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The Organisation and Management of Clinical Research in Academic Medical Centres

Chapters I-VII Bibliography Appendices A-E

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A thesis submitted in partial fulfilment of the requirements for the degree of Doctor of Philosophy The University of Auckland 2003

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Abstract

Clinical research is a traditional function of academic medicine and is vital to the development of new therapies and therapeutics. Most clinical research takes place within academic medical centres (AMCs), which are complex organisations operating at the juncture between clinical care, teaching and research. However, the environment in which academic medical centres operate has experienced significant turbulence over the last 10 years. Concerns have been raised about how clinical research is being managed in this dynamic environment. The question arises: What elements of organisational structure are important in the management of clinical research in academic medical centres?

Working within the framework of organisational theory, this study employed a multimethod investigative process to explore the context of clinical research management in AMCs in five countries: the United States, the UK, Canada, Australia and New Zealand. Archival data, a survey questionnaire and key informant interviews were analysed to develop a description of the context and structure of modern clinical research management. The results describe four structural models for clinical research management: (1) the established university-based model; (2) the hospital-based model; (3) the research institute model; and (4) the UK-NHS trust hospital model. In addition to formal organisational structures, this study has found that the use of informal structures, such as liaison devices and other integrative mechanisms are important to facilitate communications, co-ordinate complex activities and mitigate tensions between professionals and managers, and between the hospitals and universities that comprise academic medical centres.

The findings from this study contribute to the body of knowledge on complex organisations in general and AMCs in particular. Moreover, it is anticipated that the findings from this study might be useful in the planning and development of clinical research management practices in academic medical centres as well as other professional research organisations.

Keywords: academic medical centre, clinical research, organisational structure, liaison roles

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List of Abbreviations

- AAMC American Association of Medical Colleges
- UCLA University of California, Los Angeles
- AIDS Acquired immunodeficiency syndrome
- AMC (or AHC) Academic medical centre (or Academic health centre)
- AUS Australia
- BA Bachelor of Arts
- BCRI British Columbia Research Institute
- BSc Bachelor of Science
- **CEO** Chief Executive Officer
- CHE Crown Health Enterprise (New Zealand)
- **CRC** Clinical Research Centre (United Kingdom) Co-operative Research Centre (Australia)
- **CRN** Clinical Research Network (United Kingdom)
- CSC Clinical Science Centre (United Kingdom)
- CTC Clinical Trials Centre (at NHMRC, Australia)
- CTO Clinical Trials Office
- FDA Food & Drug Administration (United States)
- GCRC General Clinical Research Center (United States)
- GCRP Good Clinical Research Practice
- HPB Health Protection Board (Canada)
- HRC Health Research Council of New Zealand
- HSC Hospital for Sick Children (Toronto)
- ICH-GCP International Committee for Harmonisation Good Clinical Practice
- IND Investigational New Drug (FDA classification)

- IP Intellectual property OR Internet protocol
- IRB Institutional Review Board
- LHRI Loeb Health Research Institute

MA Master of Arts

- MBA Master of Business Administration
- MD Doctor of Medicine
- MRC Medical Research Council (UK)
- MS Multiple sclerosis
- MSc Master of Science
- MUHC McGill University Health Centre (Canada)
- MUSC Medical University of South Carolina
- NASA National Aeronautics and Space Administration
- NHMRC National Health and Medical Research Council (Australia)
- NHS National Health Service (United Kingdom)
- NIH National Institutes of Health (United States)
- NZ New Zealand
- PhD Doctor of Philosophy
- R&D Research and development
- RDSU R&D Support Unit
- **REB** Research Ethics Board (Canada)
- RHA Regional Health Authority (United Kingdom)
- **RN** Registered Nurse
- UCLA University of California, Los Angeles
- UCSF University of California, San Francisco
- UHC University Health System Consortium

UK United Kingdom

UMHC University of Minnesota Health Center

URL Universal resource locator

US/USA United States

WWW World Wide Web