Towards an automated workflow for generating finite element models of the knee

Marco T.Y. Schneider¹, Nynke Rooks¹, Thor Besier¹,²
1. Auckland Bioengineering Institute, The University of Auckland
2. Department of Engineering Science, The University of Auckland

Background
Computational models of the knee are routinely used to understand the patient specific form-function relationships in healthy and diseased knees. Simulation-based explorations have become increasingly popular (Figure 1). But, the credibility and reproducibility of these simulation results are questionable¹. Therefore, it is important to identify and minimize subjective components in modelling and simulation workflows (Figure 2), such as sources of human error. Manual segmentation of 3D images is not only time-consuming, but also a large source of human error. Here we present an automatic workflow (Figure 3) for generating patient specific finite element (FE) models of the knee from MRI.

Method

A. MRI data (n=35) was segmented in Stradwin.
B. Segmented data (n=35) split into training set (n=30) and test set (n=5).
C. DeepSeg¹ used to train a neural network on the training set.
D. Test set data were automatically segmented by the neural network.
E. MAPClient² was used to fit a SSM to the automatically segmented point clouds.
F. Custom python code³ was used to create hexahedral cartilage meshes and assemble FEBio models.

Results
We compared the error between FE models generated from automatically segmented and manually segmented data. The mean error in the FE models generated by automatically segmented data was 0.83 ± 0.91 mm. DeepSeg DICE scores were good despite a small training set of only 30 datasets. Mean total time taken to generate FE models from unsegmented MRI data was 19m 42s, compared with over 6 hours manually (Table 1).

Table 1: Mean errors between FE meshes produced from automatically and segmented data, segmentation DICE scores and approximate time taken to generate the FE knee model.

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<tr>
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<th>Average</th>
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<tr>
<td>FE mesh mean error ± std (mm)</td>
<td>0.83 ± 0.91</td>
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<tr>
<td>DeepSeg mean DICE score cartilage</td>
<td>0.945</td>
</tr>
<tr>
<td>DeepSeg mean DICE score bone</td>
<td>0.753</td>
</tr>
<tr>
<td>DeepSeg segmentation time</td>
<td>02m 42s</td>
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<tr>
<td>FE mesh generation time</td>
<td>17m 00s</td>
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Figure 4: Error distribution between FE models generated from automatic and manual segmentation.

Summary
The results show promise for a fully automatic tool that improves both the reproducibility and speed of musculoskeletal modelling workflows. In the future we plan to extend the training set and use continuum representations for ligaments to improve the models generated by the workflow.

References
2. Formus Labs, Auckland, New Zealand

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