

Extensive eccentric contractions in intact cardiac trabeculae — revealing compelling differences
in contractile behaviour compared to skeletal muscles

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Abstract

Force enhancement (FE) is a phenomenon that is present in skeletal muscle. It is characterised by progressive forces upon active stretching — distinguished by a linear rise in force — and enhanced isometric force following stretching (residual force enhancement; RFE). In skeletal muscle, non-cross-bridge structures may account for this behaviour. So far, it is unknown whether differences between non-cross-bridge structures within heart and skeletal muscle result in deviating contractile behaviour during and after eccentric contractions. Thus, we investigated the force response of intact cardiac trabeculae during and after isokinetic eccentric muscle contractions (10 % of maximum shortening velocity) with extensive magnitudes of stretch (25 % of optimum muscle length). The different contributions of cross-bridge and non-cross-bridge structures to the total muscle force were revealed by using an actomyosin inhibitor.

For cardiac trabeculae, we found that the force-length dynamics during long stretch were similar to the total isometric force-length relation. This indicates that no (R)FE is present in cardiac muscle. This finding is in contrast to the results obtained for skeletal muscle, in which (R)FE is present. Our data support the hypothesis that titin stiffness does not increase with activation in cardiac muscle. This contributes to an improved understanding of heart function.

Keywords: heart muscle, titin-actin interactions, contractile properties, muscle stretch, lengthening contractions, cross-bridge, titin, linear muscle behaviour, Blebbistatin

Subject Areas: structural biology, biomechanics, physiology

1. BACKGROUND

Force-producing mechanisms such as the cross-bridge [XB] and sliding filament theory have proved to be similar in cardiac and skeletal muscle tissues [1,2]. Yet cardiac and skeletal muscle exhibit different contractile behaviour. These differences have been attributed to variations in the underlying non-cross-bridge (non-XB) structures. During systole, the heart muscle contracts concentrically only. The physiological working range is restricted to comparatively short sarcomere lengths (SL) that correspond in skeletal muscle to a working range associated with the ascending limb of the force-length relation (FLR) [2]. In cardiac muscle, the passive FLR is an exponential function originating at sarcomere lengths (SL) of about $1.9\ \mu\text{m}$ (below the optimal length) [3,4]. In contrast, skeletal muscles have relatively small passive forces, which start to rise at SL around $2.5\ \mu\text{m}$ (beyond the optimal length) (Fig. 1b) [5]. Skeletal muscle also exhibit a much larger working range [6], and operate as motor, spring or brake during locomotion [7,8]. Skeletal muscles generate higher active forces following stretch (residual force enhancement; RFE), if compared to the muscles' corresponding isometric force at constant length. This fact has been known for about 60 years [9] and has been confirmed on single sarcomeres [10], myofibrils [11], muscle fibres [12], single muscles [13] and multi-joint movements [14]. Hereby, maximal RFE-effects of up to 200 % F_0 have been reported [15]. More recently, experiments on single muscle fibres extracted from the M. extensor digitorum longus (EDL) of the rat revealed that there also exists force enhancement (FE) during long eccentric stretches. This finding shows that skeletal muscle fibres behave like a linear spring over nearly the entire FLR (Fig. 1 (b), inset) [16]. To our knowledge, this phenomenon of linear behaviour during long eccentric muscle contractions has not been investigated using intact cardiac tissue preparations.

Despite the large number of experimental studies and a variety of attempts to explain force enhancement in skeletal muscle, there is still a scientific debate regarding detailed molecular mechanisms and, therefore, no generally accepted model exists [17–20]. Titin [21], a huge filamentous protein, seems to play a crucial role in contributing to the enhanced force response during and following stretch contractions in skeletal muscle. Several model approaches [22–26] have been suggested, explaining force enhancement in skeletal muscle — based on an adjustable titin spring — which were supported by experimental evidence for titin-actin interactions upon muscle activation [27–33]. There exists also contradictory studies, that observed essentially no contribution of an adjustable titin spring [32,34] or even a reduction in titin-based stiffness with increased Ca^{2+} concentrations [30,31]. These investigations, however, have been done primarily on cardiac muscle tissue. In literature, one observes a lack of sharp differentiation between the distinct muscle tissue types. Hence, a transferability of results due to structural differences and methodological issues is doubtful. Further, the controversy might be due to a mixture/mismatch of experimental observations gathered from cardiac and skeletal tissue preparations. To date, there is only one study investigating RFE in cardiac myofibrils [35]. However, they use

permeabilised preparations obtained from homogenised papillary muscle samples [35]. Results revealed no residual force enhancement in permeabilised cardiac papillary myofibrils.

Therefore, a structurally and physiologically based understanding of the influence of non-XB structures on cardiac muscle force is pending. The force response upon myocardial muscle stretching, which occurs during cardiac filling, is characterised by two distinct phenomena: by an instantaneous increase in twitch force, the so-called Frank-Starling mechanism [36] and by a several minute lasting slow increase in twitch, the so-called Slow Force Response [37]. There is extensive evidence that titin mediates these phenomena in cardiac muscle. Although, the underlying molecular mechanisms, in particular during long eccentric contractions of myocardium, remain(s) unknown [38,39].

Comparing the mechanical response of skeletal [16] and cardiac muscle exposes differences in the underlying microstructure, in the force-producing mechanisms, and in the functioning of the respective muscles. Hence, the aim of our study was to investigate total force generation in intact cardiac trabeculae during isokinetic eccentric contractions in order to examine whether a calcium-dependent, adjustable spring element, i.e., titin, is present.

Since potential titin–actin interactions in skeletal muscle [40] will result in enhanced forces after active muscle lengthening, we further aimed to investigate, if RFE exists in cardiac muscle tissue or if it does not.

To achieve these goals, we used a custom-built work-loop calorimeter [41,42] to perform *in vitro* isokinetic ramp experiments on functionally intact cardiac trabeculae obtained from adult rats and stretched the muscle over the whole physiological working range of the FLR. To characterise the contribution of cross-bridge and non-cross-bridge structures to force production, we used the actin-myosin inhibitor Blebbistatin. Findings deduced from such experiments not only improve our understanding of the underlying processes leading to force generation, but also have a significant impact on (multi-body) simulation studies of human or animal movement [43].

2. METHODS

A total of 11 intact trabeculae from 6 rat hearts were transferred to the measurement device and mounted between two platinum hooks connected to a custom laser interferometer-based force transducer and a linear length motor [41]. A detailed description of the experimental setup, handling and preparation of cardiac trabeculae is given in the electronic supplementary material (text S1 and S2). All experiments were conducted in accordance with protocols approved by the University of Auckland Animal Ethics Committee.

2.1 Experimental protocol

All experiments were performed at room temperature (22 °C). To study the link between force responses and eccentric ramp contractions at constant Ca^{2+} concentrations, stable tetanic contractions were

implemented in accordance with a previously established protocol proposed by Amiad Pavlov and Landesberg (2016) [44]. Fully-fused tetanic contraction of the cardiac trabecula was achieved by using a high electrical stimulation frequency (10 Hz) with pulse amplitude of 5 V and pulse width of 5 ms (in the presence of 10 mmol l⁻¹ caffeine and an elevated Ca²⁺ concentration of 5 mmol l⁻¹ in the ‘modified Tyrode solution’) [42]. Caffeine was added to induce the release of sarcoplasmic calcium [45] facilitating a tetanic contraction.

To investigate the isometric FLR, each trabecula underwent a series of 6-7 isometric contractions. Starting from L_o (the muscle length associated with the maximally developed isometric force F_o), the length was decreased by increments of $0.05L_o$ up to a minimal muscle length of $0.75L_o$ (cf. Fig. 1 (a), diamonds). At the minimum length, L_{min} , the active force was negligible. At each length, the force was allowed to reach a steady state, which was typically obtained 40 s after commencing stimulation. Steady state of force was assumed, if the force changed less than 5 % over a period of 10 s. To avoid muscle damage induced by excessive lengthening, the trabeculae were not stretched beyond the optimal muscle length [46]. At optimal muscle length, we assumed a sarcomere length of 2.2 μ m [47]. Beyond this length, the passive force development, which is mainly attributed to a contribution from extracellular structures such as collagen (and intracellular titin), will rise significantly [48–50] (Fig. 1 (a), grey dotted line).

After finishing the isometric ramp protocol as described above, the trabecula was then subjected to eccentric ramp perturbations comprising two interventions. The first intervention was designed to investigate the dynamic force response during an isokinetic stretch of large magnitude, i.e., from the minimum muscle length to the optimal muscle length in the ‘modified Tyrode solution’. The second intervention involved partitioning the non-cross-bridge contribution to force development from that of a cross-bridge.

During the eccentric ramp perturbation experiment (first intervention), the trabecula was lengthened with and without stimulation from a minimal muscle length of $0.75L_o$ to an optimal muscle length of $1.0L_o$. All stretches were performed at a velocity of 10 % of the maximum shortening velocity, $v_{max} = 2.00L_o \text{ s}^{-1}$, which corresponds to 12 μ m s⁻¹ - 14 μ m s⁻¹. This is consistent with the maximal unloaded shortening velocity for rat ventricular trabeculae [51,52]. To investigate the individual force responses in cardiac muscle during the steady-state, isometric phase post isokinetic ramps (residual force enhancement; RFE), we continued to apply the stimulation for at least 120 s after the end of the stretch contractions. To calculate RFE, we measured the difference between the redeveloped and the corresponding purely isometric force (prior to the active stretch) at the same length and at 70 s and 80 s after the end of each ramp.

The second intervention of the eccentric ramp perturbation experiment was a repeat of the first intervention but in the presence of 15 μ mol l⁻¹ Blebbistatin dissolved in a polar aprotic solvent — 0.4 %

145 DMSO in the ‘modified Tyrode solution’. This photosensitive chemical is a selective inhibitor of myosin
146 II ATPase that hampers the myosin myofilament from interacting with the actin filament, thereby
147 inhibiting phosphate release and XB-based force development [35]. The Blebbistatin concentration does
148 not alter the Ca^{2+} sensitivity of the contractile filaments [53] nor the excitation–contraction coupling
149 [54]. Further, it does not affect titin mobility [35].

150 To conserve structural, mechanical, and functional integrity as well as preventing fatigue of trabeculae,
151 tetani were induced approximately every 40 s during the isometric FLR studies, i.e., between length
152 changes, and about every 80 s between eccentric ramp perturbations. This follows a previously described
153 protocol [44]. For calculating force degradation, isometric reference contractions were performed at L_o
154 before and after the ramp experiments.

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2.2 Data processing and statistics

LabVIEW software (National Instruments) was used for data acquisition. For data analysis, a custom-written MATLAB (The MathWorks, Nattick, MA, USA) program was used. Data were expressed as mean \pm standard deviation (SD) unless stated otherwise. For statistically analysing force values, we converted them to stresses (P) with respect to the muscle cross-sectional area (CSA). Unless stated otherwise, they were expressed in absolute values and in kPa or normalised to the individual maximal muscle stress (P/P_0). Length values were expressed relative to the optimal muscle length (L/L_0). The two-tailed paired Student's t-test was used to identify significant differences between mean stress values and to compare the calculated individual RFE values to the corresponding isometric reference values prior to the active stretch experiments. A significance level of $p < 0.05$ was used for all analyses. Statistical analyses were realised using SPSS 25 (IBM Corp, Armonk, NY, USA).

3. RESULTS

3.1 Stress production in eccentric contractions

Fig. 1 (a) provides for cardiac trabeculae a direct comparison between the total isokinetic stress-length relation during eccentric stretch (dark blue line) and the steady-state total isometric stress-length relation (black dashed line). For cardiac muscles, both traces show a nonlinear behaviour. Further, they are not statistically different from each other (marked as 'ns') when comparing individual stress values at distinct lengths of $0.75 L_0$, $0.8 L_0$, $0.85 L_0$, $0.9 L_0$, and $0.95 L_0$ (see table 1). During eccentric contraction experiments, the isometric stress decreased in successive activations at an average rate of 1.5 % per activation.

3.2 Isometric stress-length characteristics

The total isometric stress-length relation of cardiac muscle was examined between approximately 1.6 μm and 2.2 μm SL (Fig. 1 (a), black dashed line). This range closely corresponds to the ascending limb of the stress-length relation of skeletal muscle (cf. Fig. 1 (b) inset) [2,55]. As demonstrated by previous investigations [2,4,56], the excised rat heart trabeculae featured a monotonically increasing FLR. This is in contrast to the typical slope change between the shallow and steep slope regions at the ascending limb of the FLR in striated skeletal muscles [16,55]. In cardiac muscle, the mean total stress was at $0.75 L_0$ about 3 % of the maximal isometric stress, P_0 , accompanied with zero passive stress (Fig. 1 (a), grey dotted line). The intercept with the x-axis, where active stress is assumed to be zero, remains at about $0.70 L_0$, which corresponds to sarcomere lengths of about 1.6 μm [1,4]. The mean total stress at the optimal muscle length, $L_0 \approx 2.2 \mu\text{m}$, was $22.98 \text{ kPa} \pm 7.67 \text{ kPa}$, whereas the passive stress was $6.31 \text{ kPa} \pm 3.39 \text{ kPa}$ (mean \pm SD). The proportion of passive stresses with respect to total isometric stresses at L_0 was about 35 % P_0 [57]. At physiological muscle lengths from $(0.7 \text{ to } 1.0)L_0$, which corresponds to 1.6 μm - 2.2 μm SL [4,58], the passive stress is in cardiac muscle tissues mainly modulated by titin

[35,59]. For muscle lengths larger than $1.0L_o$, e.g. due to acute heart failure [59], passive stiffness predominantly increases due to collagen fibres (pathological stiffness in diseased hearts) [50,59].

3.3 Effects of cross-bridge kinetics on eccentric stress generation

Blebbistatin successfully inhibited active isometric muscle stress and leads to marginal levels of XB-based stress production at L_o (Fig. 2). A summary of the *in vitro* results of all isokinetic stretch experiments carried out herein is shown in Fig. 3. For different extensions applied to intact cardiac trabeculae (boundary conditions), the relative total stress response, i.e., the individual trabeculae stresses normalised with respect to the corresponding P_o , were plotted against relative muscle length. The dark blue line in Fig. 3 reflects the total stress response during the isokinetic stretch (at a rate of 10 % V_{max} from $0.75 L_o$ to L_o). The light blue line depicts the total stress response under Blebbistatin conditions (inhibited XB contribution). The red solid line represents the passive stress-length trace without stimulation. Compared to the control contraction without Blebbistatin (Fig. 3; dark blue line), one can observe a reduction in stress during the eccentric ramp experiment stretching, i.e., from 0.75 to $1.0L_o$ (Fig. 3; light blue line). The reduced stress obtained through administering Blebbistatin was not statistically different from the passive stress (Fig. 3; red solid line).

3.4 Isometric stress development after eccentric isokinetic ramp experiments

Fig. 2 shows a representative plot of an eccentric ramp experiment measuring the existence of residual force enhancement in cardiac muscle (dark blue solid line). For this case, an intact trabecula was set to a pre-determined muscle length ($0.75 L_o$) before being activated (at $t = 0$ s). Note that the total muscle stress at length $0.75 L_o$ was almost zero (see also Fig. 1 (a)). As the stimuli caused the trabecula to contract, the stretch of the trabeculae returned to $1.0 L_o$ before isometrically holding it until the maximal steady-state isometric stress was reached. If compared to the isometric reference contraction at L_o , the cardiac trabecula showed virtually no increased stress in the steady-state phase after finishing the ramp perturbation and thus showed no RFE (electronic supplementary material, table T1). After performing the ramp experiments, the stretching of the trabecula was repeated, however, in the presence of $15 \mu\text{mol l}^{-1}$ Blebbistatin. This was done to separate XB and non-XB contributions. After the end of the stretch contraction, the cardiac trabecula showed no RFE (no statistical significance; electronic supplementary material, table T1) during the steady-state phase (Fig. 2, light blue solid line) if compared to the isometric reference contraction at the same length (Fig. 2, grey dotted line).

4. DISCUSSION

This study presents the first investigation of the mechanical behaviour of intact cardiac trabeculae during and following extensive isokinetic eccentric ramp contractions. Our experiments reveal two characteristic features: (i) in cardiac muscle and for length values from $(0.75 \text{ to } 0.95) L/L_o$, there is no significant difference between the eccentric isokinetic stress-length relation and the total isometric

stress-length relation. Further, (ii) (residual) force enhancement is not present in cardiac muscle. These results are in strong contrast to those obtained in skeletal muscle during and following stretch contractions [10,13,35]. The underlying experimental findings suggest that there exists in functionally intact, activated cardiac muscle no additional contribution to overall force development by a spring-like element such as titin. These findings stimulate interpretation and speculation. Various studies, which are backed with experimental data, suggest that the mechanical properties of myocardium are affected by the interaction of actin and titin [30,34,60,61] (for recent reviews see [20,62]). Moreover, these titin(PEVK)–actin interactions might be diminished by the S100A1/ Ca^{2+} complex [32,63], where S100A1 is a soluble calcium-binding protein. Based on this ample evidence, it can be hypothesised that the underlying observations can be deduced from an inverse relationship of titin-actin binding that occurs upon muscle activation by S100A1/ Ca^{2+} . Consequently, the results of the present study support the following assumptions: (1) upon cardiac muscle activation, the stiffening of single titin molecules result only in a negligible titin-related effect and (2), the diminishing or the release of titin-actin interactions in cardiac muscle is a function of varying Ca^{2+} concentrations and, thus, no increase in titin-based stiffness and force during eccentric ramp contractions can be observed.

Despite these speculations, the experimental observations presented in this study reveal that cardiac muscle has, in its intact form, a force-producing mechanism that is distinct from that of skeletal muscle. This mechanism exhibits largely enhanced forces during extensive lengthening contractions [16] and substantial RFE [10,13,64] — effects that are well acknowledged and a main determinant of active force production of skeletal muscle [20,65].

4.1 Comparison with skeletal muscle

4.1.1 Structural properties of titin

The differences in contractile behaviour observed between cardiac and skeletal musculature could be attributed to their functional and morphological variations. One variation may reside in the (I-band) structure of the sarcomeric, filamentous spring protein titin, which spans half a sarcomere from the Z-disc to the M-line. Titin firmly anchors to myosin in the A-band region and then runs freely across the I-band region of the sarcomere until it attaches to actin (approximately 50 nm – 100 nm away from the Z-band) before finally entering the Z-band. Thereby it forms a ‘permanent’ bridge between actin and myosin [66]. In skeletal muscle, the I-band titin consists of a proximal and distal immunoglobulin domain, a PEVK region (abundant in the amino acids proline (P), glutamate (E), valine (V) and lysine (K)), and a N2A region [67]. Cardiac titin is known to express two isoforms, namely an N2B isoform, which predominantly exists in small mammals such as rat and rabbit, and an N2BA isoform, which occurs in large mammals such as bovine. The N2B isoform is much shorter than the N2BA or the N2A isoform [68]. Through alternative splicing of the I-band titin, cardiac and skeletal muscles express titin springs with varying lengths (primarily of the PEVK domain), which correlate with the passive

properties of different muscle types [62,66,69]. In addition, the ratio of N2BA/N2B expression varies in heart tissue between the atria and ventricles and has been tributed to various heart diseases [59,62]. Moreover, if compared to skeletal muscle titin, titin within heart tissue has short IG and PEVK segments exhibiting less E-rich domains [62,70,71]. In addition to these structural differences, skeletal muscles are more prone to show an increase of titin-induced force during and after stretch contractions than cardiac muscle [35,61] (cf. section ‘4.1.2’). Differences in the isometric stress-length relation between cardiac and skeletal muscle were discussed in text S3 (see electronic supplementary material).

4.1.2 Potential titin contribution to total force development during stretch

The observed nonlinear stress behaviour of intact cardiac trabeculae during extensive muscle lengthening contractions (Fig. 1 (a), blue solid line) is in contrast to the linear stress behaviour in skeletal muscles during comparable lengthening experiments, e.g. in single myofibres (cf. Fig. 1 (b); [16]) or whole muscle preparations [72]. Specifically, experimental observations on striated skeletal muscle tissue demonstrated that single muscle fibres taken from the rat EDL muscle have a linear spring-like behaviour during long eccentric contractions (nearly over the entire physiological FLR; cf. Fig. 1 (b), inset). Within this work, we also demonstrated that both XBs and non-XBs nonlinearly contribute to the resulting linear total muscle stress response. Active isokinetic stretching of permeabilised skeletal muscles fibres from $0.75L_o$ to $1.0L_o$ revealed an increase in stress by about 60% (Fig. 1 (b)). This clearly exceeds the maximum active stresses produced by XBs at these lengths. Statistical analyses yielded highly significant differences between eccentric and isometric stress-length traces under active conditions (pCa 4.5) in permeabilised muscle fibres (cf. Fig. 1 (b); [16]). Explanatory approaches [22,24,25,73], in which titin plays a crucial role in contributing to the progressive force response during active stretch contractions, seem to overcome significant deviations between experimental observations in skeletal muscle [10,16] and predictions from the sliding filament and cross-bridge theories.

In skeletal muscles, two of the main concepts by which titin might contribute to increased forces during and following stretches are: (1) the stiffening of the single titin molecules due to muscle activation [70] and (2) the reduction of the titin’s free spring length due to titin–actin interactions [24]. Further, titin–actin binding seems possible in skeletal muscle when calcium is present [40]. In skeletal muscle, such attachments may occur between myosin binding sites of the actin filament [27,74] and the titin’s PEVK [28,29] or N2A [75] region (or with some other structure within the sarcomere). However, the impact of Ca^{2+} on titin-actin binding appears to be inconclusive and thus requires further examination by a systematic re-evaluation of existing findings under different boundary conditions, especially considering structural and biochemical differences between different muscle types (skeletal, heart, smooth muscles).

4.1.3 Chemical cross-bridge inhibition during stretch

Numerous experimental investigations on skeletal muscle observed enhanced forces during eccentric contractions [16,64]. There are several hints that these enhanced forces are due to increased non-XB

forces. A series of experiments, in which XB-formation is hampered by actomyosin inhibitors, enabled the estimation of non-XB contributions to force enhancement. Labeit *et al.* (2003) [70] observed increased ($\approx 20\%$) non-XB-based (titin) forces in activated permeabilised mice muscle fibres (pCa 4.0, XBs inhibited by the use of 2,3-butanedione monoxime (BDM)) compared to passively (pCa 9.0) stretched myofibres. These results have been confirmed by other studies using Blebbistatin [16,65,76]. Furthermore, by performing active stretch experiments at very long sarcomere lengths (no actin–myosin overlap; thereby excluding XB formation), Leonard and Herzog (2010) [15] measured higher forces than during passive stretches, indicating the presence of titin-based forces. This distinct manner reveals no difference between active force production when XBs are inhibited and purely isokinetic passive stretching (Fig. 3, compare light blue with red line). This is in contrast to the behaviour of cardiac trabeculae during eccentric contractions. A possible explanation for the differences between cardiac and skeletal muscles might be the property of cardiac (PEVK-) titin-actin binding diminishing with increasing Ca^{2+} , thereby decreasing titin-based stiffness and force [30–32,62].

5. CONCLUSION

The presented results for intact trabeculae are consistent with the results of the only study that investigates RFE in cardiac myofibril with permeabilised preparations [35]. In [35], homogenisation of pieces of papillary muscle yielded isolated myofibrils that were activated by increasing Ca^{2+} concentrations within the solutions. The focus of [35] was on investigating the steady state force response of permeabilised cardiac myofibrils after isokinetic eccentric muscle contractions ($10\ \mu\text{m s}^{-1}$) with different stretch magnitudes (SLs ranging from $1.80\ \mu\text{m}$ to $2.29\ \mu\text{m}$). The results of both studies confirm that residual force enhancement is not present in the heart — neither in control conditions (Fig. 2, compare dark blue line with black dashed line) nor during XB-inhibition (Fig. 2, compare light blue line with grey dashed line). Anyhow, there is no systematic study investigating the effect of varying stretch amplitudes and starting lengths on (residual-) force enhancement in intact cardiac preparations. Hence, since the stretch amplitude is believed to be an important parameter for improving our understanding of the underlying mechanism(s) of (R)FE [9], different initial lengths and degrees of stretch should be considered in future studies that aim to examine the effect of titin on enhanced force responses in myocardial tissue. Notably, the current finding in cardiac muscle is in sharp contrast to previous results in skeletal muscle [10,11,13,61] (see text S4 in electronic supplementary material for further information of the functional relevance of force enhancement).

Moreover, both approaches (of the current study and those of [35]) indirectly support the claim that the increase in force upon muscle activation and stretching of skeletal muscle is directly associated with titin isoforms [20]. Conversely, the data of this study support the hypothesis that titin stiffness does not increase with activation in cardiac muscle. This conclusion is backed by ample evidence suggesting that titin-actin interaction in cardiac tissue (PEVK) decreases with increasing concentrations of calcium

[30,31] or remains unaffected [32,34,60]. This finding is in contrast to observations in skeletal muscle [40].

Differences in titin structure and titin-actin behaviour between cardiac and skeletal muscle might be responsible for the observed deviations in active eccentric contractions (Fig. 1). Due to the lack of RFE and the absence of increased non-XB-based stiffness and forces in cardiac muscle during active stretch, our findings indirectly support the theory that there is an inverse effect of an adjustable titin spring contributing to titin-based stiffness in cardiac muscles [24]. However, mechanical properties of titin continually adapt to cover prevailing conditions of cardiac contractile performance. This, in particular phosphorylation-mediated regulation, is complex and can be modulated by various protein kinases [77,78]. This modulation depends on the location where protein kinase phosphorylates the elastic titin regions [78]. For instance, phosphorylation of the cardiac N2B region increases the persistence length of the elastic titin spring, which results in reduced overall titin-based stiffness and force. In contrast, phosphorylation of the PEVK region reduces the effective free spring length yielding increased stretch-dependent stiffness and force, respectively [78]. Titin phosphorylation seem to occur in response to physical exercise, whereby changes are expected to reduce overall cardiac titin stiffness [79].

Hence, it is expected that titin makes a complex contribution to several phases of the cardiac cycle. Titin stiffness is closely related to ventricular function, whereas titin compliance has been shown to improve diastolic function [59]. Thus, the reduced passive force in long sarcomeres (during diastole) as a result of decreased titin-based stiffness plays a dominant role and is likely to be beneficial. More specifically, increased titin-based compliance results in enhanced exercise capacity [79,80] as it will counter the elevated diastolic pressure and enhance diastolic filling. Hence, the underlying findings underline the physiological relevance and the beneficial effect of titin on maintaining global cardiac functionality, e.g., as a function of physical activity [81].

The findings of the present study add another aspect to the overwhelming published evidence suggesting that decreased titin stiffness causes reduced length dependent activation (LDA). LDA is an integral part and the cellular basis of the Frank-Starling mechanism, responsible for the elevated cardiac output in response to increased preload [81,82].

In summary, our data supports, although indirectly, several hypotheses based on experimental findings which suggest that during the cardiac cycle the interaction between titin and actin varies. It has been shown that this interaction can be modulated by S100A1, a soluble calcium-binding protein found at high concentrations in the myocardium [20]. Hence, titin-actin interaction seems to be strong during diastolic filling when the level of the Ca^{2+} /S100A1 complex is low, but considerably weaker during systole when Ca^{2+} /S100A1 is high [30–32,34].

Competing interests

We have no competing interests.

Authors' contributions

A.T., O.R., and T.S. conceived and developed the ideas. A.T. and T.S. designed the experiments. A.T., T.P. and J.-C.H. performed the measurements. A.J.T. developed, constructed and built the experimental setup and supervised the experimental data acquisition. A.T. analysed the data, prepared the figures, performed the statistical analyses and drafted the first version of the manuscript. T.S., O.R., J.-C.H. and A.J.T. assisted by drafting the final version of the manuscript. All authors gave final approval for publication.

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606 **Table Legends**

607 **Table 1.** Mean stress values \pm SDs normalised to P_o of purely isometric and eccentric isokinetic
608 contractions at distinct lengths (0.75, 0.8, 0.85, 0.9, and 0.95 L/L_o). *ns* means not significant ($p < 0.05$).
609 n is the number of samples.

610

611

Figure Legends

Fig. 1. Isokinetic eccentric stretch contractions in (a) cardiac and (b) skeletal muscle. Blue solid lines indicate mean stress responses during an active isokinetic eccentric stretch. The shaded regions indicate the standard deviations. For comparison, the total isometric stress-length relation (black dashed line) and passive isometric stress-length relation (grey dotted line) are shown. Diamonds and crosses express mean values of total and passive isometric muscle stresses, respectively. **(a)** Bars indicate corresponding standard deviations for lengths from 0.75 to 1.0 L/L_o , except for mean values at 1.0 L_o of total isometric stress-length dependency, as the stress is normalised to maximum isometric stress (P/P_o). The length is normalised to optimum muscle length (L/L_o , lower abscissa) or given as sarcomere length [μm] (upper abscissa), respectively. Mean values of cardiac muscles from the total isometric contraction (diamonds) were fitted to a 3rd order polynomial function (black dashed line), whereas those from the passive isometric contraction (crosses) were fitted using an exponential function (grey dotted line). A total of $n = 11$ cardiac trabeculae were examined for all measurements. In all ramp experiments, the stretch velocity was 10% v_{max} yielding the blue solid line. The observed nonlinear stress response (blue solid line) in cardiac muscle was not statistically different (marked as 'ns') from the corresponding total isometric stress values at distinct lengths of 0.75 L_o , 0.8 L_o , 0.85 L_o , 0.9 L_o , and 0.95 L_o (see table 1). **(b)** For systematic comparison of contractile behaviour between cardiac and skeletal muscles during isokinetic eccentric stretching, measurements, obtained under similar experimental conditions as in the cardiac experiments for skinned skeletal fibres from EDL (extensor digitorum longus) muscles are shown. In contrast with cardiac muscle, the characteristic linear spring behaviour (blue solid line) in skeletal muscle statistically exceeds ($p < 0.001$, as indicated by asterisks) the maximum total stresses over nearly the entire physiological working range (inset; unshaded region). Data reproduced from [16].

Fig. 2. Examination of residual force enhancement in cardiac muscle with and without cross-bridge inhibition. Raw data of representative normalised stress-time (upper graph) and normalised length-time traces (lower graph) ($n = 1$) underlying isokinetic length changes with ramp amplitudes of 0.25 L_o at constant velocity of 10% v_{max} . **Notably, with the onset of stimulation at $t = 0$ s, the intact trabecula contracted maximally and produced about 3% active muscle stress [P/P_o] at 0.75 L_o (dark blue line; see table 1). This is in agreement with other studies reporting almost no active muscle force at 0.7 L_o - 0.75 L_o [4,37,56,58].** There is no residual force enhancement (RFE) in intact cardiac trabecula following active stretching under control conditions (dark blue solid line; no cross-bridge inhibition [without Blebbistatin]) nor under Blebbistatin conditions (light blue solid line; with cross-bridge inhibition). The black dotted line indicates the isometric reference contraction. The grey dotted line indicates the isometric reference contraction underlying cross-bridge inhibition. Note that isometric contractions exhibited an initial, transient force peak (at about 10s), which is typical for caffeine-induced tetanic contractions of intact heart muscle [42,45,83].

647 **Fig. 3. Stress–length relations obtained from isokinetic stretches at different contractile conditions.** Mean
648 (solid lines) and SD (shaded regions around solid lines) of $n = 11$ cardiac trabeculae undergoing active
649 control (dark blue line) and cross-bridge inhibited (using Blebbistatin; light blue line) contractions. The
650 red line represents the passive eccentric stress response (in the absence of stimulation). No statistical
651 difference (marked as ‘*ns*’) between the light blue line and the red line is observed.