a bone that hath ben out of Joynt

Take Colophonia: Pitch an oz j Galbanum; myrrhe, Ammoniac' frankensense of each three drams; the musclige of holly ho<...> three quarters of an ounce polyppy Rootts misleden hart= wort: of each one quarter of an ounce wax on ounce turpentine three quarters of an ounce; dissolve the gums in viniger; & then put to it the wax pitch & turpentine melt them together & Boyle them ouer a gentill fire till the mussilage & viniger be Consumed: then temper the other things being beaten very Smal: a mongst them: & then make it into a plaister
Spread this plaister vpon Cloth or Leather & Lay it on the guied place

561. Another for the same

Take holly: hocke rootts oz iij acorn budds thre quarter of an ounce /

Luxated flowers of Selfe heale on ounce & halfe Sallett oyle; oyle of mirtl & broken of each three quarters of an ounce red wine oz xxiiij bones / Selfe heale water oz xij franskincense mrrhir of each one dram to aswag deeres Suett one Scruple & a halfe; turpentine halfe an ounce (5)
paine / Sealed earth halfe a dram; mumy two drams & halfe & to Strengthen first bruse the Holly: hocke rootts Selfe heale flowers & Acorn then / the wines; oyles & Selfe heale water: & Boyle aligether till Sennews / the wine and water be Consumed then Straine it out hard & put in the frankinsence: myrrhe: deere Suett: & turpentine then Seeth them againe till the moyster be Consumed: then put in the Sealed earth; & mumy: & as much wax as is suficent to make it into a plaister

* 560/1. Ammoniac] There is a tilde above the last two letters of this word.
562. A purging & drying drinke for a Slymy fflegmatike humor in anie part of ye Lyms

Take China Slett thin oz j Sarsaperilla: Slitt oz ij: Saxaphras: & barque of Guajacum an: oz j: put it to Jnfuse 12 hours in a pint of White Wine & a quart of Water then boyle it in a vessell Close Stopt to the Consumation of a third part. Then ad to it Ayshen keys Huskd: bayberys an: oz j Anisseeeds halfe ounce; [Hermed ] Hermodactyls Slitt thine oz jss. boyle it againe one quarter of an houre: then put into it Senna: oz j Rubarb on qurter of an ouns sinomon grosly brused on dragme: then boyle it a turn or ij & Then Lett it stand all night: the next [eve] morning Straine it & ad a Little suger to make it gratfull Then giue the patient vj spoonfulls more or Less in ye morning: 3: 4 or 5 Stooles a day is enough

563. Rx 3 pints of Malmsy or Muskyden & boyle therein one handfull of Sage & One handfull of Rue till a pint be wasted then strain it & Sett it over the fire again & put thereto One penyworth of Large pepper & half an Ounce of Ginger & a quarter an ounce of Nutmegs all beaten together & then Let it boyle a Little then take it of ye fire & put therein 4 peny worth of good Methridatem two peny worth of Venice Treacle & a quarter a pint of hot angelica Water Take it always warm morning & evening a Spoonfull or two if ye party be infected & Sweat after it but if not infected one Spoonfull a day

*562. This is in the scribal hand, but the writing is larger and more hurried, suggesting a late addition to the MS. See also Nos. 26, 27, 352, 463, and 557 above, and 713 below.

* [MS Sig.K8f] <188b> There is no large capital letter at the centre top of this page.

*563.] This remedy is in the same handwriting as No.714 below. It was probably added to the MS in the last quarter of the seventeenth century.
is enough half in morning & halfe at evening

[MS Sig.K8r] 1<88> (Contd.)

563. (Contd.)

[MS Sig.K8v] <189>, and [MS Sig.L1r] <190> are blank.
A medicine for the quinsie in the Throte

Take elder leaves & bay salt & Comine; & beate them altogether /
& put it in a Cloth & lay it to the grife; & lett it be changed
once in xxiiij howers; & lay it to warme & it will helpe by
Gods grace

A potion for a quartaine ague

for a quartaine Ague this is good to purge by little & little & is
given from /
ijj days to iiij days & from iiij to iiiij as is needfull; for it purgeth &
digesteth /
specially if it be wth a Coughe

Take wild tyme Calamint; blake hellebore; serup of violetts;
Jsope oke /
or wall <ferene>' fennell licorice Rootts of fennell; & smallage
an: oz j ss. /
let them be sodden: & stand to settle that it may Clarifie; & take
of the decoction lb v: & lett it be made in a serrup; & giue therof in
a Reception vnto the patient oz ij in the morning more page: 9:
10: 11: /

[MS Sig.L2r] <192> is blank, there is no large capital, but
margins are ruled on the left and top.

[MS Sig.L2v] <193>, [MS Sig.L3r and v] <194> and <195>,
[MS Sig.L4r and v] <196> and <197>, and [MS Sig.L5r] <198>
are blank.

* 564/1. Comine] There is a tilde above most of this word.
* 565/5. <ferene>] The first letter of this word is superimposed on an illegible letter.
ffor A Consumtion in the Raines
Raynes
566.
Take Clary leeuaes & pricke them wth iij or iiij yelkes of eggs; & put
there /
to safron; dried & ground smale; & mix altogether; & fry them
in fresh butter & eate it warme fasting

A medicine for to scowre the Reignes
Raynes
567.
Take of venis turpentine oz ss. & lett it be well washed in plaintine
or Rose watter then mix it with fine white suger: & make therof
iiij or v fine balls wich you may eate iiij in a morning fasting
& drinke a little white or Runnish wine after

Avery good restoritiue
restor- / atiue
568.
Take of Cape dates lb j being Cleane picked & the stones taken
out; & 
seath them in a quart of mvskedell; vntell the wine be som whate
Consumed; & keep it in a glass & therof put into yo' potage
iiij or iijj /
spoonefulls att once when you eate anie broth every day

A speciall restoratiue as may be
restor- / itiue
569.
Take the bords that be Comonly' Called washdish: or wagtayles:
& /
boyled or rosted they be the best to restore nature; & Comforteth
the person Consumed as it hath ben proued, mor page: 42: 43:

To destroy a ringworme
Ring-worm /
570.
Take a redd docke roote & lett it be parred; & then Lay it in vinigf
tell it be well steeped; & then rubb it well vpon the ringworme
& yf it be veryr ranke take the powder of brimstone; & put it
in vinigf & tempër it well together; & then rubb well the ring
worme wth it; & it will destroy it in shortt tyme

ffor the same
ringwor' ringwor be'
571.
Take gume wherwth they make inke, & put it in vinigf; lett it
still therin tell it be melted; & then anoynyt the ringworme
therwth for it will destroy him; Alsoe to expell and take away
a ringworme or Morphew; mix milke wth the inner Kernells
of pine apts; & with the Creame that flitteth about the
warne milke; anoynyt the ringworme therwth: for it will
destroy it by gods grace

* 569/1. Comonly] There is a tilde above the central syllable of this word.
* 571/Margin. ringworm] There is a tilde above the last half of this word.
* 571/Margin. be] This is an addition in the margin, written in the scribal hand.
572. A medicine for the Rewme

Rewme

Take the purest sallett oyle that you Can get; spread it as you would doe butter upn a tost of fine white bread & eate one or two of them in the morning fasting; & eate nothing for ij or iij howers after & by gods grace it will help you

573. Against the Rewm in the head

Rewme

Take the rootes of white beetts; stampe them & strayne the juice of them into a glass: & put the quantitie of halfe a spoonfull of the same into yoʳ nose fasting in a morning Closing yoʳ eies the tym of the workeing therof: & stoping yoʳ nose & it shall breake the rume into yoʳ mouth a bondantly by opining the passages of (5) yoṛ head; without anie grife; wich when it Cometh into yoṛ mouth put it forth & sufer it noott to Come into yoṛ stomacke; for ther it will doe hurtt; vse this once or twice a mounth & it shall be taken a way by gods grace.

574. ffor the Rhume & to purge the head & stomacke

Rhume

Take a good quantitie of bettonie as much dandelion, stamp them & take the juice of them; & put thereunto as much womans milke yf it be a man the milke of a female; yf it be a woman the milke of a male Child; then take a swannes or goose quile: & fill it full of the Juice; & stop the end with yoṛ finger: & soe put it into the patients nose liing vpright: & the head bowing som what backward; & lett him lie still soe a pretty while; the remoue the head souftly; & this doe two or iij days together; & noott paste

575. A medicine for the Rhume.

Rhume

Take licoryce M. iij scrape the barke of it Cleane: & then bruise it in a morte<..>. till it be soufte; but noott to powder; then are you to haue Jsope watter stilled: when the flowers are on the same to the quantitie of a pottle; & before you doe intend to make yoṛ medicine; lay yoṛ licorice in the same one night & one day (5) Then take a Cleane vessell & sett the same on the fire to Boyle with a souft fire; & lett it seeth from a pottle to a pint or Lesse & after wards glue regard you stirr the same (for sitting two) Continually with a slice; strayne the same through a faire Lining Clotth; then lett the same Boyle on the fire: but noott seeth till it be thicke; (10) Then take it oute

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575/2. morte<..> The final 'r' of this word is interlined above and to the left of an apparent burn hole in the paper.
575. (Contd.)

Then take it out of the vessel: & lay it vpon places oyled wth sallett / oyle as thine as you will haue; for the same wilbe licke tarre; then sett it in the sunne to dry for it will wax hard; soe hard as it can: the harder the better; then take a quantitie in yo'r mouth Close & hold the same vnder yo'r tongue: & swallowe / downe the liquor; but nott the piece it selfe; but doe nott spitt the same forth; and you shall find ease; this medicine hath ben proued of manie: more page 52: 53: 54: 55: 56:

576. After another maner'

Rhume

Take a quart of Jsop watter Licorice scraped & beate verry smale to powder lb j boyle it the space of xii howeres, by a souft: fire, Take it of & lett it Coole: affter that Lett it boyle xvj howers by a soft fire; vntil it wax thicke; & be nott a boue a pint; then powr it f<or>th' warm vpon trencher plattes & lett it Coole: & when / it is Cold it groweth to be hard; then take the Cakes & Carry a bout wth you; & eate a little of it when you feell the Rhume fall; but lett it still melt in yo'r mouth

577. ffor the Runing of the Raignes

Raignes

Take knotgrasse & Plantine & distill them & drinke it first & last and it helpeth

578. ffor the same

Raignes

Take venis turpentine; mixe it with wheate flower: & make it in pills and eate iij in the morning & iiij att night & it helpeth

579. ffor the Ricketts in a Child'

Ricketts

Take the blades of maiden leekes: & shepards pook: an: M. j Cammill / iij or iij handfulls; Chop them smale & put them into a bottle Jugge put to it one pint of Sallett oyle; & sett the Jugge in another pott being verry Close stoppt; to boyle for the space of v: or vj howers / & anoynt the Childs side of its stomake; but nott the pitt of the stomake; & stricke it down ward twise a day; & keep a lining Cloth next to it; [bu.] but nott Chang the Cloth & it helpeth

* 576/Title. maner] There is a tild above most of this word.
* 576/5. f<or>-th] The letters 'or' in this word are partially obscured by a burn hole.
* 579/Title. Just below the word 'Child' there is a small circular burn hole.
R

for the Runing of the Raignes

Raignes  Take a pint of water & Boyle it a pretty whills; then thicke it with wheate flower; till it be very thicke: soe thicke as you can. Possibly stir it; & soe eate a spoonful or two of it warme when you goe to bed: & soe in the moring for a good space together and it helpeth

A very good medicine for a Rupture in old or young

Rupture  Take knottwort <or as J thinke knapweed> Ribwortt <or rupture wort> & Comfrey of each a licke quantitie / wash them & dry them; & sett them in the oven when the bread is drawne; soe that they may be dry; then beat them to powdr then seare them through a seare; & looke what quantity you take / of the herbbs when they be dryed; take halfe soe much anniseed /

& beat them with the powder of the herbbs; & seare them and thus haueing made the powder redd; when you will use it, take as much of the powder as you can lay or take upon vi d and /

xiiiij mornings together giue <it> the patient to drinke; with a little malmesey fasting; & anoynt the place with oyle of speeke mingled / with anie other thing; and alsoe take such herbbs as you make yo powder of; & seeth them in faire running water till they be tender; wringing the water out of them; apply them to the place as hot as the party can suffer it; lett nott the trusse be to straitte; least it force the place to rent further; gather yo powder of herbbs in may; the knottwort beareth a little watched flower / this haue ben proved on Children soe borne; & for old folkes that haue ben 24 years broken; & doth help all sortts that with badd vsage doe nott a buse them selfes
[MS Sig.L7v] <203>, [MS Sig.L8r and v] <204>, and <205> are blank.

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[MS Sig. M1r & v] 206 and 207, [MS Sig. M2r & v] 208 and 209 are missing, presumably torn out as there are fragments of paper caught in by the stitching. There is misnumbering of the pages here, also, as page numbers 210-213 are omitted.

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[MS Sig.M3r] <214> is blank and is not numbered.

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serrup of viniger

S

Take halfe a pint of sacke halfe a pint of honney: & a little viniger boyle it together & scome it & drinke of it in your drought

ffor the scabb or itch

Take storeax liquid & oyle of swete almones: Juice of lemenues white / salte a lice quantitie; put al these into a pepken: to Boyle stirring it Continually; then lett it Coole; then vse to anoynt the pulses of the body a gainst a good fire when you goe to bedd: three nights euery other night; & in a weeke you shall be whole...

ffor the same

Take Turpentine washed Eyght times almond butter ana: oz ij oyle of bay Comon' salte an: oz j: Storax Calamit<e>' oz j incorporate these / together & anoynt euery two days by the fier going to bed

ffor the same

Take freshe butter & Boyle there in red docke Rootts & som Elecompane rootts; & when it is well Boyled straine it; & anoynt the sore with it & it helpeth

ffor remoueing watrish humors or the scurvy

vesed often by m'r Hazard minister Jn Brestoll

Take iiiij heads of garlicke pickt & made Cleane; put them into halfe a pint of the best white wine; & giue them a wame or two then take them out & yf anie scine remaine take it a way; & pricke them: & put them into a fresh potile of white wine; & Boyle it vntell one quarter of a pint be Consumed; put into it one / handfull of vnsset Jsope maiden Jsope; & halfe a handfull of sage; & / iiiij large hartts tongue leaues; boyle these vntell one pint be Consumed /

strayne it & add to it one pint of the best English honey;' (and yf the paffty loue nott honey') take a pound of suger; & then Boyle it againe to an Jndefferent sirrupe [tk. ] take iiiij or iiiij spoonfulls every / morning fasting and vse moderate Exersise:
this hath ben well proued per my vnCLE Hazard of brestoll whoe / haue found much good therby

An Exellent Searcloth for anie swelling

Take A pound of sweett salllett oyle: Red led lbss. A quarter of a pound of / White led; being beatten verry smale & finly; searched: Castell sope oz v / Cut in thine slices; put the oyle & the Castell sope into a pepkene; when / the sope is melted, put in the powders stirring them Continually about / vntell they be Com to be a perfett green or sad greene; then drop som / of it vpon a knife or trencher; yf it Com of wth out sticking to the place or Cleueing to [the knife] yo' fingers; it is boyled enoufe then must you put into it halfe an ounce of barrowes greace; & a quarter of an ounce of oyle debay; stirr them well to gether; then put in a quarter of an ell of oyle holland lett it boyle well in it; then take / the Cloth & aply it to the place grifed;

ffor the Stone

Take saxefrage; & garden parsley ana: M. j pellitory of the walle the stems; boyle it in a pint of milke; & make a possett drinke wth white / wine; & drinke it morning & evening & it helpeth

A medicine to a mend sennewes that be shrunke

Take neats foott oyle, smallage mallowes, an: M. j stamp the herbbs together and mingle them with the said oyle; & soe lett them / stand iiij or v: days or more then boyle them a quarter of an hower & straine them thorrowe a Cloth & anoyn the patient therwth

ffor the same

Take iiij swallowes out of the nest; & stampe them feathers goutts & all till they be verry smale; then take of Lavender Cotton M. j wild time; & strings of strawberries an: M. j; stampe them altogether / then take halfe a pint of butter as it Cometh out of the Chirne
vnwasht; boyle them altogether with the swallowes; till the butter / be molten; then straine it & put it in a faire earthen pott: & anoynt the patient against the fire yt being warme

S

591. ffor heate in the Stomacke
Stomake
Take wild tansye & distill it by it selfe; as lickwise plantine; sorrell and honnie suckelis, each stilled by it selfe: giue the patient these iiiij waters mixt together in equall quantities; bloud warme; & it will quench the heate both of the stomacke and of the liver; & alsoe the heate of anie sore yf ther be anie

592. ffor Grife in the Stomacke
Stomake
Take a quantitie of wormwood, mints and Calaminte; as much rye bread; & a quantitie of viniger; & fry them altogether; & soe being fryed put them in a lining bagg; & apply it to yo\textsuperscript{r} stomake; & by gods helpe you shall find ease

593. ffor a Cold Stomak
Stomak
Take the Crust of browne bread; & tost it against the fire as hott as thou mayst suffer it; & wett it well in strong vinigr & lay it to the stomake

594. ffor a feable Stomacke
Stomake
Take a spoonfull of aqua=vitæ of the watter of browne minte, and Centorie: an ij spoonfulls: & yf he pass 40 years: Put double of aqua: Vittæ this is a speciall medicine; for manie deseases in the Stomake; Alsoe take Callaminte & make it in powder & vse it in thy meate drinke & sawces

595. ffor Winde in the bottome of the stomake
stomake
Take the branches of fennell stampe & strayne them and put thereto a lich quantity of treackle; white suger; powder of annisseed; barke of / sinomon: & make therof a Confecktion; & eate of the same manie tymes / in a day

596. To Comfortt & strenthen the Stomack
596. (Contd.)

Stomak

Take mintes; wormwood, Camomell\' flowers, rose leaues, masticke nutt=/
=meggs all must be grosly beatten: dryed & put together; in a little bagge /
of lining Cloth; then warme it vpon a Chafing dish of Colls; & sprinkelle /
theron each side Rosewatter & viniger; & soe lay it toyo\' stomacke;
Alsoe take a quartt of white wine; & passe it through an Ypocras bagge wth /
a quarter of alb of Suger Licorice oz j ffennell seeds ij spoonfulls: 
Cinamon /
ij grotes weight; genger ijd weight; lett all be brusied & soe lett it: 
rinne thorowe iij or iiij tymes; & to euerry draught of his drinke put 
a spoonfull or ij of wormwood water

597. 

A speciall good aqu composita to drinke

ffor a surfett or a Colde stomake well prOued

Stomack

Take Rosemarie Jsope an: M. j a good roott of Elecompane;
Time: sagge an: M.ss. /
vj good Cropps of red mintts; as manie of penieroyall, horehound M.ss. vj /
Cropps of mariorame; licorice and annisseedes an: oz ij lett them both be /
well brused in a mortter; then take iij gallons of good & mightie ale;
& /
put it in a brass pott; then put in yo\' spice & yo\' herbbs well wronge a /
sunder; & lett yo\' herbbs & yo\' ale stand together a night well 
Cour\d in /
the fore said pottle of ale; & on the morrow sett them on the fire & lett them stand still till they begin to Boyle; & then take them of the fire; & sett yo\' Limbicke vpon it; & stope it fast wth past; that ther Com noe ayre oute; & soe keep it out with a souft fire 
&c as other aquavitae

598. 

ffor wambleing of the Stomack

Stomacke

Take the roote of ffennell and of smallage; wash them & stampe 
them well together an: alicke much; & temp\er them wth wine, & lett 
the /
sicke drinke therof; alsoe for almaner of euells for the Stomacke 
take /
the seeds of Ashe [li...] linne and Commine an: alicke much &

* 596/1. Camomell] There is a tilde above the 'amom-' in this word.
beate / (4)
them together to powder & giue it the sicke to drinke with a little (5)
hott wine eu'rie day fasting; with a spoonfull of that powder; & lett
him vse this ix days & he shall be whole by gods grace

599. for Comforting the Stomacke that is
stopped with sicknes

S

599. (Contd.)

Stomake Take mints & mallowes an: M. j of marrigolds M. ss. and bray them in /
a mortter then take iiij parts of viniger; & one of Watter of violett:
lett /
them seeth in a pann till they boyle; then put in the liquor of the
afore sd herbbs; & stirr them well together; then take sower bread
tosted layed in viniger; & stampe it in a mortter; & mingle it with (5)
the herbbs aforesaid; & make a plaister therof; & lay it to the
stomack /
& Change it eu'rie day tell it be amended; & beware that the
bread /
seeth nott for it will loose his might

600. Good for the Stomacke

Stomacke Red mints, rose leaues dryed; Comin', suger, sage wormwood
mints /
Callamints, to vomitt eu'rie quarter; once greate hunger'; to stand
after meates; galingale, nutmegges viniger; pipper masticke;

601. Jll for the stomacke

Stomacke Milke honnie; marrow bones; that be nott well sodden, to eate ere
you /
be hungrey; to eate diu's sortts of meatts att one sitting; or to eate
bread that is nott well backed; raw flesh; stinking sauors, heuines
dread; Thought to much; <trauaile:>† stooping after mates falling
all /
fryed meattes butter and all the inner parts of beastes (5)

† 600/1. Comin] There is a tilde above most of this word.
† 600/2. hunger] There is a tilde above the second syllable of this word.
† 601/4. <trauaile>] There are faint strokes or loops above each letter 'a' in this word.
602. **A medicine for a Cold Scyatica aches or numnes in yo' thighe or legs or anie other place of yo' boddy**

**Scyatica**

Take of aquvitta viniger an: a pintt; oyle of bays a quarter of a lb
the iuice /
of liij or v: handfulls of sagge; a sawcer full of good mustard; the
gale of /
an oxe; put all these together in an oxe bladder; & Chafe the
bladder /
an hower or more; that it may be well mixt together; & then anoynt
the grife of the patient therwth befor the fire; & lett him goe warme
into /
his bedd; & sweate & by gods grace you shall haue remeddy

603. **ffor the same**

**scyatica:**

Take oyle of neats foott & aqua Compositæ; & anoynt the place
wher the /
paine is; then take wooll newly pluckt of the sheeps backe; & lay
theron /
and wrap it well with warme Clothes; alsoe take blacke sope
honnie /
& one or ij yolkes of eggs; & bray them together; soe Long that
none of /
them be perversiued one from the other; & then lay them vpon a
pcce of /
leather or new fustaine; & soo lay it to plaister wise

604. **ffor the Scyatica:**

**Scyatica:**

Take v: or vd worth of Tantarides: & pull away the flying whinge
from them; & soo beate them to powder; & then take as much
small /
peper as the flies Cometh two; & the quantitie of a tennes ball of
broune /
Leven: & tost it dry att the fire; & put all this in a mortter together
& mingle it wth Red wine vinigr till it Com to a salue; then lay it to
yo' paine Couer'd ouf with a plaister of mursledge; & soo Lett
it ly /
ij or iij howers; & you shall find it to draw a blister; then take
a needle & lett the matter out; being Cou'ed still: & soo doe ij
or iij tymes; then take the salue away & lay to it a new plaister of
mursledge & lett it ly tell it be whole; wich will be immediatly

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* [MS Sig.M6*] 200* There is no large capital letter at the centre top of this page.
605. **ffor the same**

**Scyatica:**
Take pitch: Rosen and vn wrought wax an: alicke quantity boyle them /
together; & lay it plaister wise vpon a pccs of New lockrame; & soe
lay /
it to the grife as hott as the pattient Can suffer it; & you must alsoe
haue the like quantitie of salllett oyle: & lay linnen between to
keepe /
it vppe for the oyle will nott sufer it to Cleaue ells; & you must
take /
it of every morning & evening & wipe the plaister with a lining
Cloth; then heate it againe & lay it on right as before written

(5)

606. **ffor the same**

**Scyatica:**
Take the flowers of Rosemarie lay them in neatts foot oyle iij
or iij weekes; then take rew & bray it & put it to the Rosmary
flowers; and a lb of peper long & round bothe then put therto more
oyle; & lett it seeth on the fire; the space of halfe an hower; then
strayne it & keep it in a glasse; & often tymes anoynt the sore
with it against the fire

(5)

607. **A medicen for the stytch:**

Take the greate red poppie flowers that growth in Corne: &
still them as you doe rosses; & of the watter therof take a draught
bloud warme wth old ale or wine att anie tyme: & it will avoys
the paine of the stytch; & yf need be drinke it twise or iij tymes
more page 50 51: 52:

(5)

[MS Sig.M6^V] 221

**S**

608. **ffor an Extreme Stitche**

Take malmsey lukewarme; & the powder of Commyne:* & drinke yt
Alsoe seeth malmsey and peper together & verrie hott wett a Cloth
therin & lay it to the place as hott as may be; alsoe take an: oxe
gale; & aqua Compositae put both these together; & make it
as hott /
as you Cann: & Chafe it where the grife is & it helpeth; The
prickes of hollie leaues made into powder; & giuen in drinke
helpeth /

(5)

609. **ffor the same**

**Stich**
Take of Scabious watter halfe a pint; the quantitie of a nuttmege
of treikle of Jeane; English [safron] honnie j^d^ worth; Saffron

* 608/1. Commyne] There is a tild above the second syllable of this word.
ground /  
verrie smalle: & put them into the Scabious watter: & mix them well together: & sett them on the fire; & then lett the patient drinke as hott /  
as hee may Conveniently; & thervon sweatte & it will help him by /  
gods grace:  

610. A medicen for the Spleene  
Spleene.  
Take wild tansey; valerian, bettonie, marigold flowers; mellilote Red rose leaues; either dryed or green: an M. j then make a possett /  
with strong ale & skume the Crudd of as long as anie will arise and then put in yoř herbbs; & seeth it vntell yoř ale be halfe sodden away /  
and then take ij little lining bags of the lenth of yoř hand; & put (5) in the herbbs & quilt them; & soo vse to lay them to yoř side ijj fingers beneath the place; wher yoř paine is; wett in the possett ale as hott as you Can suffer it; iiij evenings & iiij mornings as hott as you Can sufer it  

611. ffor the Spleene  
Spleene  
Take a quantitie of wheate branne; & as much anniseed; beate them /  
smale in a mortter; & then in a pann: mingle them with viniger vpon the fire till it be licke a plaister; & then put it in a lining bagg ij handfulls Longe; and a handfull brode; & make it thine and warme lay it to the side where the spleene is & roule it fast; & in the morning take it away; & then wash the the other side wth thy owne watter; & dry it againe vse this iiij or iiij nights  

612. A bagg for the Spleene  
Spleene  
Take Cammomell flowers; mellilotte, dill fenugreeke, and lynseede /  
pennie royall Jsope & tyme; an M. j fennell seeds Commin seeds, Carraway seeds and barberries; an: oz ss. make all these in fine powder /  
and make a pretty bagge or twaine therof; & sprinkle the bagg wth malmsey & warme it vpon a Chafing dish of Colls & as warme as/  
hee may sufer it lay it two:
613. **A drinke to help the spleene**

Spleene

Take hartts tongue and hoppe leaues; burraigg flowers of fumoterie /
with parsly rootts; seeth them in whay; & when they be well sodden /
Clarifie them in whay with the white of eggs; & strayne it & keep yt
and drinke of it eu'f morning; & soe Continew a whole month; & it
shall help yo'f spleen & Clense the bloud; & Comfortt you manie (5)
ways for yo'f health

614. **A powder for the Spleene**

Spleene

Take of the barke of the roote of Copperros; cleane shauen oz ss .
and as much /
of broome seed of anniseed and Coryander seed prepid an: ij
Crownes /
wt of Cloue j Crowne wt: beate al these seueraly & searce them
finely then mixe them with a quarter of alb of fine white suger

615. **ffor the Spleene**

Spleene

Take a quartt of white wine and seeth therin of the inner rinde
of ash M. j; tell halfe be Consumed; then straine; & drinke therof
fasting eu'ie morning a petty draught; three days together and
anoynt the spleene wth Dealthæ; & oyle of bays, the space of vij
days; & after make a plaister of goates donge; and take it wth
strong /
viniger and lett it be oft Continued vntell the patient be whole

616. **ffor the Spleene**

Spleene

Wine of the decoction of the rinde of a willow tree; mollifieth the
Swelling and hardnes of the spleene; alsoe the leaues of a willow
tree /
stampt with a little salt; & aplyed to the spleene appeaseth the
ache and /
grife ther of, Alsoe stamp Juye leaues sodde in viniger; & make a:
plaister for it helpeth the spleene much: the roott of dockes sodd
in strong /
vninger stampt and aplyed to the spleene; in forme of a plaister;
doth /
vterly take away the swelling of the spleene; soe doth alsoe the
leaues /
aplyd in licke maner

Another for the same
A plaister of goatts dounge mingled with the powder of horehound leaues, rewal, elder, ashe, and the stalk of a vine; with wine and a little viniger; is of great efficacie to dissolve the hardnes of the Spleene /
Alsoe pennieroyall sodw th salt; & applyed to the grife looseth Jlle /
humors of the spleene; & taketh away the swelling

Another of the same
Take a dry Cowturd the iuyce of a nettell oyle of eggs: & of bremstone /
make a plaister therof for yt is very good for those that be deaseased /
with the paine in the spleene; the falling evill and dropsie; for it is a preeious medicene; binde the spleen of a dogg to the spleene of a patient & it shall heale him.

Dr youngs medicene for the Spleene
Take the barke of an ashe Tree; maiden hayre hartstongue licoryce anniseeds /
parsly rootts; Sene and the Coddes an: alicke quantitie; seeth them in a pottle /
of Cleare whay till all most the one halfe be Consumed; then straine it /
& drinke ther of first & last eu'y day; for barring to eate or drinke by the / space of ij howers after

for all mann'r of Swelling
Take smallage with the Crumes of wheate breade and aply it plaister /
Wise

An oytntment for heate or Swelling
Take a good quantitie of smallage; and Willowes; & put therto jlb of boares /
grease; butter jlb oyle of neatts foott a quantitie; stampe them well together; then fry them and straine them into an earthen potte; and
vse this oyle when you haue neede

**622. To aswage a sting or sodden swelling**

Swelling Take oyle debay and anoynt well the place; or leggs where it is sweld and / after that be dryed then take new butter, white wine and beaneflower and / thicke them vpon the fire; & make a plaister therof and lay it to the sore / for it is speciall good

**623. ffor all maner of swellinges of the legges or feett with aches**

Swelling Take watter Cresses; shred them smale; & put them in an earthen pott / put therto wine wheate brane; and sheeps tallow; an: a licke weight and / seeth them well together till they be thicke; and therof make a plaister / and aply it to the patient as hott as may be suffred; and soe lett it lye xxiiiij howers; and then lay anew as often as need requireth; and this will / swage swelling and doe away ache

**624. ffor a swelling that is redd blistred or nott blistred.**

Swelling Take of hemlocke ij handfulls mallowes M. j; Chopp them and seeth them / in running watter till they be soufte; then power the watter from them; and put therto swinnes grease; and soe lay it to as warme as the / party Can sufer it; and this will help pr'esently

**625. ffor swelling or rankling old or new or for aching of teeth or Canker**

Swelling Take a goblett full of springing well watter; halfe as much good vinigfr / a sawcer full of good honnie; roch allome as much as a walenut; and a / greate handfull of woodbine; boyle althese together till the one halfe be / Consumed; then wash yo'r gumes therwth all; and after take a smale / lining Cloth or Cotton wash it Cleane in watter; & wett it in the liquo'r and lay it betwen yo'r tooth & yo'r Cheeke on the sore side; and /
by gods grace you shall haue remedy

S

626. ffor swelling in the Codds
Swelling in Codds
Take beane flowere and temper yt with the iuyce of walewort and meate / oyle and bind it to the Coddes it <.>losteth' the swelling therof incontinent / of the same operation' are the iuyces of elder and wale wortt goattes /
dounge; or Colu's dunge; dissolued wth wine taketh a way the swelling /
of the Codds

627. ffo Swellinge of the yerde
Swelling in ye yard
Yf the yerde doe swell and be greuisouslye pained' mingle wax, / oyle, /
and the iuice of purslane together; and apply it to the yerde Alsoe put bettonie sodden in wine vnto the yard; barly branne sode /
in wine & honnie; & bound vnto the yard as a plaister taketh away the ach and swelling therof more page: 7:

628. A medicen to stanch bloude
Stanch bloude
Take the stone in the Carpes head and dry it; & take theone halfe of the powder of it; grate it and put it in a <quille>' and blow it into the Contrary side of the nose of him that bleedeth; & the other halfe of the powder drinke with redd wine; & this will stanch the bleeding

629. ffor the same
Stanch bloud
Take good and faire parsly bruise yt and Chafe it with rubbing [betw. ] /
between yor hands and put it into yor nose; wound or other place: and /
it stancheth bloud well; alsoe take Cinommon and beate it smale & take a fine lining Cloth and burne it and put them together and

* 626/2. <.>losteth] There is an ink blot immediately preceding this word, possibly obscuring a letter.
* 626/3. operation] There is a tilde above the whole of this word.
* 627/1. pained] There is a tilde above the centre of this word.
* 628/2. <quille>] The last two letters of tis word could be mistaken for a 'b'.

[MS Sig.M8'] 225 (Contd.)

625. (Contd.)

[MS Sig.M8v'] 225
bind it to the grife and it will stanch forth wth

630. A drinke for the sweatinge sicknes and the keeping of them that haue yt

Sweatt-\[\text{ing }/
\text{Sicknes} \]
Take marigolds M. j and Clarified possett Ale wth them and soe straine / yt through a thicke strainer; and giue the patient to drinke whilst it is bloud warme; & lett him haue noe other meate nor drinke the space of xxiiiij howers after; that he begineth to sweate; and keep him soe long in his blankett; with his sheet blankett & Cou'led vpon / him; and keep him Close in the bed; soe that noe wind may enter into his bed; and sufer him nott to pull out his armes hands or feet; during the same tyme; and after that hee may rise and eate his meate; but lett him nott goe into the wind ij dayes after and then he shall be Cleane therof by gods grace;

631. Another for the same
Take sage marigolds and fennell seeth them in possett ale Clarified and giue / the patient to drinke warme; Alsoe take succorie Endyue dandelion; burrage; /
Cinque foyle and viollett leaues, wth this make possett ale; but when he /
burneth hee may nott sleepe nor eate till he haue sweate vj howers. /

632. Another for the same
Take endiue sowthistle, mariegoulds mercurye and night shade of all M. iij / seeth them in Conduite water from a quartt to a pint; then strayne yt into /
afaire vessell; then delay it with a little suger; and put away the Tartnes /
and then drinke it when the sweate taketh you; and keep you warme and /
by the grace of god you shalbe well

633. ffor the same
Take iiiij larg spoonfulls of dragones watter; and a quartter of a spoonfull /
of treacle of Joane; and halfe a nutt shellfull of vnicornes horne;
scraped

smale; a quarter of a spoonfull of fine powder of mace; and make all the
same hott; and lett the patient drinke it; and keep him well nither
hott

nither ou'r Cold; but hold in his armes and his feett; & lett him Coole/
by taking Clothes of from him by little & little: tyll the sweate be
dryed vpp: lett him vse wholesome meetts; and by gods grace he shall not
perish:

Another for the same

Sweatt-
ing /

Sicknes

lettyce; an: M. j sinomon brused the w† of iiij <groatts.> boyle all these/
together in a pott of stale ale wth asouft fire; tell the one halfe
be al most Consumed; then straine it wth out Compression; and keepe/
it in a glass; and warme giue it the patient to drinke diuers
tymes /
as need requireth; and by gods help hee shall recou'r & be whole

A Soufaigne medicene for the stone and Collicke and to breake them both

Stone Collicke

Take parsli seede, and the seedes of broome gromell, ffennell;
annis /
plantine, and smallage an: oz ij nutmegs oz ss. suger tryed oz iiij:
beate /
them altogether in a mortter; vntell they be veryr fine: & then
searce the powder thorow a searce; and vse to drinke this powder
evening and morning: iiij dayes in the weeke; with white wine (5)
or other drinke lucke warme; and take of this powder att a tyme the
quantiti of a great hasell nutt; and yf the paine be greate take
of the oyle of Scorpiones with the oyle of roses and anoynyt yo'r
selfe where the paine is against the fire

* 634/2. <groatts>] The letter 'a' in this word has a faint upward stroke similar to those in 'trauaile', at 601/4, above.
636. ffor the Stone or Stoping of the watter
   Stone
   Take a pint of white wine; and ther\textsuperscript{th} make apossett; and then take all the Crudds /
   away and put into the possett: Ale ij\textsuperscript{d} waight of the scraping of white soap /
   and Boyle it one walme and drinke it as warme as you Can

637. ffor the Stone or Collycke
   Stone or
   Collicke
   Take of tyme, parsley rootts and bladds and alisander roottes
   an:lb ss: seeth them /
   altogether in apottle of Ale vntill it Consumbe to a quartt and soe drinke yt /
   fasting

638. A speciall medicen pr\textsuperscript{o}ued for the Stone Collicke
   Dropsey strangurye and Jaundyes
   Stone:
   Take of sene oz ss. ginger anisseed licorice mace netle seeds
   Jeate; saffron an: /
   ij\textsuperscript{d} waite Carraway fennell and Spicknard ana: j\textsuperscript{d} waite Cinomon
   iij\textsuperscript{d} w\textsuperscript{t} make /
   all this in powder; & drinke therof halfe a spoonfull att once; in possett /
   Ale or passage;

639. ffor the Stone and him that Cannott pisse
   Stone
   Take a quantitie of tyme parsley Cropps, fennell; Cinquefoyle;
   alisanders /
   an: a lice quantitie; v or vi Cloues of garlie; Stamp them altogether /
   and straine them with wine; and ale and drinke therof first & Last warmd /
   Alsoe take pellitorye that groweth by the walle; ground Jvey,
   saxafrage /
   parsley avens; mallowes redd nettles; Chervill, and mouseare
   an a lice /
   quantitie; boyle all theis in whey and Clarifie it with the white of an egge and take a draught of it fasting

640. Another for the Stone
   Stone
   Take halfe a pennieworth of parslie seed; as much reddish seedd: & being /
   dressed & bruised then seeth them all in a pint of white <Bastard>’
   to halfe a /
   pint and then drinke it milke warme alsoe take parsley & distill it &
[MS Sig.M9v] 227 (Contd.)

vse to drinke of the watter; in whete wine or good ale; & it will destroy ye stone Collicke strangurie; and manie other passions in man or woman / (4)

641. A medicine to breake the Stone

Take hawthorne flowers or for lake of the flowers takes & distill them the /
flowers in may and the berries when they be ripe take of this watter
iiij spoonfulls; & iiij spoonfulls of malmsey & a quantitie of ginger
and /
drinke it warme

[MMS Sig.M10r] 228

642. A powder for the stone

Take the seeds of smallage parsly burrage and grummell seed;
filupendula /
rootte Cherry stone kernells iiij accornes; and powder made of
an herbb that /
groweth amonge oysters and Juie berries make powder of all this
& vse yt /
in white wine.

643. A good and well approud powder the stone

Take the waight of viijd of spermacittye Cloues & mace: sinomon
aniseeds / (1)
an ijd worth; smale peper bayes licorice an: jd worth iiij date
stones /
red sage; red fennell an: M. j iiij acornes; v; Cloues of a lillie roote;
burne /
iiij or iiiij <oyster.> shells in the fire; till eu'ie one shalbe devided;
then /
take the inside of them; and put to the premises after they be all (5)
dried; and beaten into powder; you must try them through a
searce /
and then rubbe the same spermacitye amonge’ the Rest; wich
doe drinke therof /
at anie tyme as occasion serueth; either in beer or ale; soe as it be
somwhat /
warne; the quantity of one spoonfull will serve att once; yf

*643/4. <oyster.>] There is in indecipherable letter immediately following the word 'oyster'.
*643/7. amonge] There is a tild above the centre of this word.
Extremity /  
of paine stope vrine; then take one handfull of parsley or two  
rootts /  
of yt and boyle it in old ale till the halfe be Consumed; boyle in ye  
said ale thirty prunes; then strain the Last resipt altogether; & put  
j or ij spoonfulls of the said powder; and drinke therof as afor said  

644.  
A medicen nott only to breake the Stone, but  
soe Cleare to purge you therof as neu to be pained  
ther wth againe; yt you doe vse the same dayly  

Stone  
Take the roofes of red herringe; and pricke hollie leaues; and dry  
them /  
in an oven; and beate them seuerally into dry powder; and then /  
put them together being first <se>arced;* and of liche quantitie put  
thervnto the powder of gromwell seed; the liche quantity of each of  
the former; & they being mixt together; vse dayly a good  
spoonfull /  
of the said powder in ale or beere; white wine or runnish: euening  
& /  
morning; besides that you may vse the same powder in brothes  
and pottage the oftner the better; you must keep the same [alway]  
always dry in a pipken by the fire sid or other wise  

645.  
A speciall medicene for the Stone  
Take asmart and stampe yt with ale; & put thervnto a little fine  
powder of Jeate stone; and lett the sicke drinke therof ij spoonfulls  
when the paine begineth to Com. Alsoe take the roott of  
filopendula /  
and Cutt it in smale peeses; and dry it vpon a tyle-stone; and [may]  
make a powder therof: & drinke of the powder morning &  
eveninge /  
wh halfe a pint of new ale: in cornes and a spoonfull of the same  
powder; & it will doe ease by gods grace  

646.  
ffor the Stone & strangury  
Take a pint of old ale; a spoonfull of honnie; & seeth them in a  
cleane /  
vessell and scume them well; & lett it stand, till it be Cold; soe y†  

* 644/3. <se>arced] The first two letters of this word have been superimposed on a ? 'p'.  
† [MS Sig M10v] 22<9>] The figure '9' has been superimposed on a figure '8'.
646. (Contd.)

you may drinke it; & then drinke therof a pretty draught as hott as /

you may att first in y^e^ morning & Last att night; Take saxifrage hartstonge ramsons an: M. ] dry them & make powder therof and /

drinke it either in Ale or pottage; first att noone and Last att night; alsoe take sheeps sewett and powder of ole barke and make a suppositarie therof when you haue need

647. A watter for the stone

Take of rosemarie M. iij of philopendula; persip' <saxafrage>: Jy: that /
groweth on a gravell wale vnset lekes; of the youngest hartstowne; time /
parsley scabioues an M. iiij marigolds; [mar... ] mariorum broune fennell; languedebeade; spearmint borrage; maydenhaire; that groweth /
in hard stone walls an M. ij still all this together in the month of (5) may; when the sicke shall drinke the watter; he must take ix spoonfulls; and make it warme; & drinke it and ly downe and sweate an howere.

648. ffor the stone and strangurye

Jn Ap^ill when the Ash budds be all blacke take the inner barke of a bough therof and dry it and take Jeate and beate yt to powder; and in the full of the moone take a spoonfull of this Compound in a draught of stale ale bloud warme

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[MS Sig.N1'] 230

S

649. ffor the stone

Take saxafraig, pellitirio of the walle; wild tyme vnsett tyme an: M. ] take all the aforsaid herbb and wash them Cleane; and swinge them in a Cleane Cloth; and put them in an earthen pott in a pint of malmsey; and soe sett it ouer the fire and lett it boyle till the halfe be Consumed; and when yo^f^ paine [Com] / Cometh vpon you: drinke this bloud warme and it will doe you greate ease; Take the bloud of a goate dried: and drinke the powder with ale; and you shall find ease; Take a browne bread toste; and a quantitie of blacke sope; and spread it on the

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* 647/1. persip] There is a tilde above the centre of this word.
* 647/1. <saxafrage>] There is a faint upward stroke above the second 'a', similar to those in 'trauaile' at 601/4, above.
toste licke butter; and put it in a lining Cloth for raifying of yo'r Geare; and lay it hott to yo'r grife; and it shall doe you much good; alsoe take tyme rosmarie and the lights of a fox dryed, stamp them to powder; and strayne them in a quantity of stale ale; and drinke therof morning & euening; or ells take [bur] burre seede; & drinke it wth ale or wine;

A medicen proued to heale the stone and strangurie in a short tyme

Stone

Take viij or ix greate onyons of the sowrest rost them; & put them in a pottle of the best white malmsey; or other wthout cute; stamp them and /

let them stand by the space of an hower; then strayne the liquo'r from /

the onyons; & sett it on a soufte fire; vntell the fourth pAr't therof be Consumed; and drinke of the same every morning for the space /

of ix dayes; as hott as you Can: suffer the same; and wthin three dayes you shall p'er seiuue the working therof

ffor the Stone M'rs Doues

Take Chervill; pennieroyall, wild mallowes, an M. j smallage and pellitorie of the wale: an: M. ij; wash and shred them wth a Knife put them into a quarte of milke; or as much as you see good; lett it seeth souftly; till it be halfe Consumed; then put therin of dill and Commin seed bruised an: M. j then lett it seeth againe 

softly tell it be a quarter more sodd away; then make ij bagges as brode & as Long as yo'r grife is; and put in the same herbbs & seeds; and quit it Close: [& the same malmsey being hott put in the bagges quitted;] Then put malmesey vpon a Chaffing dish of / Coles;

and the same

and the same malmsey being hott put in the bagges quitted

and then use it vpon the greife as hott as you may suffer it & Chang it often; Alsoe drinke thrise in the weeke fasting allittle Ramson watter

S

651.(Contd.)
652. Stone

**for the stone**
Take the seeds of smallage, Alixander, fennell parseley, ground Jvey /
and saxafrage; the roott of philopendula: the seeds of Sene the powdr/
of licorice; and bettonie; the mawes of doues dryed out of the sonn
make of them powder, the Kernells of Cherry stones and the seeds of/
gromwell; the seed of broome, and the powder of ferne rootts is
good /
for the strangurie &c: mix these together an: alike quantity; then
take /
a spoonfull of the powder and drinke it in bettoney watter; att morne /
and att night; this will breake the greatest stone that anie man or
woman bearth pprobatum est

653. Stone

**A mendicene for the stone Colicke**
Take the herbb or roote of philopendula: pellitorie; of the wall
gromwell [seed] /
seed alisander seede; Cropps of tyme saxafrage seed; kitkeyes of the ash: /
tree: the stones of redd hoppes; the stone of a beast galle of her
first Calfe; /
all this of licke quantity dryed & made in powder and drinke therof
as much /
at one tyme as will into a nuttshell; either in wine ale or
beere;
Probatum vt inquit . Edmundus Brudenell qui laboratt de eodem morbo : /

654. Stone

**for the Stone la: Strangs:**
Take brode plantaine; garden tansey: feuerfew; an: alicke
quantitie of /
housleeke som what Lesse; stamp them altogether: in a mortter; &
straine /
the juice through a lining Cloth; & then put it into a bottle and stope
it Close; vntill you mind to occupy it; and when you shall haue
need of /
yt take beane flower; finly ground; and mixe it with the said
liquor /
then take a po'rsennett; and put therin som honey and sett the
porsnett /
on the fire; and heate it; and when the honney is hott; a little scum
will /
rise on it; take that away; then put the said [liue?] liquor & beane
flower into the afor said porsnett; with the honnie; & lett it stand
[MS Sig.N1v] 231 (Contd.)

654. (Contd.)

vpon the fire; & stirr it with a sticke for burning two; vntill such time it waxeth thicke; then stricke it vpon a Cloth; & lay it to the smale of yo' backe and round a bout aboue yo' hipps; as hott as you / Can sufer it; & lett it lye to yo' backe vntill it be dry.

[MS Sig.N2r] 232

S

655. An <Excellent>' oyntmt for the Stone

Stone

Take of the oyle of Cammonell' oz j of oyle of scorpions oz ss. and when / you will occupy them; mingle them together and anoyny the hippe and /
smale of the backe wher you be griffed

656. A medicine for the stone m' see

stone

Take the distilled watter of Rampsons of parsley of philopendula: both /
Rootts & leaues; together of bean flowers; of tyme; they must be all seulfally distilled; then take twice as much malmsay as al these watters /
Com to; and when you will occupie them distill them againe with the malmsay must be distilled but once;

657. ff for the strangurye a proued medicine;

Strangury

Take of the watter of Rampsons; parsley and saxifrage: an: Q j of muskadell or malmsay a pottle; distill them altogether in a still or Limbicke; & drinke of the watter first and Last Cold.

658. A sou'raigne watter deuisd by Dr Stephenses phisition to an [...] archbishope of Canterbury wich he vsed and preserued his health therby and keept it Long secrrett and att his Death Confesed the same.

Dr Stephens / watter

Take a gallon of good gascoigne Clarrett wine; then take genger; Cinomon, /
Nutmegges, graines, Cloues, anniseeds, Carraway seeds; an: oz j then take /
sagge red mints red Roses, time, pellitorie, rosemarie, wild tyme, Cammonell, and Lavender an: M. j bray the spices & bruise the herbbes; /

655/Title. <Excellent>] The letter 'c' is superimposed on an illegible letter.
655/1. Cammonell] There is a t tide above the 'mone-' of this word.
and put all into the wine; and lett it stand xij howers; stirring yt
diures /
times; then still it by limbicke; and keep the first watter alone, for
it is the best; then keep the second for it is good; but not soe good
as the first; the vertues of th'afore said watter is this; it Comforteth
the spiritts vitall; it helpeth inward desease, that Com of Cold;
and /
against the shaking of ye palsey; and Cureth the Contracktion of
sinnewes /
it helpeth the Conseption of woman; that be barren; it killeth the
wormes /
within the belly yt Cureth the Cold goute; it helpeth the tooth ache
it Comforteth the stomake it Cureth the old dropsey; yt helpeth
the stone in the bladder and in the raignes of the Oa6e;
it helpeth
shortly a stinking breath; & whosoever vseth this watter now &
then /
and notto often; it præsuereth him in good licking; and
marvelously /
Comforteth Nature

To make one soluable.
Take mallowes, violletts, hollihockes, meriorie, beates, sweate
prumes /
and Raysons and boyle it with a Chicken; & vse the broth therof
and that will /
make you: soluable; alsoe take Diagredium oz ss. mix it with a
little treackle /
and soe drinke yt with white wine; and ye you be verry Costiue then
take
a whole dragme; and ye you will vse it for a purge then take the
weight /
of vjd and mix it as before more page: 134;

A good suppositary to ease them ye are Costiue
Take a large sawcerfull of honnie; & of bay salt M.ss.: of butter
halfe /
a sawcerfull & boyle this vpon the fire; till they be soe thicke that
you /
may roule, & make the suppositarie therof much after the fashon
of a spickett;
Another
Take a good figge and Cleaue it a longe and turne yt and take
and / medle [it] a little bay salt in a spoonefull of honnie and more then
bloud warme anoint of that vpon the figge; and soe put it in and
vse it as a glister; & suffer it to worke there & it helpeth;
Alsoe take a quantitie of w[et] sope and Cutt it in the form of a (5)
suppositarie; & vse after the artt & maner of a suppositarie

To Cause one to sleepe
Take iiiij spoonfulls of pure rose watter; as manie of viniger ij
spoon= / =fulls of oyle of roses of Rose leaues made in powder M.ss.
mingle / them together; & take Crumes of leuen bread made of wheate &
make a plaister therof; & lay it Cold ouer the fore head and
Temple.

ffor the same
Take a rose=Cake and toste it vpon a Chafing dish of Coles
with a little viniger; and a little Comin’ bruised to powder and
sprinkle it vpon the rose cake; as you doe warme it; and then
bind the rose Cake dressed wth viniger and Commin as is afore
saide; to the temples of the sicke; & it will Cause them to sleepe (5)
&ease ther heades.

To Cause one to Sleepe
Take night shade, or sengreene; stamp it and strayne it: then take
womans milke, rose watter; and viniger; and the iuice of the night
shade /
or sengreene; & sett it wth halfe a rose Cake: vpon a Chafing dish
of Coles in a /
dish tell the <Liquor> be shrunke into the rose Cake; and then lay
the rose cake, to /
his temples warme & bind it on. alsoe take the kernells of [peat]
peach stones / (5)
& beate them, and a little white poppy’ seedes, and the milke of a
womans /
breast; mingle all these together, and spread vpon a Cloth and lay

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* 663/2. Comin] There is a tilde above most of this word.
* 664/4. <liquor>] The letter ‘u’ is superimposed on an illegible letter.
* 664/6. poppy] There are dots above the minim strokes of the ‘y’ in this word.
664. (Contd.)

it to /
the fore head & temples warme.

665. ffor the same
Slepe. Take roswatter, oyle of roses, red viniger the milke of a woman
Child an: /
ij iij or iiiij spoonfulls, put all these together in a pewter dish ouf a
Chafing= /
=dish of Coles; stirr it with yo\f fingf soe Long as you Cannott
sufer it /
for heate; then put it into a lining Cloth; and make it all wett: therin
then double it iij or iiiij fold or more soe that it be both thicke
& iij /
inches brode, & lay it to his fore head; and round a boute his

temperles /
and put it behind in the pole of his necke; but it must be laid to the
patient as hott as may be suffred and vse this iij or iiiij tymes and it
will Cause the patient to sleepe quiettly by gods grace. alsoe take
the seed of lettuce and the seed of white poppie; and seeth
them /
in runing watter...& lett him drinke therof Last att night.

666. To Cause a man to sleep that is in
Extreame maddnes.
Sleepe The gale of an hare; sodden in wine; & lett the patient drinke
therof; & it will make him sleepe vntell you giue him vinigr

667. A medicen for scallding or burning
Scalling or
burning /

Take a good handfull of avens and as much of sheeps dunge; and
soe fry them in may butter; and strayne it and anoynt the place
with the same Cold twise a day and anoynt it first with gray or
blacke sope; and it will helpe the oynmt\t must be spread vpon a:
flaxen Clout yf you Can gett it.

668. ffor the same
Scalling

Take the white of an egge and put it in a pewter dish: and labor it
with an alome stone; till it be licke a possett Crudd; then take a fine
lining Cloth; and wett it in oyle oliue; or in som other oyle; and lay
ye /
said Cloth vpon the sore; and a boue it the fore said Crudd; mad of
the /
white of an egge; and that shall draw out the fire & heale the
sore /
ffor burning or scalding
Scalding

Take as much fresh grease as you will occupie; and a quantitie of hens /
dounge; and the green rinde of an elder tree; and boyle them well together, and straine them; and put it in boxes, and anoyst the sore /
therwth; and it shall be whole by gods grace. Alsoe take the parings /
or shreds that shoomakers doe make and fry them in a pann and /
take the oyle that Cometh therof and anoyst the sore therwth more page; 31 32 33:

A medicine for spitting of bloud
Spitting of bloud

Take the iuice of bettonie & tempër it with goates milke; and giue it to /
the patient to drinke iij days together and it will help by gods grace more page.35: 36.

ffor him that haue Lost his speech in Sickenes
Speech Lost

Take the iuice of sage, primerose and wormwood an: alicke quantitie; and put it into his mouth with a spoone; or into his nost =
=rilles; and hee shall speake by gods grace; an speciallie lett him wash or anoyst his tounge therwth vnderneath; and yt hee take therwth good mustard and put it vnderneath his tongue it shall help him speedily

A perfett watter for the sighte
Sight

Take ffennell, vervine, sage, bettonie eufras or eyebright; pinpërnell /
Cinquefoyle and herb grace; and lay al this in white wine all nighte and then still them in a stillatorie of glass &c and this watter is verry good for the sighte more page 78:79; 80

A medicen for a straine
Straine

Take Chamber ley <or vrine> & put therin sheeps suett and brooke laine /
boyle them well together & bath the patient, with the liquor as hott as may be sufred; then lay the herbs vpon a red Cloth and lay it to the sore as hott as the patient Can sufer [it]
yt more page 31

ffor Sawcelegme vide heate in the face

1 673/1. <or vrine>] These words are interlined above a carat mark.
A vomentation to strenthen anie weake part that
is weatherd & [always Cold] manie tims Cold
Take j Quart of good sacke: & of oyle of turpentine & oyle of
speeke /
anna: oz ss mix all together; & put it into a vessell & heat it
boyleing hott then put in two pccs of stamell' Clothes as begg as
will Courer the member; the Liquor being boyleing hott take out
one of them: & strongly wring out ye Liquor in to another vesell (5)
and soe apleie the Cloth hott to ye place grieved; & when it is
all most Cold take the other; & doe the licke doe soe 4 or v: times [all on..] one after another; & then apleie a plaister
made of stiptick Perasillicisus & oxecrocum:* & keep it warme
doe soe twice in a weeke for fourtnight or iij weekes &
(10) by gods grace it will much Comfortt & refresh ye parl
same Liquor will serue till it be wasted

A good salue for all sores
Take oyle of oliue a pint & halfe; of turbithine a pint
halfe of rosen a quarter of a lb of vnwrought wax lb ss. of
Sheeps tallow lb iiiij then take of smallage; bugloss; ragwortt
plantine and orpine an M. ij Cut all these herbs; and make
them smale; and seeth them all in the fore said stufe
letting it boyle souftly on the fire; allwaise stirring it vntill
yt be well mingled together; & when you thinke it well take
it from the fire; & straine it through a strong Canvas
Cloth; & this salue is good for all kind of sores;

A salue to heale anie sore Scabb or Jtch
Take the rootte of Red dockes; stamp & Straine them; then (1)
take of vergin wax j^d worth; Sheepps suett a quartter of a lb.
powder of bremstone a spoonefull and halfe; of Tarre ij
spoonefulls; sett these all ouer the fire in an earthen pott
or sharde; boyle it & stirr it well; soe that it may be well
mixed together; & then lett it Coole and it will be licke
treakell; and then anoymt the sore with it Lucke warme
S

677. A good Salue for old sores to Cleanse them and to haue away stench: & to heale them
Salue
Take honnie white viniger and white wine an: j pint boyle them and stir /
them well; & put thetto of verde grease smale powdred oz ij. then boyle /
them till halfe the liquor be wasted againe; then take it & while it is hard lay it to the sore vpon a lining Cloth; & when it is softe wett lintt therine and lay it to the sore; vpon a lining Cloth; yf it worke (5) to sore delay it with oyle of roses;

678. A speciall good healler of old sores and vlcerations that that is open & Cleane reddy for healling
Salue
Take of good white wine Q ij of the watter of oke leaues stilled Q j of /
Ragworte M. ij stampe it smale and put it into the liquor; and seeth it till one pdrf therof be Consumed and soe wth lint apley it to the sore

679. A salue for all maner of sores old or newe
Take of meade wax, of beores greace that is molton an: lb j frankencense lbss. masticke oz j; peresin spanish' Codd; stone pitch an: /
oz ss.; breake them all into a faire panne, & sett them over the fire and medle them altogether, and take iiiijd weighte of verdigreace and make it in powdwer; and strew it abrode in the panne; and stir /
them well till the verdigreace & others be well moulten together then take a basson and wett the bottome wth watter; and anone take /
downe the panne; and power into a Canvas bagg; and lett it rune into the Cleane basson; and soe straine it out and keepe it while /
you stand in need (10)

680. ffor anie sore or Vlicer a good drawer and healler
Sores
Take a sawcerfull of honnie well Clarified vpon a souft fire and put thetto the yelkes of ij new laid eggs: and a little sawcer full of the iuice of younge smallage; being stampt & strained & put to them well boulted wheate flower & thicke them ther wth and worke them well till it be of sufficent thicknes to make a (5) plaister ther of; but nott out' thicke nor dry; and put that in a box Close; and as you need fresh & fresh: dress it vpon a Cloth that neuer sope Came vpon; & lay that plaister vpon ye sore soe farr as the heate & swelling goeth; & Chang it evening

679/2. spanish] There is a tilde above the centre of this word.
and morning (10)

Till it must be made new as you need it for ouer iiij or v days (11)
it will nott Last good

ffor to Coole and abate the heate of anie sore
Take white wine and well tryed Almonds; and all Cold make fine
Almond milke therwth; & straine it often that it be fine and
white; but that must be in a strayner or Cloth that sope neufr Came
on; and when it is made put it in a glasse or other Close vessell
and as you need with a little lining Cloth; washed as before wth
out /
sope anoynt soe fare as the heate goeth; and after wett A
like Cloth & Couer the same therwth, and when it is dry; Chang
it; for after it is through dry it Changeth the nature in
operation

ffor to Coole a heate to aswage and heale a
sore legge or foott in briefe time.

Take of good stale ale a pottle; with some of the bottom Called ye
dreggs; and put ther vnto asmuch as an egge of good roch Alome
slipps of rose mary, marigolds & sage an M. j boyle al this
together to the third part, then take it downe & lett it settle; & put the
Liquor from the drose into a Close vessell of glass or earth; and (5)
wett a russett papfr therin and fresh & fresh lay it to the sore
soe farr as the heate or swelling goeth; & soe wth double fresh
papfrs wett therin; Continue it to the sore till it be whole
Alsoe to Coole a sore, take the iuyce of Sorrell marigolds and
mallowes; and of as much viniger as of all the iuyce; & wett a
Cloth therin and lay it to the sore; and euer shifte it as it dryeth

A speciall medicene for Scabbs itch <Q> fern wormes
Take and gather the water that dropeth out of Vines and keep
it in a vyall and anoynt or wash the sore ther with and it shall
amend

* 683/Title. <Q>] This may be a form of ampersand, but it is unique to the manuscript.
An Excellent medicen for the dry Scabbe.

Take of the iuyce of burraige fumitorie and Scabious: an halfe a pint seth them ouer an easie fire till they seeth; & then will come therof a <Crudde>;* Take & straine the liquor thorow a Cleane Cloth, and Cast away the Crudde; & keep the Cleane liquor and sett it ouer the fire; and put therto a pottle of whay; and the white of vj egges; and beate the liquor with the whay and eggs together; till it be white with fome; then put therto of w† suger lb ss. mingle them well together; and a quartren of aniseeds beate in a mortter; and seeth all these things together with an easie fire; till the liquor be Cleane, and that it buble vp in the middest; then straine it through a faire Cleane Cloth; and keep it in a glasse, and glue it to the sicke to drinke, a good quantitie eu'ie morning, noone & eveninge the space of fourtnight; then after the fourtnight a little Cassia: fistula: and mingle it with the same liquor; and give it to the sicke to drinke att morne iij days; and euere day iij spoonfulls, and after lett him bath him with mallowes, and it shall deliu'r him from y† Corroption A medicene for the Scurfe and scabb or heate that runneth in the bodye

Take roch bremstone and bray it fine, and mingle the said powder to good may butter; and stirre & worke them well together: and anoynt the boddy or member infected therewth and god willing thou shalt be whole.

To dry away scabbes

Take red docke rootts pomp®r nell, scabious, sorrell, Celendine; stamp / them & temp®r them with good may butter; then fry them well together; and straine them in a Cleane vessell; and Cast ther in: a good quantitie of bremstone powdred & then stirr it well together till it be Cold, and therewith anoynt the sicke till hee be whole; Alsoe take tarr & honey and Clarifie them; and sewett of a deer or sheepe, and boyle altogether in a panne, and that don A / noynt the sore diu's times till it be whole - or else take argentu "

* 684/3. <Crudde>] The 'r' is superimposed on an illegible letter.
* 686/8. argentu ] There is a title above the 'u' at the end of this word.
vinuum oz j auxungia porcono' oz iiij and powder of oyster shells burnt / and soe make it.

S

A speciall good plaister and healler for all sores

Take wax out of the bee hiues and may butter or deer sewett and put to that some watter of woodbine and plantine an: licke quantitie boyle altogether vpon a souft fire and make therof a plaister after ye artt and it shall heale mightily

A sale for a greene sore

Take a quantity of turpentine, and worke it well in faire watter till it wax white and Cleare, then take halfe asmuch in quantitie of the yelkes of egges, and worke the turpentine & them together till they be well mixt, and put in a box and with a little lint; when you haue need vse the same.

To make Saluus populi

Take Celendine M. ij hayhoue, yarrow, halehoue Cowhoue and mayden /

A especiall good plaister and healler for all sores

Take wax out of the bee hiues and may butter or deer sewett and put to that some watter of woodbine and plantine an: licke quantitie boyle altogether vpon a souft fire and make therof a plaister after ye artt and it shall heale mightily

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them with the iuyce of rew; and aple them to the stomake and it helpeth for it hath a wondering operation

693. ffor swelling or bruises

Swellings
Take good ale dregges of the best Crummes of leuen bread, and sheepes suet; fry them & make a plaister alsoe take dayses in radicis and bettonie leaues contundd an M, j: demde addi /
oleum albi ouoru 'mellis misce fyatt cataplasma Diacolon Compositu ' good for all swellings

694. A medicine to heale anie sore or wound and to keep it with out proud or dead flesh

Sore
Take halfe a pound of wax a quarter of a pound of sheepes sewett of Rosem turpentine an: a quarter of a pound; [haf] halfe a pint of sallett oyle - bugle that growth in woods M, ij : smallage (3) mallowes; valerian; grounswell, bame; an: M, j; Stampe & straine the herbbes; and put the Juice into the fore said things, (being a while /
boyled) then seeth them together a quarter of an hower, then take it from the fire, & lett it stand till it be Cold; then take A way the smalage from the bottome; then take som of yor balme watter; and put into it soe much as will make it greene [&] and lett it Boyle a quarter of an hower & soe take it to yor vse

695. A Searcloth for all maner of aches

Sear-cloth /
Take a pound of vnwrought wax; halfe a pound of Rosen frankensence oz ij sheeppes sewett lb j & halfe; boyle them altogether /
& straine them in afair bason: & then put them on a Chafing-

---

*692/1. Camomell] There is a tilde above the 'amom' of this word.
*693/4. ouoru ] There is a short tilde above the 'ru' at the end of this word.
*693/5. Compositu ] There is a tilde above all but the first two letters of this word.
695. (Contd.)

= dish of Colles; & dip a lining Cloth therin & soe Lay it to the sore

696. ffor the stone & strangurie

Stone
Take the felmes that is within the mawes of geese; & lett them be purely dryed & then make powder therof & drinke it with stale ale; & it helpeth by gods blessing

697. ffor ye stone & to provoke watter

Stone
Take a quart of milke & boyle therin a handfull of Clisene & lett it boyle to a pint then make a possett with white wine & drinke it often & it helpeth

698. ffor the stone

Stone
Take the nob or knott that is in the handle of a pure vennes glass & beate it to a verry fine powder; & giue the patient of that powder in white wine to drinke & it helpeth

699. ffor the same

Stone
Take broome seede & drinke often in white wine & it helpeth

700. An oyle of Mr Martheldo afrench phisition to Cure the stone

Stone
Take of oyle of turpentine; bremstone in fine powder, [whit] white Amber in powder; anna: alicke quantity; lett them boyle together in some glass, soe long vntill they becom redd; but take heed & boyle it in som open place; because other wise it is dangerouse; it is verry good for the stone being giuen ij drops in ye morning in white wine;

701. A medicen of Dr horsford to provent an Ague or feauer:

Stomacke
Take a good handfull or Rosemary & bruise it then wring out the Juice; & drinke a draught of it morning & euening for two days & it helpeth
703. **Salue**

To make a blacke salue

Take a pint of sallett oyle, & sett it over the fire in a skillett and when it doe boyle put ther to halfe a pound of red Ledd, & lett it boyle /
together till it doe looke blake, then put therto of wax oz ij, then take /
it of the fire, & put into it of Rosem oz iiij & of turpentine oz ij you must keep stirring it after you put in yo' red Led till it be well boyled; power it into an earthen vessell & keep it to yo' vse it is good both for drawing & healing

704. **Salue**

To make a skining salue or searcloth

Take a pint of sallett oyle and halfe a pound of Ceruse or white Led finly beaten to powder; & halfe a pound of wax, & a spoonfull of lard, boyle al these together alwaies stirring them; & lett it boyle till it be perfecctt blake: then dip in yo' Cloth to make a searcloth it is an excellent healing salue

705. **Searcloth**

A searcloth for a Joynt that will nott bide in his place

Take red wax & fresh butter; & make a searcloth and aply: vnto it and it helpeth

706. **Seattica:**

ffor ye Siattica: or Atch aprooued

Take linseed oyle oz iii; blake sope oz iiij salt well drowed and beate to powder oz iiij; boyle them together & make them vp in a role; & when you will vse it; driue it abrode vpon a Cloth & lay it to y'e grife

707. **Scalding**

To heale burning or scalding wth out plaister or oynmt

Take an Oynion & Cut him ouerthwart & wring out the Juice vpon y'e wound; doing soe eu'ie day twise it will speedily be healed protobatum est

708. **Salue**

The Lord Chaples salue for Cutts or rankling Coming of rubings & alsoe for y'e Lipps

Take a pound of may butter Clarified; then take of wax oz iiij of Roseme oz ij boyle them altogether; & when it is well boyld then
708. (Contd.)

keepe it in ye Cake or other wise; (3)

709. an oyntm for Seatica

siatica: Take a gose & take out the intreells and fill the boddy wth white pitch; and sage washed in aquavitae; & soe rost the goose & wth the fatt anoyny the place & it will helpe in shortt time

710. A Salue verry Good for an Extenuated or witherd memb

Salue Take Cats Grease; deer: Suett: boars-grease: Hogges-grease: the marrow of Neats feett; Honey: doggs-grease: badgerers grease of each alicke quantitie: boyle them altogether in wine to an oyntm then Straine it: & therwth anoyny the place affected: before the fire twise a day (5)

711. Another for the same

Salue Take Sage: mallowes Netles: & there rootts: Camomile Sprigges of Juniper of each one hand full; doggs grease & fresh butter of each oz ii: Chop the herbs Smale and boyle them to a grout: & then Straine them through a Course Cloth: then put the grease & butter to it: & seeth it againe to an oyntment then reserve it for the vses before mentioned (5)

712. A salue for a tumor or Swelling in the groyne or privy parts

Salue Take Rosin & wax of each one ounce: a great onion: & ij Lelly rootts Stamp them & seeth them in goatts milke: then straine them through a lining Cloth: & Lett it seeth well againe: then stir it about till it be Cold & soe reserve it for the vse afore said (5)

713. A Comforting Strenthing Syrup for one

that is weake: in anie distemp Dr Tompso

Syrup Take Plantine: Shepards purs: the tops of

[MS Sig.N8v] 244 (Contd.)

[MS Sig.N8v] 245. There is a wider margin than usual ruled down the left hand side of this page, but there is no margin across the top, and no large capital.

713. This remedy is written in the scribal hand, but the writing is larger and more hurried than usual, and (as for Nos. 26, 27, 352, 463, 557, and 562 above) it was probably a late addition to the MS.
Strenthning

Red nettles: horse tayle: Lurer wort harts tounge
Leaues: anna: M. j ss: wood sage: prunilla: Sanicel
borage: bawine & the Leaues of Comfrey anna:
M. j mugwort mother wort & ground Jvie
an M. j the roots of Comfrey: the rootts of
Angellica & the rootts of Lovage ann: oz iiij
the root of burdocke & butter bur an oz iiiij
Wash Scrape & Cut the rootts: & Boyle all
in 5 quarts of Spring water untill it Coms
to 3 then Straine it: & Boyle it againe
wth 3l of white Suger & one dragme of Safron
a little while: then take it of & when its
Cold bottle it: & drinke therof a quarter
of a pint att a time: 3 or 4 tims a day

For the Scurvy.
Take 5 Goose turds of Geese that eat onely grass as they fall
in the Morning, and 7 or 8 Cloves beaten Small & put all in a
good draught of Beer & Let it stand halfe an hour stirring
it now and then; Then strain it & drink it in the morning
fasting: fast two or three hours after; and walk as
much as you can: Do this One and twenty mornings: Take now
and then some Lemon Possett, take a Spoonfull of Syrop
of Femitory and put it in a quarter of a pint of
Burrage Water: and take now & then a Spoonfull at
y' pleasure: After the 21 morning; take three handfulls
of Scurvy grasse, three handfulls of Water Cresses and an
Ounce of Grains beaten small & put all in a galon
of strong Beer & Boyle it to halfe and take halfe a
pint every morning for seven mornings & fast as
aforesaid This Rx rec'd of Ezekiel Russell of Halstock

[MS Sig.N8v] 245 (Contd.)
713. (Contd.)

[MS Sig.N9v] <246>'

714.' For the Scurvy.
Take 5 Goose turds of Geese that eat onely grass as they fall
in the Morning, and 7 or 8 Cloves beaten Small & put all in a
good draught of Beer & Let it stand halfe an hour stirring
it now and then; Then strain it & drink it in the morning
fasting: fast two or three hours after; and walk as
much as you can: Do this One and twenty mornings: Take now
and then some Lemon Possett, take a Spoonfull of Syrop
of Femitory and put it in a quarter of a pint of
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y' pleasure: After the 21 morning; take three handfulls
of Scurvy grasse, three handfulls of Water Cresses and an
Ounce of Grains beaten small & put all in a galon
of strong Beer & Boyle it to halfe and take halfe a
pint every morning for seven mornings & fast as
aforesaid This Rx rec'd of Ezekiel Russell of Halstock

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[MS Sig.N9v] <247>, [MS Sig.N10r and v] <248> and <249>,
[MS Sig.O1r and v] <250> and <251>, [MS Sig.O2r and v]
252 and <253>, [MS Sig.O3r and v] 254 and <255> are blank.

' [MS Sig.N9v] <246>. There are no margins ruled on this page, and there is no large capital at the top.
714. The handwriting for this remedy is the same as for No.563, and it probably dates from the last quarter of the seventeenth century.
715. **T**

**Toughtnes**

For the Tisicke toughtnes or spleene

Take ij spoonfulls of filled Steele; ij spoonfulls of Sinomon; one spoonfull of Cloues made into fine powder; put this into Q of white wine: & stew it in the Embers all night; & then drinke therof eu¨ie morning; & walke after it vntill yo¨ body be warme fast iiij hours after yo¨ draught; it is alsoe good for the Spleene.

716. **Tisicke**

A speciall drinke for the toughtnes

Take Rosemary: time, hisope, hore hound; Colts foott an; M. j licores anneseeds reasons of the son; beat or bruise yo¨ licoris & aniseed & stone yo¨ Raysons; & ad som figgs with som pa¨sley rootts vennell rootts: & som setrak: boyle all these in faire water vntile halfe be Consumed then straine it & throw a way the dreges; then sett it ouer ye fire againe: & put therto a good quantitie of suger; & boyle it well & drinke a good draught of it first & Last.

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717. **T**

A medicine for the tisicks stopping in the breast & to open ye pipes.

**Tysicke**

Take the rootts of pa¨sley, fennill and succorie; take out the pythes of them and seeth them with white wine, or renish wine till they be soufte; seeth them with Junipér=berries yf you Can gett them; then straine it when it is well sodd putt pellitorie of spaine to the wine; & lett the sicke drinke it morning and evening viij dayes and hee shall haue Remedy by gods grace.

718. **Tysicke**

Another for the same

Take barly prepared oz ij greate raysons oz iiiij, figges Cleane washed / and scotched num: iiiij hisope M.ss. licorice scraped & a little brusied / x oz ij genger pared, & a little brused oz j, fennell roott num ij parsly rootts iiij being Clean wast & the pithes taken out; boyle them in vj pints of Cleer watter vntill a quart be Consumed, then straine the liquor; from all the ingredients afore sd thorow a Cleane Cloth, & keep it in a Cleane vessell, & drinke therof a little att a time warme both night & day as need requireth.
718. (Contd.)

more page 53: 54: 55:

719.

**A drinke for the tysicke**

Tisycke

Take Rayson of the son the stones being pickt out lb j; of barly M. ij /

sene oz j polipodium oz j licorice Anniseeds an: oz j; boyle all this in v /

quartts of runing watter till halfe be Consumed, then take it of yᵉ fire, & put thereto a quartren of suger; then straine it into som Earthen vessell, & drinke a draught therof first & Last

720.

**A decocktion for the tysicke**

Tysicke

Take an old Rabett or Coke, & boyle him wᵗ Rayson of the son ye /

stones being taken out, & Elecompane roott sliced; put in ij handfulls /

X

of barly, & som girtts; & orgin; boyle all these in fair runing watter; then take forth the rabott or Coke; yf you will you may Eate him; & drinke a draught of this Liquor being strained, into som Cleane vessell; & take a draught of it when you goe to bedd Cold; & a draught in morning warme

721.

**A medicine for a sore throte**

Throte

Take Colembines & Cinquefoyle, stampe both together; & straine them with milke; & drinke it warme. Alsoe take fennell and boyle it well in running watter, & then hold thy mouth open ouer the steame therof, & when it is nigh Cold hold of that watter in thy mouth & gargarize it & Cast it out againe; & doe this iij or iiij tymes in a day

722.

**ffor the tooth Ache**

Tooth ache

That thy teeth neuᵗ ake, take the powder that Cometh of the fylinge of /

a harts=horne and lett it seeth in a little watter in a new earthen pott; & soe put into thy mouth where thy paine is; also stamp ij Clouses of garlick & tie it about thy arme on that side that thy tooth aketh neer to thy hand & it taketh away all yᵉ paine

more /

page: 5
723. To make the teeth stand fast
Teeth
Take the rootes of vervine and seeth it in old wine & wash thy teeth ther with; & it will Clense & fasten thy teeth
Alsoe hartts horne burned till it waxe white, and beaten into fine powder & y^e teeth rubbed ther with, maketh them Cleane and the gumms seareth the burning pains in them

724. To plucke out teethe
Teethe
Take the braines of an hare, & seeth them in redd wine and therwith a noynt the teeth that you will haue out; & itt will falle out with out paine.

725. To Kill the tetter ring worme or anie Kind of itch
Tetter
Take sallett oyle; and salt temper'd therwith: & being Looke warme a noynt the place therwith & you shall find remeddy alsoe take peper finly beatten with brimston sope & salt: & [mak] make a salue thereof & therwith anoynt y^e place evening & morning or ells take mercurie Sublimate & steep the same in faire runing watter: & after it is well resolued with a faire Lining Cloth wash therwith yof tetter ring worm or itch: & it shall shortly Kill y^e same.

726. A Soueraigne medycine for Tetters
Tetters
Take of vnslackt Lyme M. ii of fair runing watter Q j put both together in a pott the space of ij days: & then take of bole armonicke oz j and stamp it in a mortter then straine halfe a pint of yof watter; & put it into the mortter and Labor it with the pestell till it be a faire blew: & soe sett it vp in a Close vessell; & vse it as need requireth. this watter will Last a whole yeare in his full strenth alsoe the oyle made of wheate or of broome being a plyed vnto the tetters will sley & Kill y^e same. more pag 199 :

727. To draw a thorn out of the foott or ells where
Thorne
Take the barke of hawthorne & seeth it in redd wine till ij parts be Consumed, then powre out the wine & [st ] Stamp the barke Smale: & temper it with boars greace
and fry them together; and make a plaister and aplie the same as hott as may be suffred.

728. **ffor the same**

**Thorne**

Take bullein wax lb j turpentine lb j oyle a pintt Sheeps tallow lb j rossen a quarter of a lb; then take a pint of the iuyce of these herbbs following; that is bugle: smallage & plantine; and lest of the plantine then Boyle them altogether ouer a souft fire; alwais stirring it till they be well mingled; & Lett it seeth till all the scumme Consume away; then take it from the fire, & Lett it Coole a little & then Straine it through a faire <greene>' [Cleane] Cloth into a Cleane vessell and <aply>' it to the greife

729. **ffor the same**

**Thorne**

Take white Chalke & beat it to powder; and mix it wth blake sope; [,] and make it in maner of a salue & spread it vpon a Cloth: & Lay it to the place where the thorne is: & it will draw him forth; yf the orafese be opened

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[MS Sig.O6r] 26<0>

**T**

730. **A nother for the same.**

**Thorne**

Sothernwood & fresh grease of there owne propertie doe draw out Spriggs, thorns, and other things that fasten in the body; Holewort stampt & applied is of the same operation haue the seeds of rockett Soose dunge plaistred vpon the grieve draweth out the stickes & iron that be fastend in ye flesh. The ashes of a Swallow burnt, mixt wth viniger and applied is of the lick operation Oke ferne stampt with hoggs grease / & bound vnto the grieve is good in operation' for it draweth out the broken bones, & yf it be drunke it healeth bruises Ashes made of fumoterre Stampt and mixt wth raw honny and applied vpon the woundes draweth out pieces of boken bones soe doth the ashes of earth worms sodden wth honny and

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728/9. <greene>] This word is interlined above a carat mark.
728/10. <aply>] The 't' is superimposed on perhaps an 'e'.
730/8. op£racon] The final letter sweeps upwards and backwards, forming a small tild.
applied to the sore more page 151 (13)

731. To make Turpentine potable most soufaigne for the stone
Turpentine potable Take of Turpentine a quarter or oz ss and stirr it in a dish then put it to the yelke of an egge and stirre it together then put to a sponfull of possett ale and stirre it and it will resolue this is most soufaigne for the stone.

732. A pretious Tisane
Tysane Take french barly Clensed from the huskes M.ji boyle the same an hower in ij gallons of faire runninge watter then put therto of the rootts of ffennell parsley and elocompane an M.j scabilouse M. ss of Jsope mayden hair sade Cinque= =foyle and pennie royall an M. ij licorice Craped & brused (5) aniseed Clensed an M. j of figges & dates xviiij raysons solus M. ij / white suger lb ij. and when it is well boyled. then straine it and when it is Cold. put to it the whitts of iiiij or v egges Clarified and after it is strained giue it a heate an soe put it into a Jllie bagge. wth good rose watter & sinomon (10) and genger beatenn to grose powder and soe Lett it rune forth as Cleer as you may

[MS Sig.O6v] 261'

733. for a Tetter
Tetter Take the iuice of white brioney roote and anoyn the tetter wth it & it helpeth

734. for a wet Tetter
wett Tetter Take goose grease and the watter that is vpon tarr yf it may be had. or raw tar & mix it together and anoyn y\textsuperscript{e} sore morning [...] and night and it helpeth pr\textsuperscript{O}batum est

735. for the Tooth ache
Tooth ache Take thine owne watter & wth lint the watter being hot bath thy tooth and stope him wth lint wet in the same watter and it helpeth

\* [MS Sig.O6v] 261 There is a margin ruled at the top of this page but only a faint mark where the large capital is usually placed.
ffor a redd takeing
Take red sage, red fennell, mallowes & groundsell anna: licke quantity. Chop them smale & mix them wth raw - heade and spread it vpon a Cloth al Cold employ it to yor griefe & Chang it twice a day & it helpeth

An Exellent Gargasime for the tooth ach & rume
Take honnie viniger & mustard: an: halfe a spoonfull & a little pepér heate it vpon a Chaffing dish of Colles & gargarise thy mouth therwth

The numbering of pages leaps forward by ten here.

[MS Sig.O7r] <272> is blank with no page numbering.
738. A medicine to Cease Vomiting.
Vomite
Take red mintes, sage, and Womans milke, [bo..] or Cowes milke / brayed and strained to gether; & giue the patient to drinke Cold & it shall Cease the Vomittinge:

739. A medicine for them that doe vomit upp ther meate by weaknes of Stomacke.
Vomite
Take the nether Crust of browne bread dry it well, & leasurlie att the fire, then steepe it in strong viniger, alittle while; then take it out, & spread vpon it the powder of Cloues warme it againe & tye it about the mouth of the stomacke, & the vomitte will cease; (5)

740. Against horcenes to make open & Cleer the voyce
Voyce
Put mustard seed in dry figgs & giue the patient them to eate in the euening; it doth disolue the grose humo & openeth the stoping of the Lyghts; and alsoe the Conduit of breathing, & Cleereth the Voyce more Page 54. 55.

741. 
Ung:Desiccitive Rub: doth Coole & dry much & healeth Sors

[MS Sig.Ogvl275] 274 is blank, but ruled across the top, and with a margin on the left.
[MS Sig.Ogvl275] <275> and [MS Sig.Ogvl276] <276> are blank.
W

742. To Cause one to breake wind

Wind

<.l>’ Althea roottts boyled in possett drinke & giuen to drinke doth break y’e wind

743. A powder too Stanch blood in a wound

Take Frankincense: arsenicke: Aluminis Succarini anna: oz ij Calcis vivi Six ounces: mix them altogether in fine powdr & add therto a pint of vinegar: & boyle them together till the viniger be Consumed: then Lett it drey in the Sun or against the fire: & make it againe into fine powder; & then to three ounces of this powder add halfe an ounce of bole-Armoniacke & one ounces of Pulvis Alcamistinis: & mix them altogether into verry fine powder; & reserue it for yo’ vse; to Stop anie flux of blood in a wound: & when you haue anie occation to vse it take oz iiiij of this powder: & incorporate it w’th whites of Egges: then take a bolster of towe beg enough to Couer the place wher the wound is: & dipe the towe in vinegar: & press it out againe: then Spread yo’ mediceine one the towe: & after [St.] Strow A Little of the dry powder vpon it & aply it: & after lay vpon. this manie more little bolsters of towe: as much as is needfull to Stanch the blood And proceed in the Cure: as you doe in the Cure of green wounds: yf there be noe vler: or inflamation or putrifaction in the bones: but yf the bones vlcerate or putrifie: then to resist the same vse y’e medicen in fol.45

W

744. ffor wartts

Wartts

Take rusty bacon and rubb yo’ wartts and then make a hole vnder the threshold of the middle dore; and put it in and ther lett it ly and yo’ wartts will goe away sudainly prOued

1 742/1. <.l> There is an illegible letter preceding the ‘l’.
745. A watter to Cure all manner of Sores be they neufl soe festerd and stinkinge all maner of Cankers in the nose mouth throte or else where.

Water
Take red sage, Celondine; woodbine flowers with the leaues: an: M. j runing watter a gallon put the herbb in it & lett them boyle to a pottle than straine the herbb, through astrayner; & take the liquo$r$ and sett it ou$f$ the fire againe; then put therto a pint of English honnie; a good handfull of roch allome finlye /

beatten a $j^3$ worth $<o_f>$' graines grosse brused: & lett them boyle together iiij or iiiij walmes, and lett the skum be taken of w$th$ a feather /

and when it is Cold put it in an earthen bottle or potte; soe as it may be kept Close; and for a green wound take of the thinest of the said watter; & for all sore the thickest of the said watter (10) being first well shaked together, and after you haue Clensed ye old sore with white wine, take a quan$<\text{titi}>e'$ of fine lint & the same $<\text{being}>$' well dipped in yo$r$ watter $<\text{doe}>$' you therw$th$ often times bath yo$r$ wound; & w$th$ the said li$<\text{nt}>$' in the end Couer ye w$th$ being well wett in the said watter$<r>$' and yo$th$ be anie /

holes in the said wound fill them w$th$ lint made tent wise: & soo after Couer the whole wound w$th$ a pccs of a bladder; the more better to Continew yo$r$ bladder in moyster; & that yo$r$ lining role wher w$th$ you bind vp yo$r$ wound may nott hastily sucke vp or dry vppe the same; and after such sortt yo$r$ wound to be dressed (20) twice a day; in the morning & att evening untill it shall please god to Cure the same

746. A water too digest Choller

Water
Take Centtorie; endiue rootes Sorrell, morsus diabolin: (or deuills

* 745/6. $<o_f>$] This word is partially obscured by an ink blot.
* 745/12. quan$<\text{titi}>e$] This word is partially obscured by a large ink blot, but has been verified from Folger MS V.b.129.
* 745/13. $<\text{being}>$] The final letter is missing because of a probable hole in the paper.
* 745/13. $<\text{doe}>$] This is obscured by the same ink blot, but has been verified from the Folger MS.
* 745/14. li$<\text{nt}>$] This is partially obscured by the ink blot, but has been verified from the Folger MS.
* 745/15. watte$<r>$] The ink blot obscures the 'r', but it has been verified from the Folger MS.
746. (Contd.)

bitt) /
lettice, borrage, [s.] scarioll per tulake woodsworth scabious water
Lellie /
white poppie an: a lice quantitie; distill them and drinke the water/
therof morning & euening first & Last and it shall digest
Choller

747. A water to digest melancholye
Water
Take burrage, langdebeefe, harts tongue, Calamint mugwort
rosemarie, scabious time Jsope, saufie, Comenders,' mugworte
rosemarie, the flowers of the tenderest of woodbine ana:
a lice quantitie; distill them; & drinke the watter therof
moring & evening first & Last and it will digest malencholy

748. A water to digest and Clense bloud
Water
Take Burrage langedebeefe fumitorie scabious tormintil
the rootts Especiallie rose marie pimpemnell, avens mariorum
bame; distill them & vse them as you doe the other
waters before & it will Clence the bloud & is a good
Cordiall

749. A Water to purg flegme looke page 93: 94

750. A Cold Water for the Liuer
Water
Take Endiue leuerwort peniroyale, fumitorie, Scabious, Sorrel
Water lillies, burrage, Sanders, lattice, purselaine, violettis red
viniger and vse them as the former

[MS Sig.O11r and v] are missing / torn out, obviously before
being numbered. Scraps of paper are caught in the stitching.

[MS Sig.O12r] 280

W

751. Aqua Mirabilus Et præciosæ.
Watr
Take galingale, Cloues, quibibes ginger, mellilote, Cardimome
maces nutmeggs an: oz j the juice of Celendine halfe a pint
and mingle al theis made in powder, with the same juice
and with a pint of aquavitaæ: & three pints of good white
wine, & put this together in a stillatorie of glasse; & lett

* 747/2. Comenders] There is a tilde above the first two syllables of this word.
it stand soe al night; and on the morrow still it with an
easie fire as Can be; this water is of [scre] secrett nature
it dissolueth the lunges wthout anie greivance; & the said
lunges being greiued wounded or pefished it mightily healeth
and Comforteth it and it sufreth not the bloud to putrifie
but the same in greate quantitie it multiplyeth; and
almost hee shall neuer neede to be lett bloud; and this
water suffreth not the hart to be brent; nor the melancholy
or flegme to be lifted vppe, or to haue dominacon* aboue
nature; & this water Expelleth rheume mightily; & pofetteth
the stomacke maruelously; & Conserves memorie and
destroyeth Palsey of the lynes of the tongue; & it peresueth
a man from the palsey; And yf the said water be giuen to
a man or woman laboring towards death one spoonfull
relieveth; Of all waters artificiall this is the best; Jn
Sumer* vse once a weeke fasting the quantitie of a spoon [ful]
full <.>* and in winter ij spoonfulls.

Aqua perfectissmia

Take Turpentine, honnie, an: lb j aquvitae Q:ss. lignu' aloe
well broken in a morter, red sanders an: oz iij gum arabacke oz j
nutmeggs, galingale, quibibes sinomon, mast<i>cke' Cloues
SpickeWard; (or ells spickeware) saffron genger an: oz iij muske:
Σ v. /
Stampe all these together & meddle it well; & doe it in
a stillatorie of glass, & stoppe all the vints that noe ayre
Can Come out nor smoke. And make asoft fire till the
first water Com that is Cleer as the water of a well; &
the second Cometh as Cleer as a Cole of the fire; then
make the fire somwhat hotter; & when the 3d water
Cometh it is blacke & thicke as honie; & then make ye
fire hotter still till all Com out: The first water yt is
Cleer shall be drunke wth warme wine; the second & 3d
shalbe to anoynt thy boddy; the first water drunke wth
warm wine, consumeth flegme in the; and causeth ap=

* 751/14. dominacon] There is a tilde above most of this word.
* 751/21. Sumer] There is a tilde above most of this word.
* 751/22. full <.>] There is an ink blot here obscuring anything underneath.
* 752/1. lignu] There is a tilde above the last two letters of this word.
* 752/3. mast<i>cke] The 'i' is superimposed on an 'a'.
petite & purgeth the stomacke of all evill humors & alsoe it will suffer noe inner <postume> Com nigh the hart or principall member; also yf thou take a clout wet in the same water, & put it in thy nose, as far as thou may wth thy little finger; & shall purg the head of al maner of flegme & rewme; & the pose, & alsoe stinking breath of what Cause soeuer it bee, drink it att euen & morning as J haue said before it shall make the whole; & yf thy teeth ake either of wormes or of Corropt bloud wash them wth the said water, & they shalbe whole; & almaner of things yt is put in that water shal neuer putrifie; & wet a Cloth in the same water & put it in anie wound & it shall make the wound whole. whether it be Canker or fistula or what maner sore soeuer it be: rub thy backe bone withall & it shall help thee of the quartaine

Dr stephens water Looke page .232.

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To make Water Imperiall

Tak iii gallons of redde wine or anie other wine Except w't wine and take wild Sage, worme wood Jsope organ time rosemarie [sac.] sanctuarie hartstounge Sabious an: M. j. Cut all thies smale, of aniseed and licorice an M. iiij Cumin' roots elocumpane figgs graines mace an: oz j bruise all the spices in a morter and then mixe al theis together. & put it into a pott and lett it be stilled in a limbecke

ffor aquæ Composita looke page 218

To make a water restoratiuie for anie person wose Leuir or lunges are wasted.

Take fennell roots; parsley roots, an: M.ss. pille of the our'barke &
Cast away the hard pith that is within; & shred them smale and put thervnto of Jsope violletts & sorrell an: M.ss. and being somewhat bruised seeth altogether in iiij Q of fine running: water and ading thervnto halfe a pound of figgs shred into diuers peeces /

Note: 752/17. <postume> The 'o' may be a misreading, or is superimposed on an illegible letter.
Note: 753/4. Cumin] There is a tilde above most of this word.
754. (Contd.)

altogether till the one half of the water be consumed; & put thereunto a good quantity of honey; & let the whole be strained through a clean cloth; & give the patient to drink iiij or iiiij spoonfuls thereof eu'ri morning lucke warme & it shall restore him by God's grace;

755. To make water of balm

Take iiij gallons of such strong ale as the wort thereof being sodden will bear an egg; put therein of balm 1b iiiijss. Stamped licorice well script and beaten 1b j anis seeds ss., fennel seeds & / Caraway seeds an: oz iij all the seeds being brayed let them stand / xij howers in steeping stirring it often times then distill it by a limbicke & draw thereof in pints & noe more.

756. To make sweete water

Take a pint of rose water, as much Damaske water mixt then put thereunto powder of Cipres muske & Ciuett powder of Benjamin oz iij mixed with the said water: put it into a glass, & set it into the sonne stopped.

757. for wormes in the teeth

Take henbane seed, & leek seede and the powder of insence: an: / alick much; & put them on a glowing white tyle stone: and make a pipe of latten that the nether end be wide that it might cover close the seeds; & hold thy mouth over the end of the pipe that the ayre may goe into the fore teeth & it helpeth more page iiij. v:

758. for worms in the belly

Take vnset Leekes, lavender Cotten Wormwood tansey; bruise all theses together; fry them with the gall of an Oxe & some viniger; & lay it to the navell as hott as may be suffered vse it iiij or iiiij times & you shall have remedy by god's grace: Also take nep & stamp it & temp't it with hott wine when hee is pained give it to the patient to drink:

759. for all maner of wormes

Take groundswell and plantaine with the roots stampe them
and straine them with malmesey and warme it & giue it the patient to drinke iiij days together it will kill all maner of wormes & yf hee haue an ague it will as alsoe rid it by gods grace

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W

760. ffor wormes in a Child
Wormes Take aqua Composita and washe the breast of the Child and then take the powder of mirhe verie fine beaten and strowe it vpon the brest of the Child after it is washt and Lay a warme Cloth to yt and Lett it lie xxiiij howers

761. for Wormes in the bellye
Wormes Ribworte Stampt and plaisterwise bound to the Nauell or som part therof drunke with a little viniger Killete the wormes mightlie; the scraping of a hartts horne and powder therof drunke with a little viniger Killete the worms Alsoe seeth the rinds of pomegranates; and the roote of an ashe of licke quantitie in a quart of white wine or ale and drinke therof fasting in the morning and it sleayeth the wormes wonderfullie

762. ffor Wormes in a Child.
Wormes Take halfe a pint of malmesey & put thervnto of Cloues and mace oz ss. being well beaten; & a good quantitie of Capons grease /
and tempér them well together and being made warme anoynt the Stomacke of the Child before the fire

763. ffor a wound wich is healed aboue and sore vnder neath
Woundes Take barly meale the white of an egge and honnie and mingle them together, and make a plaister therwth and apply it to the Sore and it will helpe by gods grace

764. To make a salue to bringe wounds into ther owne Kind; & to cease burning & aching
Woundes Take the iuyce of Smallage, and plantine an: alicke much: take honnie & the white of an egg an: alicke much: put to [...] it the bolted flower of wheate; and stirr them together well vntell they be thicke; and lett Com neere noe fire, but

1 764/3. it] This is in the margin, presumably added after the remedy had been completed.
all Cold and rawe lay it to the sore and it shall Clense the wound and ease the aching; and bring it to his Kind and heale it fayre

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765. A hastey healler of Wounds

Woundes

Take frankencense and asmuch fine rosen smale powderd and put therto of oyle of roses (and mingle them well together) put soe much of the oyle till it be good soft oyntmt; & Lay it to a sore or wounde wth Lintt

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766. A healler & drawer of a wound or sore

Wounds

Take leaues of goose grasse, agnus castus, ribe Called riple plantine leaues flos Campi: bancruse an M. j bray them in a morter with as much smallage as of all them, & with may butter make them in balls; & lay them in a dish Close iiij days; & then seeth them wth a socking fire and straine them, & put ther vnto of waxe lb j; Turpentine as much rosen lb <.> ss. verdigreace oz iiij Boyle altogether one good walme; & stirre it fast & well; & then take it downe & straine it all againe & yf it be hard put therto alittle oyle oliue & wor<.> it vppe in rolles.

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767. To make a drinke that healeth all maner of wounds wthout plaister or oyntmt

Wounds

Take Sanikle, milfoyle; bugle an: alicke much Stampe them in a morter & temper thm wth white wine and glue the sicke to drinke iiij times in a day & he shall be whole .

The vertue of this drinke the bugle holdeth the wound open, melliforie Clarifieth the wound; Sanicle may nott be giuen to him that is wounded in ye braine, for it will sley him, but it may be giuen to him yt is wounded in anie other parte of the body except the head

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* 766/7. lb <.> ss] There is a little finger-nail sized ink smudge here.
* 766/11. wor<.>] Ther is an indecipherable ending to this word.
To make balls to drinke that helpeth wounds sennewes and bns yt be broken

Wounds
Take Consound Comfrey, omande' Crippes, hempe Croppes redd Cole Croppes red netle, & red brier Croppes: Southernwood Tansey, pimpørnell mouseheare, bettoney, bugle, sanicle, avens / madder; and yt thou make them in may take herb-water in the steed of pimpørnell; and take of euerie herb alike [mu.]/ much in weight, saue of madder and of it take as much as of all the other herbs, and wash them cleane & stampe them all in a mortar; & medle them well together with thy hands; & make thy balls then of the begnes of a nutt; & sett them in a Coufer where nither wind Sun nor Ayre may Com to them, for drying to soone and euerie day turne them once: & role them new between thy hands; for going in of wormes; & vse of these balls euřie day in yoř drinke.

ffor wounds in hast or need a very good medicen

Wounds
Take aquavita & turpentine; euen pɾoportions & lay it to the wound warme, & defensitiues about him & it helpeth; alsoe the said medicene wth bole armonicke & white of an egge Stancheth wounes from bleeding

To Stanch bleeding in a wound

Wounds
Alsoe in nesetie a Collope of martimis beefe, or backon broyled vpon the Coles & laid in the wound; & powder of bole armonicke strawed vpon it when it is first hurt Stancheth surly & hath ben pɾoued more page 36

A good drinke for wounded men

Wounds
Take mouseare betoney sinomon, sage an: alicke much & of red madder as much as of them all; make a powdɾ therof & boyle the premisses in Clarrett wine; or ale; & glue the partie wounded therof to drinke thrise a day as much as will goe into an egg shill:

\[^{\text{1}}\text{768/1. omande}^\text{\textsuperscript{1}}\text{There is a tilde above the centre of this word.}\]
W

772. Aspecial balme for eufr(e) fresh wound a greate healer
soe that defensitues be laid about the wound
Wounds Take oyle olie good aquvitæ or aquacomposita & malmsey
ana: pint; Turpentine lb j Centorie St Johns wort an: M. j
masticke frankinsence an: oz ij saffron a groates worth sagen
rosemarie flowers ana: M. j; Stampe all yof herbes & saffron
well together; & put them & the liquor into an earthen
pott & seeth altogether; to nigh halfe a pint; in yt pott being
put within another pott of watter; with a quicke fire; &
then straine the same through afaire strayner and
put the balme soe made into afaire glasse or earthen
pott that noe ayre Com therto & vse therof as need
requireth.

773. An oymtm for a green wound
Wounds Take the leaues of Valerian; Chopp them & Stampe them
in a morter; & put therto a quantitie of fresh butter; as
much as will resolve them; & lett them stand one week
& then straine them being molten vpon the fire; & soe
lett it stand whilst it be Cold; & lett the water be powred
from them & the dreiggs; then put it in afaire panne &
put therto a quantitie of rosen; & wax som what more
& boyle them on the fire softly; till the wax and rosen
be melted; then put them into a fair earthen pott; &
keepe it Close till you vse the same

774. ffor a green wound
wounds Take fine suger and Jsope & beate it together & apply
it to the wound & it helpeth

775. To stanch bleeding in a wound
wounds Take rosen & beat it to powder, & strow it vpon ye wound
& it helpeth probatum est

776. A good water to Clense an Impostum when
it is broken
wound Take about: 6: ounces of mell Rosanum: & honey about
one ounce: & Rose water j pint: & w wine j pint
mix altogether: & blod warme sering ye wound
W

777. A drink of incredible efficacy which being given to wounded men or men diseased with the fistulae it impeteth out within xiiij days all filthines out of them & healleth vpp the wounds or fistula.

Wounds Take redde Coleworts, fenugreek, parsley, sothernwood, tansey; straberry leaves; & seuen burre leaves plantins leaues hempe red madder, Smallage, Cranes bill, alome nutts, before all things lett them be well sodden together in pure white wine & put therin to a little honnie; giue vnto the patient early & late; and anoint the wound with out; when he hath drunke of the said portion; & lay ther on a leafe of red Coleworts; & keep the same Continewally ouer it & this is a very helpfull medicene; as it hath ben often proved

778. A medicen to take away warts.

Warts Take the leaues of an elder tree & stampe them in a morter & lay them to the warts & it will take them away in short time. Also take purslane & rubb it vpon the warts pulleth them vp by the roots by his owne propertie

779. To destroy warts

Warts Take an oke apple & stampe yt & temper it with good tart viniger & it destroyeth warts & tetters.

780. To take away a winne

Wenne Take fortie Snales seeth them in a pint of runinge water as you seeth pdrwinkles leet stand till it be Cold Scume it; & take the fatt therof with wool or lint & lay it to the winne

781. To make washing balles

Washinge balles Take lb ij of Ciule sope; scrape it thinne; Cloues oz ss. A little of Storax liquida; Cipres Calamus, beat in powder ana: oz j beat all these in a morter till they Com to a past & make therof balles.

782. To Cause one to breake wind

Make powder of the roottes of Celindine; & Antes egges & a little ginger; & glie the paftie to drinke & he shall
The virtues of some Certaine waters

783. Water of wormwood is good for the Stomacke liuer Spleene wormes in the wombe drunkennes feauers and other Maladies.

784. Of Centorie is good for an appetite for the liuer the melt wormes and for sawceflægme in the face.

785. Of Dittaine is good against poysone and vennome and for the pestilence & other deseases.

786. Of fumitorie is good for the Morphew leprice Scabbes dropsey liuer; Spleene; Costiuenes; puffines: & many othe deseases.

787. Of Josope is good for the Cough, luniges, breast pippes ach of Stomacke & gutts & for the pose: &c. wh other:

788. Of horehound is good for the Cough lunges breast and the Collicke; &c:

789. Of Calaminte is good for the Stomacke.

790. Of plantine is good against the flixe & hott dropsey.

791. Of fennell is good to make a great boddy smale and for the eyen.

792. Of violettis will Coole a man that is thirstie is good for raines & liuer.

793. Of Endiue is good against the dropsie liuer Jandies & for the stomacke.

794. Of Burrage is good for the Stomacke against the Collique and other deseases.

795. Of beetts, sage, Cowslipes & primrose is good for the [pl.] palsey.

796. Of dragons is good to wash venomed sores:
797. Of bettonie is good for hearing: & against sicknes in the boddy; for as mustard is sauce for meates soe is this water to other herbbs it is good for drunkennes and poyson

798. An a proved digestiue for a wound

Wound Take the yoake of an egge & a smalle quantitie of Safron dried & beat in a mortar & a Little quantitie of venise Turpentine & encorporat all together in a mortar & beat them together & soe a plie it on a Little Lent on ye6 wound: you may ad oyle of turpentine

799. A verry good dresing for a wound that is Caused by breaking of a bone

Wound Take of mirhe a little quantitie of Alos halfe as much dissolue this in good Stiptick wine or brandy: & mixe all with soe much more of mel rosanum: or honie of roses: & soe a plie it on Lent as occasion is

800. a verry good fomentation for a wound where there is danger of gangreen: or mortification

Wound sake & brandie & the Spirritt of amber mixt together & bath the wound wth it as hott as may be sufred

---

Wounds

801. A very good Jnietion for a wound ye will both Clence & heale it

Take j pintt of White wine & desolue in it of m<i>rth’ oz vj & ad to it 2 or 3 spoon fulls of mel rosanum yf the wound be putrified ad Ægyptiacu’ oz j

---

* [MS Sig.P5v] <291> There is no large capital in the ruled margin at the top of this page, but the word 'Wounds' is there instead.
* 801/2. m<i>rth] The ‘i’ is superimposed on an ‘a’.
* 801/4. Ægyptiacu] There is a tilde above the last syllable of this word.
This final remedy is on a loose sheet of paper and in an entirely different hand, and dating from about the middle of the seventeenth century. There is no suggestion for what ailment it might be prescribed.

802.

Take a quarte of Muskedine, & ye great Vaine y't goeth allonge, ye Bake off an Oxe, one handfull off knotgrasse, boyle them bothe, & putt them into ye Muskedine, putt in some pearle beaten very fine, & ye bone off a staggs harte, beaten fine, putt in two, ore three Angolls, & boyle all thesse together, from a quarte to a pinte.

Drinke this in three Mornyngs fastinge, & fast three hower after.

[MS Sig.P 6 r and v], [MS Sig.P7 r and v], [MS Sig.P8 r and v], [MS Sig.P9 r and v], [MS Sig.P10 r and v], [MS Sig.P11 r and v], and [MS Sig.P12 r and v] are missing, probably cut out, as there are scraps of paper caught in the stitching, suggesting that perhaps ten sheets have been removed.

Quires Q-S have also been removed, and Quire T consists of about five unnumbered sheets, on which there is a partial index (See below).
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wherine you shall find all things Contained by /
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'Dropsey foll.<->] folly
'Euphorbiu'] There is a tilde above the last syllable of this word.

'floss ungunto] There is a tilde above the second and third syllables of this word.
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'oxecroc u' There is a tildle above the second half of this word.
'Purgacon' There is a tilde above the last two syllables of this word.