

1 The Slow Force Response to Stretch: Controversy and
2 Contradictions

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17 **Abstract**

18 When exposed to an abrupt stretch, cardiac muscle exhibits biphasic active force enhancement. The
19 initial, instantaneous, force enhancement is well explained by the Frank-Starling mechanism. However,
20 the cellular mechanisms associated with the second, slower, phase remains contentious. This review
21 explores hypotheses regarding this 'slow force response' with the intention of clarifying some apparent
22 contradictions in the literature. This review is partitioned into three sections. The first section considers
23 pathways that modify the intracellular calcium handling to address the role of the sarcoplasmic reticulum
24 in the mechanism underlying the slow force response. The second section focuses on extracellular
25 calcium flux and explores the identity and contribution of the stretch-activated, non-specific, cation
26 channel as well as signalling cascades associated with G-protein coupled receptors. The final section
27 briefly introduces promising candidates for the mechanosensor responsible for detecting the stretch
28 perturbation.

29 **Glossary**

ADAM12	A disintegrin and metalloprotease 12
Ang II	Angiotensin II
ATR	Angiotensin receptor
cAMP	Cyclic adenosine monophosphate
cGMP	Cyclic guanosine monophosphate
EGFR	Epidermal growth factor receptor
ERK _{1/2}	Extracellular signal-regulated kinase
ET	Endothelin
ETR	Endothelin receptor
FAK	Focal adhesion kinase
GPCR	G-protein coupled receptor
HB-EGF	Heparin-binding-EGF
JNK	c-Jun N-terminal kinase
MAPK	Mitogen activated protein kinase
MEK	MAPK kinase
mK _{ATP}	Mitochondrial potassium ATP channel
MLCK	Myosin light chain kinase
MP	Matrix metalloproteinase
NADPH	Nicotinamide adenine dinucleotide phosphate
NHE ₁	Sodium-hydrogen exchanger
NO	Nitric oxide
NOS	Nitric oxide synthase
PI3K	Phosphatidylinositol-3-OH kinase
PKA	Protein kinase A
PKG	Protein kinase G
PLC	Phospholipase C
PLN	Phospholamban
RIRR	ROS-induced ROS release
NCX	Sodium calcium exchanger
ROS	Reactive oxygen species
RyR	Ryanodine receptor
SAC _{NSC}	Stretch-activated, non-specific, cation channel
SERCA	Sarco/endoplasmic reticulum Ca ²⁺ -ATPase
SFR	Slow force response
SNAP	S-Nitroso-N-Acetyl-D,L-Penicillamine
SR	Sarcoplasmic reticulum
TRPC	Transient receptor potential canonical
TRPV	Transient receptor potential vanilloid

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31

32 Introduction

33 Cardiac muscle is mechanosensitive. When exposed to an abrupt stretch, it immediately exhibits active
34 force enhancement. This rapid response is mediated by the well-described Frank-Starling Mechanism
35 (33): greater muscle length increases calcium sensitivity and myofilament overlap. Should this stretch be
36 maintained, there is a slower secondary force increase referred to as the 'slow force response' (SFR). This
37 secondary response was first observed in papillary muscle (112), and has subsequently been observed in
38 atrial trabecula (75), single myocyte (20), and whole-heart (92) preparations. Such observations have been
39 made in the absence of humoral and neural control (92) suggesting that the response is an intrinsic
40 regulatory mechanism of cardiac myocytes. It is known that this secondary behaviour is independent of
41 the Frank-Starling mechanism (133); rather, it is thought to be the adaptive phase of the Anrep Effect
42 (164). The SFR occurs in response to a gradual augmentation of calcium transient magnitude (3, 58)
43 during which there is no apparent increase in diastolic calcium (5, 58, 85), even when the calcium
44 handling of the sarcoplasmic reticulum (SR) is compromised (69).

45 Calcium transients are the basis of force generation of cardiac muscle. Every heartbeat occurs as a
46 consequence of a synchronised increase of cytosolic calcium via the process of excitation-contraction
47 coupling. Depolarisation of cardiomyocyte sarcolemma during an action potential causes an extracellular
48 calcium influx through the L-type calcium channel (referred to as the 'calcium current') (13). This
49 process induces further calcium release from the SR through ryanodine receptors (RyR). Calcium-
50 myofilament interaction enables the contractile elements of cardiac muscle to produce force. Unlike
51 skeletal muscle, where a greater number of motor units are recruited when contracting against a greater
52 load (102), every cardiomyocyte is activated every beat and so cardiac muscle must rely on alternative
53 endogenous mechanisms for modulating contractile force. Modification of calcium handling, whether it
54 be myofilament calcium sensitivity or calcium transient magnitude, is critical to the mechanisms
55 underlying the transient force-changes associated with phenomena such as the SFR.

56 Due to its link with cardiac hypertrophy (38, 41), the SFR is clinically relevant. Yet despite several
57 decades of investigation the mechanism(s) underlying the SFR remains contentious. This review aims to
58 clarify apparent contradictions while exploring evidence presented for each hypothesised cellular pathway
59 that drives the SFR. The final section of this review briefly introduces possible mechanosensors
60 responsible for detecting the stretch perturbation – a particularly understudied area in the SFR literature.

61 **Stretch-Activated Signalling Pathways**

62 Since the calcium transient magnitude increases throughout the SFR (69), most studies have focussed on
63 components of signalling pathways known to modulate calcium flux from two distinct sources: the
64 extracellular space and the SR.

65 **Extracellular Calcium Influx**

66 The L-type calcium channel, being the main channel responsible for transporting extracellular calcium
67 into the cytosol, was an initial candidate for mechanosensitive augmentation of the calcium transient.
68 While L-type calcium may have some role in mechanosensitivity in the case of osmotic-swelling (101),
69 its activity is neither sensitive to axial stretch (11, 58, 134), nor required for eliciting a SFR (153, 166).
70 Instead, two alternative membrane bound transport proteins involved with extracellular calcium flux have
71 been linked with the SFR: the stretch-activated, non-specific, cation channel and the reverse-mode
72 sodium calcium exchanger (NCX).

73 **Stretch-Activated Channels**

74 Stretch-activated, non-specific, cation channels (SAC_{NSC}) would appear to be a logical constituent of the
75 SFR mechanism as these sarcolemmal channels open in response to mechanical stretch (for reviews see:
76 Bustamante *et al.* (19), Peyronnet *et al.* (118), and Sachs *et al.* (129)). Their involvement within the SFR
77 appears likely in guinea pig (11) and mouse (30, 171) tissue. However, they almost certainly do not
78 contribute to the SFR in human (74, 75, 166) or rabbit (167) tissues and in rat tissues, SAC_{NSC}
79 contribution is controversial.

80 **Mechanistic Studies**

81 The currents associated with SAC_{N_{SC}} are blocked by the pharmacological agents gadolinium (Gd³⁺) (184)
82 and streptomycin (11, 108). Use of these agents can either prevent (20, 171) or have no effect on (74, 84,
83 117, 153) the SFR. These directly conflicting findings are due to limitations with a number of these
84 experiments. For example, one of the papers that claimed Gd³⁺ has no effect on the SFR quantified the
85 magnitude of the response using the calcium spark rate (117). Such a metric is inappropriate for
86 quantifying the SFR given the focus on SAC_{N_{SC}}, as the channels would affect transarcolemmal calcium
87 entry, not SR sensitivity. For a case where SAC_{N_{SC}} blockade abrogates the SFR (171), the concentration
88 of streptomycin used would have wider, non-specific, inhibitory action (9).

89 A further complication arises when the blockade inflicted by these pharmacological agents is shown to be
90 heavily dose-dependent (193), thus making comparison between investigations difficult. In fact, both
91 Gd³⁺ and streptomycin themselves have significant limitations. Gd³⁺ was initially thought to specifically
92 block SAC_{N_{SC}} (184) but it has since been found to be inhibitory to both the L-type calcium channel (82)
93 and the NCX (191) at dosages typically used for inhibiting SAC_{N_{SC}}. Similarly, streptomycin interacts
94 antagonistically with the L-type calcium channel and so, at higher doses, hinders muscle shortening and
95 reduces the calcium transient (9, 10). The non-specificity and dose-dependent action of these two agents
96 on SAC_{N_{SC}} have been overcome with the use of a much more specific peptide isolated from tarantula
97 venom, GsMTx-4 (148). Its use in murine (30, 171), but not in human (74, 75), tissues abrogates the SFR.

98 While the experimental investigations regarding SAC_{N_{SC}} involvement are burdened with controversy, the
99 results from mathematical modelling investigations appear to be in better agreement. Models consistently
100 predict that SAC_{N_{SC}} are an integral component of the SFR (106, 154, 187), where their sodium
101 permeability, and not calcium permeability, drives the increase of calcium transient amplitude via
102 enhancement of the calcium flux through the reverse-mode activity of NCX (155, 187).

103 **SAC_{NSC} Identification**

104 There are a number of candidates that have been considered as the channel referred to the SAC_{NSC}, but the
105 true molecular identity remains elusive. Many of them have come from the transient receptor potential
106 canonical (TRPC) family of channels (for reviews see: Fliniaux *et al.* (42) and Inoue *et al.* (60)). TRPC
107 are non-selective cation channels that can be activated by mechanical strain and phospholipase C (PLC)
108 activity. In support of their candidacy, these channels are also specifically inhibited by GsMTx-4 (145).

109 Confocal imaging has indicated that TRPC1, TRPC3, and TRPC6 channels are abundant within
110 ventricular tissue (48, 171). TRPC3 is colocalised with NCX and Na⁺/K⁺-ATPase but not with the SR
111 (48) – a finding that was clarified by a computational model of the SFR by Yamaguchi *et al.* (181).

112 Labelling of TRPC1 and TRPC6 revealed that both channels were distributed in a striated pattern within
113 the myocytes rather than on the surface sarcolemma, strengthening the hypothesis that they are located in
114 the t-tubules (75, 171). As a result, confirmation of the involvement of these channels via patch clamping
115 would be difficult. Given that no members of the TRPC family are located on the surface sarcolemma, it
116 seems unlikely that they would be activated by longitudinal stretch, as is the case in the SFR.

117 Regardless of whether or not a TRPC channel is the SAC_{NSC}, inhibiting TRPC channels directly with
118 BTP-2 (181) or indirectly with PKG activators (136) (since cGMP inhibits TRPC (72, 76)) prevents the
119 SFR. On that note, although the TRPC channels are activated by stretch, it may not be their main
120 physiological means of activation given that TRPC3 and TRPC6 are also activated by G-protein/PLC
121 activity (57, 181) and inhibition of PLC blocks the SFR (181). Animal models lacking TRPC6 express a
122 substantially blunted SFR but those lacking TRPC 3 present conflicting results (136, 181).

123 As for how the pathway in which TRPC channels could contribute to the SFR, Rosker *et al.* (125) found
124 that NCX interacts with the cytosolic C terminus of TRPC3. The resultant Na⁺ influx through the channel
125 drives reverse-mode activity of NCX – augmenting cytosolic calcium (125), in keeping with modelling
126 predictions (106, 154, 187).

127 In addition to the TRPC family of mechanically sensitive channels, a member of the transient receptor
128 potential vanilloid (TRPV) family is another possible candidate. TRPV4 is a channel that has been linked
129 with enhanced calcium transients in response to hypo-osmotic stress (65). Calcium influx associated with
130 TRPV4 channel activation is thought to activate both PI3K and integrins (185). It is unlikely that the
131 stretch perturbation associated with a SFR would trigger such a flux so it is therefore improbable that it is
132 the SAC_{N_{SC}} but its connection to integrin signalling (see ‘Mechanosensor’ sections) warrants its
133 consideration.

134 More work is required to elucidate the extent of SAC_{N_{SC}} involvement within the SFR mechanism. While
135 all mouse studies have demonstrated SAC_{N_{SC}} involvement, evidence for other species is less convincing.
136 There is also a need to identify the channel referred to as SAC_{N_{SC}}, since consensus is lacking in the
137 literature.

138 **G-Protein Coupled Receptor Pathway**

139 In addition to the SAC_{N_{SC}} pathway, it has been proposed that mechanical stretch activates G-coupled
140 protein-coupled angiotensin II receptors (ATR), and the resultant signalling cascade enhances the sodium-
141 hydrogen exchanger (NHE₁) activity (Figure 1). As above, the resultant increase of intracellular sodium
142 drives reverse-mode NCX activity and thus amplifies the calcium transient. The activity of NHE₁ also
143 decreases cytosolic H⁺ concentration in exchange for increased intracellular [Na⁺] (see ‘Sodium Hydrogen
144 Exchanger’ section). However, pH is maintained when bicarbonate-containing bath solutions are used due
145 to the activity of the Na⁺-independent Cl⁻/HCO₃⁻ exchanger (115).

146 **Angiotensin II and Endothelin**

147 Blockade of the G-protein coupled receptors (GPCR) ATR and endothelin receptor (ETR) has been
148 shown to blunt or eliminate the SFR (5, 24, 27, 181). While ETR blockade prevents an inotropic response
149 to exogenous angiotensin II (Ang II) application, ATR blockade does not do the same in the case of
150 exogenous endothelin (ET) application, indicating a directionality of interaction (27).

151 There are two classes of ATR: ATR₁ and ATR₂ (31). Caldiz *et al.* (24) found that specific blockade of
152 ATR₁, but not ATR₂, abrogated the SFR. Even in the absence of Ang II, ATR₁ is activated when a muscle
153 sample is exposed to a length change (198). Additionally, ATR₁ expression is increased in response to
154 sustained stretch (91). Mechanical activation of ATR₁ triggers ET release (6) without the additional intra-
155 cellular effects associated with Ang II. However, preformed Ang II has been found to release in both
156 neonatal (131) and adult (91) cell-culture media in response to sustained stretch. This preformed Ang II is
157 released from ventricular granules rather than fibroblasts (131).

158 As for the specifics of the ETR, blockade of ETR_A but not ETR_B blunts the SFR (6, 182). Investigations
159 have also focused on elucidating the specific ET isoform that activates ETR in the SFR. Ennis *et al.* (39)
160 measured the level of mRNA expression in response to stretch and found that, while ET₁ and ET₂ mRNA
161 levels were unaffected, the mRNA expression of ET₃ was significantly upregulated. Others have
162 corroborated the lack of stretch-induced ET₁ release (131, 172). However, exogenous Ang II application
163 (163) and stretch (62, 182) have also been found to upregulate ET₁, the corresponding mRNA expression,
164 and a number of ET₁ precursors (29). Hence, assuming that ET is involved, further studies are required to
165 elucidate the specific isoform that is integral to the SFR signalling pathway.

166 ETR and ATR activation are not without controversy or apparent species differences. ATR and ETR
167 blockade has no effect on the SFR in rabbit (167), human ventricular tissue (75, 166), nor rat tissue (140).
168 The SFR in ferret tissue was also found to be immune to AT blockade yet significant SFR blunting
169 occurred in the presence of an ET blocker (22). Though the ventricular tissue of human myocardium is
170 independent of Ang II/ET, the opposite is true within the atrial tissue, thereby demonstrating not only
171 species difference but also an intra-species difference between chambers (75).

172 **Prostaglandins**

173 It seems that the release of myocardial autocrine/paracrine factors is a necessary component of the stretch
174 response. Tucci *et al.* (160) found that the SFR was attenuated if blood pumped out of a whole-heart was

175 filtered using a haemodialyser and recirculated. They suggested that filtering removed secreted ET or
176 Ang II (160). Yet, using liquid chromatography-mass spectrometry, Ward *et al.* (172) measured no
177 change in Ang II or ET concentration in the coronary effluent collected for the first minute of the stretch.
178 This could be a consequence of the time scales used, as other studies (91, 131) have shown that Ang II
179 concentration increases only after ten minutes of sustained stretch. From observation, the force
180 enhancement associated with the SFR begins within a few twitches post-stretch suggesting that if Ang II
181 is involved, it is not the sole agonist. Despite the time difference, Ward *et al.* (172) observed a 'slow force
182 enhancement' in a second, unstretched, trabecula superfused with the collected coronary effluent. The
183 contributing agents, as determined by liquid chromatography-mass spectrometry, were prostaglandins
184 (PGF₂ α and PGE₂), a finding that has since been affirmed, as blockade of NHE₁ prevents prostaglandin-
185 induced inotropy (141). Similarly, indomethacin, a preventer of prostaglandin synthesis, reduces the
186 magnitude of stretch-induced SFR (141).

187 **Mineralocorticoid Receptor**

188 ATR₁ activation is known to stimulate aldosterone production (142). Although contentious (50), stretch-
189 induced endogenous aldosterone production has been observed in cardiac tissue (152). Since aldosterone
190 is a mineralocorticoid, it activates the mineralocorticoid receptor, which is linked with mitogen activated
191 protein kinases – signalling proteins also linked with the SFR (54, 90) (see the Mitogen Activated Protein
192 Kinases section). Work in this area is limited, but a study by Caldiz *et al.* (23) found that blockade of the
193 mineralocorticoid receptor prevented the SFR, suggesting an involvement of mineralocorticoids in its
194 genesis.

195 **Epidermal Growth Factor Receptor**

196 A downstream effect of ATR₁ and ETR_A activation is the activation of epidermal growth factor receptor
197 (EGFR) (6, 7) following interactions with tyrosine kinases and matrix metalloproteinase (MP) (174).
198 Thus, investigations have examined the role that EGFR transactivation plays in the SFR. EGFR

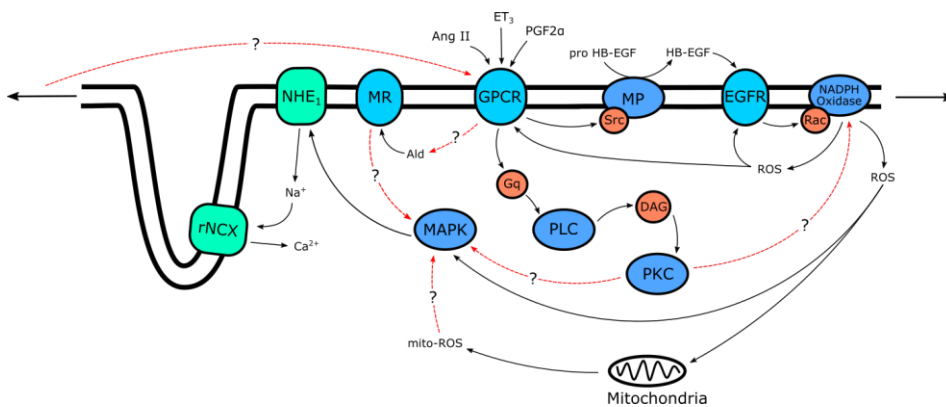
199 phosphorylation measurably increases in response to stretch (6), and in those cases where EGFR or the
200 signalling pathway components immediately upstream or downstream are inhibited (17, 23, 163), the SFR
201 is blunted. The SFR (163) and increased EGFR phosphorylation (150) are prevented when the Src
202 tyrosine kinase is blocked. This enzyme, activated by GPCR, is thought to activate MP and results in the
203 extracellular proteolytic cleavage of pro-heparin-binding EGF to form heparin-binding EGF (HB-EGF),
204 an activator of EGFR. EGFR activation in response to GPCR is prevented by compromising the MP, a
205 disintegrin and metalloprotease 12 (ADAM12), but not in response to HB-EGF stimulation (7). This
206 finding indicates that HB-EGF release is responsible for EGFR transactivation and that ADAM12 is the
207 specific MP involved in this pathway. In support of this finding, MP inhibition can prevent HB-EGF
208 secretion in response to strain (6). Nevertheless, most of these studies induce a 'pseudo'-SFR using
209 pharmacological interventions and, as such, further investigations in this area should focus on strain-
210 induced responses.

211 **NADPH Oxidase-Derived Reactive Oxygen Species**

212 EGFR (79, 163) and GPCR (29, 107, 132, 137) agonists increase nicotinamide adenine dinucleotide
213 phosphate (NADPH) oxidase-dependent reactive oxygen species (ROS) production (23, 32, 189, 190,
214 194). Compromising EGFR or its mediators suppresses Ang II/ET-1 induced ROS formation (17, 163)
215 and, more relevantly, ROS production increases in response to stretch (61, 121, 123). Prosser *et al.* (123)
216 demonstrated that this stretch-induced upregulation of NADPH oxidase activity was likely due, at least in
217 part, to mechanical transduction of stretch via microtubules as well as the aforementioned GPCR
218 pathway. Such a finding is in keeping with data from previous work (6) where ROS production was also
219 observed upstream of ET agonism.

220 Agonism of EGFR via the GPCR pathway results in increased activity of the GTPase, Rac (2), leading to
221 NADPH oxidase activation (137, 149, 174). Each of the constituent sub-units of NADPH oxidase has
222 been observed within ventricular myocytes (177). When activated, NADPH oxidase produces ROS. Since
223 ROS is an unstable free radical (8), a high concentration of ROS has deleterious effects on cell viability

224 and is linked to apoptosis (195), but at low concentrations it is thought to act as a signalling molecule
 225 (123). ROS is linked to modification of RyR sensitivity (123, 195), augmenting mitogen activated protein
 226 kinase activity (132, 173), as well as EGFR and ETR activation (6, 47, 49). Downstream effectors of ROS
 227 appear to underpin the SFR as the use of ROS scavengers blocks the SFR (23, 24, 29, 32, 132). Even so,
 228 the inotropic effects of ROS are controversial (132, 173).

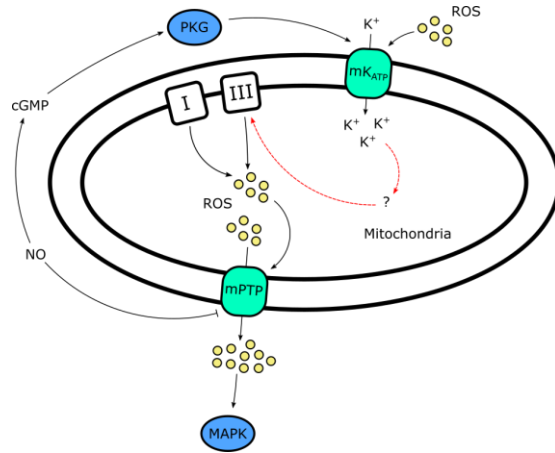


229
 230 *Figure 1: Putative intracellular SFR signalling pathway.* Mechanical stretch (as indicated by the peripheral arrows) directly
 231 activates GPCR as well as causing the release of the GPCR agonists: Ang II, ET₃, and PGF₂α. Activation of this receptor triggers
 232 multiple signalling pathways that culminate in the activation of MAPK. The downstream result of this cascade is the
 233 augmentation of NHE₁ activity and the resultant increased [Na⁺]_i causes NCX to operate in reverse-mode (indicated as rNCX),
 234 increasing the calcium transient. Red-dashed arrows with a question mark indicate pathway uncertainty.

235 **Mitochondria-Derived ROS**

236 ROS is also produced as a consequence of inefficiencies in the electron transport chain within
 237 mitochondria, with complexes I and III being the largest generators (146). Inhibition of respiratory
 238 complex I or mitochondrial potassium ATP channels (mK_{ATP}) prevents GPCR-dependent ROS
 239 production, suggesting mitochondrial dependency (23, 32, 163). MK_{ATP} are channels located on the
 240 mitochondrial membrane that, when open, enable movement of potassium into the mitochondria (99). The
 241 act of opening these channels is known to increase ROS production (43, 71, 99, 109, 110), although the
 242 precise mechanism remains unclear. Krenz *et al.* (78) linked it specifically to the movement of potassium

243 into the mitochondria but the connection between this and increased ROS production remains enigmatic.
244 Such a flux of potassium would depolarise the mitochondrial membrane, which should decrease ROS
245 production due to the well-established positive correlation between membrane potential magnitude and
246 ROS production (52, 119). However, it appears that the extent of depolarisation is negligible and that the
247 accompanying fluid movement into the mitochondria matrix may slow respiration, as a consequence of
248 inorganic phosphate depletion, leading to increased ROS production from complex III (77, 99, 109). ROS
249 can open mK_{ATP} channels via modification of sulfhydryl groups on the channel protein (188). Caldiz *et al.*
250 (24) hypothesised that ROS induces opening of mK_{ATP} channels and the resultant augmentation of ROS
251 production is a necessary step in the SFR, given that a blockade of mK_{ATP} abrogates the SFR (32). Caldiz
252 *et al.* (24) referred to this as 'ROS-induced ROS release' (RIRR) which may represent a mechanism that
253 contributes to the SFR (Figure 2). During RIRR, ROS build-up within the mitochondria increases the
254 probability of mitochondrial permeability transition pore (mPTP) expression (195). The sudden
255 depolarisation associated with mPTP formation is accompanied by a burst of ROS production (for
256 reviews, see: Zorov *et al.* (196, 197)). When mPTP formation is prevented, intra-mitochondrial ROS
257 accumulates and the SFR is blunted (163). In contrast to this finding, others have reported that
258 mitochondrial ROS accumulation following stretch is negligible (61, 123, 172) and that it does not
259 interact with MAPK (70, 177). This conundrum could be resolved by determining whether mitochondrial
260 ROS acts permissively, (i.e. a small amount is required for a step in the SFR mechanism to occur) or if
261 there is a feedback mechanism between cytosolic and mitochondrial ROS to ascertain why mK_{ATP} or
262 mPTP blockade effects the SFR.



263
 264 *Figure 2: Mitochondrial ROS-induced ROS release.* ROS, produced as a consequence of GPCR activation (described in Figure 1),
 265 and PKG activity increase mK_{ATP} channel activity. The intramitochondrial movement of potassium ions through this channel causes
 266 increased ROS production by respiratory complexes I and III. Accumulation of ROS within the mitochondria induces mPTP are
 267 induced allowing the ROS to be released. NO prevents the formation of mPTP by reacting with the thiols. The released ROS is
 268 thought to trigger MAPK.

269 Nitric oxide (NO) can undergo S-nitrosylation with mPTP thiols, preventing their formation and thus
 270 slowing RIRR (195). Perhaps NO acts as a negative control to regulate amplification of the ROS signal,
 271 as RIRR has been linked with deleterious levels of ROS production and apoptosis (196). Nevertheless,
 272 NO-dependent stimulation of cGMP, and therefore PKG, results in an mK_{ATP}-dependent production of
 273 ROS (109, 180).

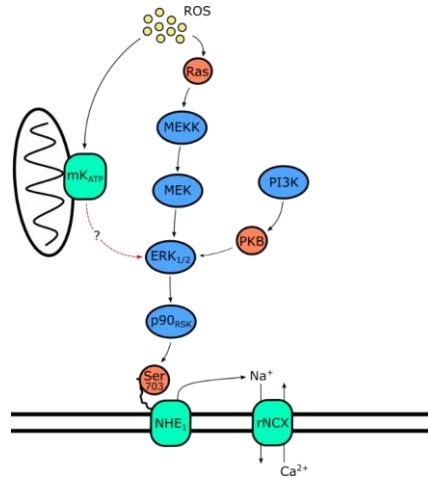
274 As well as mK_{ATP} activation and RIRR, stretch can directly modify the mitochondrial membrane potential
 275 and thus, ROS production. Iribe *et al.* (61) found that mitochondrial membrane potential hyperpolarises in
 276 response to muscle stretch independently of NADPH oxidase activity. Hyperpolarisation promotes
 277 electron leakage from respiratory complexes I and III, resulting in greater ROS production (109, 169). In
 278 direct contrast, Liao *et al.* (95) observed membrane depolarisation when applying a length-change of
 279 greater magnitude. Similarly, exogenous application of Ang II and ROS also depolarise the mitochondrial

280 membrane (70). Such contradictions highlight the need for measuring mitochondrial membrane potential
281 throughout a SFR.

282 **Mitogen Activated Protein Kinases**

283 Mitogen activated protein kinases (MAPK) belong to the large family of serine/threonine kinases that
284 participate in phosphorylation cascades typically involved in the promotion of various aspects of cell
285 development (e.g. division, differentiation, and apoptosis) (35). The extracellular signal-regulated kinases
286 (ERK_{1/2}), p38, and c-Jun N-terminal kinases (JNK) are involved in the MAPK cascades (24, 28, 116, 127,
287 161), but only ERK_{1/2} has been linked specifically with the SFR (24).

288 Ras(86), a GTPase that activates the ERK_{1/2} pathway, can be activated by strain-induced-ROS-dependent
289 S-glutathionylation, where a glutathione group is added to its cysteine residue, at cys₁₁₈ (100, 120, 161,
290 177). However, when the expression of the dominant negative form of Ras is increased, the activation of
291 ERK_{1/2} is prevented (120). It is also observed that when MAPK kinase (MEK), one of the downstream
292 targets of Ras activity, is blocked, the effect of exogenous ROS on ERK_{1/2} phosphorylation (81, 126, 128,
293 132, 173) is prevented. Similarly, MEK blockade prevents the positive inotropic effect of GPCR agonism
294 (132, 150). In the stretch-case though, activation of ERK_{1/2} occurs via both Ras-dependent (MEK) and
295 Ras-independent (PI3K-Akt) mechanisms following EGFR transactivation (36) (Figure 3).



296

297 *Figure 3: ROS-induced activation of sarcolemmal sodium transporters.* The MAPK phosphorylation cascade culminates in the
 298 activation of p90_{RSK} which phosphorylates NHE₁ at Ser₇₀₃. Phosphorylation at this site enables greater Na⁺ transport by
 299 increasing the proton binding affinity of NHE₁.

300 Given the apparent importance of EGFR transactivation in the stretch-activation of ERK_{1/2}, it follows that
 301 inhibition of EGFR or its upstream mediator, Src kinase, significantly blunts stretch-induced ERK_{1/2}
 302 phosphorylation (137, 163). Further, exogenous application of GPCR agonists is known to stimulate the
 303 action of MAPKs (16, 91, 150) and stretch-activation of ERK_{1/2} is weakened when ATR₁ receptors are
 304 compromised (24, 198). Hence, it is likely that the stretch-activation of MAPKs operates, in part, via the
 305 GPCR-EGFR pathway outlined in earlier sections.

306 It was mentioned in the previous section that there is some controversy surrounding mitochondrial ROS-
 307 MAPK communication. While blockade of mK_{ATP} channels has been shown to reduce (163, 180) ERK_{1/2}
 308 phosphorylation, it has also been reported to have no effect (71). However, given that these investigations
 309 studied the effect of mK_{ATP} blockade on ERK_{1/2} phosphorylation during a pharmacological rather than a
 310 stretch intervention, little can be inferred regarding mitochondrial ROS-ERK_{1/2} interaction during an
 311 actual stretch-induced SFR.

312 ERK_{1/2} phosphorylation also increases cardiac muscle contractility (66) by phosphorylating the myosin
313 light chain kinase (MLCK) (73). As expected, MLCK phosphorylation increases in response to stretch
314 (74); preventing this phosphorylation by inhibiting MLCK blocks the SFR (74). Repeat studies in which
315 calcium transients are measured should be undertaken to affirm this observation.

316 **Protein Kinase C**

317 Activation of ATR₁ is also linked to protein kinase C (PKC) activation via the G-protein-PLC-DAG-PKC
318 pathway (34). As expected, PKC is activated in response to stretch (183). MAPK (16, 111) and NADPH
319 oxidase activation (137) are two downstream targets of PKC activity.

320 While inhibition of PKC prevents alkalinisation (27) and ERK_{1/2} phosphorylation (150) associated with
321 the SFR, PKC inhibition does not appear to prevent the actual force augmentation in response to stretch
322 (75, 192). On the other hand, it does prevent the inotropic effect of aforementioned prostaglandin F₂α
323 (141). However, this could be interpreted as the application of prostaglandin F₂α activating a different
324 force-enhancing pathway to that activated within the SFR. Neves *et al.* (104) found that while the SFR
325 was still present during PKC inhibition, force-augmentation was not maintained for the same duration.
326 This contradicts previous findings regarding the time-course of PKC activity (137) where it had the
327 greatest effect within the first minute of Ang II induced inotropy.

328 Given the mechanism of PKC activation and its downstream effects, it seems unlikely that it has no
329 contribution to the SFR. It could be, instead, that its contribution to indirectly phosphorylating NHE₁ is
330 insignificant in comparison to the ROS and EGFR pathways.

331 **Sodium Hydrogen Exchanger**

332 NHE₁ is an active transporter that is heavily involved in pH regulation due to the proton-extruding
333 component of its action (56, 114, 162). Some SFR experiments using bicarbonate-free solutions observed
334 alkalisation in response to stretch, indicating an enhanced NHE₁ activity (5, 27, 97). Alternatively, Shen
335 *et al.* (140) recorded cytosolic acidification, proposing that increased force production is mirrored by an

336 increased production of protons, and that the upregulation of NHE₁ activity occurs in order to maintain
337 intracellular pH. These discrepant findings regarding pH regulation also conflict temporally as
338 observations of alkalinisation occurred once the maximal SFR force was reached (5, 27, 97), whereas
339 acidification commenced almost immediately post-stretch (140). However, there is general agreement
340 between these studies that the Na⁺ influx associated with NHE₁ activity plays a role in the SFR and that
341 [Na⁺]_i increases during sustained stretch-interventions (20, 24). In modelling studies, the influx of sodium
342 ions is predicted to occur through SAC_{NSC} rather than via NHE₁ (106) as concluded experimentally.

343 Blockade of NHE₁ with pharmacological agents (24, 75, 140, 141, 165, 186) or silencing NHE₁ gene
344 expression (116) blunts the SFR substantially in a number of species. However, NHE₁ involvement is not
345 ubiquitous, as its blockade was inconsequential in studies using both human atria (74, 75) and murine
346 tissue (171). A modelling study (106) also predicted that NHE₁ activation is not required for the SFR to
347 occur. It is likely that discrepancies regarding the contribution of this channel can be attributed to species
348 difference given that the lack of a SFR in rainbow trout myocardium is attributed to a less robust NHE₁
349 than are found in its mammalian equivalents (113).

350 Takahashi *et al.* (151) first demonstrated that, in the absence of the amino acid Ser703 (144) on its
351 regulatory carboxyl tail, NHE₁ no longer gains enhanced binding affinity for H⁺ in response to serum
352 application. The same group subsequently found that the phosphorylation of Ser703 results in the
353 formation of a binding site for 14-3-3 proteins (88). The binding of these proteins increases the binding
354 affinity of NHE₁ for protons and thus increases its activity (88). Vargas *et al.* (161) took advantage of 14-
355 3-3 protein-NHE₁ interactions to estimate the extent of Ser703 phosphorylation with a phosphor-Ser-14-3-
356 3 binding antibody and found that phosphorylated Ser703 increased substantially after a sustained period
357 of stretch (23, 161, 163).

358 One of the kinases that phosphorylates Ser703, p90 ribosomal s6 kinase, is a downstream target of the
359 ERK_{1/2} pathway (126, 130, 132, 150, 151). As expected, blockade of upstream mediators of ERK_{1/2}

360 activation prevents NHE₁ phosphorylation (126, 132, 163, 173). However, blockade of an alternate
361 MAPK, p38, has no effect (126, 132, 173).

362 **Reverse-mode NCX**

363 Normally, NCX operates in its forward mode to extrude calcium during twitch relaxation by exchanging
364 three extracellular sodium ions for one intracellular calcium ion, thereby aiding relaxation (14). An
365 increase of intracellular sodium, as would be the case with a greater NHE₁ activity, is thought to reverse
366 the activity of the NCX (14). When operating in its reverse-mode, NCX contributes to the influx of
367 calcium – augmenting the calcium transient. Modelling studies have consistently predicted that the
368 sodium-driven reverse mode operation is the mechanism to explain augmentation of the calcium transient
369 (154, 187). Empirically, the increased action potential duration associated with the SFR is thought to
370 favour rNCX activity (11, 194).

371 Replacement of sodium ions with lithium ions in the bathing solution has enabled investigators to isolate
372 NCX within sodium-coupled contractions, since other sodium transporters remain unaffected (44). Under
373 these conditions, the SFR is completely abolished in cat papillary muscles (115). However, sodium-
374 lithium replacement is limited in that it disables the NCX in both forward and reverse-modes. Thus, there
375 are two possibilities for its involvement: either the forward mode is slowed, enabling greater loading of
376 the SR, thereby resulting in increased magnitude of calcium-transients, or reverse-mode augments
377 calcium influx. SFR magnitude reduction in response to selective inhibition of the reverse-mode
378 configuration suggests the latter (115).

379 The use of pharmacological agents enables specific blockade of the reverse-mode. Blocking reverse-mode
380 NCX activity almost completely silences the SFR in cat papillary muscles (115), but only blunts the
381 response in rabbit (97, 167) and human ventricle (75, 166). To add to the confusion, reverse-mode NCX
382 blockade in rabbits has also been found to silence the response (104). In the extreme case, inhibition of
383 reverse-mode NCX has no effect whatsoever on the SFR in human atrial tissue (75). As the concentration

384 and the agent used are consistent between these studies, discrepancies cannot be attributed to dose-
385 dependency of the pharmacological agent. The studies in which reverse-mode NCX blockade prevented
386 the SFR used a lower $[Ca^{2+}]$ in their superfusing solution compared to those where channel blockade had
387 only blunting effects. It should be noted that intracellular calcium also increases if NCX is slowed rather
388 than reversed. Therefore, blockers of the reverse mode configuration may not eliminate the SFR.

389 Intracellular Calcium Flux

390 As well as extracellular calcium influx, calcium transient magnitude can be augmented as a consequence
391 of increased SR calcium release. The calcium content of the SR is dependent on SERCA calcium uptake
392 and RyR channel calcium release. Many signalling pathways interact with SERCA and RyR but SFR
393 literature has identified cyclic adenosine monophosphate (cAMP) and NO as the most likely to modulate
394 the activity of these channels within the response.

395 Cyclic Adenosine Monophosphate

396 Muscle stretch increases cAMP levels in frog ventricle (143) and ferret papillary muscles (21), but not in
397 rat atrial tissues (156). Given that both the ferret and rat preparations exhibited SFRs, it is possible that
398 this was due to a combined effect of a difference between both species and heart chambers.

399 In the transient sense, cAMP concentration increases during the SFR, mirroring the active force
400 augmentation (158). Use of a cAMP-antagonist (Rp-8-Br-cAMPS) also reduces the SFR magnitude (21),
401 though the precise mechanism remains enigmatic. A hypothesised pathway is the cAMP-dependent
402 modulation of SERCA activity; under basal conditions, phospholamban (PLN) inhibits SERCA activity
403 (46) and the cAMP-dependent protein kinase A (PKA) (170) phosphorylates the Ser₁₆ and Thr₁₇ residues
404 of PLN, reducing this inhibition (46), thereby enhancing the calcium loading of the SR. However, PLN is
405 not phosphorylated during the SFR indicating that, if cAMP concentration increases, it does so in a
406 compartment inaccessible to the SR (21). Mice with a transgenic human NOX2ⁱ sub-unit did present
407 partial PLN phosphorylation (189), though, excluding Ser₁₆, no other known targets of PKA were

408 phosphorylated. PLN phosphorylation is observed only in studies utilising inotropic agents, not when
409 stretch is the inotropic trigger. Therefore, if cAMP is involved in the SFR, it is unlikely that the
410 mechanism of action of cAMP within the response involves modification of the SR calcium content.

411 In fact, cAMP may have an inhibitory effect on the SFR. Caffeine and theophylline (26), both
412 phosphodiesterase inhibitors (157), reverse the SFR, when they would be expected to prevent the
413 breakdown of cAMP. Chuck and Parmley (26) expected greater reversal when using theophylline, as it is
414 a more potent phosphodiesterase inhibitor than caffeine, but the same reversal magnitude was observed.
415 This led them to suggest cAMP independence, as the secondary effects of caffeine and theophylline are
416 equivalent. However, samples treated with isoprenaline, a beta-adrenergic agonist, which also increases
417 intracellular cAMP, exhibit reversed SFRs (68). Isoprenaline has also been shown to block the SFR while
418 beta-blockers have no effect (92, 158). As such, it could be that a threshold cAMP level is required for
419 this reversal to be expressed rather than the dose-dependent reversal originally expected(26). Hence, it
420 appears that the mechanism, while not cAMP-dependent, involves cAMP in an inhibitory fashion.

421 Nitric Oxide

422 In addition to cAMP, NO also interacts with the SR. NO increases the fractional calcium release of the SR
423 (64) through the process of S-nitrosylation (147, 179) where a NO molecule attaches to a RyR cysteine
424 residue, which undergoes a conformational change. NO is generated by the enzyme nitric oxide synthase
425 (NOS) which has three isoforms: endothelial NOS, inducible NOS, and neuronal NOS (178). Should RyR
426 S-nitrosylation be a step within the SFR, neuronal NOS would be the prime candidate for NO generation
427 given its proximity to the SR (178). However, myocytes isolated from mice lacking this isoform still
428 exhibit a SFR (190). Furthermore, neuronal NOS-derived-NO is associated with attenuating inotropy by
429 inhibiting L-type calcium channels (135) and augmenting lusitropy by promoting SERCA activity (18) –
430 neither of which supports enhanced calcium transients. While NO produced by neuronal NOS has been
431 linked to increased calcium spark rate (117), this is more likely to promote arrhythmia than a SFR (64).

432 Given the dissociation of neuronal NOS from the SFR, the endothelial NOS isoform was the next target
433 to be investigated as it has been localised to small invaginations in the cardiomyocyte plasma membrane
434 (caveolae) that are involved in signal transduction (40). Indeed, phosphorylation of endothelial NOS has
435 been observed following a stretch (117). In support of the involvement of endothelial NOS in SFR, mice
436 lacking the isoform no longer exhibit an augmented calcium transient after a sustained stretch (117).

437 A pharmacological NOS inhibitor, L-NAME, has been used in the investigation of the SFR (20, 75, 117),
438 but the findings are inconsistent, perhaps as a consequence of various experimental conditions coupled
439 with different L-NAME concentrations and the variety of species used. A 1 mM L-NAME solution
440 abrogates the SFR in both mouse myocytes and rat trabeculae at 30 °C (117), but has no effect on the SFR
441 at 22 °C to 25 °C (20). A study (75) using half the concentration of L-NAME at body temperature also
442 failed to prevent the SFR in human samples. Such discrepancies mean that no firm conclusions regarding
443 NO involvement can be drawn from these studies; it remains unclear as to why the conflicting results
444 occur.

445 Although NO concentration is enhanced in response to stretch (117, 122), its relation to the SFR is
446 unknown. Since NO is a free radical, it is unstable. This means that it has a very limited range of effect
447 and is unlikely to interact with RyR directly. Hence, any mechanistic effect is more likely to be the result
448 of a NO-initiated signalling pathway (64). NO production within the SFR was initially ascribed to the
449 following pathway: stretch activates phosphatidylinositol-3-OH kinase (PI3K) which phosphorylates
450 protein kinase B, resulting in activation of the endothelial nitric oxide synthase (30, 117). However,
451 subsequent studies of rat and human tissues revealed that PI3K blockade has no effect on the magnitude
452 of the SFR (20, 74, 75). These findings collectively suggest that the PI3K-protein kinase B interaction,
453 although an essential step of the hypertrophy signalling pathway (124), is not involved in the SFR.

454 An alternate NO pathway begins with the binding of NO to guanylyl cyclase, which increases cyclic
455 guanosine monophosphate (cGMP) and activates protein kinase G (PKG), resulting in RyR
456 phosphorylation (51). This pathway is not involved in the stretch-induced augmentation of RyR

457 sensitivity, as calcium spark rate is unaffected by the blockade of both PKG and guanylyl cyclase (117).
458 NO-dependent PKG activation initiates a signalling cascade that results in the opening of mK_{ATP}
459 channels, elevating ROS generation (180). The stretch-dependence of this pathway requires further
460 investigation as these data were generated in response to exogenous application of S-Nitroso-N-Acetyl-D,
461 L-Penicillamine (SNAP). SNAP is an NO-donor and therefore causes a global increase of NO
462 concentration. Given the spatial specificity of NO, using SNAP to approximate stretch-induced NO
463 release is counterproductive, as it risks activation of other, irrelevant, pathways.

464 Given the evidence, it seems unlikely that NO is centrally involved in the SFR. To the authors'
465 knowledge, only one study (117) has presented data where NOS blockade influences the stretch response.
466 Yet, there does seem to be sufficient evidence to warrant further investigation into the endothelial NOS
467 isoform given its link with calcium transient magnitude (64).

468 Sarcoplasmic Reticulum

469 In addition to investigations of the signalling pathways that target the calcium handling of the SR, a
470 number of studies have examined whether a functional SR is actually necessary for the SFR (15, 20, 69,
471 166, 167). Such studies typically reason that if the SR is involved, then the SR load and/or its fractional
472 release of calcium should increase. However, results regarding SR loading during the SFR are
473 controversial. While SR loading has been observed throughout the SFR in rabbit (15, 167) and failing
474 human myocardium (166), it has not been observed in wild-type rat (117) or mouse (64, 189) myocardia.
475 Transgenic mice with human NOX2 do exhibit SR loading during Ang II induced inotropy (189),
476 highlighting the possibility that species may be differentially ROS-dependent.

477 The SFR magnitude is consistently dependent on the steady-state load of the SR (64, 159, 168, 189). The
478 greatest relative magnitude of SFR^{ii} occurs when the SR is least loaded (140). This is due either to a
479 greater potential for increasing SR calcium content or the enhanced extracellular calcium availability for
480 calcium transient augmentation. Such an observation corroborates the finding that cAMP inhibits the

481 SFR, as greater cytosolic cAMP concentrations would increase SR calcium content and therefore reduce
482 SFR magnitude.

483 Of course, an increase of the SR load is not the sole prerequisite for enhanced SR calcium release. This is
484 evident from the amplified fractional calcium release observed during Ang II induced inotropy (64). Yet
485 enhanced SR calcium release would eventually deplete the SR store unless compensated by an increase of
486 calcium loading (37). SERCA phosphorylation does increase during exogenous Ang II application but,
487 this may be a consequence of non-specific pharmacological activation, and may not be exhibited during a
488 stretch-induced response. Another theory for maintaining SR calcium content is that the activity of
489 reverse-mode NCX replenishes the SR (64). This is relevant only if a functional SR is required to elicit an
490 SFR.

491 One can test the necessity of a functional SR by inhibiting its calcium handling. There are two main
492 elements to the calcium handling of the SR: calcium uptake (through SERCA) and calcium release
493 (through RyR). Inhibition of calcium release alone has no effect on the relative magnitude of the SFR (15,
494 59, 153). A more complete inhibition of the SR, by blocking both uptake and release, also has no effect of
495 the relative magnitude of the SFR (15, 20, 69). In a failing human tissue study, complete SR blockade
496 abolished the SFR (166) but, as this was a diseased case, discrepancies may have arisen as a consequence
497 of pathology. In most cases, then, it would seem that a functional SR is not required for an SFR to occur.

498 **Mechanosensors**

499 Despite the advances made in elucidating the signalling pathways that augment the calcium transient
500 during the SFR, there is little consensus on the cellular mechanosensor that 'senses' or transduces the
501 stretch into an increased calcium transient. Some hypotheses posit an intrinsic mechanosensor (e.g.
502 stretch-activated channels) but most contain no explicit explanatory mechanism describing how the SFR
503 is initiated. This section briefly introduces mechanosensors that have been investigated and/or show
504 promise. A few factors have been considered in compiling this section: samples still demonstrate a SFR

505 when they are transiently stretched only during diastole (4, 105) and, due to the connection between the
506 SFR and the Anrep effect, the mechanosensor is activated by a stretch within the 'physiological' range.
507 That aside, Ward *et al.* (171) found that the SFR magnitude correlates positively with the extent of
508 stretch, and though not empirically defined, a stretch-perturbation of 10% L_{max} is typically used as the
509 minimum length change required.

510 **Stretch-Sensitive Receptor**

511 Zou *et al.* (198) proposed that ATR₁ undergoes a conformational change upon stretch of the membrane
512 thereby enabling activation even in the absence of its agonist Ang II. Certainly, many studies link ATR₁
513 activation with the SFR but little more has been done to corroborate this finding of direct mechanical
514 activation. Hence, we consider that elucidation of how this proposed conformational change occurs would
515 be necessary for its acceptance.

516 **Microtubules**

517 Microtubules are structural proteins that are also linked with G-protein activity (175). Further, and more
518 relevantly, they have been linked with mechanotransduction of stretch signals. Microtubular integrity is
519 required for stretch-induced mitochondrial hyperpolarisation (61, 103) and enhanced NOX2 activity
520 (123). Given the evidence regarding ROS as a signalling molecule in the SFR, the microtubular system,
521 which has recently been shown to be involved in mitochondrial motility and function (139, 176), may be
522 important.

523 **Caveolae**

524 Caveolae are small invaginations in the sarcolemma that have stretch-sensitive properties. Disruption of
525 caveolae prevents stretch-induced dissociation and activation of RhoA and Rac1 G-proteins (67). Despite
526 the fact that these G-proteins are known to be upstream effectors of ERK_{1/2} activity (87), ERK_{1/2}
527 phosphorylation is not affected by caveolae disruption (67). Instead, G-protein activation has been linked
528 to stretch-induced alignment of actin fibres. Though ERK_{1/2} phosphorylation is not affected by caveolae

529 disruption, stretch-induced ERK_{1/2} translocation from the cytoplasm to nucleus does not occur and is
530 deemed to be actin-alignment-dependent (67). The reason why this would elicit translocation is wanting.
531 Such translocation is likely to be more relevant to hypertrophy rather than the SFR.

532 **Thrombospondin-4**

533 Thrombospondin-4 has been linked to regulating collagen mRNA and its absence results in enhanced
534 deposition of extracellular matrix as well as fibrosis (45). Mice lacking this protein lack a SFR (30), have
535 compromised stretch-induced ERK_{1/2} phosphorylation, as well as reduced ability to deal with sudden
536 pressure loads (45). However, a mechano-sensing role for collagen within the SFR has not since been
537 considered.

538 **Titin**

539 The titin molecule is the major contributor to the passive properties of striated muscle (55). Recent
540 evidence has suggested that titin may also operate as a stretch-sensitive modifier of active force
541 generation (93). This suggestion is supported by studies showing a direct correlation between the active
542 magnitude of the SFR and titin strain (1). As an aside, the observation that passive force decreases over
543 the time course of the SFR has recently been attributed to increased titin phosphorylation via the cGMP-
544 PKG activity in response to NO production (89).

545 Titin kinase (A-band) (53) and N2B/N2A (I-band) (96, 138) are examples of mechano-sensitive regions
546 of titin. Of particular interest, and most likely to be involved in detecting stretch within the SFR, is the
547 N2B element that arises from the interaction between the extensible N2B unique sequence and upstream
548 regulators of ERK_{1/2} activity (138). The particulars of the mechano-sensor remain enigmatic; however, it
549 is likely that mechano-sensitivity is correlated with titin phosphorylation and, hence, titin compliance
550 (80).

551 Integrin-Signalling

552 Integrins are transmembrane receptors predominantly involved in membrane adhesion (25). The cytosolic
553 $\beta 1$ integrin subunit is known to activate in response to stretch and its expression is enhanced by the
554 activity of Ang II (63). Focal adhesion kinase (FAK), a downstream effector of $\beta 1$, phosphorylates ERK_{1/2}
555 via G-protein dependent and independent pathways (94). However, $\beta 1$ can also activate MAPK via FAK-
556 independent mechanisms (83). There is cross-talk between AT and FAK, where FAK activation,
557 depending on whether ATR is compromised or not, either augments or diminishes ERK_{1/2}
558 phosphorylation, respectively (83).

559 $\beta 1$ integrin also interacts with integrin-linked kinase, a serine/threonine protein kinase localised at
560 costameres and sarcomeric z-disks (12). Stretch is detected by a network consisting of integrin-integrin
561 linked kinase- β -parvin increasing the expression of EGF and, thus, augmenting the calcium transient (12).
562 There are a number of candidates for the molecular mechanosensor (for a comprehensive review
563 see: Lyon *et al.* (98)) but no consensus has been reached yet.

564 Conclusions

565 From the work presented in this review there appears to be a general agreement that stretch activates an
566 autocrine/paracrine response that triggers a signalling pathway that includes GPCR. There is also
567 agreement that intracellular $[Na^+]_i$ is increased, and that the final step in the SFR involves reversal of
568 NCX activity leading to the augmentation of intracellular $[Ca^{2+}]_i$ levels. However, we propose that the
569 intricate details of the signalling pathway remain obfuscated because of the quest for a singular pathway.

570 The majority of SFR work to date seeks to find a 'simple' mechanistic signalling pathway i.e. one of Ang
571 II, SAC_{Nsc}, NO, etc. However, we propose that an explanation for the extent of contention within the SFR
572 literature is the existence of a more complex 'hybrid' mechanism – which is to say, multiple mechanisms
573 synergistically contributing to the augmentation of calcium during the SFR. It is possible that blockade of
574 one signalling pathway is compensated by others as a form of natural 'redundancy', thereby leading to

575 conflicting data. Of course, such a complex mechanism would be difficult to test but it is necessary if this
576 field of physiological interest is to progress.

577 Studies that induce positive inotropy via pharmacological agents, in the absence of stretch, are common
578 within the SFR literature. Similarly, there is a heavy reliance on pharmacological agents and blockers in
579 determining the mechanisms associated with the SFR. Very few are specific, and so, inadvertently, they
580 may interrupt pathways other than the one under investigation, increasing the risk of arriving at invalid
581 conclusions. Hence, conclusions from studies that use 'fail-safe' techniques are of more importance. In
582 the same vein, due to the mechano-sensitivity of cardiac tissue, application of external force to change the
583 length may trigger alternative endogenous inotropic mechanisms. To increase confidence that the
584 triggered behaviour is the SFR, calcium should be measured in addition to muscle force production.

585 While there is still work to be done to determine the underlying mechanism(s) of the SFR, even more
586 questions surround the mechanosensor(s) that detects the stretch-perturbation. This review presents only a
587 small selection of promising mechanosensors in the hopes of guiding future research. Little can be
588 concluded regarding the nature of the SFR mechanosensor, as literature in this area is lacking, but it is one
589 burgeoning with potential. |

Commented [AT1]: Wow. It's a hell of a review! Very thorough, and very well written. Dense in parts, mostly due to my lack of familiarity with the terminology.

However, I was hoping that stronger conclusions/recommendations might have been arrived at by the time we got to the final paragraph. Is there a more definite series of statements that can direct the reader as to the best way forward?

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1138 **Figure Captions**

1139 *Figure 4: Putative intracellular SFR signalling pathway.* Mechanical stretch (as indicated by the
1140 peripheral arrows) directly activates GPCR as well as causing the release of the GPCR agonists: Ang II,
1141 ET₃, and PGF₂α. Activation of this receptor triggers multiple signalling pathways that culminate in the
1142 activation of MAPK. The downstream result of this cascade is the augmentation of NHE₁ activity and the
1143 resultant increased [Na⁺]_i causes NCX to operate in reverse-mode (indicated as rNCX), increasing the
1144 calcium transient. Red-dashed arrows with a question mark indicate pathway uncertainty.

1145 *Figure 5: Mitochondrial ROS-induced ROS release.* ROS, produced as a consequence of GPCR activation
1146 (described in Figure 1), and PKG activity increase mK_{ATP} channel activity. The intramitochondrial
1147 movement of potassium ions through this channel causes increased ROS production by respiratory
1148 complexes I and III. Accumulation of ROS within the mitochondria induces mPTP are induced allowing
1149 the ROS to be released. NO prevents the formation of mPTP by reacting with the thiols. The released ROS
1150 is thought to trigger MAPK.

1151 *Figure 6: ROS-induced activation of sarcolemmal sodium transporters.* The MAPK phosphorylation
1152 cascade culminates in the activation of p90_{RSK} which phosphorylates NHE₁ at Ser⁷⁰³. Phosphorylation at
1153 this site enables greater Na⁺ transport by increasing the proton binding affinity of NHE₁.

1154 **Footnotes**

ⁱ NOX2 is a sub-unit of NADPH oxidase

ⁱⁱ For a stretch perturbation between ~90 % L_{max} and $\sim L_{max}$.